HE WAS ALWAYS TIRED AND ILL

Three Complaints Gave-Him a Miserable Time

Suffering from three complaints -disordered kidneys, sciatica, and rheumatism, how could this man be anything else but always tired and ill? This is what he writes:—

"Up to a month or so ago, I had suffered continually from kidney disorder, sciatica, rheumatism, and generally felt off colour. I was constantly tired, and under medical subervision. I tried many remedies, but without effect until I gave Kruschen Salts a trial. In four weeks, Kruschen has brought about a complete transformation. ! I have a healthy appetite and once more feel that it good to be alive."-S.V.N.

The kidneys are the filters of the human machine. If they become sluggish, impurities find their way into the blood-stream, and the see of half-a-dozen common ailments

The scientific combination salts in Kruschen quickly coaxes the kidneys back to healthy, normal action. Soon your ailments are relieved and life becomes a joy again.

P DRIVER INJURED WHEN

ankle and bruises, when the sleigh evening. which he was driving turned over on Chapel St., last Thursday evening. Sunday night, was most encouraging. Flynn has been laid up. He was given medical attention by Dr. Reg. Paul, and later taken to his An Xray revealed no bones broken, but a badly sprained ankle, Zeta Graham, under whose direction sick. that will keep him off duty for some

GLEN WILLIAMS

The annual vestry meeting of St Alban's church was held on Tuesday evening, January 18th, with the Rector, Rev. W. G. O. Thompson, presiding. Very satisfactory reports were presented by the churchwardens, Ladies' Guild, Sunday School and A.Y.P.A. Mr. Robert Eason was elected Rector's warden and Mr. M. Merryday, People's warden. The sidesmen and the board of management were re-elected. Mr. Joseph Beaumont was yestry clerk.

ASHGROVE *

singing of the National Anthem, At the annual meeting of Erin Fair, be a contented lot. by Mrs. Hector Bird. Following the ments are completed. everyone played either progressive Mr. R. J. Kerr was made Honorary for crokinole. A testy lunch was placed him in a similar position. Frank King, driver or Haddell's served by the hostess and the com-

The first meeting of the Y.P.U. on injury has been painful and Mr. with a good attendance and a well was given and illustrated by Miss tending one of his horses that was duet by Misses Frances Wrigglesworth Rockwood.-Free Press.

and Joy Ruddell, and another paper Finest Opals Come From by Mr. Frank Southern. The children greatly enjoyed a sleigh-riding party at Ward and Doris Brownridge's home on Saturday afternoon. They also showed keen approval of the lovely lunch served. Mr. and Mrs. Horace Barnes Milton visited with Mr. and Mrs. C. Wrigglesworth on Sunday, Jan. 23rd; an occasion of two birthday

to Mr. and Mrs. C. B. Dick for euchre well-earned honors conferred on Mr. find the opals, the miners merely SLEIGH UPSETS and to Mr. and Mrs. Ward Ruddell Kerr this week. Acton Fair also dig deep holes into the weathered Bakery, received a badly sprained mittee in charge of this delightful tune to be kicked on the leg by one Under this is the opal dirt. The of the horses he was tending. The

> Mr. James Gibbons suffered prepared program. The main paper badly crushed hand when he was at-

continued interspered with musical during the week, taken up residence is opal there, the candle light will numbers and readings which were in St. Alban's rectory, and last Sun- reflect its iridescent glint and a plano solo by Mr. J. Bird; a read-day Mr. Brooks occupied the pulpits gleam.
no ing by Miss' Isabel Wrigglesworth; a in St. Alban's, Acton, and St. John's

Coober Pedy, S. Australia From Coober Pedy, in South Australia, come many of the world's finest opals. It is a queer community which sends these dazzling jewels to adorn the ladies who require added adornments to make them imposing or intriguing, states a writer in the Chicago Tribune. The several hundred inhabitants of Coober Pedy live in caves, because the settlement is 150 miles from a railroad. Even the branch of the Commonwealth bank and general stores have no buildings. All business is transacted in man-made caves. The At the last meeting of Council, the excavations are ten to fifteen fest The Women's Institute held their clerk reported that approval of Judge deep and are warm in winter and regular meeting as an open one, on Munro had been given on the sale cool in summer, when the thermom-Thursday night, January 20th, at the home of Mrs. Arthur Ruddell. The value fixed by Judge Munro on the building was \$3,000. Possession of fireplaces, chimneys, ventilators, them were taken first, then the motto: "Do not waste your time look."

