CRIPPLED BY PAINS IN THE LEGS

Physical Instructor Loses Use of Limbs

If rheumatism is crippling your limbs, and making life miserable for you, read how this man obtained relief from the same trouble:-

"I am a swimming and physical intructor. Early this year I had viostabbling pains in my legs from the hips to the big toe. In the mornings, I could not walk for three or four hours. Massage oil, pills, etc. did me no good. Someone begged me to take Kruschen Salts. In despair I got a bottle. After I had taken three parts of the contents, I was as fit as ever, except for a little stiffness of the joints, while in general health I was far better. Kruschen has put me on my feet again."-HLS. 8 - ...

Rheumatic aches and pains are often caused by the accumulation of too much uric acid in the system. Keep down the excess of uric acid, and it stands to reason you'll get glorious relief. That is just what Kruschen Saltz does brings quick relief from the cutting, stabbing pains of rheumatism, because it actually rids your blood of excess uric acid.

Wist Ye Not Wist ye not when pleasures cloy Duty seems a thing of joy? Wist, ye not a bitter word Clarifies the song of a bird? Wist ye not how space and sod Make man seem of worth to God.

TOU SAVE ALMOST \$100

EASY

MAIN ST.

It will be a suit season, so they say, and with your suits you will wear every sort of blouse - tailored shirtwaists, crisp and frilly lingerie blouses, overblouses reaching to the ed by hips, waistband blouses fastening into a sash (to go under boleros, those). Suits feature stripes like men's worsteds-very tailored, some with on vests. Also separate jackets of these to wear over dresses of other fabrics, or with woven skirts. Chiffon blouses with flower

broidered in wool, are new. Two-piece dresses like jacket suits are featured in spring styles. All over tucked crepes are good this disc, tractor built out of Studebaker

One-piece dresses in monotone Cormick Deering plow, heavy wagon, crepes have yoke and sleeve details set bob sleighs, hay rack, threshing hand drawnwork. These are in tank pump, numerous other articles. dark or bright colors with tucked or pleated skirts. Navy with rose or pink, pistache March 24; Jersey heifer, 2 yrs., due

green, beige and medium blues are June 3; Red and white cow, 4 yrs., due important spring colors. Reversible jacquards in colored April 12; 3 yearling heifers, Jersey patternings.

Net and lace effects in fine dress Vertical front gathers, sometimes in separate panel, look newer than horizontal gather drapes—soft black afternoon dresses often have white embroidered lawn or organdle trimming as this square inset plastron-

flower toques endorsed by several big

Visitor: "What a sweet and inno-Mrs. Brown.'

From front bumper to tail-light,

the 1938 Willys offers feature after

feature that delights the heart of

the motorist. And yet, the Willys

saves you nearly \$100 in price, and

you save money on gas, oil, tires and

upkeep every mile you drive. The

Willys gives you an all-steel, unit-

weld body-safety glass in all win-

dows-rubber-mounted body-

fuel-saving engine—touring speed over 60 miles an hour sustained

-50-inch wide front seat - big luggage compartment - oversized

tires and brakes extra-long springs. Beauty, safety, comfort

and economy-everything essential-at the lowest price in

Canada, for a full-size car. Why pay more?

J. N. O'NEILL

Are You Sure Your D

Eyes See Correctly

PHONE 14

Expert Watch Repairs by

J. H. JORDAN

GEORGETOWN - PHONE 11 - LANE BLOCK

HAVE YOU SEEN THE NEW RIMLESS MOUNTING?

No screws to loosen and cause wobbly lenses . . . Less breakage of

glasses . . . Thus saving you money.

OUR PRICE IS THE SAME AS CITY PRICES

O. T. WALKER, R.O.

OPTOMETRIST, EYESIGHT SPECIALIST, Brampton

Wednesday of every month.

Or you may consult O. T. Walker at his office in Brampton

at ROBB'S DRUG STORE, GEORGETOWN, the second

houses.

cent looking face your little girl has. Mrs. Brown: "I hadn't noticed it. Mary what have you been doing?"

