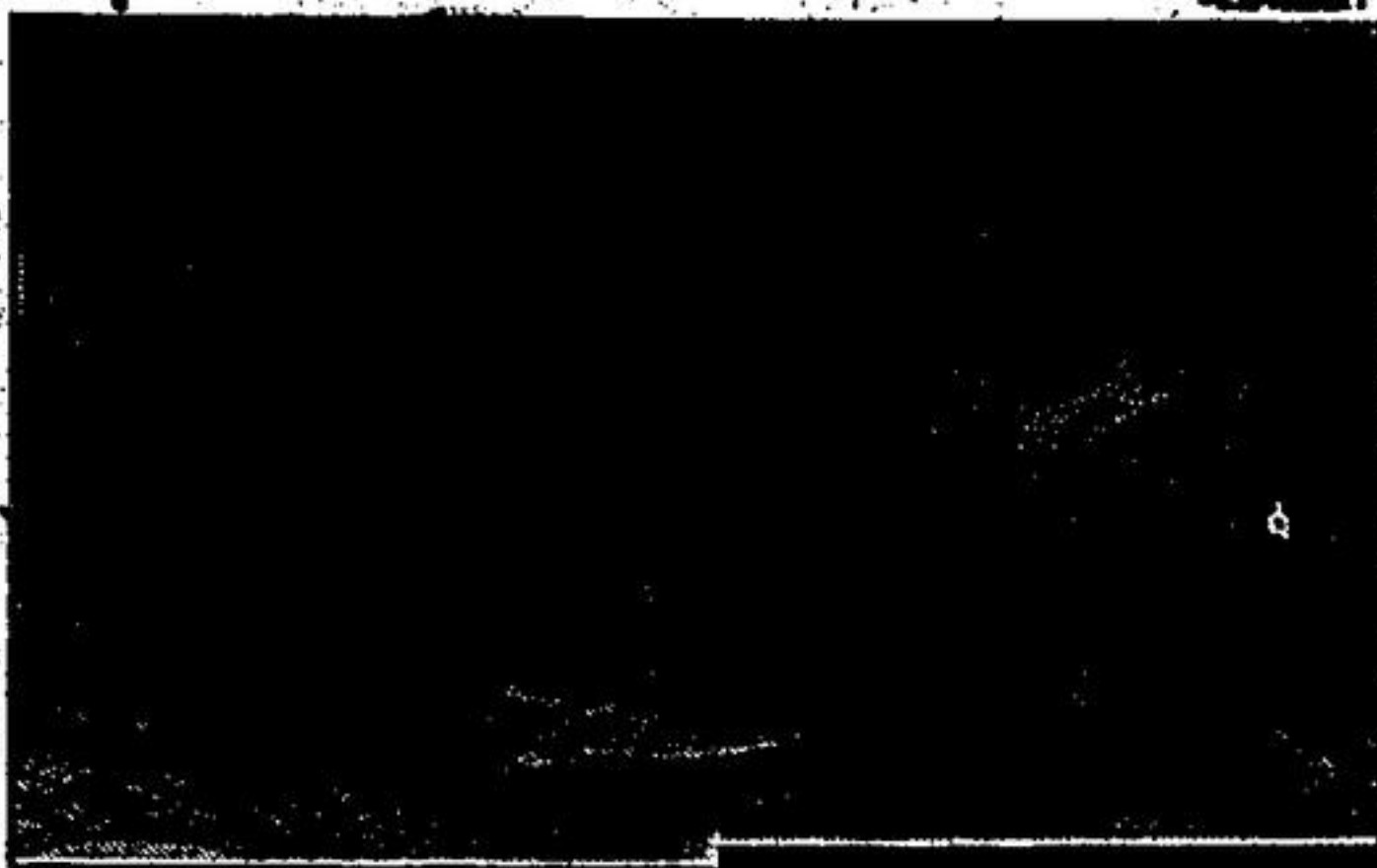


The SNAPSHOT GUILD

The Camera in the Kitchen



DO YOU ever carry your camera into the kitchen? Next time you want to take pictures indoors, and run out of subjects, try exploring the realm of stove, icebox and pantry. It's a happy hunting-ground.

Almost everything in a kitchen is a camera subject. The icebox and the china and aluminumware are a mine of still-life possibilities, and there are opportunities galore for "off-guard" pictures whenever a meal is being prepared.