Thursday night, January 20th, at the of the Shoe Factory building. The eter climbs to 110 degrees. They require no timbering. There are building was \$3,000. Possession of fireplaces, chimneys, ventilators, shelves, and bunks cut into the cave walls. Gasoline cans serve as to ing at your hill, climb it," was a prepare the building immediately for walls. Gasoline cans serve as tareal collection of beautiful thoughts occupancy. The purchasers under the bles and chairs. Water is scarce, welded together. An instrumental agreement of sale agree to employ but government provided a dam and duet by Misses Isabel Wrigglesworth at least fifty employees for 912 reservoir, from which it delivers and Ruth Dierlam was much enjoyed. months in every year for seven years. water to the caves. There are no At this time the men were invited Payments commence on February 1st rents nor taxes. The opal gougers in to hear the splendid paper on the and the deed of the property is vest- and their families live under primi-"History of the Scotch Block," given ed in the Corporation until all pay- tive conditions, but are reported to

The solid earth is veined with euchre or crokinole. The prizes going President of the Board. This is two gypsum and is easy to work. To crust of the ridge until the "band"-Mr. Joseph Flynn had the misfor- a hard, thin stratum-is reached. opals are found in pockets. With his small pick, the miner scratches around until he strikes something hard. Then he drops his pick to use his gouge, a pointed, short iron tool, with a hole for the inserthis meeting was held. The program | Rev. and Mrs. E. A. Brooks have. tion of a lighted candle. If there

> If the "fossicker" is lucky, he may strike it rich some day and find a gem worth a fortune.

Old Testament Mentions

Both Plough, Ploughing In the oldest writings with which we are all familiar, the books of the Old Testament, occasional references are found to the plough and ploughing and these invariably of such wording as to prove the operation a matter of course. For instance, observes a writer in the Montreal Herald, Isaiah 28: 24

"Doth the ploughman plough all day to sow? doth he open and break the clods of his ground?"

The idea was evidently as general as today and the purpose the same but the implement, the plough, quite different-a sort of iron pointed or fire hardened stick or crotched limb as quite often a type of stone or metal hoe. That was about 800 years before Christ. Micah, 200 or 300 years earier, said that peace should come and men would "beat their swords into ploughshares." Not much of a ploughshare as we know it but evidently such as used at that time.

Writers of the long ago said little of the plough or ploughing. They recognized it as the basic operation in agriculture, the great basic industry, and that was enough, for who needed to say anything about something everybody knew all about and that was at the same time, particularly in those days of crotched or pointed sticks anything but inspirational of the muse.

Gaels and Gaelic

Webster's dictionary lists the Gaels as the Celtic inhabitants of Scotland, Ireland and the Isle of Man, especially a Scottish Highlander of Gaelic speech; also any member of the Gaelic-speaking branch of the Celts. The Britannica states 21c lb. that the term "Gaelic" in its widest sense is used almost synonymously with "Celtic," and one hears of Irish Gaelic, Scottish Gaelic, etc. The Scottish Gaelic is the form of Goidelic speech which was introduced into Scotland by the Dairiadic Scots from Ireland. There are im-Stowing Veal 2 lbs. 25c portant divergencies in phonetics and inflections between Irish and Scottish Gaelic. The Gaelic league was founded in 1893 in Dublin, Ire-SAUSAGE 2 lbs. 25c land, to preserve and extend the use of the old Irish language, now the first official language of the Irish Free State.

