

# Free Press YOUTH PAGE



The Great Guru has experienced a marked increase in popularity in the past year. Boys are wearing Nehru-type shirts, girls are going in for Indian prints, Yoga clubs are booming, and everybody is burning incense.

Yet few really understand the Indian tradition in all its mystery and fascination. While it is impossible to break down all of the various cults and beliefs one can generalize to a degree.

Indian philosophy places the superiority of man in his free-will and knowledge (jnankarmadhikarat). The human being is not merely a combination of intellect and body, but has two other dimensions—the moral and the spiritual. Man is potentially a spirit.

For the Hindu, life is not viewed as a biological process destined to end in extinction, but rather a period of probation challenging the best in man and offering him the opportunity to grow at his best. Life is described by Indian writer Dr. Radhakrishnan as "a succession of spiritual opportunities."

The great Hindu scripture Gita, asks man to cherish a "reverence for life." Human experience and reflective meditation enables man to find the meaning of existence and one's personal life.

Man has a self that is deeper than his senses and mind. Sense-pleasures such as seeing, hearing and sex are conditioned and short-lived. The deeper self in man is not satisfied with physical excitement. Indian philosophy is not one of free love.

Many young people today claim to be adherents to the Gurtism as an expression of their individuality. It is, in fact, the complete opposite. By knowing one's true nature we become aware of the mutual involvement of all.

Ghandi pinpointed this truth by stating "There cannot be happiness for any of us until it is won for all." Humanity is indivisible.

The moral life is not the same as the spiritual life. At the moral level, the individual is aware of choice and has alternatives. In contrast, at the spiritual level, the individual transcends this duality and is spontaneously virtuous.

In the Indian tradition, one should not be an arrogant free-thinker or a blind literalist. Reason steps in to examine the pros and cons, reflection removes the doubts. Therefore, reason does not discover the truth, it demonstrates it, and spiritual intuition discerns it.

Through meditation, the individual can achieve intuition into the truth. The Guru is one who has discovered the truth and should therefore be held in high esteem.

In many respects, beliefs resemble Christianity.

No doubt if the Guru-worshippers of Yorkville knew exactly what they were worshipping, they would be disappointed. It is not a discipline-free, self-centered way of life.

The universe is not a subjective fancy or a private dream, and the individual does not create the world—he accepts it.

## Wild tales of the north

By Mark Hurst (scalped from the Big?)

Young Voyageurs journeyed all over our immense country (Canada) this summer. I was extremely lucky to be part of The Federal, Provincial, Territorial Young Voyageurs Programme.

Our group's excursion was perhaps one of the most rewarding and advantageous ones of all. To see Whitehorse, a city I had previously only viewed on weather maps and to see historic Dawson City, as it was during the gold rush, was really an amazingly enjoyable holiday as well as an interesting educational undertaking.

Train to Edmonton, plane to Whitehorse, that was the scene. Whitehorse comprises about 7,000 people and is very much like our small cities in respect to general appearance. However, it is widely spread out into suburbs and right downtown there are no street lights.

The land around Whitehorse has beautiful, enhancing scenery. Huge snow-capped mountains and a beautiful emerald lake line the dusty Alaska highway sideroad which winds its majestic way to historic Carcross and Carcross Cemetery. Here Kate Carmacks, the wife of the discoverer of gold in the Yukon, lies.

Other highlights of Whitehorse and district were the Tahkini Hot Springs where we swam in 100 degree water, the Hydro Dam, Miles Canyon where the famous author Jack London made his living sailing excursion boats down the Yukon River. The New Imperial Copper Mines, a barbecue at Couch's Farm and

## ACTON HIGH

By Mary Ann Freuler

Bruce Andrews became head of the Physical Education Department after Mr. McCallum left Acton District High School this past summer, and this year he is teaching all boys physical and health education. Working with him is Mrs. Margaret Tamblin who teaches grades 9 and 10 C D girls and Mrs. Bonnie Warner who teaches grades 10 A B, 11, and 12 girls.

This year many teachers are helping to coach the inter-scholastic teams. Mr. Andrews will once again take charge of the cross country and indoor track groups. Mr. Holmes will coach soccer, Mr. Martindale—volleyball, Mr. Skevrett—senior boys basketball, Mr. McGill—junior boys basketball, Mr. Coats—hockey, Mr. Rogvaldsen—curling, and Mr. Curtis—badminton.

The girls also have a variety of sports. They are as follows: Mrs. Tamblin—volleyball, Mrs. Warner—track and field and senior girls' basketball, Mrs. Hunter—junior girls' basketball, Mrs. Hurst—curling, and Mrs. Sutherland—cheerleading.

Mr. Andrews feels that the intramural sports program in the school is very important because it supplements those activities which the students enjoyed during their physical education classes. It is open to the whole student body and this year he hopes to see more participation from the students, girls as well as boys.

Another change and improvement that has been made this term is the addition of a Boys' Athletic Association. The election of officers was held last Thursday. Fred Elisnik was elected president, Bob Andrews vice-president, Brian Sampson secretary, and David Manes treasurer. The Girls' Athletic Association have also held their first meeting this week and the candidates for office will be voted upon soon.

Well, so starts the beginning of another school year. Let's try to make it even more prosperous than the past.

Adolescence: That period when parents become more difficult.

Teacher—Did your mother help you with this problem?  
Student—No, I got it wrong myself.

