

By Wendy Thomson

While rummaging around down the bottom of the freezer last week, stashed away under a pile of beef bones and pigs feet I found a very large pork roast that I had hidden for emergencies and forgotten about. We have been on budget cuts for so many months that I was overjoyed to find this thing sitting there just waiting to be roasted. And roast it I did, with all the vegetables and trimmings to go with it.

voungsters had as much of the roast as they wanted and Gord had almost as much as he wanted. Later, as I tidied up the remains, the cats appeared and sat themselves down in an unblinking row waiting for the crackling, refusing to be intimidated by the hound who sat looming over them and breathing down their necks. One retaliated by breaking ranks and walking back and forth under his chin, winding her tail around his muzzle each time. It must be

Usually, to keep peace while the cats eat the cracklings, I give the dog a bone. I think bones must have a certain smell or send out definite vibrations, because Rip knows every time there's one in a roast, even if it's just a tiny piece of joint hidden 'way inside. He'll check and double-check with his nose. running it along the edge of the counter, then he'll rush out to hunt up his master and tell him

rather hard to try and look

fierce with a cat wreathed

around the nose.

what he's found. This is a very definite ritual. Rip will sit down in front of Gord, stare very intently at him, and twitch his brown eyebrow-spots a few times. Next he will chomp his teeth, raise and lower his cars, shift forward two or three inches, then slowly let his eyes go crossed. After sitting like that for up to five minutes, if Gord hasn't stopped laughing long enough to get the bone, he will refocus, take a deep breath, and give a very undignified, very undoglike, and very loud burp. That performance deserves reward. What comes next is also a real performance, but that's another

story ... Now that the bone and the skin have been distributed I can tend to the rest of the roast, slicing what I can and cubing the rest, to use in "left-over" recipes. After the first surge of generosity, I hoard the rest of the roast and dole it out in recipes that use very little meat. With luck and scrimping, I can stretch it over three more meals.

PORK PIE

Cook 3 cups sliced carrots until barely tender in small amount of hoiling salted water. Melt 3 Thsp. fat over medium heat add 14 cup chopped onion and cook one minute. Remove from heat. Stir in & cup flour. Add 11/2 cups water and 3 chicken broth cubes crumbled. Return to heat and cook, stirring, until thickened. Add is tsp. Kitchen

One of these days mom will

do dishes, all in a single, smooth

operation, predicted a plastics

manager for Somerville Plastics.

Orenda Rd., Bramalea, told

business administration students

of Sheridan College, Brampton,

just nicely dawned. Roy

Kirkness, formerly of Acton,

was another plant executive who

They invisioned housewives

shopping for made-up meals

marketed in a variety of plastic

containers, taking them home

and popping them into heatless

electronic ovens, container and

all, and serving them almost

Mr. Cooper said two main

problems facing the plastics industry today were those of

upgrading plastics and still

keeping them disposable; and of

really disposing of them once

"We'te reaching the stage now

where our output is getting

shead of consumers' ability to

handle disposable items in

incinerators or other garbage

"We need a technology for

Students involved come from

many areas of Peel and Halton

county, as well as from points

Hospitals have broken into the

disposable field in a big way,

avoiding problems of

cross-contamination, high labor

costs, theft and breakage, by

instantly to their families.

and for all.

systems," he said.

disposing of disposables!"

outside these counties.

conducted the plant tour.

Brian A. Cooper, sales

expert.

Plastics boon to mom

Sheridan students told

buy, cook, serve, clean up and to serve patients, students were

that the day of disposables has highly - automated

. That night, everyone enjoyed dinner especially, as the

Bouquet, V tsp. ginger, 1/8 tsp. dry mustard, and a pinch of salt. Combine vauce, carrots, 3 cups cubed cooked park, I cup chopped green pepper in shallow two quart baking dish. Make up a pastry for one crust, adding 1/16 tsp. thyme. Roll pastry to fit baking dish, cut vents in it to allow steam to escape, place on pic. Bake at 400 degrees for about 25 minutes or until pastry is lightly browned. Serves 4 to 6. Note: Since I'm not that fond of green peppers, I left them out and

BARBECTED PORK

along with the carrots.

substituted di cup chapped celery

and Vi cup frozen peas, cooking them

Melt 11/4 Thep, drippings in frying pan. Add 's cup chopped onion, and cook one minute. Add 15 cun chili cauce, 1. cup tomato juice, 6 Thip. vinegar, 3 Tosp. brown sugar, 14 tsp. calt, I ten, dry mustard, few grains pepper. Mix well, bring to a both, add enough sliced cooked park to serve 4. simmer 5 minutes. Serve with boiled rice, green beans, cauliflower.

