

TESTED RECIPE
By Frances Lee Barnes

To have suggested an improvement on quince jelly is grand-mother's day would have been branded as positive heretics and there is no doubt but that the old lady's quince jelly was delicious. But our generation prides itself on improving on perfection itself!



So in this spirit some inspired jelly maker with a talent for combining flavors introduced the quince to the cranberry — and created a masterpiece of jelly-making. Try it — and make it by the short boll method with bottled fruit peels.

Quince and Cranberry Jelly
1 1/2 cups (2 1/2 lbs.) quince; 7 cups (3 lbs.) sugar; 1/2 bottle fruit peels.

To prepare quince, remove cores, blossom and stem ends from about 1 1/2 pounds fully ripe quince. Do not peel. Grind fine; add 1 pound fully ripe cranberries and 1/2 cup water; bring to a boil, cover, and simmer 15 minutes. Place fruits in jelly cloth or bag and squeeze out juice.

Measure sugar and place into large saucepan and mix. Bring to a boil over hottest fire and at once add fruit peels, stirring constantly. Then bring to a full rolling boil and boil hard 1/2 minute. Remove from fire, pour quickly. Paraffin hot jelly at once. Makes about 11 glasses (8 fluid ounces each).

Party Dish for Every Day

Good Looks and Good Taste Combine in This Canadian Fish Loaf

Eyes sparkle and the family has a new interest in dinner when food looks tempting and inviting to eat. That's why we call this Canadian Fish Loaf a party dish for every day. It is festive enough to make an impression on your most important guests and relatives, and simple enough to serve once or twice a week to the family. Besides it is not expensive, always an important item. This Canadian Fish Loaf can be prepared in the morning and kept in the ice-box or a cold place, while you spend the afternoon shopping or following your own pursuits, because it cooks in just three-quarters of an hour, so there is time to pop it in the oven when you get home and nobody will be the wiser that you did not stay in all afternoon.

Canadian Fish Loaf
1 lb. can Canadian salmon
2 eggs, beaten
1 tablespoon finely minced onion, or onion juice
2 cups soft bread crumbs (fine)
1/2 cup milk
1 teaspoon lemon juice

Remove the skin from the fish, crush the bones, flake the salmon, and use the oil. Add the bread crumbs, beaten eggs, milk and minced onion and lemon juice. Mix well. Place in a greased loaf tin, dot until the loaf is firm and browned. Unmold on a platter and serve with a medium cream sauce to which a sliced hard-cooked egg has been added. A teaspoon of Worcestershire sauce adds a little zip to the sauce.

This Canadian Fish Loaf may be varied by using halibut or cod, or any other fish available in the market. The bones and oil contain body building vitamins. The bones soften during the cooking and do not change the texture of the finished loaf.

Garnish with slices of lemon, and serve green peas and plain boiled potatoes, tossed in butter.

Discontented Wife: Several of the men whom I refused when I married you are richer than you are now.
Husband—That's why.

Government scientists, still trying to grow a fine watermelon small enough for the apartment ice-box, are experimenting with wild African melons.

NOTICE TO CREDITORS

In the matter of the Estate of HUGH DAVIDSON, late of the Town of Georgetown, in the County of Halton, Gentleman, deceased.

NOTICE IS HEREBY GIVEN that all persons having any claims or demands against the late Hugh Davidson, who died on or about the sixth day of July, 1938, at the Town of Georgetown, in the County of Halton, and Province of Ontario, are required to send by post prepaid or to deliver to the undersigned solicitors herein for Annie Kathleen Clave, Hugh Allan Davidson and Robert Douglas Davidson, the Executors of the last Will and Testament of Hugh Davidson, gentleman, deceased, their names and addresses and full particulars in writing of their claims and statements of their accounts and the nature of the securities, if any, held by them.

AND TAKE NOTICE that after the twenty-third day of November, 1938, the said Annie Kathleen Clave, Hugh Allan Davidson and Robert Douglas Davidson will proceed to distribute the assets of the said deceased among the persons entitled thereto, having regard only to the claims of which they shall have had notice, and that the said Annie Kathleen Clave, Hugh Allan Davidson and Robert Douglas Davidson will not be liable for the said assets or any part thereof to any person of whose claim they shall not then have received notice.

DATED at Georgetown, Ontario, this twenty-sixth day of October, A.D. 1938.