The mixing of a cake can be a picture, if the big mixing bowl is snapped from a high angle with two hands busy with a spoon in the creamy batter. Mother broomlessly testing the cake with a breadstraw is an opportunity for a "candid" shot. There are pictures, general or close-up, when the cake is being iced. There is a splendid close-up in the cutting of the first slice, with the gleaming long-bladed knife going through the fluffy loaf.

A pile of shining pots and pans may make a splendid picture, if the photographer chooses a proper angle and works out a "dramatic" lighting. China, wet and glistening in a drain rack, is material for pictures. Even the dishpan, foamy with suds as two hands squeeze out the dishrag above it, is a picture opportunity.

The icebox yields eggs and vegetables that can be worked into interesting "still-life" studies. A series of "busy hands" pictures is well worth trying—hands peeling a potato, with a long curl of peel hanging; hands polishing silverware or drying glassware; hands turning a brown pancake on a griddle or lifting a waffle out of the iron—hands doing a thousand and one things!

Picture-making in most kitchens is simple, because the room is usual



Children busy in the kitchen are always appealing picture subjects. Snaps like this abound in any home.

ly small and walls and ceiling are generally light in color. The camera should be loaded with super-sensitive film, and three large amateur flood bulbs used in cardboard reflectors. The proper distance from bulbs to subject is four to six feet. With this amount of light, one can take snapshots with a box camera at its largest lens opening, or use 1/25 second at f.8 or f.11 lens opening with cameras so marked. For close-up pictures, a simple portrait attachment may be used with most cameras.

John van Gulder.

HEADACHE AFTER HEADACHE

Now She's Free From Them

A woman writes:—"I would like everyone who suffers from headaches to try Kruschen Salts. Before taking Kruschen I was seldom free from a headache. But since I have been taking it regularly, I have hardly had a headache for which I am very thankful. I have been taking a small dose of Kruschen every morning in a glass of warm water, before my breakfast, and I feel so well."

(Mrs.) A.E.D.
How do you deal with headaches? Do you just take something to deaden the pain, without getting rid of the trouble which causes the pain?

Headaches can generally be traced to a disordered stomach and to the unsuspected retention in the system of stagnating waste material which poisons the blood. Remove these poisons—prevent them forming again—and you'll never have to worry any more—from that cause. And that is just how Kruschen Salts bring swift and lasting relief from headaches. Kruschen aids Nature to cleanse your body completely of clogging waste matter.

EXPRESS MAN PLAYS NURSE TO BEAR CUB

London, Ont., Apr. 5th.—The job of foreman at the Canadian National Express sheds calls for a versatile man says the London Free Press. Not only must he keep things moving, catch trains and liberate racing pigeons but he must also have a working knowledge of the habits of animals. However, Hugh Findlater, foreman of the local express sheds, fills the bill perfectly. Not so long ago when a valuable horse went temperamental and refused to leave the express car, Hugh came to the rescue and soon had the horse literally eating out of his hand, and safely unloaded.

The other day Hugh had a new task. He played nurse maid to a month-old cub bear, and according to all reports did it very nicely.

The little cub was being shipped from Sudbury to Amarillo, Texas. In his crate were two cans of milk, a nursing bottle and nipple and instructions as to the feeding of the little fellow, together with a request that this be done.

So Foreman Findlater became nurse maid and while the cub was waiting between trains here gave him two bottles of milk. It's all in the day's work, Hugh explains.

LET YOUR HEIRS WORRY

Once upon a time a man used to work and struggle during the greater part of his life building an estate so that when he died he would leave his dependents free from financial worries. Those days, seemingly, are gone forever.

Now the provincial governments pounce upon the estate and under the guise of succession duties often become the testator's chief beneficiary. Not only do they take a goodly share, but go on merrily taxing the remainder. Thus instead of passing on security and freedom from financial worries, a man leaves a pack of troubles which even the highly organized and efficient trust companies are unable to shoulder in their entirety.—Financial Post.

It is not marriage that fails; it is people that fail. All that marriage does is to show them up.

CERTIFIED SEED UPHELPS QUALITY CANADIAN POTATOES

In Canada, the service of seed potato certification, made available to the potato industry by the Dominion Department of Agriculture in 1915 is one of the main causes of Canada's high position as a producer of potatoes both for home consumption and for export. Until 1915 potatoes certified in the Dominion are the offspring of certified seed, however, it will not be possible to obviate the appearance on the market of inferior produce.

