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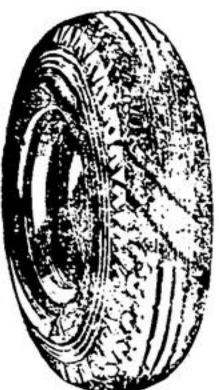
Erwin&Goldham's fifty years of service, when he resumed his old position as director of ceremonies. The Actor Free Press, one of our **Meat Market**

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end of one strand of a cord (a) taken from an ordinary tire. The strand breaks in 15 seconds. A similar weight is suspended on a Gum-Dipped strand (b) taken from a Firestone tire --- it remains unbroken for 45 seconds --- three times as long! Let your nearest Firestone dealer equip

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The road must turn at last, The road that leads back home: Safe through the storms that break, Lash of the swirling foam; Where the green couch is fixed The gray World Mother waits To welcome each in turn Back through the ancient gates.

The road must turn at last Where friendly maples bend Over the dreamless sleep Out at the journey's end; Over the dreamless sleep. Deep where the shadows fall. And from the star-lit night Only the lost winds call.

Here is the man all loved Yet the great heart is still; Where the worn hands are crossed Under the silent hill: Where the far crowds are bowed. And the rain-mist is gray. Here is the man all loved-What is there more to say?

Greater than men might know. When in the hitter fight He looked through fame's red fia On to the greater light; The light, of "Peace on Earth." But dimly understood. Faith in its brotherhood.

Calling her son back home. Where the last dreams abide, Now the World Mother walts. With her great arms held wide; Arms that were built to hold, Children of plain and town, Each one to find in turn Rest when the sun goes down.

When the dark night is on Each one can hear her say: "See-the green coach is fixed Where the winds kneel to pray: Here is the rest you're earned Under the rose-crowned sod: Safe in my guarding arms. Here is the peace of God."

GENERAL NEWS

before the autumn storms set in. Harold Acheson, of Dundalk, lost It is well-illustrated. a roll of bills amounting to \$18, but the money fell into honest hands Albert Priddle, while playing horseshoes, noticed the money blowing poultry market for the balance of the down the street and promptly returned it to the loser, who suitably ewarded him for his honesty

Mrs. James Neal, North Arthur was seriously injured when was milking and she was thrown back under the third cow, which trampled her badly before Mr. Neal, who was nearby, could get her extricated from her perilous position. The Bolton Hydro Commission has under consideration plans for the re-habilitation of the whole Hydro system in the village at an approximate cost of \$1,500. It is many years since any improvements have been made to the equipment and owing to the in-

creased business it is felt that a general overhauling is necessary. Harry Martin of Bronte, arrested by constable Patterson and traffic officers Rogers and Smith on a charge of burghere, pleaded guilty, and was sentenced to one year in the Reformatory at

After having served in various churches in the capacity of choir enjoyed a respite of a couple of years, Mr. H. Irvine commenced his second

ing press. This important plant addi- he advises leaders in countles where tion will place the Free Press in a this feature has not been attempted position to give its constituency even to give the matter serious considerabetter service than in the past. The Orangeville Citizens Band, which recently had its instruments called in by the militia authorities

has been reorganized and has been granted a sum of \$850, which is to be spent for new instruments. Following an illness of many months; Duncan McAllister of Erin, passed away on Saturday evening. June 28th, Georgetown at the General Hospital, Guelph, in his 64th year

Percy Lee, of Tansley, met with a minful acident recently. He was usto the Hamilton City Hospital for treatment. He is progressing nicely.

Canadian Medical Assoc.

HEART DISEASE One of the reasons which makes heart disease difficult to deal with is that unlike tuberculosis it is not one definite condition. In the fight against tuberculosis, we have been able to give definite instructions, and by listening to our constant repetition of such instructions, most persons have grasped the idea of how the dis-

ease may be prevented. Heart disease is not one disease There are many abnormal conditions of the heart due to different causes which give rise to different symptons and require different methods of "Extract of recent address of Presitreatment and prevention. we say that there is organic heart the world's largest railway system,

damage is, and whether or not the the place of real ability in a man but condition is progressive. These and we would be unwise to assume that other similiar points determine the brains means success. The reason gravity of the condition and indicate that personality counts so heavily is the proper form of treatment. from birth. The vast majority of gether, who play together and whose hearts that are damaged have suffer- efforts require co-operation from other ed injury because of the occurrence humans. Obviously, that individual of some disease. Diseases of the body, who, by virture of lovable and magnetic due to the action of disease germs personal qualities, earns the good-will

Local infections, such as diseased and regard for him as a human. Perteeth or tonsils, are centers where haps the value of this individual asgerms persist for long periods of time set is more pronounced to-day than and are frequently responsible for at any time when salesmanship forms damage to the heart.

