

CANADIANS EAT WELL WHEN TRAVELLING AT CHRISTMAS AND NEW YEAR'S

That Canadians eat well when travelling during the Christmas and New Year's holidays is shown by the large quantities of reasonable foods prepared by chefs in dining cars of the Canadian National Railway.

About eight thousand turkey dinners will be served on trains of the Canadian National System during the festive season, which is more than the largest hotel in the world will serve in its dining room during this period.

English plum pudding, with hard or sweet sauce, will, of course, be a very popular dish and sufficient quantity has been prepared to meet all individual requests.

To enable the housewife to try her luck in preparing some of these tasty dishes in her own home, she may secure from our dining car department a recipe of any dish that takes her fancy.

Read it or not: Frost does not cause the leaves of trees to turn yellow and red in the autumn.

Play fair even with the Devil. Don't yell "get behind me Satan," and then continue to hang onto him with both hands.

Georgetown Sport Clubs Have Successful Year During 1937

Juniors Show Way in Hockey Circles Winning Championship of Group—Midget N.H.L. Won Morenz Trophy—Crichton High-lights Track Meets—Other Sports Gain Interest.

In the realm of sport, Georgetown enjoyed another banner year in 1937. Success was two-fold. First, an interesting season was provided by the different clubs, and secondly, accomplishments included several championships.

1937 is now "gone with the wind," with many paragraphs having been written regarding hockey, baseball, track and field meets and other sports during the past twelve months.

While no outstanding honors have come to local sports circles—yet for all that, they enjoyed a good deal of success. Progress with some was slow—others bounced ahead.

Beginning with hockey, we might say that our hockey teams fared not too badly. The Juniors won honor for themselves and the town when they won their group championship.

The Georgetown team who won the championship of group No. 8 were: goal, Burrows; defence, Sanderson; Wright; centre, Regan; wings, Hillman; forwards, Albert, Blockford, G. Riddell, Soloski, Kemphead.

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The big hit of the 1937 hockey season was the formation of the Midget N.H.L. under the presidency of Gordon Alcott, who is presently organizing a league in Halleybury.

At this point, Norval village comes in for honorable mention, when Harvey Nurse and R. W. Hall of the Norval Rifle Club were successful in winning first and second places in the shoot sponsored by the Dominion Marksmen of Montreal.

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BUDGET GROCETERIA

UNUSUAL FOOD Values for the NEW YEAR

ORANGES

1 doz. 19c 1 doz. 29c

DeLUXE SALTED SODAS 2 lb. box 29c

CAMPBELL'S TOMATO SOUP 3 tins 25c

LACHINE CUT WAX BEANS 3 tins 25c

Dried APRICOTS 1 lb 23c

RED SEAL FANCY RED SALMON halves 14c

INFANTS DELIGHT SOAP 2 for 9c

CLASSIC OR RABBITS CLEANSER 2 for 9c

Brunswick SARDINES 3 for 14c

Red Rose COFFEE half pound tin 22c

BLUE ROSE BEST QUALITY RICE 2 lbs. 15c

Sugar 10 lbs. 53c With order

QUEEN OF ROSES PASTRY FLOUR 24 lb. 69c

HILLCREST - Sieve 4 PEAS 3 for 25c

HILLCREST SHORTENING 2 lbs. 25c

Ask for your Premium Card and make your Food Dollars Buy your Gifts at cost

YOUR DOLLAR BUYS MORE HERE !! Free Delivery - Phone 366

White and Pink Engraved Frames

STOCK-REDUCING SALE - January 3rd to 31st. You can save money by getting your Frames and Glasses from us.

O. T. WALKER, R.O.

OPTOMETRIST, EYESIGHT SPECIALIST, Brampton who is at ROBE'S DRUG STORE, GEORGETOWN, the second Wednesday of every month.

