

**TESTED RECIPES**

**THE APPLE IN THE MENU**

Apples may rightly be regarded as among the cheapest and best of fruits principally because of their high nutritional value. Modern dietitians stress the fact that three vitamins A, B, and C are found in apples. Vitamin A is essential to growth and raises body resistance to disease; vitamin B is essential to growth, stimulates appetite and promotes good digestion, and vitamin C prevents scurvy and also assists in tooth development, helping to prevent tooth decay. In cooking apples lose none of their virtues.

**Apple Fudding (Old Fashioned)**

4 large tart Canadian-grown apples  
1 teaspoon ground cinnamon  
1 teaspoon salt  
4 oz. stale bread crumbs  
1/4 grated nutmeg.  
4 eggs  
Fats and chop apples; mix with crumbs; beat yolks of eggs lightly and add to crumbs; then stir in cinnamon and nutmeg; then stir in carefully the whites of eggs beaten stiff. Mix thoroughly; steam in a well-greased mould for three hours. Serve with custard or lemon sauce.

**Apples a la Parisienne**

Pare several sour Canadian-grown apples; cut them in half crosswise and remove the cores. Cook the apples until tender in a syrup made of 1 cup of sugar and 1 cup boiling water, being careful to retain the shape of the apples. Drain the apples and set each half apple on a round of stale sponge cake, sprinkled lightly with orange juice, and either orange or peach marmalade. Cover apple with a meringue and some of the chopped almonds. Brown in the oven to a delicate brown. Serve either hot or cold.

**Apple Boly-Poly**

Pare, core, and slice sour Canadian-grown apples. Roll a rich baking powder dough 1/4 inch thick. Lay the sliced apples on the dough and roll as for jelly-roll. Tuck in the ends and prick deeply with fork. Place on a plate dredged with flour; cover with a cloth and steam 45 minutes. Serve with sugar and cream or a sauce.

**Apple Fritter Batter**

2 eggs  
1/2 speck of salt  
1/2 cup cold water  
1 vup flour  
2 tablespoons melted butter  
1 teaspoon sugar  
Stir salt in egg yolk, add butter slowly, then sugar, and when well mixed stir in the flour slowly. Then add the water a little at a time. Beat well, set aside in a cold place for 2 hours, then fold in the beaten white of the eggs. The batter must be thick. If not soft enough, add white of another egg.

**EARLY TEACHINGS IN KINDNESS**

Right along with our efforts to make humane education a part of school courses there persists a belief that children, especially boys, have a natural right to persecute certain creatures. Mrs. Blank, when her ten-year-old son threw a stone at a bird, said: "Oh, he's only a boy, and all kids do such things."

A stone-throwing boy is being poorly educated—regardless of how brilliantly progressive he may be in his studies. For training in the principles of kindness is fundamental in true education.

Were birds created for targets just because their flight offers an interesting challenge to marksmen; and can the countless abuses of cats be justified by the familiar, "Oh, it's just a cat"? Usually parents are to blame when a boy is cruel to dumb creatures. There are many opportunities in every household for its older members to teach and illustrate to the younger ones the principles of humane and fair relations with animals.

Too often, perhaps, the parents themselves have given the subject too little thought. That is surely the case when a young son is allowed to abuse all the cats and dogs in the neighborhood and is yet congratulated on a "sweet disposition" because he fondles his own pet.

To any thoughtful observer, such a child is merely selfish and knows nothing of real kindness. He should be taught that discomfort, pain, suffering are the same wherever found, and that all living creatures are susceptible to pain, in varying degrees. Love, sympathy, consideration—arouse these and the child's interest in animal welfare will not remain selfishly confined to his own pets. Teach, as fundamental, that all animals feel pain; secondly, that none of God's creatures was given to man for abusive purposes; thirdly, that the most noblest use of strength is in the protection of the weak and unfortunate.

**One Way Out**

The bright young pupil looked long and thoughtfully at the second examination question, which read: "State the number of tons of coal shipped out of the United States in any given year." Then his brow cleared and he wrote: "142—none."

**Tibbs**

By CLARENCE MACKIE  
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WNU Service.

YOUNG Mr. Tibbets walked slowly past the parsonage, giving a sidelong glance, at the vine-hung veranda. The glance revealed a pleasant gathering of empty chairs—nothing more. He sighed heavily, and quickened his pace. Just then the humorous face of the parson himself popped over the hedge, he was holding a garden trowel in his hand.

"How do you do, Ralph?" he said quickly, then "looking for Eve?"  
"No—yes—no—of course I am, sir," he ended with an awkward laugh. "Is she at home, Mr. Spencer?"

"I believe she is," admitted the Reverend Mr. Spencer with a muddy finger on his lip. "I don't mind telling you, Ralph, my boy, that she is in a yonder picking up apples."

