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BOTANICAL NOTES FOR AUGUST

August has been truly called the month of gold; the ureate month or the blazing month!

A lavender haze hangs in the air on these velvety nights. Under a grape-coloured sky crammed with dim stars, the trees stand still as those of a submarine forest. But these stars are soon to be chased away by the savage rays of the sun as he rises—shoots to his zenith and hangs merciless—a brass plaque with a hairy outline in a vivid sky. Later the hot and quivering air seems filled with scintillating gold dust as the parched earth gives back its shimmering heat to a colossal old-gold moon.

On the farms are boundless oceans of waving golden grain, redolent of the Crown of the Year. There too are great fields of corn tossing their plumed helms, like mighty squadrons of old-time knights; proud in the possession of their golden ladies—the cobs. It seems these haughty vavallers are trampling conquered hosts as the enormous golden orbs of the pumpkins crawl and squirm at their feet.

And there is more gold; for the world is ablaze with golden blossom. Highland, plain, woodland, swamp and lake alike are bursting with a plethora of floral glory. It is quite true that all is not gold that glitters; but sometimes glitter may mean more than mere glitter; as we shall see.

On the lakes and ponds is the large Yellow Water-Lily (Nymphaea longifolia); perhaps the one which Longfellow had in mind when Hiawatha's canoe:

"Floated on the river
Like a yellow leaf in autumn
Like a yellow water-lily."

The flowers look like enormous floating buttercups. Not being sweetly scented, they are usually left in peace; but there are some people who (it is said) eat the seeds and roots; and who claim that the seeds taste like those of broom corn, and the roots, after long boiling, like sheep-liver!

Those sun-shaped golden disks with flashing rays, called Sunflowers, are, as well as being ornamental, useful to man. One authority says that the seeds of some species (as *Helianthus annuus* and *H. petiolaris*) were parched and ground into meal to make bread, considered equal to corn bread. The thickened tuber-like roots of the Giant Sunflower (*Helianthus giganteus*) and the Jerusalem Artichoke (*Helianthus tuberosus*) are boiled and eaten like potatoes.

Another useful plant with yellow flowers is the Common Evening Primrose (*Oenothera biennis*) which, according to Sturtevant, was formerly cultivated in English gardens for its edible roots, which when boiled are wholesome and nutritious; sweet to the taste, somewhat resembling parsnips.

The much maligned Sow-thistles add their gold to August. The perennial species (*Sonchus arvensis*) is a handsome plant, but a noxious weed owing to its large running roots. Here indeed is a case of futile glitter! But it has a first cousin—the Annual Sow-thistle (*Sonchus oleraceus*), much less harmful, whose leaves are, according to Britton and Brown, used as greens and salad.

Some people may laugh and say: "Surely such common weeds cannot be good to eat."—But wait until you read this: Elias Yanousky referring to the Skunk Cabbage in his "Food Plants of the North American Indians" says: "Rootstocks used as emergency food, dried or baked to improve the taste, young leaves and shoots used for greens by Iroquois and Seneca Indians." There certainly is no accounting for taste. It is possible that the Red Man might not approve of certain types of chesnuts in an advanced stage of decomposition—highly relished by the White Man!

And so these drowsy, droning dog-days gently dissolve into another season beloved for cooler nights and sweet repose; when the mellow incense of the decline of summer reminds us that there will soon be much ado again with all the hustle and bustle of Dame Nature's beneficent season—the harvest.

A MILLION DOLLARS COULDN'T BUY IT

Henry Weissburst, popular Listowel business man, is one of these new Canadians who is thoroughly appreciating the privilege of living in Canada. Coming here from Frankfurt on Main, Germany, in 1924, Mr. Weissburst was naturalized nine years ago and he pardonably boasts he would not sell his Canadian citizenship for one million dollars. Many times that much money would not buy the personal liberties and freedom that Canadians enjoy, he says.—Listowel Standard.

Highways in Dominion Now Total 400,000 Miles

Canada's vast network of highways, comprising more than 400,000 miles is among the outstanding developments of the present century. In addition to providing arteries of travel for more than a million motor cars of Canadian registration, these highways also carry a great cavalcade of more than four million tourist automobiles a year from other lands. The surfaced highway mileage in Canada exceeds 99,350 miles, while unsurfaced roads totalled more than 311,000 miles.