PORK AND NOODLE SKILLE

Brown 1 sliced onion and 1 cup diced celery in 3 Thsp. fat. Add cup cooked noodles, and brown. Add 2 cups diced cooked pork and 1 cup bouillon. Salt to taste. Cover and cook over low heat for 20 to 25 minutes Serves 4.

CREOLE PORK SKILLET

Saute 1 large sliced onion and 2 cups diced cooked pork in 2 Tbsp. fat until onion is golden brown. Add 21/2 cups canned tomatoes, 4 cup green pepper, 1/3 cup diced celery, 1/2 tsp. chill powder, I tsp. sugar, 112 tsp. salt, few grains pepper. Cover and simmer 45 minutes. Combine 1 Thip, flour and 2 Thip, water, and stir into tomato mixture. Cook and stir for 5 minutes. Serve with

On Tuesday, Nov. 19, at each

of the three public libraries of

Acton, Georgetown and Milton,

a special display will be set up of

100 children's books, selected

by the library staff and supplied

by the South Central Regional

These books will augment the

permanent collection of each

library for a period of three

months, after which time they

will rotate to one of the other

three libraries in turn for the

This rotating collection is

being processed by the Oakville

Public Library which at a later

date will select its own 100

books to add to the rotating

collection. Thus there will be

400 additional books circulated

The books may be borrowed

in the normal way and will bear

using one-time-only plastic kits

School systems, commercial

cafeterias, airlines and other

institutions were moving toward

disposables for the same reasons.

administration students observed

many machines at work in the

injection-moulding plant before

they participated in a discussion

of what they had seen with plant

The tour was one of a series of

special events planned to bring

business administration students.

into close contact with the

123rd anniversary

observed at Knox

Knox Presbyterian church

observed its 123rd anniversary

Sunday with morning and

evening services. The guest

speaker was the Rev. Don

The organist and choir leader

of a Toronto Presbyterian

church, David J. Harris and his

wife sang together in the

evening, and she sang solos in

the morning and evening as well.

He had arranged some of the

numbers himself. Mr. and Mrs.

Who is the most unhappy

woman in the world? The one

with a live secret and a dead

Harris now live in Acton

Cubblehill Road.

Murray of Caledon East.

business community.

The Sheridan business

to these member libraries.

Library System.

next three months.

at three district libraries a sticker on the cover designating it as part of this...

special collection. At the end of a year the 400 books will be returned to the Oakville Public Library for assignment to the permanent collection of the four libraries

involved. This is just the beginning of a program sponsored by the South Central Regional Library System which hopes in the future to make available to these libraries additional adult fiction and non fiction books as well.

The displays are being simultaneously set up at all three libraries on Tuesday, Nov. 19.

Library awards pens to winners Eight children received pens School won first in the Junior section for her book Scrapbook Contest conducted "Indians," while Gary by the local library during Richardson and Brant Mayesalso from Brookville, shared second Mrs. Isabel Watson made the prize for their book on

"HAPPINESS IS CUTTING OUT PICTURES", was day afternoon along with other winners:

the title of six year old Vincent Lee's scrap- (front) John Gorjup, Judy Scoyne, (back) Mary

book that won the primary third spot in the Watson, Sharon Ellerby, Gary Richardson,

Library Scrapbook Contest. Mrs. Isabel Wat- Brant Mayes and Linda Shandler.

