



MRS. VADEIKA'S CLASS of Grades three and four at M. Z. Bennett school capped off two very interesting weeks of study about North American Indians with a delicious Indian dinner Friday at

noon hour. The class was divided into four groups with each group researching an area to find out information about homes, food, clothing, customs, language and migration. —(Staff photo)

Indian meal, Indian visitor highlight M.Z.B. class study

Study of North American Indians became a living experience for Mrs. Vadeika's grade 3 and 4 pupils at the M. Z. Bennett public school. For the past two weeks, all subjects portable were correlated and integrated into this unusual in-depth study.

When the study on Woodland, Coastal, Agricultural and Plains Indians began, this imaginative teacher divided her boys and girls into four groups, each group researching an area to find information on homes, food, clothing, customs, language, migration, etc.

Then, during the past two weeks, these were some of the highlights that made studies zing:

—They made headbands, necklaces, totem poles, water jugs, rain rattles, etc.

—Ransom Jamieson, a Cayuga from the Six Nations reserve, visited the classroom.

—At the Enchanted Doll House, Rockwood, they saw the Indian display.

—They studied various stories, songs, legends, etc.

—On Indian Day, an Indian dinner was prepared right at the school, and the children ate there instead of going home. The menu? Indian stew, Indian corn bread and Indian pudding.

—Altogether a unique and thoroughly enjoyable learning experience!

Firefighters return chief

Acton Firefighters held their annual elections Monday, and Mick Holmes was returned as fire chief by acclamation.

Others elected were deputy chief Bern Van Fleet; A captain Alf Doby; B captain Herb Doda; C captain Harry Otterbein; secretary Scotty McCristall and treasurer Lloyd McIntyre.

Acton AA group celebrates 10th anniversary

"I am an alcoholic but I thank God I'm sober today and with His help I'll stay that way—a day at a time."

The speaker paused, looked directly at the audience which filled Acton scout hall to capacity. He told a story which started in a small town in the southern United States and wound a path of personal degradation to Buffalo, N. Y. and the northern U.S.

The audience listened intently.

Identifications for tennis photo

Several people told us they were particularly interested in the picture of a group of tennis players, dated 1924, in the Photos from the Past feature on November 19. We know some clipped it out of the Free Press to save, so perhaps this will help them fill in those blanks we heard about.

Mrs. Harold Sutcliffe (Marie Lantz) wrote from St. Clair, Michigan, and was able to provide every name but two.

Top row, Skinny McIntosh, next one doubtful, Laird MacDonald, Howard Wreford, Harold Sutcliffe, doubtful, Ralph Henderson, Mac Symon, John Dunn, Jack Wood; row 2, Hector McDonald, Helen MacDonald, Fern Brown, Mary Clarridge, Edna Henderson (who sent the Free Press the photo), Minnie Bennett, Olive Cooper, Gert (Johnston) McLean, Marguerite (Symon) Taylor, Bernice Reid, Minnie Holmes; row 3 Jessie Morton, Jessie Anderson, Charlie Moore, Vi Rumley, Laura McDonald, Laura Gray, Margaret Garvin; front row Alice Johnston, Bertie Speight, Vera Harvey, Amos Mason, Jean Kennedy, Marie Lantz.

The names have been joined to the photograph in the Free Press files.

identifying with the speaker, Bill B. of Buffalo, comparing their experiences with his, for they were familiar with it. He told of starting to drink at age 15 and gradually social drinking becoming unmanageable.

The occasion was the 10th anniversary of the Acton Mobile Group of Alcoholics Anonymous, which hasn't missed a Saturday night meeting since the group was founded in November, 1959. Formed by a small group who recognized the need for an Acton branch, they had expanded from the Guelph AA group, who rendered assistance in getting them started.

The Acton group has never looked back.

"Sometimes the men who walk in here for a meeting have a rope holding up their pants, holes in their shoes and a bedraggled appearance," one Acton member commented. "If they stick with the program they regain their self respect and start to live as normally as an alcoholic can—and sober."

There were members, wives, husbands, visitors and well wishers in the group which responded enthusiastically to the talk from the pleasant looking black man who alternately had them reacting strongly to familiar situations and laughing with his humor.

"I went to AA just to let on to my wife that I'd reformed," the speaker continued. "But a speaker at a meeting one night changed my outlook and I've been a strong believer in the program ever since. Your wife can't stop you drinking, your brother can't stop you and you ignore friends when they suggest it. The only person that can bring you back into the world of sobriety is yourself. Only you can determine whether the AA program makes sense and can help you. It is a decision you have to make for yourself. No

one in AA can make it for you," he emphasized.

Strength to meet the challenge

Return Best OK liquor

Milton voters turned in decisive results on Monday as they re-elected Mayor Brian Best, elevated Ron Harris to Reeve and Percy Barr to Deputy-reeve, returned three present councillors and added a veteran and two new members.

In a 54.2 per cent turnout of 3,438 eligible voters Mayor B. Best was returned for a two year term with 1,321 votes to the 539 of challenger Reeve A. Ledwith.

Deputy-reeve Harris defeated Councillor Colin Smillie as both sought the position of Reeve. The Harris vote was 1,200 to the Smillie vote of 649. In the deputy-reeve contest Councillor Percy Barr defeated challenger and Esqueusing Councillor Ken Marshall at 1,070 votes to 720.

The 1970-71 council was elected with Councillor S. Child heading the polls with 1,507 votes followed by Councillor Charles Fay with 1,427, newcomer Art Melanson with 1,422, Councillor G. Krantz with 1,361 returning veteran councillor Charles Johnston with 1,123 and newcomer William Woods with 1,054. Frank Miller was not elected but polled 922 votes.