Early Travel by Water

In the early days of settlement roads were auxiliary to water routes as avenues of transportation. They were used during the summer season when portages were necessary to avoid obstacles in river and lake travel, and in winter when ice prevented navigation. With the spread of settlement and the demand for means of communication between centres of population, overland routes became necessary and road construction got underway in the pioneer stages of the development of the country.

Road building in Canada received additional stimulation with the advent of the automobile, which revolutionized the mode of travel of the nation. This gave birth to the motor tourist industry, which has been an incentive to governing bodies to improve trunk roads and scenic highways within their jurisdictions. Today Canada's highway systems link modern cities with regions of almost primeval wilderness, and serve a land blessed by an indulgent Nature with an unrivalled wealth of travel attractions.

Parks, Scenic Wonders

From east to west, there is the scenic beauty of the maritimes, the old-world charm of Quebec, the Ontario lake regions, the world-famed Niagara, the Great Lakes, the park-lands of the prairies, and the grandeur of the mighty Rocky and Selkirk mountains, to mention only some of the more outstanding while countless lakes, riv-

er and forests provide facilities for fishing, hunting and winter sports.

Among Canada's greatest attractions for travellers by highway or other means are the National Parks, comprising twenty separate units with a total area of about 12,525 square miles. Within the National Parks are almost 600 miles of all-weather highways and more than 200 miles of secondary scenic and historic associations.

REPORT SHOWS TEXTILES AGAIN STAND SECOND

The latest report of the Dominion Bureau of Statistics shows that the textile industry, which is of such vital importance to Hespeler, continues to occupy a leading position among all Canadian industries. This recent report, like the one issued last year, classifies textiles under more than a score of headings: the same of the figures under these headings designates primary textiles as providing employment for the second largest group of wage earners in Canadian industry. The Bureau's figures are for 1936, when one hundred and fifteen thousand employees were paid a total sum of ninety-five million dollars. The only industry standing ahead of textiles in numbers employed is wood and paper products.—The Hespeler Herald.

He Knew It Wasn't True

A very old resident of the town was reported to have died. Many people called, only to find that the old man was hale and hearty. He smiled when they told him of the report, saying: "I knew it wasn't true as soon as I heard it."

—Shop where you are invited. Read the advertisements in this paper.

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POTATOES New — Home-grown 7½ Pounds Good cookers Special 19c	GRAPEFRUIT SPECIAL — Good Size California Delicious Flavor 37c doz
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CABBAGE Firm Green Hard Heads Large Size 5c ea.	ORANGES Nice Size Full of Juice 19c doz.
CUCUMBERS Good Size 6c ea.	TOMATOES 2 Pounds Delicious Outdoor 25c

Golden Wax Beans, Watermelon, etc. Special

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WE WANT NEWS

We are grateful to the large number of our friends, our large staff of correspondents, our contributors, our advertisers and others who help to make The Herald what it is, a means of keeping the community informed about one another's activities, and of promoting the interests of all. But there is always room for improvement. As an item that we have seen in some of our exchanges put it: "There has never been a newspaper printed that satisfied everybody." But there is a very simple method by which better newspapers can be produced and that is for those who subscribe to them to take an individual interest in seeing that they get more local and personal news. Not that you are expected to become a reporter when you become a subscriber, but because the newspaper stands as the exponent of all that is good for your community and because civic pride should, therefore, lead you to encourage such an institution. If you have visitors, if you have been on a visit or if you are going on one, your neighbors are sure to be interested about it. Tell them through your home town paper. Every little item of a local or personal nature helps just that much to make a still better newspaper and getting it to the editor requires very little exertion on your part. That is how you can help make your newspaper more interesting, and you are invited to start doing so at once."

Do as many others are doing: Write the item on a sheet of any kind of paper, sign it, hand it in at the office, or put it in an envelope addressed to The Herald and marked "printer's copy", do not seal it, put a one cent stamp on it and mail it from any point in Canada.