FULL-SIZE CAR

Half the Gas

Twice the

GEORGETOWN

& SON

at one o'clock the following: HORSES-Grey mare, black mare, CATTLE-Black cow, 4 yrs., calf at foot; roan cow, 5 yrs., calf at foot; roan heifer, 21/2 yrs., calf at foot; red cow, 5 yrs., bred July 5th; red cow, 5 yrs., bred Sept. 3rd; roan cow, 3 yrs., bred; 2 steers, rising 3 yrs.; 2 heifers, rising 2 yrs.; heifer, 1 yr.; steer, 1 yr;

AUCTION SALE

FARM STOCK AND IMPLEMENTS

The undersigned has been instruct-

STANLEY BEAM

sell by public auction at Lot 22

10th Line, Esquesing, at Glen Williams

MONDAY, MARCH 21st, 1938

at 2 o'clock, the following:

der, 6 ft. cut; old Deering binder, 6

ft_cut; spring-tooth cultivator. Wis-

ner seed drill, set harrows, Maxwell

mower, 5 ft. cut; horse rake, 12 plate

car, parts for Studebaker car, 21 Mc-

HORSES-Bay Horse, Brown horse,

time of sale: Red cow, 4 yrs., due

PIGS-Yorkshire sow, due Mar. 28.

No reserve as the farm is rented.

CLEARING

AUCTION SALE

FARM STOCK, IMPLEMENTS,

HOUSEHOLD FURNITURE

The undersigned has been instruct-

JOHN STANDISH

to sell by public auction at lot 14

WEDNESDAY, MARCH 23rd, 1938

concession 6. Esquesing, on

FRANK PETCH, Auctioneer.

helfer. 8 months.

Terms Cash.

CATTLE Jersey cow, 6 yrs., due

IMPLEMENTS-Ideal Deering Bin-

heifer, 6 months. PIGS-Yorkshire sow, bred Jan. Hair Nets Used by Women IMPLEMENTS-Farm wagon, with in tires; sloop sleigh, with 21/2 in. runners with bunks and bolsters; cutter; buggy. 13 tooth Cockshutt spring-Deering No. 12 walking plow, Cockshutt Junior plow, Oliver 21 riding

plow, 10 ft. heavy dlamond harrow newly sharpened, Deering mower, 5 ft. cut; Massey-Harris side rake, Massey Harris drum hay-loader, 10 ft. dump rake, Renfrew 2,000 lbs. weigh scales, McCormick Deering scuffler, McCormick Deering cream separator, Eureka hand seeder. Chatham fanning mill, hand or power; R. A. Lister grain grinder. 914 plates; speed jack, Tolton root pulper, 14 ft. hay rack, wagon box, complete set of short slings, 50 feet canvas belting. 2 steel barrels, 20 ft. rubber belting, oak barrel, pile cedar posts, pile elm plank, the already wrapped and covered plle hemlock plank, 2 post hole dig- crowning glory of the wearer. It gers, post hole bar, chains, shovels, was fastened by tying strings athoes, forks, neckyokes, doubletrees, 75 | tached to it. ft. % in, water pipe, stone boat, cultivator wheels, step ladder,

grain bags, quantity of hay and straw. mangles, 60 bags Dooley potatoes, other articles. HARNESS Set heavy team harness with breeching, 3 horse collars. HOUSEHOLD FURNITURE—Dres-

ser, 2 wash stands, oak sideboard, high kitchen cupboard, kitchen table wooden bed and springs, iron bed. 6 small tables, 4 rocking chairs, couch, chest drawers, dishes, wash tubs. Terms Cash.

FRANK PETCH, Auctioneer HUME CURRIE, Clerk.

CLEARING

AUCTION SALE

GRAIN, HOGS, IMPLEMENTS AND HOUSEHOLD FURNITURE The undersigned has received in

structions from MRS. ELEANOR ARMITSTEAD to sell by public auction at lot

mcession 5. West Chinguacousy, on TUESDAY, MARCH 22nd, 1938 at one o'clock, the following:

IMPLEMENTS - Six-foot Deering binder, McCormick corn binder, fivefoot Frost & Wood mower, 13-disc McCormick-Deering combination fer- Ch'ien," discovered a remarkably tilizer grain drill, McCormick-Deerfoot dump rake, steel wheel wagon, on a wall-enclosed plot of sanctified hay rack, wagon box with spring seat, ground at Shingu -in - Wakayama democrat wagon, 2 buggles, 1 rubber tired buggy, cutter, two 40-gal. oil drums, circular saw, walking plow, No. 15 DeLaval cream separator, 2,000 lb. truck scales, fan mill with bagger, 30-ft. extension ladder, 115-ft. happiness. horse fork rope, wire fence stretcher, post hole digger, bag trucki root pulper, straw cutter, pump jack. wheelbarrow, grindstone, excavating shovel, quantity dry oak, quantity of new and used grain sacks, quantity of raspberry and strawberry crates carpenter tools and bench, shovels and forks, number of chicken troughs and feeders, hen house sprayer, pile of wood, dog kennel, two 25-ft. lengths garden hose, new; 4 milk cans, and other things too numerous to men-

