

In considering, talking with God, which is prayer, let us consider daily prayer in this issue and its

logicalness, necessity and benefits. To sustain the human body and to keep it really alies and active we have to est food, and not just once a week or once a month or only every teveral months or just occasionally but regularly each and every day, and not only once a day but several times a day. If we full to do so we soon become weak and inactive and

soon recoumb to death. Also it is important that we eat the right kind of food that agrees with our physical condition. For example, if one is a disbetic that person is restricted to a dispetic diet. Our body food must also be property masticated and digested. And we know we should not

est our food too fast. Now if these conditions are logical and necessary for our bodily welfare, the same holds good for our spiritual welfare, the food of our soul, which is daily "Talking with God" - amociating ourselves with God daily is adoration, reperation, thanksgiving

Prayer is a voice from the depths of the heart and there is nothing more sublime on earth thin a pure heart filled with love and charity. Prayer is the becauses in which the heart take God to hear it, and take it foringly to His own heart. There is nothing more moving or more sublime than this loving utionilos on the part of the Eternal Father to the fooble stammerings of His child.

True prayer is prayer in the Holy Spirit. There is nothing more two inspiring or more sublime then this voice of the Spirit, at which sternity trembles.

on the wings of prayer, the feeble words of the creature are carried to the throne of the Creator. The voice of human supplication reaches to the heights wherein dwells the majesty of God in sternal bliss. He who has truly understood what a sublime thing prayer is, migst be stricken with swe, ladeed, when he is

How then can prayer be no every day business, compatible with the monotony, uniformity, Sepression and duliness of our hearts, so tired and dessicated? Yet there must be something like prayer in everyday life for the Scripture says that we ought "always to pray and not to faint" (Luke 18-1), St. Paul admonishes us to "pray at all times in the spirit" (Epk. 6-18) to "pery without coming" (1 Thos. 5-18) and to be "instant in proyer" (Rom. 12-12).

To pray daily means both to pray in everyday life and to make everyday life our prayer. This first direction to daily prayer—we should be regular in prayer without regard to our humors or likings, that is from an innate sense of duty or a charished insdition, nech as morning prayer on arising, or before retiring, prayer of blessing and thanking before and after monte.

The daily ringing of the Angelus Bell at 7 a.m., 12 moon and 6 p.m. is not only to give us the time of day but to call us to perper. The regular Sunday or weekday service at our parish church where prayers me said both individually and collectively. The attentive listening to the homily or sermon-and carry home with us the lesson the spirite or gospel gives us to put into practice for that week or even the rest of

All of these are assentially prayer in everyday life. Our visits to the House of God, where we can meditate and pray in allence without interruption or distraction. By placing before us at times the crucifix, to remind us of Christ's death for our redemption.

These forms of prayer in everyday life may be called outdated and oldfashioned in our modern times, but without reason by those who call them such. Such forms of daily prayer cannot be eradicated or seemed for many good souls. They are labora in childhood by mood example of good parents and still

persist. They may have become lost by some because

mind and heart are far away from what they are

recite mere formulat.

124 Tidey Ave.

saying Instead of weeking beart to bear to God they

Free Press

Phone 853-2386

CHURCHEL COMMUNITY CHURCH

Churchill Road North

Minister:

The Rev. A. Welter Foebury, B.A., B.D.

SUNDAY, OCTOBER 12th, 1969

Thanksgiving Sunday

11.00 a.m .- Worship and Church School.

Visitors are welcome at all church gath-

erings at the Church on the Hill.

ACTON BAPTIST CHURCH

Pounded 1842

SUNDAY, OCTOBER 12th, 1969

9.45 a.m.-Sunday School.

Brampton, Ont.

Anniversary.

Friday, 7.00 - B.H.F.

11.00 a.m.--Morning Worship.

Speaker, Mr. James Bell.

Wednesday, 7.30 - Prayer and Bible

Thursday, 8.00 - Choir rehearsal.

Study at Feltham's apartment.

