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ANNATIER - At Guelph General Hospital, on Sunday, July 24th, 1938, Blake Vannatter, beloved husband of Annie May Woodell, in hi

# THIS AND THAT IN

By G. Mac" McGilvray Clarke Forced to Set New Record to Beat Crichton

BILL COLLIER FOURTH IN SIX MILE EVENT

Dave Crichton of Georgetown, runnng under the West End 'Y' colors. groed Art Clarke, Canada's ace miler, set up a new records in order to the Ontario track championship \$5,94682; Burlington, the distance on Saturday last at Beaches Olympic oval, Toronto. 859.54; Oakville, \$16,043.20; Esques-His time was 16 9-10 seconds, eclisp- ing, \$34,723,10; Nassagaweya, \$13, ing his own former record by 9-10 955.03; Nelson, \$40,641.26; Trafalgar. seconds. While Clarke won the race, \$66,542.35, making a total of \$206, Dave Crichton was only a scant secand behind. Clarke put all he had into the race and led the field from penses was \$22,233.36. The reduction the second lap. Crichton kept close this year is due to the rate for eduuntil the sprint when he dropped back cation anl also the general rate, which some eight yards, but the others run- was four mills last year. ners of the field were nowhere with At the afternoon session reports of the leaders. Crichton led Clarke to the standing committees were read has every hope of doing it again in of the whole with Mr. Davis in the

sity of Toronto. with some of Canada's outstanding installed and also necessary repairs introduce a by-law to levy a rate for runners, Bill Collier of Georgetown, and improvements be made to ran fourth to "Scotty" Rankine, Pres- registry office, which had been urgentton; W. Fedorick, Guelph, and B. ly needed for some time. Mr. Allen Morrison, Achilles, Collier made fine showing also, and Georgetown is proud of their track stars.

#### WHAT OTHER PAPERS SAY ABOUT CRICHTON

In referring to Art Clarke of the istry office and the fuel bill was re-Achilles Club, and Dave Crichton of duced by half. If the present build-Georgetown, the Toronto Star had ings were insulated it would mean the following to say: "Ontario is for- another hig saving in the cost of heattunate in possessing these two sterling athletes who are the best that Canada has probably ever had to of- committee, Mr. Gordon reported that as well as the products of farm and fer and who have proven their ability as a committe they had been able to field in abundance. It is a far cry years has justifiably attained a repu- vate enterprises were already on foot. the year 1789 to the huge prize list of "Yes, I've been a street car conductation as the best miler that Canada has ever produced. Last year he set up a new Canadian (native) record and this spring in Australia turned in the fastest mile ever run by a Canadian at home or abroad.

"Crichton, a relatively new runner. has in turn proven himself to be of equally great promise. Intercollegiate record-holder and best miler to ever wear the colors of University of Toronto, Crichton is providing opposition unparalled. Running for West End Y during the summer time he may easily be relied upon to carry their colors to great heights. Within the last month he has lowered the existing Canadian record for the mile and a half distance by seven seconds. Still quite recently he ran second to Bill Fritz, British Empire and Olympic point winner, in the fastest half mile run in Canada this year."

The Globe and Mail said: "Dave Crichton, intercollegiate mile record holder, will test his strength against Art Clarke, Canadian champ and record holder of the Achilles club. Art has lost but one mile to a Canadian, and strangely enough that Canadian was Dave Crichton. The Crichton boy is going places and receptly lowered the Canadian record for the mile and a half."

#### SOME DISADVANTAGES OF SUNSHINE

A sunburn may be prevented by the previous application to the skin of a solution of Epsom Salts or by similar use of a tani cacid solution, two teaspoonfuls to a glassful of warm water. Even strong tea may be used in an emergency.

Excessive or hard work in the hot sun may cause prostration. In severe cases the victim may have cramps in his legs. The profuse sweating involves not only a loss of water from the system, but it occasions a loss of salt that seems to upset the chemistry of the body. Under such circumstances very little dilute salt water is quite palatable and, oddly enough quenches thirst better than plain

Heat stroke, popularly called sunstroke, is due to exposure to heat under conditions of high humidity which prevent the normal heat loss from the body. The body's normal heat-regulating mechanism has failed. This condition may begin with headache, dizziness, thirst or nausea; oftener there is a sudden loss of conaciousness with a rapid rise of body temperature as high as 107 or 110 degrees P. Heat stroke should be avoided if at all possible because the victim of heat stroke is thereby rendered sensitive to future heat exposure even as-low as 80 degrees F.