HOGS-8 Feeder pigs, 2 sows, bred. lece parlor suite, plano and bench, proved by Washington on July 4 HOUSEHOLD FURNITURE - 3good condition; 3 rocking chairs, of the same year. library table, complete oak dining room suite, deak book case, beach chairs, plant table, 4 bedroom suites. mattresses, extension table, kitchen cabinet, 9 kitchen chairs, 1 armchair. kitchen range with reservoir, 9 x 12 Axminster rug, 22 ft. Brussels stair carpet, 26 inches wide: 3 congoleum squares, 9 x 10 ft.; kitchen linoleum. curtains, blinds, reds and fittings, buffelo robe and a quantity of other from the forge was said to be brandhousehold effects. Everything will be sold without reserve as the farm has been sold.

Terms Cash.

Butter Used by Romans

in Treating Afflicted Butter has not always been used for nourishment. The Greeks and Romans used it most largely for medical purposes. Describing the making of butter in the Second century, one authority claimed that it was more satisfactory when used externally. As late as the Seventeenth century butter was sold by apothecarles in Spain for use as an ointment. It is rumored that the good looks of many of the Spanish beauties was due to the use of butter as a cosmetic, just as Cleopatra is said to have bathed in milk.

Concerning the part which butter played in commerce in the early days, the Wisconsin department of agriculture and markets makes the following statement:

"Little is known of the part which butter played as an article of commerce in ancient times. However, an early historian states that in the first centuries butter was shipped from India to ports of the Red sea. In the Twelfth century Scandinavian butter was an article of oversea commerce. The Germans sent ships to Bergen, in Norway, and exchanged their cargoes of wine for butter and dried fish. It is interesting to note that the Scandinavian king considered this practice injurious to his people, and in 1186 compelled the Germans to withdraw their trade.

"Toward the end of the Thirteenth century among the enumerated wares of commerce imported from 34 countries into Belgium. Norway was the only one which included butter. In the Fourteenth century butter formed an article of export from Sweden. It may be fairly inferred that buttermaking in north and middle Europe, if not indeed in all Europe, was introduced from Scandinavia."

of Egypt 1,600 Years Ago Hair nets were used by women in Egypt some 1,600 years ago. This may be confirmed from an exhibit tooth lever harrow. Hassey-Harris in the hall of Egyptian archeology 13 tooth wheel cultivator, McCormick at Field Museum of Natural History where a net of Roman type, estimated to have been made between the Third and Fifth centuries A. D., is shown in a collection of ancient

No attempt was made at the invisibility achieved in later hairnets, however-this net is a heavy, knitted ornamental cap-like item in bright red wool. According to museum archeologists, the hair was swathed in linen veils until the head was about twice its natural size, and then this net was stretched over

Displayed with it are a bonnet and cap, both of linen, with plaid designs. In the bonnet, which resembles in cut what could be termed a sunbonnet, there are embroidered lines in dark brown silk criss-crossing the tan linen. It is edged with blue striped linen. The cap is interwoven with lines of blue silk. Both bonnet and cap consist of two halves stitched together, each half being lined with a coarser linen than that which showed when worn.

Earliest Known Alchemist

The earliest known alchemist. named Jofuku, lived in Japan over 2,160 years ago, according to a study reported to the American Chemical society. The Emperor Ch'in Shih Huang Ti of Japan, ruling about 225 B. C., is said to have sent Jofuku on an elaborate naval expedition to find three supernatural islands in the midst of the Eastern sea where the immortals lived and a drug existed which prevented death." The alchemist, whose career is recorded in the "Shih Chi" or "Historical Memorirs of Ssu-Ma peaceful and fertile land where he ing single furrow riding plow, ten- became king. Jofuku's tomb stands prefecture, Japan, where it is visited by pilgrims who burn incense, make offerings of pennies or rice, and pray for long life and

First Act of Congress Owing to the lack of a quorum and the delay in organizing the new federal government, no bills were passed by the house and senate for nearly three months. The first law enacted was "an act to regulate the time and manner of adminis- be served. tering certain oaths," and it was approved by President Washington on June 1, 1789. The second bill GRAIN-300 bus. oats, 30 bus. feed passed by both houses was "an act spring wheat, 20 bus, seed spring for laying a duty on goods, ware, and merchandise imported into the United States." This bill was ap-

> The Saying "Brand-New" The saying "brand-new" is equivalent to "fire-new," meaning fresh from the fire, bright and Anglo-Saxon, word which meant "burn." Hence an article fresh hot platter and garnish. new. The notion that "brand-new" originated from the practice of putting brands or trade-marks on manufactured articles is incorrect. The word is frequently but erroneously written and pronounced

BUDGET GROCETERIA



SPECIAL!

