

VINE AND SEA

A Well Advised Holiday
 From the Maritimes
 Spend this year's vacation by the seashore. Let the scent of the pine and the racy tang of the salt sea air help to fill the days with joyous health.

Goose plunges every day, golfing, motoring, boating, tramping, fishing to do every minute. Picnicking in Nova Scotia is a well commended resort hotel. Picnicking other accommodation too, with houses, inexpensive wood-burning or delightful havens for married couples.

Any Canadian who is not glad to give up the holiday times.

A Creed

There is a destiny that lives of brothers:
 None goes his way, lives of All that we send, own,
 Comes to his temples or his I care, holds firm and fast—
 This fateful leap of days and souls
 soul of a man is cast
 —Edwin Markham.

Health Service of the Canadian Medical Association

Prepare for School
 The summer vacation should be used to prepare children for school. Any parents who have been advised by the school physician or the family physician that their child is in need of medical care, and who have not acted upon the advice should attend to it without further delay.

The parent of a child who will enter school for the first time in the autumn would be well advised to have the child examined by the family physician, in order to find out whether or not he is in need of any treatment.

Now is the time to have any physical defects corrected. The child then has the summer in which to build up his vitality, and will enter school physically fit. There is no question that the child who is physically fit, to begin with, and who leads a regular hygienic life is the one who develops best both physically and mentally.

Children with diseased tonsils, adenoids, diseased teeth, or who require glasses are very definitely handicapped. Children who do not receive proper food, who have not sufficient rest, who do not play out of doors are stunted physically and dulled mentally compared with what they should be.

Children should be vaccinated against smallpox and immunized against diphtheria before starting to school. This should be done in the first year of life, but if it has been neglected, it should be done now.

Questions concerning health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered by letter. Questions as to diagnosis and treatment will not be answered.

Ontario Makes Rapid Strides as Popular Summer Playground
 A ready answer to the question "Where shall we go for our holidays?" is found today among the many attractive and pleasurable resorts that have made Ontario's highlands and lake districts the mecca of vacationists from all across the continent.

From the blue waters of Huron to the rock scattered streams of the Ottawa Valley, picturesque lakes, and sparkling rivers vie with each other as popular resorts.

For the ardent fisherman the Kawartha Lakes, the Thirty Thousand Islands of Georgian Bay, the Maganawan, Pickeral and French river districts and inland lakes of Algonquin Park offering the best of bass, muskellunge and trout fishing.

For some holiday is not complete without a canoe trip. For those, Timagami, the Rideau Lakes and the upper streams and lakes of Algonquin Park offers a thousand delightful canoe trips with open-air camping and cooking thrown in for extra measure.

For general holidays such resorts as Muskoka Lakes, Lake of Bays, Georgian Bay, Kawartha Lakes, and Lake Couchiching and Simcoe are recommended.

Any Canadian National Railways Agent will gladly give you literature and full information on all of Ontario's summer resorts and assist you in planning your holiday.

Business Summary
 Following is a brief business summary for Ontario issued by the Bank of Montreal under date of June 22nd:

"Wholesale and retail trade generally is in satisfactory volume, although warmer weather is required to stimulate sales of summer goods. Industry is well employed. Steel mills, sheet metal manufacturers and paint and varnish factories are busy. Sales of passenger and commercial motor cars for May show an increase of 80 per cent over the same month of 1927. Automobile accessory manufacturers are operating at capacity. Agricultural implement manufacturers report sales in advance of last year and cordage companies are well stocked with orders. Cotton mills, tanneries and manufacturers of wood-working machinery are operating on full time basis. Furniture factories and the manufacturers find business satisfactory. Pulp and paper mills are operating on a reduced basis. The demand for lumber shows improvement and prices are firm. Agricultural conditions are favourable though somewhat backward due to cool, dry weather.

Lost From Civilization is 3 Mill New Acres of Forest
 In the heart of the Timagami Forest Reserve, miles away from civilization, the vacationist who loves the crisp, fresh air of out-of-doors, and the rugged beauty of nature, will find a holiday very much to his liking.

Whether you take along your own tent or make use of the accommodation at the excellent tourist camps, this north country does wonders in health building for you. Tired nerves relax, days of paddling harden muscles and give you a healthy coat of color and fishing trips, under the guidance of an experienced guide, are a part of your holiday, he takes particular fishing grounds, and the portages that bring you to the old voyageurs.

Canadian National Railways Agent for full information and on holidaying in Timagami, will be glad to assist you in every

Field Day AND GARDEN PARTY

Under the auspices of the Georgetown Athletic Club in the Park, Georgetown on Monday **July 2nd**

TRACK EVENTS AT 2 p.m.

- 100 yd. Race, open
- 440 yd. Race, open
- 100 yd. Race, local
- 1 mile relay race, open, 1 man run 1-2 mile, 1 run 440 yds., 2 run 220 yds.
- 50 yd. girls, 12 yrs. and under
- 75 yd. girls, 15 yrs. and under
- Running Broad Jump
- High Jump
- Sack Race, boys 15 yrs. and under
- Women's Nail Driving contest
- 220 yd. Race, open
- 1-2 mile Race, open
- 220 yd. Race, local
- 50 yd. boys, 12 yrs. and under
- 75 yd. boys, 15 yrs. and under
- Standing Broad Jump
- Wheelbarrow Race
- Boxing in barrels

Baby Show-Cup for Babies under 12 months
 Baby Show-Cup for Babies under 24 months

Horseshoe Pitching Tournament
 At 2 o'clock. Competitors must bring regulation shoes. Judges decision final.

Girls Softball Tournament
 Also a game between Zimmerknit, 1927 Champions of Ontario, and Bolton Ladies Soft Ball Team at 3 o'clock.