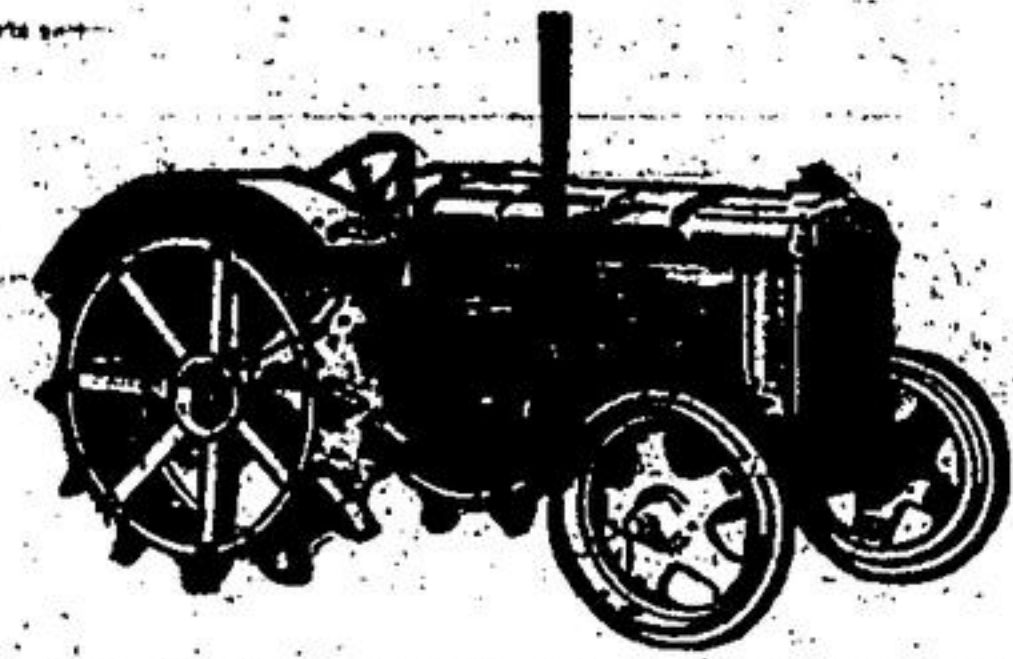
The chief purpose of seed certification is to encourage growers to use certified seed with a view to have their crop inspected for certification but rather to help to keep down to a minimum destructive plant diseases, with their resultant serious effects on yields. It is desirable to obtain greater acre yields and so increase profits per acre. Certified seed in many cases would double the yields now being obtained.

Seed potato certification is the most practical and economical method of making available a sufficient quantity of practically disease-free seed annually and of dealing with many of the types of disease carried in the tubers. Apparent soundness of the seed tubers constitutes no guarantee of freedom from disease, for, notwithstanding good appearance, the potatoes may carry virus diseases not recognizable in the tubers but nevertheless seriously affecting the yield and quality of the crop. Careful field inspection by competent inspectors at the time these diseases are observable in the growing plant is most desirable on all potatoes intended to be sold for seed purposes.

Certification is a means of recording seed stock grown from certified seed of good type from vigorous plants and, as far as practical under advanced conditions of farming, relatively free from diseases. Potatoes may be certified when they have been inspected both in the field and after harvest by the authorized Dominion Inspector and have been found vigorous and well cared for and conforming to the seed standards of freedom from serious diseases, and of purity of variety. Official tags are issued for such seed stocks exclusively, and no other label carries any official recognition of seed potatoes whatever. If the official tag is not on each container, the potatoes in them should not be accepted as certified seed. There is no Act or Regulation that debar anyone from freely using any potatoes for seed purposes, and, as far as regulations go, there is nothing to prevent seed firms or anyone else from selling any kind of potato seed provided the potatoes are properly graded and labelled and are not misrepresented.

Over twenty thousand acres of potatoes in Canada are now inspected for seed purposes annually, and in addition to the domestic demand for certified seed, an excellent export trade has developed, between one and two million bushels of certified seed potatoes having been shipped every year since 1915 to foreign countries. Certified seed potatoes may be procured through any established seed

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SOME OF THE LATEST IMPROVEMENTS:

1. 15-30 H.P.—plenty of power for any occasion.
2. High Tension BOSCH Magneto.
3. Built in Governor.
4. Larger Cooling and Oiling System.
5. New-High Gear Speed—4.3 miles per hour.

Compare these features with anything else on the market, also the price. And remember, Service and Parts, right at home.