Or you may consult O. T. Walker at his office in Brampton

Expert Watch Repairs by J. H. JORDAN

GEORGETOWN - PHONE 11 - LANE BLOCK

Electric Arc Welding

HUDSON and TERRAPLANE SALES and SERVICE

GRAY'S GARAGE

PHONE 113 GEORGETOWN

Season's Smartest

Millinery

Wool Basque Berets and Helmets

THE LATEST IN WINTER MILLINERY

for Misses and Ladies at Reduced Prices

From \$1.00 up

Misses Claridge

MAIN STREET GEORGETOWN

Herald Block (Upstairs)

On Track and Field Dave Crichton high-lighted the track and field events by doing some outstanding running against runners of high merit.

Nothing But Success Georgetown marked the year 1937 by building a swimming pool for the younger boys and girls, which was needed in the worst way.

Honors came to Bob Goldham who won the C.O.S.S. shot put at St. Catharines and gained for himself three weeks holiday at Lake Couchiching.

Softball Proves Entertaining During the summer and fall seasons, softball had its place with the sport fans.

Another Championship Georgetown could not get along without its neighboring villages, and so we feel that they are at least a part of our district and should have their place in our 1937 review.

brings us to the topic of lacrosse and the Cheltenham-Lingwood Combines who won the Ontario Intermediate Lacrosse Championship.

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The above review of the year's activities of Georgetown and district sport clubs and athletes, show that the old year which sun its way song at midnight on Friday last, wasn't such a bad old duck after all.

HEALTH

A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION

THE USE AND ABUSE OF DRUGS

No doubt prehistoric man used drugs. The earliest pages of history reveal that great store was laid by the use of herbs and barks, infusions and concoctions, to heal all manner of man's diseases.

There is no field in which the exploitation of the public offers greater opportunity for the quack and the charlatan than in the field of medicine.

A great showman once said the gullible public love to be fooled, and guile and the taking of unknown remedies seem to go hand in hand with a great many of us.

Take insulin, for example. It has saved the lives of thousands of diabetics. Toxic-antitoxin and toxid have almost eliminated deaths from diphtheria in communities where they are widely used among children.

When you want to employ a drug for some specific purpose, be sure you know exactly what you are doing. Advice and intelligent guidance are available; and many a life has been saved by the proper use of drugs at the proper time.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

AS 1937 CLOSES LET'S TAKE INVENTORY

Check carefully your real assets in life. If you have a clear conscience and good health, If you have half a dozen good friends, and a happy home, If your heart has kept its youth and your soul its honesty— Then you are one of life's millionaires.

Not so Sure A middle-aged man was giving a stag party to his middle-aged friends. Late in the evening, when the man's wife came in to serve the supper, a guest said to him: "Bill, if you had it to do over, would you marry Ruth again?"

Ruth was loading the table with good things. She was still pretty, but she looked pale and tired. "I certainly would," said the man. "You - certainly wouldn't." Ruth said.

A MISUNDERSTANDING

Just the other day we overheard a remark that is worth pondering. A little group was talking about the practical help the Eastern Provinces had furnished the dried-out areas in Western Canada.

An old farmer replied: "Young man, you don't understand. Those buildings are not all paid for. Those of us who have paid for the things you mention are trying to get the money back we invested in them. I know this community pretty well. If the truth were known, you would discover that a good many of us are pretty hard up. A man's not well off because he wears glasses or carries a wooden leg. These things are evidence of his necessities. These bank barns are grim necessities. We simply must have them but they come out of our living. They are a part of our overhead that is making farming so difficult to make profitable. You're jumping at conclusions—always a dangerous practice."

We commend this farmer's remarks to all Canadians. A farmer considers himself well off if he is making under meet. If at the end of a ten-year period he can get back in open sale all he put into his farm premises he regards himself well off. If, in addition, to this he and his wife receive each one dollar a day in cash he thinks of himself as well off. If in addition he has made five per cent on his investment he thinks of himself as having the world by the tail. The assistance given the West grew out of good will and sacrifice—Ereter Times-Advocate.

The House Fly

There are six million germs on a single fly. As it walks up and down on an apple pie, Smallpox and measles, and flu and diphtheria, Travel around with these little bacteria.

Hired Hand—"Well, now, what time do I have to get to work mornings?"

Farmer—"Any time you like, jest so's it ain't later than half-past four." Doctor: "Did the sleeping-powder do any good?" Patient—"I scattered it over the wheel bed but it did no good."