High external temperatures complicated by stagnant or moist air, which fails to assist the cooling of the body surface by evaporation, are causative of heat stroke. Under such conditions bodily exertion must be limited. The wearing of light, well ventilated headgear gives a degree of protection,

If actual heat stroke has occurred or appears about to occur, the person should at once be removed to the coolest available spot. The bare body should be wrapped in a sheet wet in cold water and cooling by evaporation should be aided by fanning so as to gain a moving current of air. The temperature should be taken frequently and artificial aids to heat loss discontinued when the temperature has fallen to 102 degrees P. Plenty of fluids should be given by mouth. Many of these cases are most serious and in all cases should be under the

Sunburn, heat prestration and heat stroke are some of the disadvantages of sunshine. These may be avoided. After all, they do not counter-balance the good that, in a variety of directions, come from the rays of the sun.

### COUNTY COUNCIL

Halton county council met in Milton on Tuesday, July 19th. The principal business was the passing of a by-law to levy a rate for the expenses of the county of Halton for the current year. According to this by-law. sum of \$206,065,13 is required for that purpose. The by-law called for a rate of 3 6-10 mills on the dollar for general rate, 1 mill for county road punposes and also special rates as named in the by-laws. There shall also levied and collected against municipalities forming part of county which are not included in any high school district or continuation school and which comprise the townships of Esquesing, Nassagaweya, Nelson and Trafalgar, the sum of 132.23, which sum shall be levied and borne by the said municipalities, total rate being as follows: Acton.

Last year the total estimate for ex-

Georgetown, \$7,423.89; Millton,

the tap on a previous occasion, and prior to their discussion in committee

Mr. Allen, chairman of the county adian record for the mile, Crichton is buildings committees, stated that exever wear the colors of the Univer- be considerably heavier than usual, as it was absolutely necessary that a In the six mile event, in a class new boiler for the heating system be Mr. Byers, that leave be granted regretted the way the county buildings had been neglected. The present boiler, for instance, had been in use for twenty-nine years. "Necessary improvements save money in the long run." said Mr. Allen. "Lest storm windows were put on the reg-

ing the buildings."

land and also suggested that landowners be encouraged to fence their property for forest protection. He cited the case of a farmer who owned three bush lots. Two of them were fenced and thick with young trees. while the third was unfenced and cattle had completely destroyed young growth. Mr. Hall also-thought that

ment might be asked to reforest waste

egislation should be enacted to prohibit owners from cutting trees less than six inches. Mr. Gordon thought that as long as farmers irrigated and drained the marshes there was bound to be s

water shortage. Moved by Mr. Robinson, seconded by Mr. Wilson, that the treasurer be instructed to make the following rebates, representing the amount in the 1937 rates by each of municipalities for rebates made in 1937 on costs of county pupils attending the various continuation and high schools in the county, and that these payments shall be accepted by these am. municipalities as a final settlement of these rebates; Acton, \$883.48; Burlington, \$1471.46; Georgetown, \$851.35; Milton, \$787.97; Oakville, \$1865.44; making a total of \$5659.70.

Moved by Mr. Irving, seconded Mr. Byers, that the following accounts as passed be paid by the treasurer: Finance, \$400.10; railways and agri-\$158.75; county buildings. hospital accounts, \$723.90: printing, \$277.71; total \$1765.41. Moved by Mr. Hall, seconded county buildings consider the tenders Evening gospel service. Subject: for new boiler and have the same "God's Question to Jerusalem; What conceded to be the best miler to penditures on county buildings would installed and other necessary repetrs Wilt Thou Do?" A welcome to all. made.—Carried.

> Moved by Mr. Irving, seconded by the the expenses of the county of Halton for the current financial year, and that the same be now read a first time.—Carried.