> The Rogue Himself Shakespeare certainly needed no foreign tutelage in crime and criminals, for, ready to hand, he had good English matter in the beggarbooks and in the actual life of his day, and his was the genius of all others for transferring this matter to art. Small wonder, then, that his rascals remain vitally distinct and Individual; for where the Spanish novelists and their continental followers are intent upon society seen through the eyes of the rogue, Shakespeare in Falstaff has anatomized the rogue himself.

Irony, Sarcasm, Wit, Humor Yrony is a figure of speech in which the intended meaning is the PACIFIC — Average 3 to 4 lbs.

SEA TROUT

15c B. praise may be used, but the spanne. Sartone of voice implies blame. Sartone of voice implies blame. Sartone of voice implies blame. Sartone with the intention of causing pain with the intention of causing pain huffnan beings or their foibles in a Gibson, Canon Weaver, Mrs. R. M. a board on the back fence. good-natured manner.

WEEK END SPECIAL SALES

THREE DAYS

THURSDAY, FRIDAY AND SATURDAY BLANKETS :

64 x 80 White Flannelette Blankets 60 x 90 White Flannelette Blankets 80 x 90 White Flannelette Blankets PRINTS

36" Fast Colored Prints. A large selection. 75 pieces,

GOLOSHES

Misses' Brown Rain Boots, sizes 101/2 to 2, week **SWEATERS**

Misses' White All-wool Sweaters, roll neck, \$1.75. Week end sale

SNOW SUITS Child's Snow Suits, heavy frieze cloth, sizes 2,

- 4, 6, \$5.00. Sale Price **BED SPREADS**

80 x 100 Silk Rayon Bed Spreads, sale price SILK PANTIES

Misses' Silk Rayon Bloomers and Panties, lace and plain trimmed only 15c, 20c, 25c Simplicity Patterns

Agents for LANGLEY'S, Cleaners and Dyers

McBean & Co.

CRECORY

THEATRE

Friday, January 28 - "LOVE UNDER FIRE" co-starring Dom Ameche and Loretta Young

Musical "Transatlantic Love." Cartoon "Homeless Pups." Fox News . . . Special Panay Pictures

Saturday, January 29 — "DOUBLE OR NOTHING"

brilliant comedy, with Martha Raye and Bing Crosby Comedy "Montague The Magnificent." Cartoon "Peeping Penguins." Chapter I of "Tim Tyler's Luck."

Tuesday and Wednesday, February 1 and 2

Matince at 3 p.m.

"LIFE BEGINS IN COLLEGE" with those rhythmic nit wits, The Ritz Brothers

Scenic "Serene Siam." Sport "Crystal Ballet." COMING: "Souls At Sea" with Gary Cooper

MILTON

Members of the Halton Garage Operators' Association held a social evening in the Farmer's Building here, last week. The meeting was addressed by Patrick McPherson, of Niagara Falls, Ont., who outlined measures for the benefit of qualified garagemen and protection of the motoring public that will be brought before the next session of the parliament. - Arthur Speight, of Georgetown, President of the Halton Association, was chairman of the meet-

Miss Ethel Brennan left on Monday morning, for Redlads, Calf., where she will visit her uncle, D. A. Blair, also Mr. and Mrs. Alfred C. Blair. Mr. and Mrs. George B. Jenkinson,

Prescott, Ontario, announce the engagement of their eldest daughter Margaret Redge, to Mr. E. Bradford Clements, Toronto, son of Mr. W Bradford Clements and late Mrs Clements, Milton, Ontario, the marriage to take place early in February. A successful year with no losses was reported at the annual meeting of Halton Protective Association on Jan. 11th. Newly-elected officers for 1938 are: President, W. E. McCready; Vice.-Pres., W. S. Chisholm; Sec. Treas., Robt. Bush, Jr.; Directors-Nelson-H. Cartwright, S. Agnew, Wa Shilds. George Agnew, Roy Ellenton; Trafalgar-J. H. Wilson, Frank Cartwright. R. R. Anderson. R. H Galbraith; Esquesing-J. Elliott, T. F. Chisholm, Clare Robertson; Milton-J. Hardy. The treasurer's report showed a balance of over \$1300 in the bank.—Champion,