DALE & BROWNETT, Solicitors for the said Annie Kathleen Clave, Hugh Allan Davidson and Robert Douglas Davidson.

Honouring Our Parents

International Uniform Sunday School Lesson, November 6, 1938

GOLDEN TEXT: "Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee." Exodus 20: 12.

LESSON PASSAGE: Exodus 20: 12; Luke 2: 46-52; John 19: 26, 27; Ephesians 6: 1-4.

We shall be so kind in the afterlife. But what have we been today? We shall bring to each lonely life a smile. But what have we brought today?

The Law-Giver Moses, 12

In tribal times parents carried great responsibility. A father usually had to be provider, defender, teacher and priest, for his own family. Many of the functions of parents in love and education and citizenship, now directed by the state, in olden times were undertaken by the father and mother working together in the care of the family. The family traditions of the East were gathered up in the fifth commandment. The respect for parents that has sometimes led to an extravagant ancestor-worship is here subordinated to reverence for God who is higher than earthly parents. The Hebrew habit of giving first place to God encourages us to cherish the memory of our parents in love and gratitude until our own dying hours, but prevents parental ancestral worship. The fifth commandment hints at a relationship between family loyalty and economic stability. This is no figment of the imagination. Where families are living in the spirit of love and cooperation they have a head start in efficiency.

The Mother Mary, 46 - 48

Mary had the high honour of caring for Jesus in his boyhood. If the Magnificat is any indication of her daily thinking, she must have helped him constantly to discern the will of God and the needs of his fellowmen. She allowed him a large measure of liberty. When the Nazareth caravan left Jerusalem, he, at twelve years of age, was given the responsibility of caring for himself. There is a saying that animals are wise enough to know when to push away their young. Mary held the balance evenly, giving to her son the benefit of her experience but also allowing him to make decisions for himself. Often this must have meant that the sword pierced her heart but she resisted possessiveness and the temptation of constantly making decisions for her son. Parents can do much for their children by giving steady training in the control of the emotions and the will.

The Boy Jesus, 49 - 52

Even at the early age of twelve, Jesus had a clear consciousness of the will of God for his life. He was confident that some special destiny awaited him. Even in boyhood he was thinking of God as his Father. Yet he was willing to return to Nazareth to live those eighteen silent years subject to his parents. He who was to be the leader of others first learned obedience. The incident in the boyhood of Jesus when Mary found him asking questions of the learned doctors of the law in the Temple, was treasured by Mary. She understood somewhat the significance of Christ's sense of destiny though others would regard it as folly. In the Nazareth home, Jesus increased in wisdom and stature and in favour with God and man. He gave a demonstration of four-fold development, mental, physical, spiritual, social. Christ's teaching about the fatherhood of God owes something to the great heart of

Joseph, and his radical attitude toward the status of woman owes much to the example and teaching of his mother, Mary.

The Beloved Disciple, John, 26 - 27

A study of the ten commandments is greatly enriched by a study of the teaching and example of Jesus. The fifth commandment may appear as an abstract command in the Decalogue, but when we think of it in the light of Christ's devotion to his mother, Mary, it is irradiated with new meaning. We can only imagine the conversation of Mary with her son during his boyhood and early manhood. But we may safely assume that their relationship was one of intimate spiritual fellowship. When Jesus was suffering on the cross he committed his mother to the care of his best friend, the beloved disciple John. He told her to look upon John as a son and he asked John to look upon Mary even as his own mother. Suffering the anguish of crucifixion, Jesus was not thinking of himself. He made loving provision for the mother who had been dependent upon him. Long before Mother's Day ever became a formal observance, Jesus Christ held up this high ideal of reverence for one's mother. He taught it by action rather than by words.

The Apostle Paul, 1 - 4

In his missionary travels, the apostle Paul had lived in many homes. He had also vivid memories of the home of his childhood. He understood the sound philosophy underlying the fifth commandment. He had tried to honour his own father and mother by obedience and love. Paul was realistic enough to recognize that occasionally parents make it difficult for the children to honour them. He had seen nagging, brow-beating parents and he laid the responsibility upon them to discipline themselves and educate their children so that there might be harmony and good will in the home. In classes for parent education it is quite common to hear the statement made that the faults of children may be laid at the door of the parents. This is not always true. Good parents sometimes have wayward children. But if boys and girls have been brought up in a home where the father and mother live in good will and give their unselfish love to their children, the memory of the home is strong and the influence of the home is strong in the lives of young people as they go out to make their own way in the world. The family remains the real unit of society and children are being prepared for adult life when they are taught, through experience, to reverence God and honour the parents.