7.30 p.m.-Hillsburgh Baptist

Sermon subject, "Be Thankful."

Everyday prayer must not become a reperficial mechanical stipshod lip-service to be notten through as quickly as possible in order to not back to more pleasant things. Such forms of prayers would be conceding to God time gradgingly. God alone knows our hearts-we should, therefore, pray-with a loving heart to Him. In praying one's heart should enter into lofty words of adoration, praise, thanks, petition and contrition which are the subjects of prayer. One thould have a willingness to pray in recognition of all one has received from God and to show our

appreciation for His deity blemings. Our prayers should not be restricted only to times of district, war, famine, sickness or just before death. We need God's help and blessings daily, and for these

we should pray daily. . A further reason for prayer in everyday life is the honor of God. God is the Lord not only of the holy days of life. He should be glorified also in what appears to us the insignificant monotonies of our tife. We are His servents not only in lotty cathedrals where His mysteries appear to us in overswing uplendor and enrapturing beauty, but is the fields tilling the soil, or the workshop, at the deak or at the washing. All this is

for the glory of His name. We belong to God in every department of our lives. Therefore, no matter what department we are assigned to work, that work can be offered for the greater plory and house of God.

Our soul seems to continue its weary way on the road followed endlessly by the pretence with its innumerable trifles, its goodpe and pretence, its curloulty and vanity. Our soul teems to remain in the congregate to sell the petty goods of the world and wherein stultifying restlement, men wander about offering their triffet.

Our soul in daily life seems to be a gleantic barn into which cartload after cartload is brought day by day, until it is filled to overflowing with mundane things. There is no end in sight. One day after the other, we so to this way to the hour of our death, when all the goods and chattels which we call our life, will be swept away in diseasy, unless we make everyday life our prayer.

It is of supreme importance to escape from this empty routine. Through the humdrem of our daily life we must find our way to Him Who slone is necessary. to Him Who alone is the Lord. Our everyday life must become a hymn of praise, indeed it must become in

It is obvious that we cannot pray directly all the time. We cannot escape our daily routine, because it will go with us wherever we go. Everyday life is our tife and everyday heart, our weary mind and our meagre love which abases all that is great, will ever

God must be sought and found in the things of our world. By regarding our daily duties as something performed for the honor and glory of God, we can convert what was hitherto soul-killing monotony, to a living worship of God in all our actions. Everyday life must become itself our prayer.

And so we can make our everyday life a prayer through unselfness and love, if we are willing and understanding.

There are the long and monotonous hours of work for which often no recognition is given, the continuous and painful struggle which receives little reward, the weariness and the sacrifice of old age, disappointment and failure, adversity and minundentanding.

There are the many wishes denied to us, the many small humiliations and the equally frequent inconsideration of youth. There are such things as physical discomfort, the inclemency of the elements, the friction of human contacts.

Through these and a thousand other trials in which everyday life abounds, man can learn to become calm and unselfish, if he only understands these tedinkstell, wantable and yet providential. And can, therefore, make the werryday Hou his prayer.

Square dancers join city group

With not enough members to make the evenings consistently successful, members of Actor's For their 25th wedding Pairs and Squares square dance anniversary, the surprise gift club decided this fall to go to from all the family of Mr. and Guelph to join the group there. Mrs. Stan Bowen came in a huse Every other Thursday evening, box. They excitedly undid the the Acton dancers now travel to bow and the paper on the box, Guelph where a larger group wondering if it was a refrigerator makes more enjoyment and - and out popped son Wayne variety in the dancing. and his wife Tenns from

dances on the off-weeks. son and his wife was the choice as the best gift possible when the Y's Menettes family planned the surprise party on Saturday, September plan book sale

Some of the local dancers are

also going to Brampton to

Y's Menettes made plans for a book sale in November at their meeting Monday, Mrs. C. L. Rogivaldson, the hostess for the meeting, showed slides of

The regional convention at Owen Sound was discussed. Mrs. John Bowmans, the president, chaired the meeting and roll call was answered with one cent per inch of waistline. Mrs. W. D. E. Smith led in prayer. Mrs. Stewart Robertson won the door prize, writing paper and envelopes.