The heart responds to every effort mercial activities. A young man will of the body and, within limit, it does appreciate early in his career that so with ease and comfort. when the character is fundamental. He will find heart is subject to strain by improper even in modern business that it pays living or by overexertion, there is al- to be honest, frank and loyal, and he ways and possibility of permanent will appreciate the value of independ-

gins with the building up of a sound added Mr. Beatty, "when I say that body through attention to a proper perhaps nothing is a greater detriment hygienic mode of living. Proper care to a young man's progress than vanity during an attack of disease, and part- conceit and inordinate self-assurance. ticularly during the convalescence They are what we all provocative of from a communicable disease, is es- at the opposition and hostility it is setial. The removal of any focus of possible for humans to feel for each infection should not be delayed. If a heart condition does develop the life of the individual must be ad justed to the capacity of the heart This does not mean that the person becomes an invalid; it does meanthat he must learn his limitations and phone. It will take you there in a live accordingly. It never pays to few minutes and it is almost as good abuse the healthy body, and it is fatal as being home again in person. Outto abuse a damaged organ.

News and Information for the Busy Farmer

Canada Well Represented At the fourth World's Congress being held at the Crystal Palace, London, Georgetown. England, from July 22nd to 30th, Canada will have a total of 863 birds in competitive entries, also 453 exhibition birds and 244 production birds. Exhibits of ducks, geese, pigeons and rabbits will also be there from the Dominion.

Fall Wheat Crop Good The harvesting of fall wheat in the southwestern portion of the province has been general during the past ten days. Due to warm weather with cool nights during ripening time, the heads are quite plump and the growers are securing much larger yields than they expected. Reports of agricultural representatives from other parts of Ontario would indicate a fair average crop of wheat.

Sterilizing ... mportant The proper sterilization of dairy utensils is somewhat difficult in farm Boiling water is effective if it is real-ly boiling, but in too many cases it is just 'hot and this does not kill Where the scarred world might know bacteria. One dairyman who has all his buildings wired with electricity, has installed an electric water heater in the dairy room at the barn. All milk pails and the metal parts of his milking machine are thoroughly scalded and he reports fewer complaints from the shipping plant than when boiling water was carried from the house. Where electricity is not available, the use of sterilizing solutions should be considered. Your druggist can advise as to what he carries in stock. Directions for making the solutions and the frequency of changing it should be strictly adhered to, in order to obtain the best results.

Fruit Tree Insects A valuable pamphlet for fruit growers is "Insects Attacking Pruit Trees." Professor Lawson Caesar, Bulletin 356, distributed free by the Department. This is a revision of an older The Ottawa Department of public bulletin by the same author. It conworks has awarded the contract for tains sections dealing with the genrebuilding the Oakvitte east pier to eral principles of control, sprays to use, the Raynor Construction Co. at a and equipment and methods used in figure of \$19,000. The work is to be spraying. Most of the space however, started at once and should be finished is devoted to description of the more common insects affecting fruit trees.

Poultry Market Unpromising An official forecast states that the haps the most difficult through which the industry has passed in recent years. Not only are storage stocks heavy and production fully up to normal but the recently-enacted tariff schedules of the United tSates are bound to affect the shipments of live poultry to that country. This is a business which has reached quite heavy proportions, especially in Western Ontario, to which district Buffalo

Music in Rural Schools

The enthusiasm evident at musical festivals staged by schools in various counties at the end of the school term in June shows definitely that the young people of rural Ontario are taking an increasingly greater interest in music. In Middlesex, for example, there were 150 entries including eleven larizing H. V. Guest's store at Bronte school choruses, three high school recently, appeared before Judge Munro choruses and two mixed choruses. Over 1500 people were in attendance. Pifteen rural school and three urban school choruses competed at the festival in Peel, with some 154 entries and a capacity attendance. As a releader for fifty years and after having sult of previous musical festivals in Wellington county, a large number of rural school boards have made special arrangements for the teaching of music to their pupils. J. E. Whitlock of the agricultural representative branch declares that no activity has stalled a new Babcock Optimus print- the Juniors, of Ontario as music and he advises leaders in countles where tion for their 1931 programs.