"Animals."

son presented Vincent with his prize on Mon-

for their efforts in the Library

presentations in the library on

Monday afternoon, Prizes were

bought by the library board and

the primary division for her

book on "Animals." John

Gorjup's "Canada 1867-1967"

came second, and Vincent Lee's

"Happiness is cutting out

Linda Shandler of Brookville

Judy Scoyne won first prize in

Young Canada Book Week.

wrapped by Mrs. Joe Bray.

pictures" came third.

Display 100 children's books

in the Intermediate section, Mary Watson won first for a collection "Matchbooks of Many Kinds" while Sharon Ellerby won second for her two books "Centennial Year 1967" and "Assorted Pictures".

Mr. and Mrs. Norman Hart of

Brantford visited recently with

The Hi Neighbor Welcome

service called on several more

Mr. and Mrs. T. Vanitem and

R. R. 4, Acton, on No. 25

Mr. and Mrs. K. Their and

haby from Scarborough are now

living at 28 Mowbray Place. He's

general . manager of Rockett

Newcomers to 121 Longfield

welcomed to the community.

Mrs. Allison.

Bridge, Ontario.

Energy of Canada.

Royal Dairy Milk store.

Lumber Co.

Orangeville.

Free Press Personals

Mr. John McClure, formerly of Acton, celebrated his 95th birthday at his home in Richmond Hill on November 14.

Mrs. Joyce Flewelling, Belwood, spent Sunday with her mother, Mrs. John Allan and attended anniversary service at Knox Presbyterian church.

Former Baxter Lab associates spent last weekend together at Anthony Hufnagel's cottage at Lake Simcoe. There from Acton were Charlie Davidson, Stan Norton, Gordon Rognvaldson and Bill Benson.

At Acton nomination meeting again this year were perennial visitors from Toronto, former mayor George Barbeau and former fire chief Jack Newton. Another interested observer was Allan Day, the deputy-reeve of Oakville, who doesn't have an election this year.

Allana Leishman honor grad

Allana Leishman. granddaughter of Mr. and Mrs. Cam Leishman of Acton, was one of Barrie's top grade 13 graduates and received a series of awards at commencement exercises there recently. She is

now taking honors English at Waterloo University.

She achieved an average of 80.9 in her final examinations. Altogether her school, North Collegiate, produced 11 Ontario scholars, the highest number

Allana also won the Polaris scholarship for honors English and the Ontario Provincial Police Association bursary presented for the first time by Corp. Art Hammond of the Barrie detachment, president of branch seven. The award goes to a son or daughter of an O.P.P.A. member with the highest standing.

She is the daughter of Corp. Allan Leishman and Mrs. Leishman of Barrie.

Ten of this year's graduates had their names engraved on the school honor roll, Allana among them. These students achieved honors five years in a row.

Brand name meal

ALLANA LEISHMAN

"Luncheon was served" by Knox ladies Tuesday

and varied menu Tuesday at 1 . for the church. Members of the p.m. when Knox Ladies' Aid group assisted the home presented "Luncheon is Served", economist in preparing the a fund-raising program for

women's groups ... Different products were introduced to the diners who enjoyed apple juice, chips and dip, barbecued wieners, chocolate fondue, macaroni salad, fried chicken, rice, vegetable, fresh rolls, yogurt, cakes and pies, instant coffee and instant tea, all listed by brand names.

There were various prizes, and travelling, Vivian Shaw. books of menus for the ladies.

About 125 enjoyed a different Tickets were sold with proceeds delicious meal.

Latest euchre winners at

Crewsons Corners L.O.L. hall: nien's low, J. Jessaman. ladies' low, H. Crothy. travelling, M. Farnell; men's

LO.L. winners

men's high, John Dewar; Ludies' high, M. Farnell; Door Prize, John Dewar; lone hands, Garry Dewar; Ladies'

Miss Jessie Coles A.C.W.'s guest

The Anglican Church Women held their monthly meeting in the Parish Hall on Wednesday, November 6.

Mrs. E. Pratt gave a financial report on the very successful bazaar and tea held by the organization on November 2.

The president Mrs. C. Nelles, gave a report on the deanery meeting which she had attended recently.