FACTS to explain work of United Church

Facing the Action of the Church in Today's Society, a colourful and engaging presentation of the total work of the United Church of Canada throughout the world is to be presented at Wellington Square United Chufch, Burlington, on Sunday, October 19 during the afternoon and evening.

Facts will be seen. Facts will be heard. An opportunity to there in the vision of the church for the future will be there.

At no other time and place has such a comprehensive portrayal of the work of the church been

The churches of the Halton Presbytery will do the presentations, assisted by the General Council Executive and the Board of Evangelism and Social Service.

Free Press

Mr. James Small, of Waterloo

University, visited with his

grandmother, Mrs. R. M.

A busload of trippers enjoyed

a trip through several Ontario

counties Tuesday, to see the fall

Mr. and Mrs. Gordon Park,

Cathy, Steven and Kenneth,

Petrolia, and Mrs. Mervin

Hilliard of Guelph visited at the

home of Mr. and Mrs. Chas.

Friends are sorry to learn Mr.

Reg Hoare had an operation in

Toronto Western Hospital on

Tuesday, and hope for a speedy

Mr. and Mrs. Harold Reed of

Oak Ridges visited in town last

week. He is the son of the late

Mr. and Mrs. J. H. Reed. of

Mr. and Mrs. Robert Taylor of

Orillia were weekend visitors at

the home of her parents, Mr. and

Mrs. C. L. Rognvaldson. Miss

return to good health.

coloring. The trip was sponsored

MacDonald last week.

by the Golden Age Club.

Landsborough.

Acton.

out of sight - and not in that Mrt. Bowen's sister, Mrs. Bernice big box, but with other relatives Pelton, Toronto. in Toronto. They had a few An aunt and uncle from Toronto were also celebrating more days at home before their 47th anniversary the same Mr. and Mrs. Bowen have lived at R. R. I for the past 23 years. The Bowens, who were Their other children are Wendy, married in Toronto, received Mark, Paul and Ralph, all at many gifts, cards, flowers and phone calls of congratulation.

of opening that big box!

Kitchener. When they

returned home, there were cars

parked all around their home

and friends and relatives were all

welcome the Bowens, extend

congratulations and urge them

to hurry and open their gift.

Visitors were there from

Tollenham, Aurora, Keswick.

Guelph and Toronto as well as

There were toses for Mrs.

Bowen, a boutonnière for Mr.

Bowen, corrages for the two

grandmothers, Mrs. Florence

Cortese, Toronto and Mrs.

Gordon Bowen; Guelph; and

And there was a decorated cake.

But nothing matched the thrill

the district.

gleefully waiting inside

Mrs. Albert Young funeral September 26

Anniversary giff

The plane fare for the oldest

The couple had arrived back a

Preparing for the big surprise

of the day, the family asked the

parents out to dinner with them

couple of days before but stayed

27. And it was a huge success.

returning to Nova Scotis.

Halifax!

some.

lengthy illness.

Mary Williamson, sole surviving member of a family of seven of the late David and Elizabeth Williamson, was born

On March 15, 1905 the married Wm. Albert Young and settled on a farm in Erin Township where they farmed for 25 years before moving to Acton.

Mrs. Young, predeceased by her husband, is survived by sons George, Acton and Fred of Willowdale, daughters Emily (Mrs. George Wallace), Jessie (Mrs. Bing Ramsden) and Mary, (Mrs. Max Storey), all of R. R. 4. Rockwood. There are eight grandchildren. Also surviving are

Personals

Mr. and Mrs. Norman

Waterton, of Owen Sound, spent

the weekend with their cousins,

three months working in and

around Acton. Mr. Thys de Haan

is an agricultural student from

Friesland, Holland, who spent

his holidays with his brother.

Mr. Peter Taylor of Kirkland

Lake, son of Mr. and Mrs.

Clinton Taylor, has recently

returned from a three week

holiday in England and France.

