"Proof of the Pudding ..."

y Frances Lee Barton-'HE proof of the pudding is in the eating. Never a truer word was written. As children like puddings, men



clamor for them them easy to we offer a real pudding recipe for your consideration today.

Cottage Pudding 14 cups sifted cake flour: 11/2 teaspoons double-acting baking powder: 16/ teaspoon salt: 4 tablespoons butter or other shortening; Le cup sugar; 2 egg yolks, well beaten: 1% squares unsweetened chocolate, melted: ¼ teaspoon vanilla; 1/2 cup milk; 2 egg whites,

stiffly beaten. Sift flour once, measure, add baking powder and salt, and sift gain. Cream butter thoroughly. add sugar gradually and cream well. Add egg yolks and beat thoroughly; then chocolate and vanilla. Add flour, alternately with milk, beating after each addition until smooth. Fold in egg whites. Turn into greased pan; 8x8x3 inches. Bake in moderate oven (325° F.) 50 minutes, or until done. Remove from pan. Serve warm or cold with plain or whipped cream. Serves 12.

CANADIAN RED CROSS APPEALS FOR AT

Lord Tweedsmuir Appeals to Canada to Help Chilean and other

In connection with the tragic plight

of earthquake sufferers in Chile, His Excellency Lord Tweedsmuir, Governor-General of Canada, makes the carnest appeal for national sympathy and help in the following paragraph. "There has recently occurred Chile one of the most terrible earthquakes of modern times. It is esthat about 50,000 persons

ably greater number have lost all their possessions. troyed, and famine and disease are cars and these strung together the started. beginning to take their toll.

have been killed, and an immeasur-

being out of the earthquake zone. We the Western Coast, a distance of nearhave never suffered a major disaster ly 3,000 miles. at the hands of nature. But, we cannot be insensible to the loss and suf- were cast in a block the width and fering with which our friends in height of a rallway freight car the South America have been so recently, block would be nearly three miles and so grievously, afflicted.

"As President of the Canadian Red be nearly two miles long and one of Cross Society. I appeal to all my fel- the inc production would be nearly low Canadians to come to the rescue." two and a half miles long. The year's Canadians many times in the past silver production would form a slab have proved how warmly sympathetic a foot thick, 10 feet wide and nearly they are to the distress of neighbor 240 feet long. The year's gold would nations. Seldom has a national dis- make a block a foot thick, 10 feet plained. aster called more strongly for univer- wide and almost 24 feet long.

sal aid. Those desiring to assist these bereawed and sorely distressed Chileans should make their contributions payable to the "Canadian Red Cross Society for relief in Chile, and mail them to any branch, or to headuarters Canadian Red Cross Society, 621 When your pew in the Church Jarvis St., Toronto, Ont.

Glasses. Consult-

00

cognize and prescribe. We specialize in Eye Examination and good

O. T. WALKER, R.O.

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who is at ROBB'S DRUG STORE, GEORGETOWN, the second

Wednesday of every month.

Or you may consult 0. T. Walker at his office in Brampton

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TESTED RECIPES

BUY BEEF BY GRADE

The following recipes are taken from the revised household bulleting Beef: How to Choose and Cook It, a copy of which may be obtained free on request from the Publicity and Extension Division, Dominion Department of Agriculture, Ottawa.

Braised Short Ribs

To each pound of meat, allow about cups water and 1 teaspoonful salt Simmer for about three hours covered vessel, turning meat at end of first hour. Add more water if neeessary during cooking to prevent meat burning. At the end of cooking, most of the liquid should be abbrown in hot oven for about half an hour. Remove some of the fat from gravy, thicken, and serve with the

Pound as much flour as possible in to round or flank steak with edge of plate or back of cleaver: brown steak in small quantity of fat in hot skillet, add some canned Canadian tomatoes, chopped onion, pepper and salt, and sufficient water to cover Cover dish and simmer until tenderabout two hours. Add more water if necessary during cooking, and gravy is too thin, thicken with flour before serving.

Season minced round, chuck, or shoulder steak, adding a small amount of fine bread crumbs. Form into rolls about the size small sausages, and wrap with pastry rolled fairly thick and cut into four inch squares, moistening the edges and pressing well together. Bake for three-quarters of an hour in moderate oven, and serve with tomato sauce.

Curried Beef with Rice

Orind left-over beef with small amount of onion, and pepper and salt to taste. Heat in thin white sauce with which has been blended curry powder in proportion of 1 teaspoonful to each cup of sauce. Serve surrounded with hot boiled rice.

CANADA PRODUCES A LOT OF COAL

If all the coal produced in Canada "About 75,000 homes have been des- in one year were loaded into freight train would reach all the way from "We, in Canada, are fortunate in Montreal in the East to Vancouver on

If Canada's 1937 copper production long. A similar block of lead would

The window's forlorn as a window

without you."

Optical Needs

Vary

There can never be a set rule

for fitting or recommending

glasses. The human eye has

so many variations that every

case is a distinct one. It re-

quires training and skill to re-

What I like about this

bank is the friendly, help-

ful way they do things

And that is a picture remarkably

Everyone to His Taste

By MARY C. BILLINGS Wheeler Syndicate, Inc. WNU Service.