Not infrequently do we read of some section of the country where the soil has been gradually improverished to the point it will no longer return a profitable yield. This has come solely as the result of neglect upon the part of its owners to return to the soil at least a portion of the nourishment removed by successive cropping. Today there are available many fertilizers readily adaptable to various types of ing an emery wheel when it suddenly the earth its former fertility. True soil for the purpose of restoring to ting his right hand badly. Medical they cannot be applied indiscriminateald was summoned and he was taken ly, but by judicious application, based on the recommendation of officials o the Department of Agriculture or the Ontario Agricultural College, a farmer may reclaim land now on the verge of total impoverishment.

> Tobacco in Poultry Feed Unthrifty poultry may be infested with internal parasites. Examine a number of birds, and if worms are found add two pounds of finely pulvertzed tobacco to each 100 pounds of dry mash. The tobacco should contain at least 1 2 % nicotine. The use of tobacco will reduce the internal parasite danger with young poultry, so says Dr. L. Stevenson, Ont. Dept. of Agri-

IMPORTANCE OF PERSONALITY dent E. W. Beatty of the C.P.R. When some of the heart is damaged. E. W. Beatty, president of the C.P.R. disease. The signifance of the con- stated last month at the annual dindition depends upon what part of the ner in Toronto of the York Bible Class. heart is damaged, how extensive the "There is nothing which quite takes obvious. This is a universe inhabited Some hearts are improperly formed by humans; humans who work towhich give off poisons, are very often of other humans with whom he asther cause of damaged hearts. Riturnatism in children is serious because of the fact that it often involves the smoothed, "continued Mr. Beatty, "by the work of those who have a liking

such a large part in the world's com-The prevention of heart disease be- "I do not think I am exaggerating."