Visitors with Mr. and Mrs.

Jack Frank during the week

were Mrs. C. Weir and Mrs. W.

Bullard, Kilbride, Mrs. G.

Silcock, Burwash and Mrs. T.

Mr. and Mrs. Pat Patterson of

Limehouse have returned from a

holiday to the west coast. They

flew out, returning by bus as far

as Winnipeg and coming the last

lap by train. They visited friends

in Victoria, Vancouver, Calgary,

Regina, Winnipeg and Geraldton.

Job, Willowdale.

Frits and family, in Acton.

Mr. and Mrs. G. S. Matthews.

A resident of Halton a brother-in-law, H. Roy Centennial Manor since Wansborough, Toronto, and a September 24, 1962, Mrs. Albert sister-in-law, Mrs. Alberta Young passed away on Williamson, who is living with September 24, 1969, after a her daughter in Kansas City, Missouri.

The Rev. Andrew H. McKenzie conducted the funeral service at the Rumley-Shoemaker Funeral Home on in Nassagaweys on Nov. 29, Priday afternoon, September 26, and interment followed at Pairview Cemetery.

Pallbearers were nephews David Williamson, R. R. 1, Georgetown; Fred Anderson, Acton; Donald McNabb, West Toronto: Ranson Cooke, Hamilton; Chas. McNabb and George McAlpine, Guelph.

Mrs. Young was a member of Knox Presbyterian Church. Acton, the Women's Missionary Society and Ladies' Aid of the church and the Duke of Devonshire Chapter of the

D. McDougail dies in Toronto

Donald A. McDougall passed away at Toronto East General Hospital on August 26. He was the husband of Nellie Eames of Kenny Ave., Scarborough, and brother of Gordon McDougall. He was a son of the late Mr. and Mr. Thys de Haan left last Mrs. Malcolm McDougall of Thursday, Oct. 2 after spending Acton.

Harvest festival dinner at St. Alban's

In a church beautifully decorated with fruit, vegetables and flowers, parishloners of St. Alban's attended Harvest Thanksgiving festival services Sunday at 9 and 10:30 a.m. The decorating had been done by the Alter Guild.

Special music by the choir included the anthem Praise the Lord O Jerusalem, and the Rev. H. Dawson presched a timely

Por the second year in succession the parish had Thanksgiving family dinner, and

it's hoped this will become an annual event. About 130 attended paying a nominal cost. The A.C.W. prepared the meal. Afterwards there were films; Jim Prizzell played the electric guitar and sang, and a group of Sunday School juniors put on a

play about the pilerime.

Highlight of the evening was the amusing auction of the fruits and vegetables used in decoration. Syd Newton had the help of George Harnett in making the sales.

THE NEW Rainbow Beauty Salon

9 CHURCH ST. E. ACTON ACHOSS FHOM MACKENZIE LUMBER

- OPENING SPECIAL -

SPECIALIZING IN STYLING-CUTTING TINTING-FROSTING

Open Thursday & Friday until 9 p.m.

FOR APPOINTMENT CALL

853-0551

THURS.-FRI.-SAY.

SHOW TIMES SUM. INVU THUM 8 p.m. Fri. & Bat. 7 & 9 p.m.

678-3272

Sat. Matines WZDM. OCY. 9-11

DAY OF THE EVIL GUN (Color) (GLENN FORD)

BATTLE BENEATH EARTH (Color) (KERWIN MATHEWS) SUN.-MON.-YUES.

OCT. 12-14 IF IT'S TUES; THIS MUST BE BELGIUM (Suzanne Pleshette) (ADULT) (Color) LAND OF 1000 FACES

NOTRE DAME (Cartoon) WED.-THURS.-FRI.SAY. OCT. 15-18 (4 DAYS) Show Times Sept 17 & 18 will be 6.30 p.m. & 9 p.m. ICE STATION ZEBRA (Color) ROCK HUDSON

GUIDED MOUSE ISLE (Cartoon)

You can clean up this bunch for pennies a day with a Cascade electric laundry, dishwashing-whenever you



water heater in the house. Tubs, showers, need hot water, you get it, fast.