A. E. CRIPPS

Dealer in Ford Cars, Trucks, and Tractors
PHONE 280 GEORGETOWN

house, and from most of the regular potato dealers or direct from the growers. A list of certified seed potato growers for any province is obtainable on request free from the Dominion Botanist, Central Experimental Farm, Ottawa.

FIRST RESERVATION MADE FOR TRANS-ATLANTIC PLANE TRIP

Ottawa, Ont., Apr. 5th.—The first request for a passenger reservation on a trans-Atlantic plane was received here recently by a reservation clerk of the Canadian National Railways. A prominent lady citizen filed a reservation for passenger space on the first available plane from Canada to England when the service goes into operation. Her request was passed on to Trans-Canada Air Lines who co-operated last summer with Imperial Airways in trans-Atlantic test flights.

AUSTRIAN SCOUTS FACED DISBANDMENT

Compulsory disbandment, as in the case of the Boy Scouts of Germany, Italy and Russia, is now faced by the Boy Scouts of Austria, as a result of the absorption of that country by Hitler. Dictators have no use for youth organizations whose principles include international friendship. The world Scout census of 1937 gave Austria 10,466 Scouts and leaders.

HOLIDAYS THIS YEAR

Public holidays this year will be as follows: Good Friday, April 15; Victoria Day, Tuesday, May 24; King's Birthday, Friday, July 1; Civic Holiday, Monday, August 1; Labor Day, Monday, September 4; Thanksgiving Day, (to be set); Remembrance Day, Friday, November 11; Christmas, Sunday, December 25; (will be observed on Monday, December 26).

TIME NOW TO FIGHT CLOTHES MOTHS

The larvae of clothes moths and carpet beetles may give trouble all the year around, but with the coming of spring their activities increase, and if preventive measures are not promptly taken, they are likely to do considerable damage to furs, woolsens, and other fabrics of animal origin. Officers of the Dominion Entomological Branch has given this subject a considerable study, and advise the following measures:

Valuable furs should be placed in cold storage, or after beating and brushing in the sunlight should be hung in moth proof bags with a liberal quantity of naphthalene flakes. Winter overcoats, other garments, blankets, etc., may be protected in similar manner, or may be wrapped in paper with naphthalene and stored in trunks or boxes. When house-cleaning, cupboards, attics, and basements should be examined and all materials removed in which the moths and beetle larvae may breed. Places that harbour dust and lint such as floor cracks, behind case-boards, furnace air shafts and similar situations need special attention, as it is frequently in these places that the insects multiply, and mystify the housewife when they appear on the wing.

A vacuum cleaner is very useful in eliminating the source of infestation. Damage to plane felting may be guarded against by placing about one pound of naphthalene flakes or para-chlorobenzene in cheesecloth bags inside the piano, keeping it closed when not in use. The occasional use of a vacuum cleaner on the felting further reduces the risk of damage.

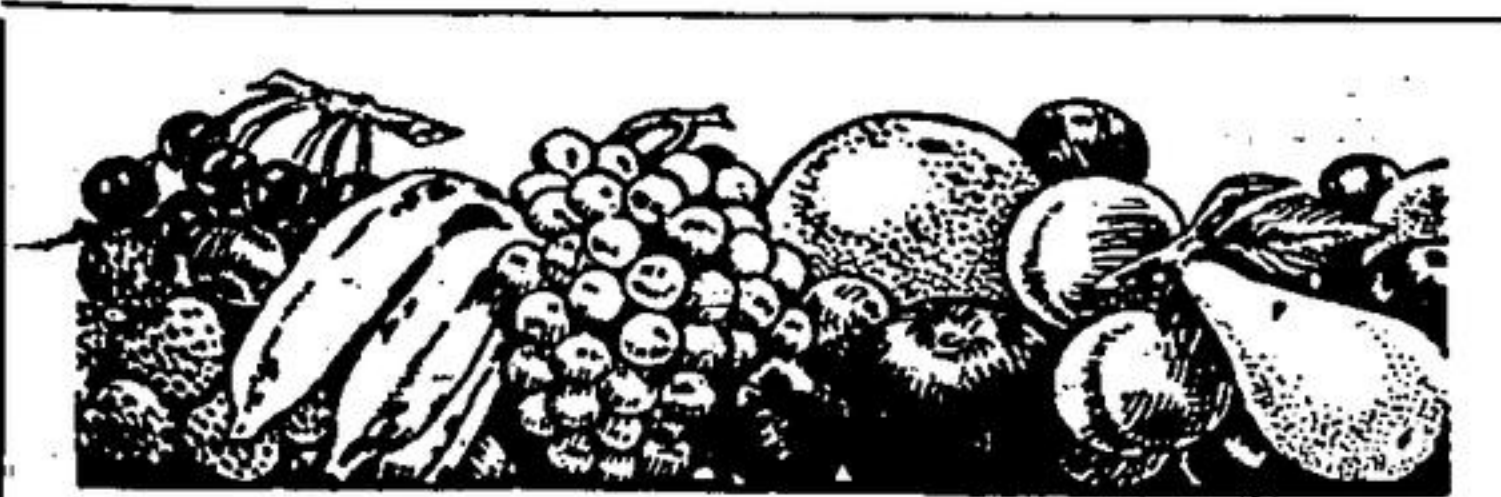
When the house is to be closed for a time, it is wise to scatter naphthalene flakes liberally over rugs and carpets afterwards rolling them tightly and tying them up in stout brown paper. Upholstered furniture may also be treated with naphthalene, and well and tightly covered with paper or cotton sheets to lessen the risk of injury. Pyrethrum fly sprays are useful for destroying the insects, but it should be borne in mind that these sprays kill only on contact with the pests, and have no subsequent moth-proofing value. For further information write to the Publicity and Extension Branch, Department of Agriculture, Ottawa.