Garden Party at Night

for which the following talent has been secured:

Jessie Cameron MacGregor Solo Pianist and Saxophonist
Maud Buschlen Violinist
Bert Petch Elocutionist & Entertainer
Thelma Oswin Character Singer & Dancer
Eddie Jackson Singer of Popular Songs

Georgetown Band in Attendance Afternoon and Evening

School Children will parade from Public School grounds at 1 o'clock. All children under 12 years in the parade will be admitted free. Township Schools included.

ADMISSION:

Afternoon Adults 25c. Tax Children 10c. Included
Night Adults 35c Children 15c

In the event of rain the Garden Party will be held in the Arena followed by a dance.

On the Athabasca Trail



The visitor to Jasper National Park in the Canadian Rockies finds that nature has made a lavish distribution of her beauty spots within this, the largest National Park and game sanctuary in America. Towering mountain peaks, pleasant valleys and shimmering lakes all help to make this a land of real enchantment.

The Athabasca River, from its birthplace among the glaciers and icefields of this region, flows down first through Rocky Gorges and then through a wide, pleasant valley. At one point it tumbles over a cliff at the foot of Mount Kerkeslin, and here at Athabasca Falls is one of the beauty spots of the famed Athabasca Trail.

At the conclusion of their 1928 convention which is to be held at the Macdonald Hotel, Edmonton this year, the members of the Canadian Weekly Newspapers' Association will visit Jasper National Park and will spend a short holiday amid the beauties of the largest and finest of Canada's national playgrounds. — Canadian National Railways photograph.

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 FOR SPECIALS ON SATURDAY
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PERSONAL SERVICE
DOMINION STORES
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 Let us help you in your search for tempting picnic foods. Our shelves are fully stocked with foods and you will find a full selection and priced at our usual low standard.

Salina Brand No. 1 tin Corned Beef 21c	Libby's No. 2 tin Beans with Pork 21c
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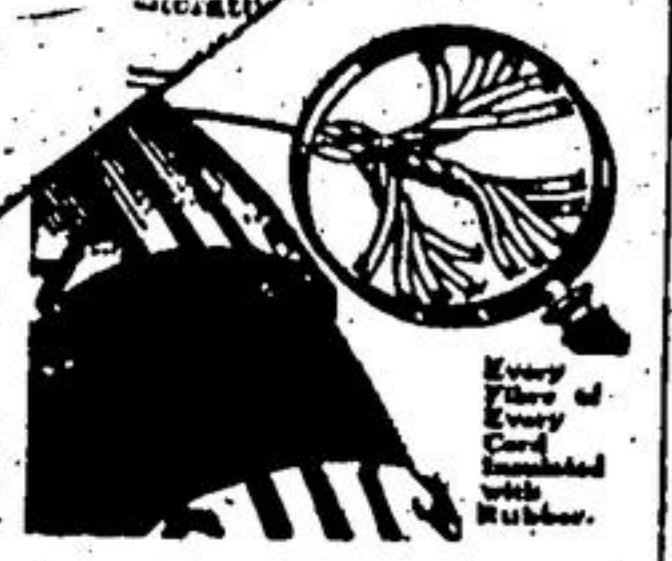
Salmon 1 lb. Tin 43c 2 for 37c 1/2 lb. Tin 21c	Picnic Suggestions Clark's Potted Meats 3 tin 25c King Oscar Sausages 2 tin 25c Kipper Snacks 2 tin 15c Lobster Paste 1 lb. 14c H. P. Sausage 1 tin 25c Clark's Tomato Catsup 2 tin 25c Boiled Dinner 1 tin 25c	Toddy A delightful beverage often between 1 lb. tin 55c 1/2 lb. Glass 33c Glass 10c Shaker 10c
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Christie's "Ace" Biscuits 35c lb. Harry Harro's Strawberry 23c Fruit Drinks 20c lb.	Fruit Drops 19c lb. Treats for the picnic	Finest Quality Cream Grapefruit 25c per lb.	Helms Vinegar For Pickling 21c Malt 21c Syrup 21c Mustard 25c per lb.
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Shirley's Lunas Jollies 3 pkts. 19c	Corn Flakes 9c pkts.	Crisco Fat for frying or shortening 1 lb. Tin 25c	Pep Bran 3 for 25c	Victory Brand Pickles 50c Lemon Sauce 50c Mustard 40c
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Lifeway Soap 3-23c
Chips 23c pkts.
Brooms 45c

"TASTY" Bread A Wonderful Bread "TASTY" 1/2 lb. 9c
Mashed Potatoes 15c each
Snap 15c
Head Cleaner 15c



Gum-Dipped Tires Save You Money

Gum-Dipping is an exclusive Firestone process. It insulates and impregnates every fibre of every cord with rubber and prevents the cords from chafing against each other.

In ordinary tires these cords are uninsulated. In flexing they chafe against each other, causing internal heat and friction which softens the rubber, causing blowouts and tire failure.

These better tires cost you no more, yet they give thousands of extra miles. See your nearest Firestone Dealer.

Firestone
 Builds the Only GUM-DIPPED TIRES

Sleep Insurance for Sleepy travelers

If you are planning a trip by aeroplane, automobile, boat, bus, bicycle or railway train — surely your object is to have a good time.

The only logical end of a perfect day is a good night's sleep, and no time is a good time if you've got to wander around from pillar to post trying to find a bedroom. That happens too often.

Ensure a good night's sleep by telephoning ahead for a room. It is the only sure way. The very fact of having removed the doubt will make you light-hearted — more capable of enjoying your trip.



T. J. SPREIGHT, Georgetown

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