THE ACTON

HYDRO - ELECTRIC COMMISSION 43 ALICE STREET, ACTON.

your hydro

In Kelowns they visited with Nancy Rognvaldson was home former Actonians Mr. and Mrs. from Calgary for her graduation from the University of Guelph. Jim Greer and family. for best choice SKI-DOO 1970

SEE OUR DISPLAY AT ERIN FALL FAIR OCTOBER 11th & 13th **MURT ALLISON'S** SALES

HWY. NO. 7 BETWEEN ACTON & GEORGETOWN

877-5259 or 877-5250

All Welcome BETH-EL

CHRISTIAN REFORMED CHURCH Minister - Rev. P. Brouwer, B.A., B.D. Acton, Ontario

SUNDAY, OCTOBER 12th, 1969 10.00 a.m -Morning Worship Service. Nursery and pre-school Sunday

11.10 a.m-Sunday School. 4.00 pm.-Afternoon Worship Service. 7.30 p.m.-Teen Meet at the church. Tuesday evening, 730-1030 - Catechism

Come, worship and study with us to be better equipped to serve God and men. Everyone Welcome

PRESEYTERIAN CHURCH IN CANADA KNOX CHURCH ACTON

Rev. Andrew H. McKenzie, B.A., B.D. Minister Mr. E. A. Hansen, B.A. Organist and Choir Master

SUNDAY, OCTOBER 12th, 1969 Thanksgiving Sunday 9.45 a.m.-Church School for ages 3

to 15 years. 11.00 a.m.—Thanksgiving Divine Service. Sermon theme, "The Sacrifice of Thanksgiving and Its Merit." Everyone Most Welcome

Church **Notices**

evangel pentecostal tarefnacte P.A.O.C. 33 Churchill Road Rev. S. M. Thoman, Pastor, 853-2715.

SUNDAY, OCTOBER 12th, 1969 10.00 a.m.-Sunday School. 11.00 a.m.-Morning Worship. 7.00 p.m.-Evangelistic Service. Tuesday, 8 p.m.-Prayer Service and

Bible Study. Thursday, 8 p.m.-Christ Ambassadors. Psalm 119, verse 1 - "Blessed are the undefiled in the way, who walk in the law of the Lord."

MAPLE AVENUE BAPTIST CHURCH 81 Maple Ave., Georgetown Pastor: Rev. Robert C. Lohnes

SUNDAY, OCTOBER 12th, 1969 Here is our sincere invitation to the whole family to attend church. 9.45 a.m.—Sunday School. All ages. 11.00 a.m .- Morning Service. 7.00 p.m.—Evening Evengel.

THE CHURCH OF ST. ALBAN THE MARTYR

ANGLICAN Corner Willow St. and St. Alban's Drive Rev. H. J. Dawson, B.A., B.Th.

Georgetown 877-6665

SUNDAY, OCTOBER 12th, 1969 Thanksgiving Sunday Trinity XIX 9.00 u.m-Holy Eucharist. 10.30 a.m.-Church School and

Nursery.

10.30 a.m.-Mattins.

TRINITY UNITED CHURCH

Minister: The Rev. Gordon B. Turner, B.A., B.D. Director of Music: Dr. George Elliott, M.A., Ph.D.

SUNDAY, OCTOBER 12th, 1969 Thanksgiving Sunday 10.00 a.m.-Corporate Worship. Sermon, "Let's be honest! Is there anything we can really be thankful to God for?"

10.00 a.m.-Nursery. Sunday School (to Grade 4). 11.00 a.m.—Sunday School (Grade 5-8). · 11.15 a.m.-"Talk Back" (adult programs of dialogue with the Minister.) 7.00 p.m.—Hi C. and Hi 9'ers (Youth Groups for Teens - alternating

Sunday evenings). We Welcome You and Your Femily to Take Part in the Life and Worship of Trinity