Rev. H. Dawson, who was present at the meeting, agreed to the suggestion of a Corporate Communion for the members of the A.C.W. on November 24. It was agreed that they would

once again cater to the Golden

Age Club Christmas Party on: December 3 and Mrs. H. Dawson volunteered to be the convener. .A nominating committee was appointed to collect nominations for the annual elections to be held at the December meeting which will be held on December 4.

After the business of the meeting was concluded the members relaxed and enjoyed the social portion of the evening.

This month the members welcomed Miss Jessie Coles who showed slides of her recent trip to England and gave a very interesting commentary. She certainly covered a lot of ground on her visit as she had excellent pictures not only of London but of various parts of England particularly in the south. She concluded with several shots of - the countryside around Acton which confirmed the opinion that we live in a very picturesque

The evening came to a close over a most appetizing lunch served by Mrs. D. Lindsay's

To pack baskets for aged, shut-ins

The November meeting of Visiting with their uncle Mr. Unit 2 U.C.W. of Trinity United Don Reed on Sunday were Mrs. church met in the church parlor. Waudby Bilton, Mr. and Mrs. President Mrs. Eaton was in the Ray Brown and Gordon of Iron chair and opened the meeting with prayer.

The ladies repeated the U.C.W. purpose and Mrs. Shoemaker took the devotional period. Mrs. new families recently, who are Helen Little read Mathew. Chapter 7, verses 7 to 23 and spoke on the Ways of children'came from Pickering to Communism. Miss Simmons sang the lovely Hymn "Give peace Oh Highway. He's with Atomic-God Give peace" in keeping with Armistice. Twenty-three

answered the roll call. Mrs. Force had the study book on China and gave some very interesting facts about life there. Mrs. Marguerite Taylor invited the group for the Christmas

Rd. are Mr. and Mrs. R. Anders meeting. and young child who lived in Mrs. Shoemaker's report as Brantford. He is manager of a usual was very thorough. The usual Christmas baskets for the

Mr. and Mrs. R. DeShaies aged and shut-ins will be packed. moved from Streetsville to Twenty-five calls were made Highway 25 with three children. during the month. Collection He operates Speyside Auto Body was taken and the meeting closed with Mizpah benediction. Mr. and Mrs. J. Kreuzer came A pleasant half hour was spent from Toronto to 32 Mowbray over the tea cups. Place and have one young child. Mr. Kreuzer is insulation contractor for Rubin Corp.,

The hardest thing a bride has to contend with is being whistled 'for' instead of 'at'.

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HOPE workshop needs

assistance, materials The regular monthly meeting clean nylons. Please phone of the L'Arche Auxiliary was 853-1175 for further held on November 14 at 8 p.m. information. Anyone interested

in the library. Mrs. J. Kuiken in donating their time to help opened the meeting with a out at the Workshop, please prayer for the retarded. Mrs. J. phone 853-1703. Conroy read the minutes. The meeting was adjourned Mrs. M. Louttet reported a . and coffee served. very successful dance and

everyone thoroughly enjoyed thamselves. The door prize; donated by Caroline Nurseries was won by Mr. and Mrs. D. Woodward. Spot dances were won by Mr. and Mrs. C. Fraser and Mr. and Mrs. K. Conray.

A donution is being sept to both Hope Workshop and Sunshine School toward Christmas parties.

The final total for the Flowers of Hope Campaign in Acton was \$910,30. A new member is Mrs. J. Ray. Any skates no longer needed

would be gratefully appreciated. Call 853-2063. Hope Workshop is in need of six inch circles of fabric to make clowns for Christmas orders or

scraps of clean material and Nigeria-Biatra topic at church

M.P. Rud Whiting shared the United church pulpit Sunday morning with the Rev. Gordon Turner, explaining the government's actions and hopes in the Nigeria-Biafra crisis.

Many people remained after church to discuss the problem further over coffee.

SHOPPING PLAN **###################################**

THURS .- FRI .- SAY.

"MINI SKIRT MOB" - Adult - Color JEREMY SLADE "RIOT ON SUNSET STRIP" - Adult MIMSY FARMER - ALDO, RAY - Color

SUN.-MON.-TUES.-WED.

THURS.-FRI.-SAY.

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