

Y.M.C.A. slim and trim classes keep ladies losing and laughing



INCHES FROM CHRISTMAS EATING, received the treatment at the first session in the new year of the Y.M.C.A. slim and trim class

Monday night. The group works out every Monday and Wednesday evening for an hour under the direction of Miss Mary Golem. While

the program of exercises is designed to tone up muscles and slim down inches rather than lose weight, many of the ladies have

combined the lessons with regulated diets. For those who keep it up faithfully, 1969 will be a lean year.



Spilling the Pins . . . at ACTON BOWLING LANES

by Ken Hulford

Beardmore
Dec. 30: Despite only winning one game from Fishers, Hippies moved up for a share of the top rung. On the triple and single plateaus for Fishers were Don Harris 688, Deanna McDowell 677, Doug Draycott 667 (301), Dianne Matheson 246 and Ken Milne 203. Heading up the Hippies' roll was "Honey John" Dennis who trundled his first 600 tricont of the season, a tidy 655, Ray Atkinson 640, Jake Vanderkooy 600, Earl West 200, Dave Shannon 208, Millie Fabian 232 and Fred Bilocco 216-200. Hasbems proved to be the opposite when they met up with the Lucky Strikes. They won all games although they were hand pressed for pins and last came by 16 pins. Arlie White 611, John Constantine 211-240 and Bill Buchanan 251 tripled and singled for Hasbems. Getting the mentionable for the Lucky Strikes were Charlie Hubble 634 (316), Jane McCrea 214 and Howie Jank 203. Hot Shots wrapped up the first two games from Blue Angels but the Angels flapped their wings to good effect in the third canto and won it by enough to take the singleton for totals. On the triple and single plateaus for Hot Shots were Jeff Fryer 730, Cor Vryenhoek 623 and Ron McEachern 229. Up there for Blue Angels were Vic Roach 613, Lyle Cripps 603, and Phil LeSueur 225.

League standing: Hippies 63, Lucky Strikes 63, Hasbems 62, Fishers 60, Blue Angels 49, Hot Shots 39.

Caroline Garden Centre
Dec. 30: Evergreens increased their league lead when they made every game a winning one from the Maples. Clarence Hinings 594 (223), Bert Robertson 592 (236), Don Milson 585 (237) and Howie Jank 558 (245) paced the win. Top pins in the Maples' trundling were Mary Anderson 626 (224), Malt Charler 505 (188) and Betty Jank 477 (173). The second place Mountbattens failed to gain on the leaders but kept up to the pace with a triple win from the lowly Ashes. Bob Martin 672 (256), Joe Vostay 627 (247) and Bruce Timbers 565 (234) headed up the win. Albert Cloutier 586 (228), Andy Anderson 559 (216) and Mike DeJong 521 (203) were best for the Ashes. Oaks were a two and totals winner from the Cedars who made with a win in the league canto by 25 pins. Murray Bateman 674 (315), Pete Bowman 666 (254) and Alma Timbers 518 (219) were top trio for the Oaks. For Cedars it was, Bob Doyle 607 (221), Ove Parie 541 (196) and Sally Bowman 495 (169).

League standing: Evergreens 37, Mountbattens 35, Maples 31, Oaks 31, Cedars 27, Ashes 10.

Major
Jan. 2: Sports Corner didn't stop to admire the scenery and they took all games from Scenic Pools with Jeff Fryer 925 (304-329), Bruce Shultz 181 (133) and Al Normie 725 (253) leading the hit parade. Pete Walker's 650 (251) was a loner for the Scenic Pools. Acton Lanes made every game a winning one with Dominion Hotel being the losers. Hal DeForest 761 (274), Doc DeForest 737 (276) and Earle Middleton 693 (293) paced the win. Top trundling timbers for the Dominion were, Pete Homer 815

(316), Ivan Kilby 662 (244) and Mike Churchill 629 (265). Acton Meadows were on their way to a triple win but the opposing Hinton's Store grabbed the last chucker by 24 pins to avert the shut-out. MacHerrington 880 (339), Jim Bullough 752 (258) and Jim Timleck 711 (238) headed up the win. Best in the Hinton's' efforts were: Bill Shannon 824 (292), Bob Doyle 718 (274) and Bob Turkou 713 (271).

League standing: Sports Corner 36, Acton Meadows 47, Hinton's Store 45, Acton Lanes 36, Scenic Pools 13, Dominion Hotel 7.

Acton Friends
Jan. 2: After taking the first game from the Oaks by 1 pin, the Fims went on to win the second canto but fell flat on their collective faces in the third and the Oaks took the game by enough pins to grab the singleton for totals. Harley Cole 554 (210) and Bill "Digger" Diggins 517 (226) and Barb Smith 588 (252) tipped the roll. Maples broke their tie for second place with the Cedars when they took ten for two and totals. Cedars made a win in the second canto by 10 pins. "My Gal Sal" Bouwman 535 (196), Charlie Milne 527 (191) and Floyd Schmidt 525 (186) headed up the Cedars' efforts. Top trio for the Cedars were, Charlie Tomson 494 (184), Don Marro 448 (175) and Donna Milne 444 (178). Pines won the first chucker from Willows by 13 pins, lost out in the second then came back strong in the third for a two and totals win. Don Archibald 598 (243), Ron Schmidt 521 (185) and Allan Schinck 519 (192) paced the win. John Chapman 585 (210), June Hunter 492 (230) and Dave Hunter 490 (212) were tops for the Willows.