CARAH was very sure that the order was important and the customer rich and influential, just from the stationery. Thick, gray, scented with heavy perfume and postmarked Milan, the letter read: "I expect to sail Wednesday next. Please attend to planting my flower beds and boxes at Westlawn, as you sorbed. Remove ribs, season, and did the last two years. My housekeeper and houseman are there now. Mrs. Van Gillett."

Sitting in the hall outside Uncle Bly's door, Sarah read the letter again, while the ten dollar a day nurse was taking her uncle's temperature and trying to quell one of his neryous tantrums. * Uncle Bly had never been sick before in his sixty years of life, and it was hard for him to lie in bed at the busiest season of his florist and greenhouse business. It was worse because there was no one to run things for him but Sarah Fairchhild, who had been a stenographer for from 1925 to 1929. a Boston firm for years.

"I hardly know a tomato plant from a Boston fern," Sarah had said to herself the week before, when news had come of his illness, "but I'm his only relative and I'll go down and stick around, anyway, so no one will carry off the hot-

Now she would have liked his advice about filling the Westlawn order, but she was very sure that her questions would make him more nervous than ever. The very fact of her inexperience seemed to infuriate him, and he was certainly a

SHORT SHORT STORY

Complete in This Issue

master of denunciation when he got

The sensible thing to do was to go out to Westlawn and see the flower gardens which she was supposed to fill with plants. It was noon when she got off the trolley and went up to the enormous pile of red brick which the conductor had of the Salt Division of Canadian Intold her was-the Van Gillett place. The housekeeper was drinking tea and eating smoked herrings in the great tiled kitchen, where her long, pale face was reflected in rows of

glowing copper kettles on the wall. The houseman was away, she ex-Sarah was disappointed. She had counted upon getting helpful in-When a pane in a window is missing. formation about the gardens from the houseman. Never, she felt,

could she ask advice from the housekeeper. Instead, she said brightly, "Now if I might see the window boxes, please." The housekeeper led the way

through a hall to a boudoir. She opened casement windows there and in a long drawing room. Sandalflasks were on an inlaid table in the boudoir.

hank you for your trouble. Mine's just begun," she added to herself.

Back at Uncle Billy's she hunted up seed catalogues for descriptions. Fragrance, she decided, was the only requisite, for evidently Mrs. Van Gillett was fond of heavy odors.

She was not long making up her mind. "Here goes," she cried. "Angels' trumpets for the big beds, heliotrope around the borders, mignonette for the window boxes, flowering tobacco in a big bank by the garage. All these plants are in Uncle Bly's garden, all labeled. By tomorrow night they will be at West- through." lawn, if I can hire a boy and a car to help me. I don't know how many I'll need so I'll take all there are.'

The hot days of August were almost over before Uncle Bly was able to come out of the little office and talk business.

lost me all my best customirs. Filled the Westlawn order, did

you?" Sarah nodded. "Angels' trumpets. heliotrope, mignonette-" she be-

Uncle Bly groaned. "Purple and white and a red brick house. What a selection! Don't tell me it was red mignonette," he begged.

"I don't know about that," said Sarah. "The labels didn't say. But here is the letter she sent when she paid the bill. It just came yesterday."

She took a square gray sheet from the desk and put it on Uncle Bly's thin knee. A heavy perfume filled the office as he took up the letter and read aloud:

"I am sending a check for \$180 in payment for plants. My garden has been wonderful this summer, more proportionately than Canada grade of seed. In the general seeds Tonight it smells like heaven itself. for Westlawn."

year's bill was fifty dollars," he wes represent only official figures of number, kind of seed, grade, kinds of said. "Guess I'll have to offer you arrivals at the principal U.K. ports. | weed seeds and number per ounce or a job as salesman, Sarah."

"I would consider a partnership. Uncle," Sarah admitted. "This business is making more money every day."

New Dominion Stores Appointments



HOWARD J. MOFFETT

Whose appointment as Assistant to the President of Dominion Stores Limited is announced by J. W. Horsey, President. Mr. Moffett was associated with Dominion Stores as Vice-President in charge of merchandising



CHARLES P. COUTTS

Who has been appointed Advertising Manager of Dominion Stores Limited. Mr. Coutts' career in advertising and merchandising etxends over 15 years. He was recently advertising manager dustries Limited.

HIS EXCELLENCY SPEAKS TO YOUTHFUL SCOUT CITIZENS

Some meaty paragraphs from an address by His Excellency the Governor-General, the Lord Tweedsmuir, at the annual banquet of 1,200 junior Scout leaders of Montreal and guests.

An Honourable Gamble in Life You must be prepared to take risks. There is no more hopeless motto for youth than "Safety First." I do not and not the short game.

wood boxes and cut glass perfume fers when you have on special apti- In most cases a farmer sows' weed tude for it, and no interest in it, that seeds because he is not familiar with THERE, BUT FOR THE GRACE OF is a certain road to disillusion and the seeds, and the only way of learn-"I'll just look at the flower beds failure. Pind out what you want to ing exactly what he is sowing is by as I go out," Sarah announced, "and do. and insist on doing it, whatever testing the seed for both purity and the obstacles and dangers.

