

CHOICE FRESH
AND CURED
MEATS

KING'S

GOVERNMENT
INSPECTED FOR
YOUR
PROTECTION



Tasty — Fresh

Small
**PORK
SAUSAGE**
18c lb.

Fresh Beef
HEARTS
10c lb.

SPECIAL!
Sweet Pickled
**Cottage
Rolls**
25c lb.

Morning Glory
**Flaked Wheat
Berries**
5 lb. bag 27c

SPECIAL — Lallemand's
Peerless **MALT** \$1.19
Hop flavoured

No. 1 Quality
POTATOES 2 pecks 29c

SPECIAL — Silverbright
SALMON 12½c lb.
Whole fish

SPECIAL — Fresh
FILLETS 2 lbs. 29c

BUY BEEF NOW!

Quality is High — Price is Low

SPECIAL — Boneless and Rolled
Prime Rib Roast 19c lb.

SPECIAL
**SHOULDER ROAST
MEATY POT ROAST** - 15c lb.

BRIKNET OR PLATE
BOILING BEEF - 10c lb.

SPECIAL — Choice Round
STEAK ROASTS - 19c lb.

PRIME BEEF
RUMP ROAST - 16c lb.

SPECIAL — Boneless and Rolled
SIRLOIN ROASTS - 25c lb.

NEW GREEN
CABBAGE 5c lb.

NEW
CARROTS 2 bun. 13c

Extra Large
**HEAD
LETTUCE** 2 for 19c

Country Style
Large Casing
SAUSAGE
2 lbs. 25c

Fresh Lean
**STEWING
VEAL**
2 lbs. 25c

SPECIAL!
Choice Rolled
**Veal
Roasts**
19c lb.

SPECIAL
Fine
**ROLLED
OATS**
5 lbs. 25c

SPECIAL SALE
Dumart's - Duff's
Schneider's
Purely Vegetable

SHORTENING
2 lbs. 25c

SPECIAL — Weston's Golden Brown
Soda Wafers 2 for 25c

SPECIAL — Sweet Juicy
ORANGES 19c doz.

SPECIAL — Manning's 1 lb. Bag
BUTTER SODAS 15c

B. C. Delicious Large Size
APPLES 3 for 10c
8 for 25c

Telephone 27 **W. M. KING** Prompt Delivery

HEALTH

A HEALTH SERVICE OF
THE CANADIAN MEDICAL
ASSOCIATION AND LIFE
INSURANCE COMPANIES
IN CANADA

**THE VALUE OF REGULAR
PHYSICAL EXAMINATION**

No physician would be so foolish as to make a diagnosis solely on the appearance of his patient. While appearances may be deceiving they are very likely to reveal a great deal, or perhaps it is fairer to say, suggest, much of what lies beneath the surface.

Knowing what he does, the physician would expect to find some cases of diabetes among those of his patients who, having passed middle-life, have added an excessive number of pounds to their weight. Not all fat people have diabetes but thin adults seldom fall victims.

Very likely it will be asked, what good is it to know that diabetes occurs much more frequently in the overweight than in the underweight, or that women are attacked more frequently than men, and that the disease appears usually between the ages of forty and sixty.

This information is of practical value if it is also known that heredity plays a very definite part. In other words, overweight is not accepted as a warning to watch, with extra care, the health of the body and so avoid the physical difficulties, which otherwise, through carelessness, might develop.

To know that diabetes has occurred in the family need not arouse any feelings of fear. It should be accepted as a warning to watch, with extra care, the health of the body and so avoid the physical difficulties, which otherwise, through carelessness, might develop.

There are good reasons why everyone should have a periodic health examination. Those with a family history of diabetes should never fail to provide this safeguard for themselves. The early detection of disease is most desirable because it permits of early treatment which offers so much to the patient.

The first signs of diabetes are changes in the urine and blood which are detected at the periodic health examination, long before the individual feels any change in himself. At the same time, focal infections or other abnormal states, which should be got rid of by proper treatment, are discovered.