Liberty is being free from the things we don't like in order to be slaves of the things we do like.



C. N. R. FACTS

At the end of last year, the Canadian National Railways had a total of 2,664 locomotives, 95,622 freight cars and 3,059 passenger cars. Now equipment purchased during the year included 3,000 box cars, 400 refrigerators, 400 gondola cars, 200 automobile cars, 40 flat cars, 30 sand cars, 50 first class air-conditioned passenger coaches, 10 mail and express cars, 10 baggage cars, 15 snow plows.



ORANGES Fresh New Navels Sweet Special Medium Large Size	17c DOZ
CABBAGE New, Fresh and Green, Firm Heads	4c lb.
Tomatoes 2 POUNDS Delicious, Firm Ripe—Ruby Red	19c
Grapefruit 6 Medium Large	23c
Celery 2 Nice Size Stalks	9c
Spinach 2 POUNDS Fresh and Curly	13c
Potatoes 15 LB. PECK Good mealy cookers.	10c

Carrots, Cucumbers, Onions, Apples at Special Prices

CARROLL'S LIMITED



PRINCESS FLAKES 3 PACKS 27c	PALMOLIVE 2 SPECIAL Cakes 11c	MONEY BACK TRIAL OFFER CONCENTRATED SUPER SUDS 2 PACKAGES for 18c	LIMITED ONE CUP ONE CAKE 11c 2 Cakes 11c
HAWES' LEMON OIL Very Special—Sugared	TEA CAKES 2 Pounds 25c	BRASSO Metal Polish	SILVO Silver Polish
CEDAR OIL Bl. 14c, 23c	TOMATOES Coronation Choice 2 No. 2 1/2 Tins 19c	WAX YOUR FLOORS NOW IS THE TIME TO Old English	WAX BEANS Lachine Cut 3 No. 2 Tins 25c
MIXED PICKLES 27-oz Jar 23c	CORN Aylmer Golden Bantam 17-oz Tin 10c	PASTE WAX 1-lb. Tin 53c	NO-RUB WAX 1-lb. Tin 49c
RICE Majestic 2 Pounds 11c	OLD DUTCH CLEANSER 2 Tins 18c	MUSTARD French Prepared Mustard 0-oz. Jar 9c	PURE JAM Raspberry or Strawberry Jam—absolutely pure— berries and sugar only— best on the market—32- oz. Jar 39c
PORK and BEANS 2 11-oz Tins 9c	SALT Plain or Iodized 1 1/2-lb. Package 3c	WHITE BEANS Small Pound 3c	BEFORE ONTARIO PEACHES 2 No. 2 Tins 25c
SARDINES Brunswick Canadian 2 Tins 9c	CHICKEN HADDIE 2 1-lb. Tins 25c	NUGGET SHOE POLISH Tin 10c	BLUEBERRIES 2 No. 2 Tins 25c
		LIFEBUOY SOAP Cake 7c	TOMATO JUICE 3 25-oz Tins 25c
		FAIRBANK'S SOAP 5 Cakes 11c	AYLMER Tins of ASPARAGUS 12-oz Tin 17c
		CORN BROOMS Each 27c	
		STEEL WOOL Package 5c	

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