League standing: Oaks 69, Maples 54, Pines 53, Cedars 51, Willows 45, Fims 43.

Acton Mixed
Jan. 3: V.I.P.'s took no chances on losing first place, they made with two and totals win from the Bobcats. Arlie White 681 (240), Shorty Lowin 676 (270), Wildo Near 550 (221) and Lea Blaser 523 (204) sparked the win. For Bobcats, Bob Price 555 (240), Keith Wellwood 477 (171) and Ted Muchbacher 496 (188) were best. The Lucky Thirteens, after losing the first game to the Hopeless Ones bounced back to win the next two and totals. Len Mitchell 570 (204), Larry Drysdale 554 (227) and Andre Brouillard 513 (212) were top trio in the win. Earl West 562 (207), Helen Brouillard 506 (203) and Ed Blaser 486 (172) topped Hopeless Ones' trundling. Flukes took the first game from Boozers by 15 pins then were off and running and wound up with the bundle. "Frenchy" Conway 683 (237), Nancy Jensen 576 (243) and Don Marro 548 (218) headed up the win. Hot Shots 650 (258), Vera Arlie 513 (181) and Fred Daigle 476 (188) gave it the big effort for Boozers.

League standing: V.I.P.'s 68, Lucky Thirteens 66, Flukes 60, Boozers 55, Bobcats 45, Hopeless Ones 42.

Big Four
Jan. 3: We are sorry we cannot report on the Big Four's results at this time. The line of communication

broke down regarding the team results but we can give you the high triconts and solos. Jake Vanderkooy 632, John Duenk 689, Dick DeLoer 624, Emmy Fryers 237-205, Harry Hofstede 209, Oscar Feenstra 239-216, Joe Hofstede 205, John Vleestra 218, Rink Duiker 208 and Cor Vryenhoek 211.

Headpin Hitters
With Christmas and New Year's celebrations over our bowling lives will get back to normal and this month should see the C.O.B.A. "240-180 and under" take place and of the start of the "Four Steps to Stardom" for our Y.B.C. bowlers. We were quite gratified at the turnout of the parents and relatives with our Y.B.C. bowlers in the annual "Family Funosome". Of course, there were some red faces where the youngsters turned in better score than the adults, but to quote a cliché, "a good time was had by all" that winds it up for now my friends, so adios amigos and goodnight Canterbury Village.

Tri-county downs Legion in all-star Pee Wee match

Acton Tri-County all-stars downed the Legion all-stars in a Pee Wee exhibition game on Sunday afternoon, Dec. 29.

Tim McIntyre scored the only goal of the first period for the Tri-county team, on a pass from Ken Withers. In the second, Mike Ferguson tied it up on a play by Charlie McRae and Steve Brunelle.

Tri-county turned on the power to bring in four more goals by Tim McIntyre from Bill McGilloway; Terry Holmes unassisted; Russell Coultrup from Tim McIntyre; and Ken Withers unassisted.

Ron Death scored unassisted for the Legion to bring their total to two goals against Tri-county's five. Then Chris Tennant finalized the game with the sixth point for Tri-county on an assist by Terry Holmes.

Tri-county line-up: Mike Luty, Ken Withers, Bill McGilloway, Tim McIntyre, Kent Kentner, Russell Coultrup, Jeff Townsley, John Ashley, Wade McKnight, Clive Ord, Russell Van Fleet, Terry Holmes, Chris Tennant, Gary Barden.

Legion line-up: Tom Milne, Bill Paul, Kevin Marcoux, Byron Timbers, Steve Buchanan, Peter Hargrave, Bernie Taylor, Steve Brunelle, Charlie Allen, George Artem, George Carnegie, Ron

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GUELPH

Pee Wees lose three but not discouraged

Losses to Streetsville, Georgetown and Oakville, all "A" teams, haven't discouraged Acton Y's Men's Pee Wees. Outside of the 9-0 loss to Georgetown where the score didn't really indicate play, the Acton club was always in contention.

Streetsville inflicted the first loss, 6-3, before Christmas. The visitors scored four second period goals and singles in the

first and third to garner the victory.

Acton got singles in each period, Tim McIntyre, Billy McGilloway and Terry Holmes scoring. Wade Knight, Russ Van Fleet, Tim McIntyre and Chris Tennant each picked up an assist.

Georgetown outclassed the Acton boys after a power failure in the Georgetown arena held up the game for half an hour. Coach

failed to score. The home club were the opportunists. They chalked up a 4-0 lead.

Goals by Ken Withers and Russ Van Fleet assisted by Terry Holmes in the second period put the Y's Men back in the game while Oakville got one.

Billy McGilloway and the final Acton marker in the third from Kent Kentner and Ken Withers, Oakville got two more.

The team meets Brampton here Wednesday (tonight).

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CLARK'S - 10 OZ. TINS - (SAVE 40¢) **TOMATO or VEGETABLE SOUP 9:1**

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