An overwhelming majority voted in favor of dining and cocktail lounges for Milton. Of the 47 per cent of the voters 91 per cent favored dining lounges and 78 per cent favored cocktail lounges.

of sobriety day by day comes from God, call Him what you will, Bill B told the audience, which included people from all walks of life.

The first step is admitting you are an alcoholic and you cannot control drinking by yourself. I asked God to help—and He did. All the available evidence indicates alcoholism is a progressive illness. Once a person's drinking gets out of control, there are only two alternatives—(1) drink himself to death or be committed to an institution, or (2) stay away from alcohol in any form.

A birthday celebration was another highlight of the anniversary with Warren T. celebrating seven years of continuous sobriety. They baked a cake and the audience sang an enthusiastic "Happy Birthday" for Warren T. He blew out the candles—seven of them, each one representing a year of sobriety.

There were announcements and notices of meetings as far away as Fort Erie and as near as Guelph. Chapters from the 12 Steps were read and the speaker led in the Lord's Prayer. The meeting ended with a buffet lunch and an animated conversation.

These are honest men-honest with themselves and with society. The motto on the wall expressed the spirit of AA:

"God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."

There are more than 400,000

members and 14,000 AA groups in 90 countries.

Y'S MEN'S ANNUAL
Christmas Tree Sale
PLANTATION-GROWN TREES
\$1.00 \$1.50 \$2.50 \$3.50
SALE STARTS
SATURDAY, DECEMBER 6TH
AT 9:00 AM.
"WHEN YOU BUY A TREE FROM US, YOU HELP TO PUT PROGRAM IN THE Y.M.C.A. FOR THE YOUTH OF ACTON"

WE INVITE YOU TO HEAR
"The Musical Kudras"
of
"Canada for Christ Crusades"
TALENTED MUSICIANS AND SINGERS
at
EVANGEL PENTECOSTAL TABERNACLE
32 CHURCHILL ROAD NORTH
DECEMBER 7TH
11 AM and 7 PM.

NOTICE
To correct any suggestion that Blue Water Nursery and Greenhouse has replaced Blue Springs Nursery, please take notice that Blue Water Nursery and Greenhouse will be carried on henceforth under the name of Eramosa Flower Mart at R.R. 1, Acton, being 3 miles west of the Town of Acton on Queen's Highway No. 7, Prop. W. Neumann, and that Blue Springs Nursery will be carried on henceforth under the name of Blue Springs Flower Shop at 46 Mill Street East in the Town of Acton Prop. Elsie Syme.
Dated at Acton this 24th day of November 1969.
Eramosa Flower Mart
3 Miles West of Acton on Queen's Hwy. No. 7
Prop. W. Neumann 836-4712

\$4,500,000
in unclaimed savings.
Is any of it yours?
If so we'll be glad to arrange transfer to a Bank of Montreal account.
On December 31st, 1969, the Canada Post Office Savings Bank will terminate operations. But there remains about 4½ million dollars in savings accounts still unclaimed.
So think carefully. Do you or any of your relatives have a post office account? Any of our branches will be glad to open a True Savings Account for you where your money will earn 6½% interest per annum.

Bank of Montreal
Edward Pratt, Manager

Shop Red & White for Holiday Foods
SPECIALLY SELECTED - WELL-TRIMMED - TENDER - YOUNG
LOIN PORK CHOPS 89¢ lb
CHOICE - FLUMP MARROWING **LEG "O" LAMB 59¢ lb**
THICK CUT RANCY MEAT **LAMB CHOPS 69¢ lb**
SMALL LEAF SWIFT PICKLED **COTTAGE ROLLS 89¢ lb**
FRESH FILLER SPECIAL! **Beef Hinds 73¢ lb**
BRANDED **Santa Rama PARTICIPATING MERCHANT**
FROZEN FOODS FEATURES!
CHOCOLATE - BANANA - POUND **CAKE Sara Lee 69¢**
McCain's **APPLE PIES 24-oz. 59¢**
SWEET MIXED - SAVE 10¢ - 15 oz. JAR **ROSE PICKLES 33¢**
ALLEN'S - CLEAR - VITAMINIZED - 48 oz. TIN **APPLE JUICE 3 FOR 89¢**
SAVE 10¢ - 7 lb. BAG (20 lb. BAG \$2.19) **ROBIN HOOD FLOUR 77¢**
MIR - (SAVE 20¢) 24 oz. TWIN PACK **LIQUID DETERGENT 69¢**
REYNOLD'S - REG. 79¢ VALUE - 25' ROLL - **FOIL WRAP HEAVY DUTY 18" 65¢**
8¢ off PACK
— FRESH PRODUCE —
CALIFORNIA WHITE **GRAPEFRUIT 10 FOR 69¢**
P.E.I. - 25 lb. BAG **POTATOES 89¢**

TAKE A PEEK DOWNSTAIRS AT KELLY'S
FOR YOUR
• STEREO
• COLOR TV
• PIANOS
MUSICAL INSTRUMENTS
USE OUR BUDGET PLAN

GUELPH

FILL YOUR CHRISTMAS LIST WITH
Wonderful Gifts
ANNOUNCING OUR NEW LINES OF:
DRESSES CASUAL OR EVENING WEAR
LINGERIE EVERYTHING FOR MILADY
SWEATERS EXCELLENT STYLES & DESIGNS
EVENING BAGS FOR SPECIAL OCCASIONS
SPECIAL CHRISTMAS PRICES!
SINGER SEWING MACHINES
WEEKEND SPECIAL
GRAB BAGS LOADED WITH USEFUL ITEMS
AND THEY'RE REASONABLY PRICED FOR YOUR SEWING NEEDS VISIT
ACTON FABRIC CENTRE