Following the necessary resolutions, by-law as above, No. 718, was given three readings and passed. Pollowing the adjournment of left for their annual fishing trip.

-The agricultural show at the Canadian National Exhibition has equal in the world. Every new mechanical and chemical development The chairman of the agriculture to aid the farmer is there on display in international competition in credi- do very little along reforestation lines from the few pounds prize money oftable fashion. Clarke in the past few but he understood that several pri- fered for the cultivation of hemp in Have you had any experience?" Mr. Hall suggested that the govern- today.

### CHURCH' NEWS

SCRIPTURE TRATS "But I will merifice unto thee with the voice of thanksgiving; I will pay that that I have vowed: Salvation is of the Lord." Jone



St. George's Church Thompson, Rector. Seventh Sunday after Trinity: Holy Communion, 8.00 a m. Stinday School. 10.00 a.m. Mating 11.00 a.m. Evensong.

Picnic on Saturday morning at ten clock to Stanley Park, Erin;

St. Alban's Church, Glen Williams Seventh Sunday after Trinity. Matins, 9.30 a.m. Sunday School, 10.30

The United Church Rev. F. C. Overend, B.A., Minister, The Sunday School will meet at 10.00 a.m. Union estvices of the congregations of Knox Presbyterian and the United Church will be held at 11.00 am, and 7 pm.

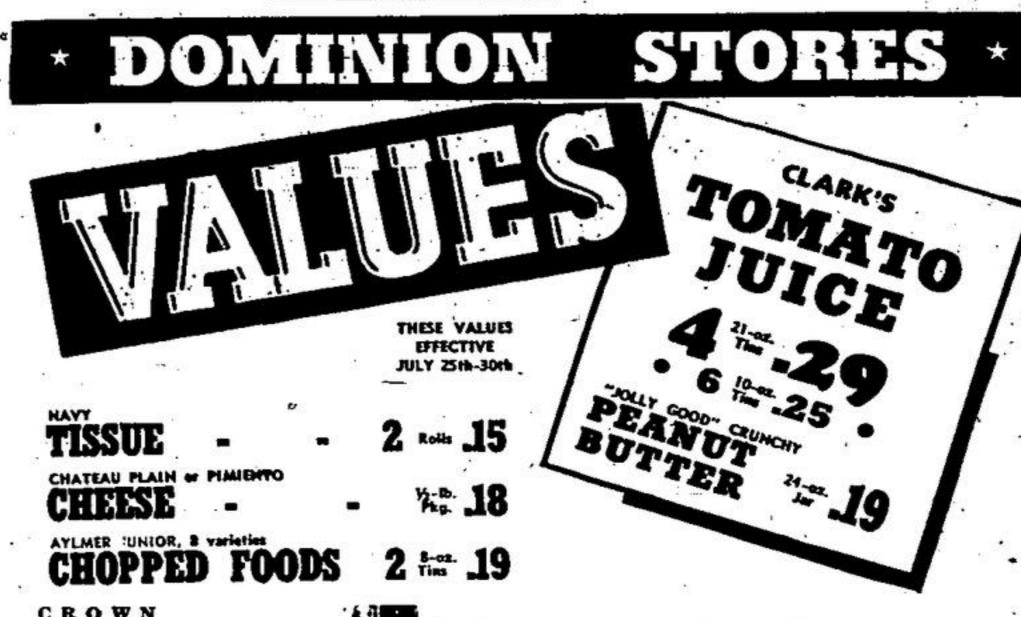
Baptist Church

Rev. E. G. Bexter, Minister. 10.00 a.m. Service for worship and Sunday i school session. Subject: "Samson: Strength and Weakness."

### RECEIVES MAIL JUST ONE YEAR

While William Preston of Georgetown was holidaying in Port Carling, Muskoka, last summer, he sent a post card to his mother here. The post card, however was not delivered until this week. Again holidaying in Port Carling, the post card came in his absence, and his mother thinking meeting, a number of the members he had sent it on this trip, thanked him for the card on his return. Much to her surprise William said he had sent the card last year, and remarks on the back proved his story. Housecleaning in the Port Carling post office must only take place once a year-during the tourist season.

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