To pretty Eve Spencer "Tibbs" was an old, old story—she had known him all her life and she knew his every mood; she played upon his sensibilities as a musician plays upon a fine harp.

"Lo, Evie," saluted Ralph near the hammock.  
"Oh, is it you—again?" pouted Eve impolitely, turning another page. "How are you, Tibbs?"

He dropped down cross-legged on the grass, his wistful eyes on her indifferent face. "My new car has come, Evie—won't you come out with me after supper?"  
"Sorry, honestly I am, Tibbs, but I promised to drive out to the cliffs with Jim Drake—he asked me first."

"That's all right, Evie," said Ralph getting up and shaking himself vigorously. "Better luck next time," he laughed ruefully as he went off.

Her mother came down the garden path and intercepted Mr. Tibbets' retreat.  
"Ralph, my dear, I am so glad that I caught you in time! We want you for supper—fried chicken and peach shortcake—I know your weakness, my dear."

Supper was a happy meal at the parsonage, and when it was over Ralph had to remember that Eve's sweet smile and merry quips were for him as her brother—not the lover he would be. Awkwardly for him Jim Drake in his big car came noisily to the gate and nicked up Eve before Ralph could get away.

He went moodily home, slouching across the smooth black road in the early dusk. Suddenly, a racing hum grew louder, a glaring light blinded him, something struck him viciously, and left him behind. He did not know that the car stopped, that someone cried pitifully over him as he was carried into the parsonage and up the stairs. Followed a long period of unconsciousness broken by sounds—soft weeping—voices.

"Am I dead?" he asked feebly, and somebody kissed him gently. Then he awoke to blindness. His father told him the blindness was only temporary and that they were getting in a nurse.

The nurse was a quiet, soft little thing who spoke in whispers as she waited on him. Of course he knew

**SHORT SHORT STORY**

Complete in This Issue

that Eve was off riding or dancing with Jim Drake, but he liked to think that Eve was his nurse. "Do you mind if I call you 'Eve'?" he asked one day. Her tears fell on his white face.

"Tibbs dear, I am Eve!" she whispered, putting her face down to his. "Can you ever forgive me for treating you so—you see I didn't know—who it was that I really loved—until you were hurt?"

He sat right up in bed, seeing her as a dim shadow beside him.  
"Who is it—that you found you loved?"  
"Why—you, of course!" and to prove it Eve kissed him, and then, only then, did Tibbs realize that he had come into his own at last.

**1938 CAR LICENSE PLATE ODDOR COMBINATIONS**

- Provinces of Canada: Alberta—Crimson on White; Brit. Columbia—Cream on Maroon; Manitoba—White on Black; N. Brunswick—Black on Aluminum; Nova Scotia—Black on Yellow; Ontario—Orange on Federal Yellow; P. E. Island—Aluminum on Green; Quebec—Aluminum on Black; Saskatchewan—White on Vermillion.
- States of The United States: Alabama—Orange on Purple; Arizona—Black on Federal Yellow; Arkansas—White on Red; California—Black on Lemon Yellow; Colorado—White on Turquoise Green; Connecticut—Black on Aluminum; Delaware—Red on Aluminum; Dist. of Col.—Black on Chrome Yellow; Florida—Canary Yellow on Midnight Blue; Georgia—Orange on Dark Blue; Idaho—White on Maroon; Illinois—White on Dark Green; Indiana—Red on White; Iowa—Blue on White; Kansas—White on Black; Kentucky—Green on White; Louisiana—White on Vermillion; Maine—Green on Aluminum; Maryland—White on Green; Massachusetts—White on Maroon; Michigan—Black on Green; Minnesota—Aluminum on Black; Mississippi—White on Blue; Missouri—Black on Ivory; Montana—Black on Orange; Nebraska—Aluminum on Black; Nevada—Silver on Blue; New Hampshire—White on Green; New Jersey—Aluminum on Black; New Mexico—Black on Yellow; New York—Yellow on Black; North Carolina—Black on Gold; North Dakota—Black on Canary Yellow; Ohio—Black on White; Oklahoma—Black on Yellow; Oregon—Black on Aluminum; Pennsylvania—Blue on Golden Yellow; Rhode Island—White on Black; South Carolina—Black on Yellow; South Dakota—White on Blue; Tennessee—Dark Blue on Aluminum; Texas—White on Black; Utah—Maroon on White; Vermont—Blue on White; Virginia—Black on White; Washington—Green on White; West Virginia—(1937-1938) National Yellow on Black; Wisconsin—Black on Aluminum; Wyoming—Gold on Blue.
- Territories and Possessions of U.S.: Alaska—Red on White; Canal Zone—White on Red; Hawaii—Yellow on Black; Philippine Islands—Green on White; Puerto Rico (1937-1938) Navy Blue on White.