No one can attempt to diagnose his own condition, nor should anyone attempt to do so. Suspicion, which should send one to his doctor, should be aroused by a persistent thirst and insistent hunger together with the passage of increased amounts of urine, accompanied by loss of weight and strength; one or more of these is sufficient to justify an investigation.

Very likely you have no particular reason to be interested in diabetes but the disease is fairly common and a periodic physical examination will clear up any doubt.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

T. W. DUGGAN DEAD

DALE ESTATE DEAD

T. W. Duggan, general manager of the Dale estate at Brampton for 33 years, died on Monday, Mar. 21st. He had been ill since Christmas.

The flower conservatories on the estate employed less than 20 when he came there. This had grown to more than 500 when he retired in 1933.

Mr. Duggan was a member of the general council of the United Church of Canada. He was absent from church last Sunday for the first time. He was mayor of Brampton in 1912 and 1913, and chairman of Brampton Hydro commission for 25 years. He also headed the Peel county mothers' allowance board and was president of the Peel-Halton Children's Aid Society.

Directors of the Canadian National Exhibition made him an honorary life director last year.

He is survived by his widow, three daughters, Mrs. I. R. Melbush, Mrs. B. MacKay, Mrs. K. R. Wilson, all of Toronto, and three sons, R. B. Duggan and T. B. Duggan, of Toronto, and D. W. Duggan, Brampton.

Funeral services were held at Grace United church, Brampton, this Wednesday afternoon.

Week End Specials

KNITTING WOOL

2 and 4 Ply Gloria Zephyr Wool 25c, week end special 15c
2 x 4 Ply Fingering 13c and 15c, only a few shades left, week end 10c

ANDALUSIAN

Baldwins, Miss Canada Andalusian 25c
Granny's Own Andalusian 20c

WOOLS FOR LADIES' SUITS

Bramble Silk and Wool 25c
Pearline Silk and Wool 30c
Monocrepe Silk and Wool 30c
Celline Wool Crepe 30c
Wool Boucle 30c
Baldwin's Fingering, suitable for sweaters 25c
Variegated Wool 25c
Baldwin's Scotch Fingering \$1.50 lb.
Guelph Fingering 18c
Simplicity Patterns 15c, 20c, 25c

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Special Price 17c Roll

DINING-ROOM PAPER
Reg. price 20c roll
Special Price 15c Roll

BEDROOM PAPERS
Reg. price 25c roll
Special Price 18c Roll

HALL PAPERS
Reg. price 25c roll
Special Price 18c Roll

KITCHEN PAPERS
Reg. price 20c roll
Special Price 15c Roll

LIVING-ROOM PAPER
Reg. price 40c roll
Special Price 25c Roll

Robb's Drug Store

"The Rexall Store"

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GEORGETOWN

Read it or Not
No moving object can reverse its course without coming to a complete stop—such as a bullet meeting a cannonball.
—Good salesmanship is selling goods which won't come back to customers that will.

GREGORY

THEATRE

Thursday, March 24 — **AMATEUR CONTEST**
master of ceremonies **RUSS CREIGHTON** of the Canadian Mountaineers. All music amplified over loud speakers.

Friday, March 25 — **"THE DUKE COMES BACK"**
thrill drama, with Heather Angel
Musical "Oh Say-Can You Hear."
Comedy "Playboy No. 1"
Cartoon "Dancing Bear." Fox News

Saturday, March 26 — **"HAPPY LANDING"**
with the world's No. 1 skater **Socha Henie**
Popeye "Protect the Weakerest."
Chapter 9 "Tim Tyler's Luck."
Matinee at 2 p.m.

Tuesday and Wednesday, March 29 and 30
"ALI BABA GOES TO TOWN"
a carnival of laughs, with **Eddie Cantor**
Comedy "Ready to Serve."
Cartoon "Little Lambie."
WEDNESDAY, MARCH 30th GIFT NIGHT

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