## CARVING THE



by cutting between the body and thigh





3. Cut through thigh joint and drumstick (now



4. To cut drumstick -hold at 45 degree angle to plate and carve down, turning to get several slices.



5. To cut thigh, cut parallel to thigh bone to get several slices of



6. To cut breast-make one slice upward just above wing, deep into 7. Cut remaining slices down from the wing.



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## How to carve holiday bird

Carving the holiday bird is practically an art whether it be turkey, goose, duck, chicken or partridge. It is a happy task when done with skill.

The all-important beginning is a good set of knives with fine hollow ground steel blades and long lasting handles. (Gift Idea). A long bladed roast slicer carves a fowl best.

Carve leg first; insert the fork firmly through the centre of the wishhone. Place the platter so that the legs of the bird are to your right. Start by carving the leg nearest you. Make a vertical cut on each side of the second joint of the leg where it is attached to the body by skin. Bend the entire leg toward the platter. With the point of the slicer cut through the connecting skin and socket and remove the leg. Next-cut off the wing.

To slice the breast meat, place the blade at the top of the breast-bone. Push the knife downward and forward toward the wing socket. Continue by moving the knife a degree closer to the bird. Complete one side of the bird before turning to repeat the same method.



MARK DUVAL accepts his gift from Santa Claus at the Firefighters' annual Christmas (Staff Photo)

HOT TREAT

A popular Christmas dish in
Central America is tamales or nacatamales. Nacatamales are carefully prepared and cooked

for several hours. The 'stuffing' is made from finely ground corn meal, turkey, vegetables, spices and seasonings. In quantities of about one pound, the stuffing is wrapped or steamed for several hours.

Joyous

Canadian Christmas foods a many-symboled thing

In Canada we have many. The Christmas Day menu may customs and traditions related to include antipasto, a special Christmas which have been brought to us by people of many nationalities. Christmas to some "pastry, or a special ice cream in banana leaves and then boiled. Canadians is a feast, to others a followed by fruit and nuts and a fast. Some exchange gifts, others special fruit bread, 'panettone'

To English-speaking Canadians, Christmas feasting includes the traditional turkey. plum pudding and Christmas eake: French-speaking Canadians celubrate Mass at Midnight Christmas I ve followed by a feast or 'reveillon'. Foods are the traditional Lourtières, ragouts de pattes, cretons made from pork,

croquignoles and cakes shaped and wed to resemble Yule logs. Ukraiman people observe a six week. Lest in which they eat no meat preceding their Christmas

by the Julian Calendar January On their Christmas I ve. they garber for "Holy Supper" I welve courses are served symbolizing the twelve Apostles. Bread, symbolizing prosperity. torms the central table decoration.

stili cl-serve many of their old country customs which vary according to the area of the courtry from which they come handed down to us.

pasta, a chicken broth, roast chicken or duck, a special

Germany, the home of the Christmas tree is also the home many of the Christmas cook es now associated with Canadian Christmas festivities, The well known Stollen (nut and fruit loaf) is also traditionally German, Roast goose with prune and apple or sauerkraut stuffing is served on Christmas day.

In Scandinavian communities, roast pork or ham is the popular Christinas meat and a fish course is also served.

Canadians of Dutch ancestry start Christmas on December oth, St. Nicholas Eve. Children put out their shoes and till them with grain for Sleipner, the

And so we see that Christmas can mean many things to many Canadians of Italian ancestry. Canadians. Our customs are as diversified as our peoples and each of us treasures the wealth of tradition that has been



At Christmas, a special prayer: May mankind be blessed with "Peace on Earth." And a special wish: May your personal Christmas be a most happy one.

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PHARMACY

Our sincerest thanks to all our customers for friendly and loyal patronage. May you and yours enjoy the fun-filled and truly happy haliday Merry Christmas, one and all!

HANNA AND DAVE CLELAND



MANAGEMENT AND STAFF Pete Masson Motors Limited ACTON -, GEORGETOWN



Chimin first Christmas, a special Star store pright ver the Mother and Child. May may Christmas star of peace, joy and t applicess thing bright over you and yours f. Christmas and all through the year.

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