THEY'RE NOT COLORS

Neither black nor white are colors, and it is wrong to describe them as such. If you examine a spectrum, such as a rainbow, you will not find black or white among the colors. White is only found in pure light, and is a combination of all the colors; thus, when it is refracted, it breaks up into the well-known spectrum. In itself it is not a color. Black, on the other hand, is a total absence of all color, and it absorbs all hues that shine upon it, giving off none itself.

Raise To Price

"A penny for your thoughts, darling."

"Make it ten dollars, dear. I was thinking of a new hat."

Particularly If—

"Beverage room glasses seen as health menace," says a headline. Particularly if they are filled and emptied too often!—Kirkland Lake Northern News.

A man was charred with shooting a number of pigeons, the property of

a farmer. Counsel for the defense tried to frighten the farmer.

Lawyer—Now, are you prepared that this man shot your pigeons?

Man—I didn't say he did shoot them. I said I suspected him of doing it.

Lawyer—Ah! Now we're coming to it! What made you suspect this man?

Man—Well, firstly, I caught him on my land with a gun. Secondly, I heard a gun go off, and saw some pigeons fall. Thirdly, I found four of my pigeons in his pocket—and I don't think them birds flew there and committed suicide.

Far too many of us have so little conception of the real value of time that we waste the greater part of today either lamenting yesterday, or day-dreaming of tomorrow. Now is the accepted time. Remember that yesterday is gone, and tomorrow never comes.

A little hillbilly watched a man at a tourist camp making use of a bomb and brush, a tooth brush, a nail file and a whisk broom:

Hillbilly—Gee, mister, are you always that much trouble to yourself?

Wrigley's Spearmint Gum

Dentists recommend Wrigley's Gum as an aid to strong, healthy teeth, cleanses them of food particles, massages the gums. Aids digestion, relieves stuffy feeling after meals. *Helps keep you healthy!* Take some home for the children too—they will love it!



Brothers Under the Skin

The words of preacher or sinner are very much akin. When against a misplaced chair He barks his ahn.

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Chateau Plain of Pimento CHEESE ½-lb. Packages 16c	Smart's Lombard PLUMS 2 No. 2 Tins 17c
Catsup Dry GINGER ALE (Plus Deposit) 12c	E. D. Smith's Pure Jam DAMSON 32-oz. Jar 23c
Aylmer Tomato JUICE 2 10-oz. Tins 9c	And Don't Forget PRUNES 3 Pounds 20c
Dole Pineapple JUICE No. 2 Tin 16c	Aylmer Tomato or Vegetable SOUP 2 10-oz. Tins 15c
Hellmann's Blue Ribbon MAYONNAISE 3½-oz. Jar 10c	Aylmer Sweet White CORN 2 17-oz. Tins 15c
Our XXX VINEGAR Quart 10c	Belle City PEAS 3 17-oz. Tins 25c
Clover Leaf Sockeye SALMON ½-lb. Tin 17c	Aylmer BEANS WITH PORK 2 11-oz. Tins 9c
Heinz Cooked SPAGHETTI Med. Tin 11c	Smart's CUT BEETS No. 2 Tin 8c
Heinz Tomato KETCHUP 2 Large Bottles 35c	Keen's English MUSTARD Tin 14c, 24c
Heinz Sterilized BABY FOODS 2 Tins 19c	Brock's BIRD SEED 10-oz. Pkg. 14c
To Make Stuff Jam or Jelly CERTO Bottle 23c	Woodbury's Facial SOAP Cake 8c 4 for 29c
Sealite Rubber JAR RINGS Doz. 5c	Pearl White Naphtha SOAP 3 Bars 11c
Eastlake Shortening or DOMESTIC 2 1-lb. Pkg. 25c	For Quick Suds OXYDOL Pkg. 9c, 21c

nothing so refreshing as a good cup of TEA

Carroll's Dundee TEA 1-lb. Pkg. 43c	Golden Tip TEA 1-lb. Pkg. 33c	Lipton's Orange Label TEA ½-lb. Pkg. 33c
Carroll's Dundee COFFEE 1-lb. Pkg. 23c	Carroll's Very Best TEA ½-lb. Pkg. 33c	Lipton's Red Label TEA ½-lb. Pkg. 31c

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