Character Plus Intelligence In most addresses to young men a

great deal is said about character, and too little, I think, about intelligenhe. .The one is just as important as the other; in fact I doubt if you can separate them.

The British people, and I think Canadian people also, are a little inclined to overestimate character. The attitude is something like this: "We do not profess to be more clever than our neglhbors-perhaps we are not so clever-but we have more character, and that means that when we get indifficulties we always muddle

Nobody Ever Muddled Through

in the end because we had learned sion has been to keep this clearly in "You've run things better than I ponents. Today's problems will never of the seed analyst is to state as thought you could." he grudgingly be solved by unstable, clever people nearly as possible the actual value of praised Sarah. "Hope you haven't with quick brains and nothing else. a given lot of seed from the stand-

> Only one Soul-Killing "Ism" There are many isms today to perplex us-Nazi-ism, Communism, Pasclsm, and so forth-and the greatest diseases. nuisance they are! But most of them will cancel each other out; there is only one ism which kills the soul, and that is pessimism.

CANNED TOMATO TRADE

there was a general decline in im- secondary noxious, and others. 'Acports of canned tomatoes into the cording to the number of these found United Kingdom in the calendar year in an ounce or a pound, the sample 1938. Canada and Italy, the two lead- is graded. No prohibited noxious or ing suppliers were both affected, Italy primary, noxious are allowed in No. 1 cases in 1938, and 443,529 cases in No. 1, No. 2 and Nr. 3. After the an-I shall want plants next year for 1937, according to British figures, but alysis has been completed, the sample

> Ninety-nine out of 100 persons can- the germination. not read a blue print intelligently, ac- The service of the seed laboratories cording to metropolitan real



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Ladies!

WRITE

ANY. DAY A FISH DAY

The weed problem is one of the most should test their own where possible. mean that people should be fool- serious with which the farmer has to Information may always be obtained hardy. I mean they must be pre- contend and millions of dollars are from the nearest laboratory or Dopared for an honourable gamble in lost through them every year in Can- minion Experimental Farm. life. They must play the long game, ada. A large percentage of weeds are put on the farm actually by planting To slip into the first job that of- weed seeds with farm or garden crops. germination before planting, or, betby the Plant Products Division, Dominion Department of Agriculture.

Seed testing has made rapid strides in Canada during the present century. The first seed laboratory in the Dominion was opened in Ottawa in 1902.

gress has been made. I do not believe it. Nobody ever seeds, and seed testing should always sleep." muddled through anything. In the be carried on with their interests in Great War we muddled at the start, view. The policy of the Laboratory and stuck fast in the mud. We won Services of the Plant Products Divito use our brains better than our op- the minds of the analysts. The work But neither will they be solved by point of crop or plant-producing honest stupidity. Character is a most capacity; to give detailed information important thing in life, but it must concerning the other crop seed and be illumined and directed by intelli- weed seeds found in the sample, and also where possible, to give information concerning the other crop seed and weed seeds found in the sample, and also where possible, to give inofrmation dealing with seed-born

Seed testing may be divided into two main phases of work-purity and germination. Purity analysis means the determination of pure seed, inert matter, weed seeds, and other crop seeds in the sample. In the regulations under the Seeds Act, weed seeds are divided into four classes: pro-Figures now available show that hibited noxious; primary noxious; much nicer than in previous years. Canadian shipments were 379,271 of commerce there are three grades, my place at Bar Harbor, as well at Canadian figures place the shipments is graded and reported to the sender at 475,193 cases in 1938 compared with of the sample on a control sample Uncle Bly grinned. "Her last 587,504 cases in 1937. The British fig- certificate, which gives the certificate

estate of the Plant Products Division of primarily for the regulation of the

TEST SEEDS - PREVENT WEEDS seeds of commerce, and farmers who are not offering their seed for sale

GOD, GO I

(Amherstburg Echo) Two young men, transients, who ter still, before buying. This was ful- had stolen small articles from a chain ly explained in a recent radio talk store and tried to sell them because they had no money and nowhere to sleep, defended their action in Bt. Thomas police court, says the Times-Journal, by saying: "I'd like you to take into consideration the conditions under which we are living. We belong and since that time laboritories have to the army of forgotten men who been established at Sackville, N.B., wander from place to place because Montreal. Toronto, Winnipeg, Saska- we haven't anything to do, can't get toon. Calgary, and Vancouver. In anything to do because they won't addition to these, a laboratory for let us stay in any one place long seed research has been started in Ot- enough to find some work, and notawa, and already considerable pro- body wants us any place. We have to beg along the streets and at back The primary object in seed testing porches for what we live on, and we is to furnish trustworthy information sleep in cool, dirty jails where you to those who produce plants from have to be intoxicated before you can

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Perhaps you a Cook Stove, Box Stove, Bed Table, Chairs, Carpets, Rugs, or other Household Furnishings you do not require about your home and would gladly sell, if a buyer could be located. Why not dispose of these articles for cash while buyers are anxious to make you an

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