BEE HIVE SYRUP

~5 to the 37c

4 lb. carton 47C

SPECIAL - FINEST PASTRY **FLOUR** 7 lb. bag 23c

24 Ib. bas 65C

SPECIAL! PEAS Sieve 4 Reg. Size CORN Golden Bantam Reg. size 3 tins Zac

TOMATOES 2 1-2 Size

Special — Budget Fancy Pink

Special - Heinz Tomato

Special - Sani White

Horne's

Special - Polly Prim

PALMOLIVE

POWDERS

CATSUP

TOILET

JELLY

PEARS

Special

SALMON 2 1 lb tins 25c

Special-Hunt's Straw. or Rasp.

JAM 32 oz. jar 23c

TISSUE 4 rolls 25c

6 for 25c

3 bars 17c

..... 3 tins 25c

Special - McLaren's or Harry

Special - Campbell's 21 oz. PORK AND BEANS 3 for 25c Special! CLOTHES. PINS 3 doz. 10c Special - Choice Pitted

2 lbs. 25c DATES Special - Rose Brand BAKING

POWDER 1 lb. tin 15c Special - Blue Circle RICE 4 lbs. 25c

Special - Laing's C. C. SAUCE

Special - McLaren's CUSTARD 1 lb. tin 23c

SOAP SPECIAL - DIAMOND

Cleanser or Ammonia Powder 6 for 25c SPECIAL

Matches

3 boxes 19c

SPECIAL - RED ROSE

TEA ¹₂ b. 28c

1 1 55c SPECIAL - (Repeat Offer)

Oxydol 1c Sale

Large and Small 216

FREE GROCERIES

3 Large Baskets of Groceries given away absolutely FREE each week. Ask for your Ticket. You may be one of the lucky ones.

LUCKY NUMBERS LAST WEEK 174, 50, 4

Free Delivery - Phone 366

TESTED RECIPES

Eggs can be served so tastily in the ordinary ways in which they are Eggs au Beurre Noir used, such as bolled, poached or fried, that may people may not realize the brown, butter and place on platter great adaptability of this food and or plate. Fry two eggs in butter, that it can be used as the basis of covering during process of cooking in a wide variety of dishes. However, frying pan until the desired medium with the true food value of eggs be- 'soft", "medium", or "hard" is atcoming better understood as a result tained, then remove and place on but-

French-Omelet

Beat the eggs with a fork, adding one tablespoonful of cream and one of water for each egg used. Into a heavy frying pan, put plenty of butter and let it get sizzling hot. Then "gingelly," and "benniseed," is an pour in the eggs and lessen the heat. important source of edible oil in the Immediately start shaking the pan countries of production, where it is back and forth, and roll the omelet also used as an article of food. India as soon as the edge is firm and while and China account for more than it is still wet. The inside of the nine-tenths of the world production omelet cooks while it is being re- of sesame seed, other minor producers moved from the pan. To roll the being the Anglo-Egyptian Sudan, omelet, lift one edge and roll it over. Turkey, Mexico, Greece and the Sovi-Tilt the skillet in the direction the et Union. A small quantity of omelet is to be rolled and assist in sesame seed oil is imported by Cana-"Brand" was originally from an the rolling with a spatula or knife. da for industrial purposes. Slip the omelet from the skillet to a

Take two fresh eggs and poach them in milk with a pinch of sait. Toast two thin slices of bread, and for a piece of bread and butter you fry two strips of becon crisp. Place give it to me, that's kindness, but the poached eggs on the toast with a when you put jam on it that's loving strip of becon, on either side. Heat kindness.

three-quarters of a cup of cream hot but not boiling, and pour it over the eggs, bacon and toast. Salt and pepper to taste.

Toast one slice of bread nice and of nutritional research, new ways of tered toast. Place in the pan in preparing eggs are of interest. Here which the eggs have been fried are a few dishes in which they may tablespoonful of thoroughly melted butter and when hot add 1 tablespoonful of Worcester sauce, toss in pan until thoroughly mixed, pour over eggs and serve.

Sesame seed, also known as "til."

He Got It loving kindness meant. "Well", he said, "when I ask you

More heat in your rooms... less waste up the chimney burn Due coal

The Color is your protection.

W. H. Kentner & Son

Phones: Office 12 - Res. 211

Georgetown