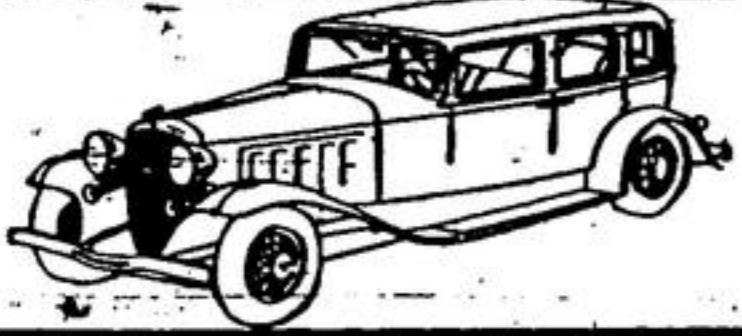


NEW STREAM LINES

NEW BEAUTY!
SEE THE NEW

OLDSMOBILE

**6 AND 8 WITH
LONGER WHEELBASE**

**SOUND-PROOFED BODIES
SYNCRO-MESH TRANSMISSION**

RIDE REGULATOR

FREE WHEELING

A GENERAL MOTORS VALUE—PRODUCED IN CANADA

J. N. O'NEILL & SON

PHONE 14 GEGEOTOWN

OLDSMOBILE 6 and 8

Benefit Show!

AT

**GREGORY THEATRE
GEORGETOWN**

ON

MONDAY

February 15

Under the Auspices of Entertainment Committee of the LIONS CLUB

A Full Length Feature Film and a short Entertainment by Lions Club

Two Shows—7.15 and 9.15 p.m.

Entire Proceeds to be Given to Relief Committee for Distribution

ADMISSION

Canned Vegetables or Fruit—Groceries—Food Suitable for Relief Distribution. Milk tickets, Bread Tickets Butter Tickets or if preferred the equivalent in money.

Lucky Number Draw for $\frac{1}{2}$ ton of Coke, kindly donated by Mayor Mackenzie. Draw after 2nd Show.

EVERY INDIVIDUAL MUST BRING A CONTRIBUTION TO GAIN ADMITTANCE

EVERYBODY COME

There's a wealth of rich flavor in a small quantity of this tea.

RED ROSE TEA "is good tea."

2 CHOICE QUALITIES—Red Label & Orange Peels

Subscribe For The HERALD

Hydro Electric System

BEST LIGHT BULBS OF ALL SIZES (Guaranteed)

Orders taken for Ranges

AND

Appliances of all Kinds

Office - Town Hall

A LITTLE PORM
A little laughter, as a while we tarry
Upon this weary road we've christened
of "Life"
A little rest, as friends go passing on
Leaving behind this world of pain and strife.

A little thoughtfulness, a little wisdom,
A little gentle pressure of the hand,
A tender word sometimes will ease a
little burden.
Will often help more than we understand.
A little aid, when things are getting
muddled—
A helping hand to some one sorely
driven,
A word or two by someone gently
on brings to us a little glimpse
of heaven.
—Nina Stevenson in "Animal Life."

WINTER HAM DELIGHTS

By Betty Barclay

Good old-fashioned ham may be served in many novel forms. A touch of sugar often makes such a dish as ham and beans delicious. The ham is sliced and sautéed the food at the same time. Try these recipes and see how delicious they are:

Ham Pie
2 cups cold cooked ham
1 cup cream
1/2 cup onions
1 green pepper
1/2 cup celery
2 cups flour
1 teaspoon sugar
Salt and pepper
2 cups water
Rich biscuit dough

Peel, dice and chop onions and onion. Remove skin and meat from pepper. Slice. Chop celery. Add ham, seasoning and water to vegetables. Cook all together until vegetables are tender. Stir in flour to thicken, adding more water if needed. Pour into a gravy to cover. Put mixture in a baking dish. Cover with a rich biscuit dough. Bake until crisp is done, about twenty minutes. Serve hot.

Ham Soufflé

Run through meat grinder enough finely sliced boiled ham to make one cup of it when minced. Add one-half teaspoon mace, nutmeg, cloves, orange rind, one cup sugar, salt and pepper to taste, a rat enough oil to make a smooth paste. Spread on thin slices of toasted bread.

Ham Fritters

1/2 cup milk
3 tablespoons sugar
1/2 cup flour
1/2 cup cold water
1/2 cup melted butter
1-1/2 cups grame meal
2 teaspoons lemon juice
1/4 cup sugar

Break eggs until stiff, add sugar gradually until thoroughly blended. Add grame meal (prepared by rubbing cooked prunes through a sieve) and lemon juice. Half fill 5 tall glasses with the mix. Place in the oven according to directions on package. After stirring a few seconds pour at once, carefully into the glasses 1/2 ml. Let stand in a warm room until firm—about 10 minutes. Chill and serve.

QUICK COFFEE

The praises of coffee have been sung by many poets, and myriad virtues have been attributed to it, but it has remained for Dr. Donald A. Laird, the eminent psychologist, to discover new values in the cup that others had not noticed."

Following three years of investigation at Colgate University, into noise and its effect on the human system, Dr. Laird has found that coffee has a markedly beneficial effect in offsetting the digestive ill effects caused by noise. After exhaustive tests with "humming" guinea pigs he found that the animals given coffee instead of coke to stimulate the flow of saliva and gastric juices, which note rewards.

Dr. Laird's findings are of interest to almost everyone because, nowadays, almost everyone drinks coffee.

But the psychologist stressed one point that should be especially taken to heart: every cup—no matter what coffee, to have a truly valuable must be clear and fresh. That is a good rule to follow, whether you drink your coffee in a cloister or a factory office.

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