Horticulural Society sthe following day with friends in Woodbridge. were elected for 1938: Hon. Presi- We are gald to report that Mrs. dent, Mrs. Jas. Justice; President, R. A. Foreman, who has been confined W. Medley; 1st vice, Miss Dorothy to her home for the past two weeks, to the bearer. Wit is the apt asso- Baird; 2nd vise, Dr. Abbott; Secreciation of thoughts or words ex- tary-treasurer. Miss Helen Bush. Prompt Delivery ciation of thoughts or words ex-

Bell. Directors for 1 year, Mrs. Bracey, Mrs. Jessie Walker, R. W. Hull, T. J. Bush, Miss M McMillan, Auditors, C. K. Overland and Kenneth McDougall.

Mrs. Frank Robinson returned to the home of her mother, at Belfountain, on Sunday, after undergoing an operation, at the Lockwood Clinic, Toronto. We are pleased to report that she is convalescing.

Mr. W. Y Gray was in town last Saturday, and is stepping around like a boy. He reports that Mrs. Gray's health is much improved. They will be with their son and daughterin-law, at Delhi, Ontario, for some

Mr. and Mrs. David Campbell, esteemed residents of Caledon, Oclebrated the 55th anniversary of their marriage on Monday, January 10th. Snow was drifted so deply on the roads that many of the guests were compelled to travel on horseback, when Mr. Campbell and his bride, Catherine Adams, were wedded at Claude 55 years ago

A former Erin Township citizen passed away in Ottawa, on Thursday, January 13, 1938, in the person of Florence Burt, daughter of the late David Burt and Janet Lang in her 61st year. Surviving are two brothers: Dio Burt, Toronto, and Arthur, of Winnipeg; her sister Agnes predeceased her in 1934.-Advocate.

BALLINAFAD

Mr. and Mrs. Frank Bennie are visiting with their daughter, - Mrs. R. Weir in Toronto. Mrs. A. R. Merriam was in Toronto on Friday attending the funeral of her brother-in-law, the late Mr. A

H. Forster. Mr. and Mrs. Ray McEnery - and At the annual meeting of Erin Mr. and Mrs. C. McEnery visited Sun-

Humor is the comical allusion to fin, Mrs W. F. McEnery, Mrs. J. H. in the air while his wife was nailing

CHOICE FRESH MEATS

AND CURED KING'S

GOVERNMENT INSPECTED FOR YOUR PROTECTION



CHOICE TENDER

LEAN BONELESS

Fresh Picnie Style

Fresh Cut Butt

Sweet Pickled

2 dez. 35c

Pork Shoulders ...

Fresh - Half or whole

PORK CHOPS 23c lb.

PORK HAMS 22c lb.

COTTAGE ROLLS 23c lb

FREE \$1,000 EVERY

TEN FIRST STING

6 WEEKS . .

Sweet ORANGES

ROUND

23c lb. SIRLOIN PORTERHOUSE 29c lb.

25c lb.

LEAN - MEATY Pot Roasts Shoulder Roasts 15c lb.

Rib Roasts Prime Tender 23c lb.

Hamburg Steak 2 lbs. 25c RUMP ROASTS 17c lb. BOILING BEEF 121/2c lb

STEWING BEEF 29c

ROUND STEAK ROASTS

First-grade Creamery BUTTER

SPECIAL!!

SUNNYSIDE BRAND

2 lbs. 69c

SPECIAL!! STANDARD QUALITY Peas, Corn Tomatoes

Choice — Boneless and Rolled VEAL ROASTS 23c 1b.

Country Style—Large Casing

Fresh Pork 2 lbs. 25c LIVER

SPECIAL!!

Sugar-cured Breakfast **BACON** By the piece or sliced

29c lb.

3 Tins 29c

SILVERBRIGHT SALMON, half or whole fish 121/2c

FRESH FILLETS 2 lbs. 29c opposite to that expressed by the words used. For instance, words of

Telephone 27

49c dez.

WM. KING