Questions for Discussion

1. What lays back of ancestor worship?
2. What is being done for parent education?
3. How far does parental influence depend on parental authority?
4. Do old age pensions free children from obligation to support aged parents?
5. What makes a home genuinely Christian?

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WILD CARROT SPREADING AT AN ALARMING RATE

Wild Carrot is spreading at an alarming rate in Ontario and is considered one of the most objectionable weeds in the Province, says J. D. McLeod of the Crops, Seeds and Weeds Branch. It is a biennial and requires two years to produce seed. Flowers may be seen from July to September in white clusters which are flat topped when open. When nearing maturity these flower clusters curl up and if plants are not destroyed they will break off during fall and winter, scattering millions of seeds over frozen ground and snow. Thus it will be seen that clean areas miles distant may be infested if plants are permitted to mature seed. The importance of destroying all plants immediately after they come in flower cannot be emphasized too strongly, Mr. McLeod states.

The seeds of Wild Carrot, thousands of which may be found on an average plant, bear rows of prickles which stick to animals, clothing, etc. and are thus carried long distances. This weed does not give any difficulty in fields where thorough cultivation and a short rotation of crops is practised. However, in meadows, which are down two years or more, in clover fields which are being kept for seed and in pasture fields, fence lines, waste places and roadsides it is rapidly becoming one of our worst weeds in that it smothered out pasture and hay crops, robs the soil of plant food and moisture and lowers the market value of seed crops.

A short rotation—clovers, buckwheat, hood crops and early summer cultivation, followed by fall wheat or rye are excellent methods of controlling this pest. Pulling, spudding or cutting for two years in succession will not give new plants an opportunity to mature seed and will lessen the amount of Wild Carrot considerably. When a single plant or a small patch is observed all other work should be dropped until every plant is eradicated. All clover and timothy fields being kept for seed should be gone over carefully and all Wild Carrot plants rogued out.

Sheep will keep wild carrot cropped close if permitted to pasture on an infested area before plants become too far advanced. Pasture fields or hay fields where a single cut of hay has been taken off early should be trimmed again first in September and if plants have reached the curling up stage the whole area should be raked up and burned. Chemical weed killers are the only practical solution for the control of this weed on roadsides, fence lines and all areas where it is impossible to cultivate.

Nothing that was worthy in the past departs; no truth or goodness realized by man ever dies, or can die; but is all still here, and recognized or not still lives and works through endless changes.—Carlyle.

CHANGE IN HIGHWAY TRAFFIC AOT

A little known change in the Highway Traffic Act which became effective last spring is the fact that a driver loses his operator's license if he fails to satisfy a judgment of \$25.00 or more which comes as the aftermath of an auto accident. Formerly this amount was fixed at \$100.00 and many a driver continued to operate his car when a judgment was outstanding against him for a lesser amount. The Act says that the damages, in excess of \$25.00 must be paid within fifteen days from the date upon which the final judgment becomes final, otherwise the operator's license shall be revoked until such time as the judgment is satisfied and his financial responsibility to operate a car, in case of an accident, is established. This is a step in the right direction; however, we feel that every motorist should be compelled to carry insurance or have a bond to cover any damages as the result of an accident in which he figures. There are too many innocent people who suffer through the carelessness of thoughtless drivers operating cars on the public highways, who neither carry insurance nor are financially responsible. The sooner an applicant for a license be compelled to produce satisfactory proof to this effect, the better it will be for all.

PAINFUL TO BEND A JOINT

Hospital Case of Rheumatism

The value of perseverance with Kruschen, in the treatment of some cases of rheumatism, is proved by this man's experience. He says:—"I was abroad for over seven years. When I returned I began to suffer from rheumatic pains—particularly in the feet and arms, and I was eventually taken into hospital, unable to move without groaning with pain. When I left the hospital after two months, I was somewhat better. I was recommended to take Kruschen Salts, have taken them continuously, and until now I am entirely free from pains. I would not be without my Kruschen Salts for anything."—A.B.

Two of the salts in Kruschen are effectual solvents of uric acid the excess of which is decidedly injurious. They swiftly dull the sharp edges of the painful crystals—the cause of pain and stiffness—and convert them into a harmless solution, which is then expelled through the natural channels.

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