**Assuring**  
Husband: "I've insured my life for \$15,000, so that if anything happens to me you will be provided for."  
Wife: "How nice and thoughtful. Now you won't have to see a doctor every time you feel sick, will you?"

**AUCTION SALE!**

—OF—  
FARM STOCK, IMPLEMENTS, ETC.  
The undersigned has been instructed by **WILLIAM BROWN** to sell by public auction at Lot 28, 9th Con., Esquesing, on the Wm. Wylie farm, on **WEDNESDAY, FEBRUARY 23rd, 1938** at one o'clock the following:

- HORSES—1 Bay Horse, 1 grey horse
- CATTLE—Grade cow, 5 yrs., due June 10th; Durham cow, 3 yrs., due Mar. 28th; Jersey cow, 4 yrs., due Mar. 18th; Jersey cow, 4 yrs., fresh Feb. 1st; Jersey heifer, 3 yrs., fresh Feb. 1st; Durham heifer, 2 yrs., bred Jan. 10th; 2 Durham heifers, 18 mos.; old 1 steer, 6 mos.; old 2 Durham heifers, 10 months old; 2 Jersey calves.
- HARNESS—Set breeding harness, collars, bridles.
- IMPLEMENTS—Massey Harris binder, 6 ft.; Massey Harris mower; drill, cultivator, set harrows, walking plow, Cockshutt 21; wagon, hay rack, set slings, hay fork and rope, cream separator, box stove, piano.
- GRAIN and FOWL—Quantity of hay and mixed grain, turnips, 50 hens.

TERMS CASH.  
FRANK PETCH, Auctioneer.

**Mortgage Sale**

UNDER AND BY VIRTUE OF the powers of sale contained in a certain mortgage, which will be produced at the time of sale, there will be offered for sale by

**R. J. KEER, Auctioneer**  
— at —  
**PUBLIC AUCTION**  
— on —  
Monday, the 21st day of February, 1938, at the hour of one-thirty o'clock in the afternoon at the farm of William J. Bowman, R. No. 3, Georgetown, Ontario, the following property, namely:

**ALL AND SINGULAR** that certain parcel or tract of land and premises, situate, lying and being in the Township of Esquesing, in the County of Halton, containing by admeasurement fifty acres more or less, being composed of the west-half of the east-half of lot number fifteen, in the fifth concession, of the said township, described in mortgage number 12742 to the Agricultural Development Board.

On the said farm there is said to be erected a dwelling house with suitable farm buildings.

The lands will be sold subject to a reserve bid.

**TERMS OF SALE**—Twenty-five per cent of the purchase money to be paid down at the time of the sale, the balance to be secured by a mortgage with interest at four per cent per annum.

For further particulars and conditions of sale apply to

**W. ERIC STEWART, E.C.**  
East Block, Parliament Bldg., Toronto, Ontario.

Solicitor to the Mortgagee.

DATED at Toronto this Eighteenth day of January, 1938.

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Ford for 1938 introduces two lines: Standard and DeLuxe. Get complete details from us about the new DeLuxe Ford V-8—the most luxurious Ford car ever built... new in style... "tops" in value.

**A. E. CRIPPS**  
Dealer in Ford Cars, Trucks and Tractors  
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16 oz. size  
1 pound 36c 2 for 25c

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**Jam** Strawberry or Raspberry 31 oz. 23c

**Hawe's Lemon Oil**  
6 oz. 14c 12 oz. 23c  
4 for 19c

**WESTON'S FANCY BISCUITS 2 lbs. 29c**

SPECIAL **SALT** New square iodized or Plain 2 for 9c

**SALADA Special!**

**BROWN LABEL 1-2 lb. 34c**  
**YELLOW " 1-2 lb. 33c**

**Quaker Oats** Quick or Plain 23c 3 for 25c

**Jewel SHORTENING**

2 lb. carton 25c 4 lb. carton 49c

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**HALTON COUNTY L.O.L.**

The Halton County L.O.L. held their annual meeting at Esquesing, Feb. 5 with a large representation being present from the county. Reports from the different lodges were very interesting and showed encouraging results. County Master Bro. Clifford Robinson, of Hornby, addressed the meeting, stating the association was to be congratulated on the work being done throughout the county. The 12th of July celebration was discussed regarding it being held in Georgetown this year. Speeches were delivered by Past County Master George Peacock, Milton; Deputy Master, Rev. J. Cameron, Palermo; Rec. and Financial Secretary, R. Richardson, Oakville; Treasurer, V. Bradley, Milton; Marshal, Clare Lang, Oakville; First Lecturer, R. J. Graham, Hornby; Second Lecturer, J. E. Wilson, Hornby; Deputy Lecturer, C. E. Beatty, Hornby.

The Class  
Freddie: "I fell out of bed last night."  
Mother: "Poor little fellow! You must have slept too near where you got in."  
Freddie: "Not at all, mother, I slept too close to where I fell out."