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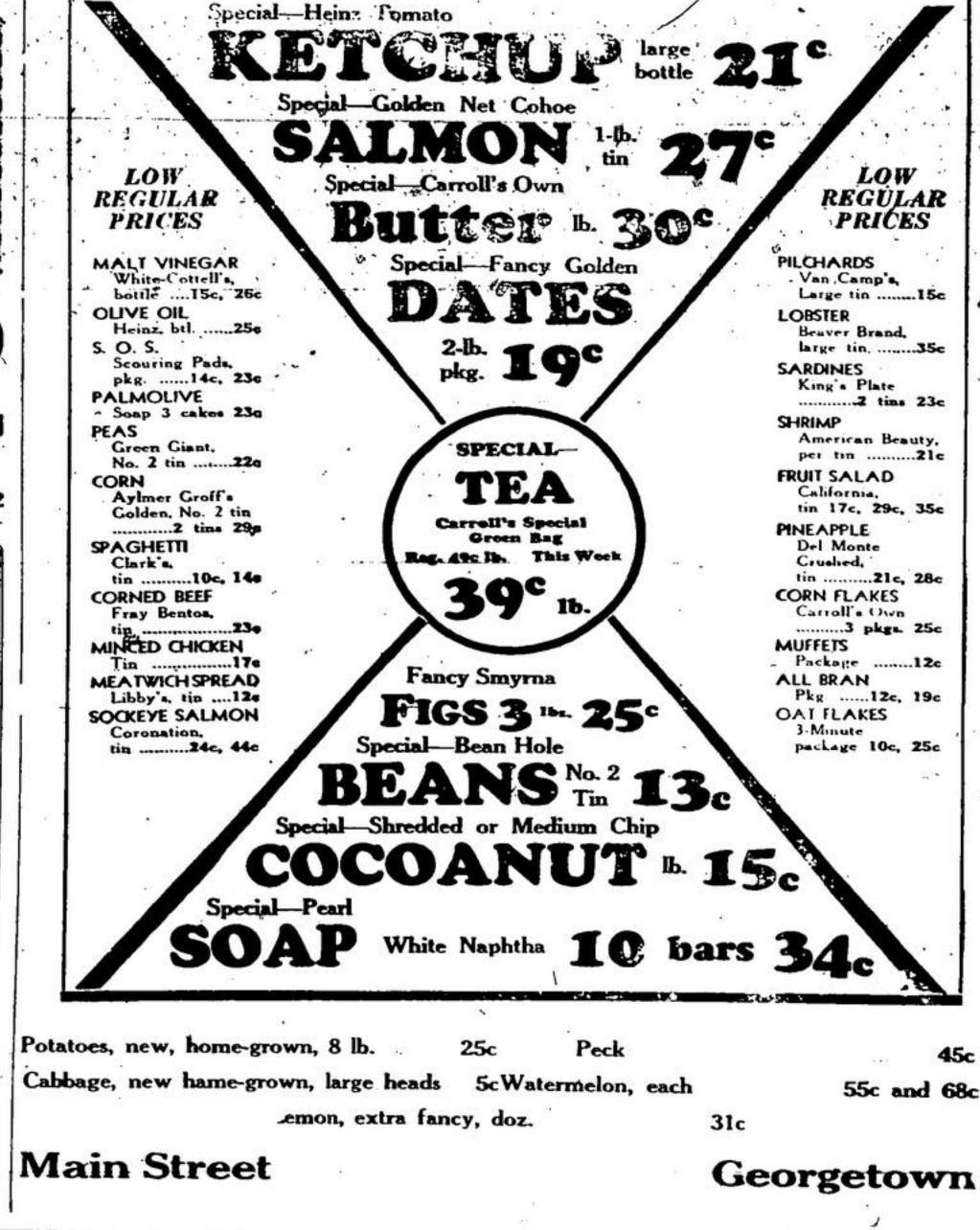
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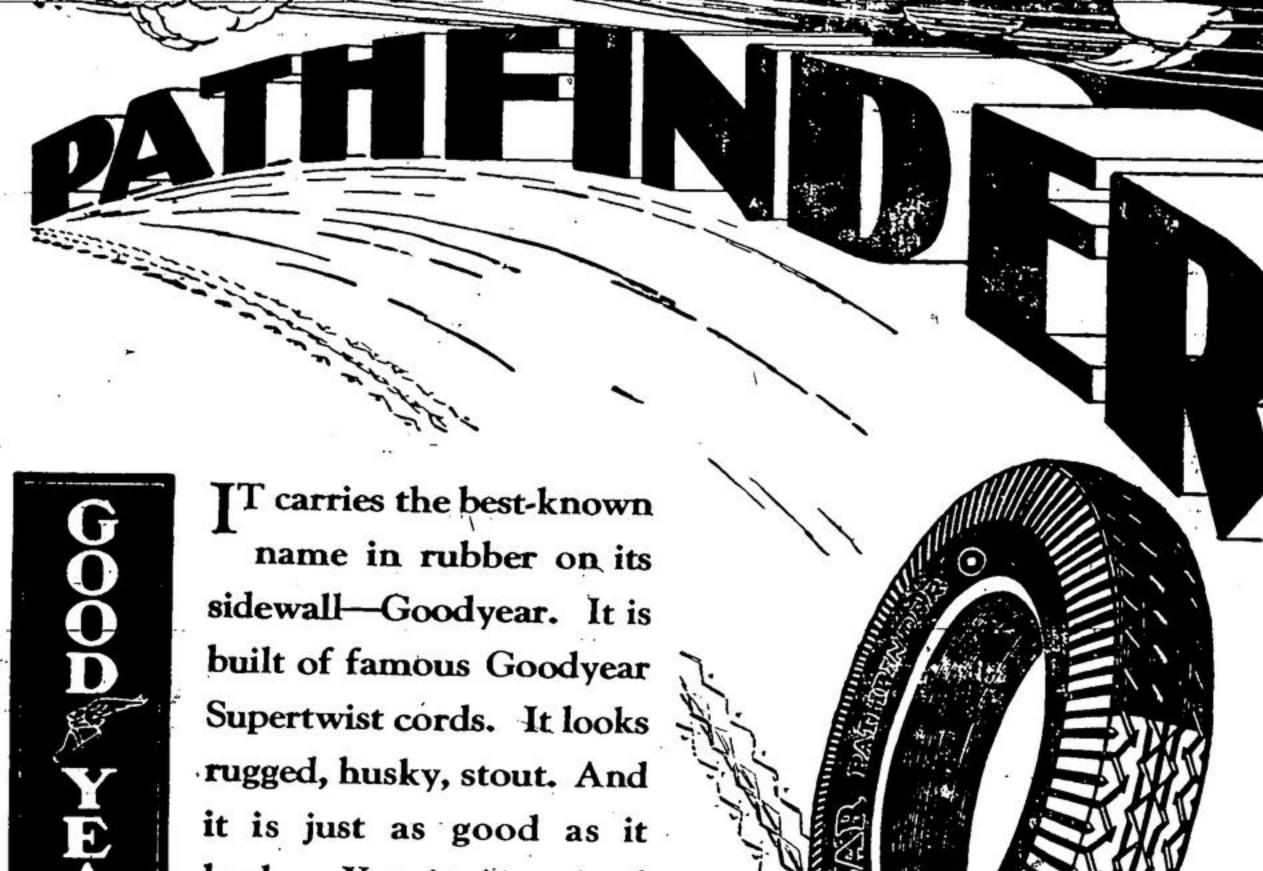
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