## Pedagogues are people

Each week, the youth page will be interviewing a teacher in the high school in an effort to prove that pedagogues are people. Mr. Bill Coats has agreed to be our first victim. (P.S. Pedagogue means teacher.)

The toughest thing about teaching, according to Bill Coats, is the necessity of producing every period.

"It's not like some jobs where you can goof off for a coffee break when you feel like it. You've got to be fresh and enthusiastic all the time. Breaks at Christmas and Easter are an absolute necessity."

Mr. Coats is a graduate of the University of Toronto and has been teaching Mathematics in Acton for the past 11 years. Actually he worked as an engineer for a year at Orenda before the big shut down on "Black Friday". But he admits, "My wife thinks I'm much happier as a teacher and I can't think of a thing I'd rather be doing."

Mr. Coats carries his enthusiasm for teaching into the classroom and likes his students to be responsive. "There are some responsive ones in every class, but the others just sit there and expect the work to be fed to them on a plate," he says. "Anyone would become a better student by becoming involved in class."

Mr. Coats is slightly apprehensive about the Hall-Dennison report on education and what effect it will have on him. He likes the atmosphere of a smaller school such as Acton and he fears that school may be combined into larger units.

As far as changes in the present secondary school system, he wouldn't like to see anything "drastic". He generally likes the way things are run in Acton and he feels that the student body is relatively content with rules at a minimum. "I don't see any student revolt in the near future."

Final exams are a must as far as Mr. Coats and mathematics are concerned. He concludes, "You've got to have some test of what students have learned although I don't like to weight them 100 per cent on the exam. Class work is important."

While mathematics is a big part of his life, Mr. Coats does have other interests. He is a bridge fanatic. He studies the game, organizes clubs, at times teaches it and in his words is "very much of a bridge fan."

This summer since there are several new courses opened up in the area, he took up golf. He is known for his active interest in politics, especially around election time.

Mr. Coats admits he forms his first impressions about girls by the way they dress. Referring to modern mod styles he says "You know it's a girl when you look at them, that's for sure." He adds, "Modern short skirts aren't too satisfactory for the classroom, especially after an hour of math."

When asked if he felt school officials had the right to expel students who come in long hair or sloppy dress he states, "We don't do it here and I agree with the policy. As long as there aren't too many we'll live with the few extras. It's really not worth an issue."

As for modern music, "It doesn't do a thing for me."



BILL COATS

### Big wishes to The Big?

Congratulations to The Big?, a newly-established student paper at Acton District High School. Four big pages of big news and startling exposes. Keep up the good work.

The caravan made its way slowly over the burning sands of the desert. Two camels trudged side by side. One of them looked around furtively and spoke to the other.

"I don't care what anybody says," he whispered. "I'm thirsty!"

## SIDEWALK DAYS

AT

### LOVELL BROS. MEAT MARKET

Burns' Shamrock — Sliced Side

**BACON** 1-lb. Pkg. **85c**

Maple Leaf — Cryovac — S.P.

**Cottage Rolls** **59c** lb

— RED BRAND BEEF —

Tender Blade or Short Rib **ROASTS** **79c** lb

Lean **Shoulder ROAST** **69c** lb

Lean **Ground Chuck** **69c** lb

— FOR YOUR FREEZER —

Red Brand Beef Cut and Wrapped

Sides 65c lb. — Fronts 53c lb. — Hinds 79c lb.

## LOVELL BROS.

MODERN MEAT MARKET

77 Mill E. Acton Phone 833-2240

DAILY DELIVERY

## SIDEWALK DAYS

SHOP THE STORE WHICH CARRIES SOMETHING FOR THE ENTIRE FAMILY

— FOR THE CHILDREN —

Discontinued Lines of

**SAVAGE SHOES** PAIR **99c**

**KAUFMAN SLIPPERS** PAIR **99c**

**Boys' Oxfords** (SIZES 1-5) PAIR **\$3.99**

— FOR THE LADIES —

**DRESS PUMPS** **SALE** **\$4.99** PAIR

**CUBANS STACKS**

— FOR THE MEN —

**WORK BOOTS** Limited Quantity **\$6.00** PAIR

**RUBBER BOOTS** - - **\$2.99** PAIR

**HARTY AND SCOTT McHALE**

**DRESS SHOES** - - **\$10.00** PAIR  
(Values to \$34.00 in Various Sizes and Widths)

— PLEASE NOTE —

NO FITTINGS, LAY-AWAYS, EXCHANGES OR REFUNDS ON THESE SALE ITEMS — SELF SERVE

## BENSON'S SHOES

And Our Continuing CLEARANCE SALE Offer You Excellent Values and Terrific Savings

## HINTON'S 5c to \$1 STORE

"The Store That Gives You a Better Choice — A Better Quality — A Better Price"

<p><b>"BUB" — Reg. 59c</b></p> <p><b>BUBBLE BATH</b></p> <p>SIDEWALK SPECIAL ..... <b>29c</b></p> <p><b>Ladies' — Reg. to \$5.98</b></p> <p><b>SHOES sale 1.77 &amp; 2.77</b></p>	<p><b>Colgate — Giant Size — Reg. 69c</b></p> <p><b>TOOTH PASTE</b></p> <p>SIDEWALK SPECIAL ..... <b>46c</b></p> <p><b>Lucky 7 Soap — 7 Cakes</b></p> <p><b>TOILET SOAP IN A BAG</b></p> <p>Special Value at 66c Bag</p> <p>SIDEWALK SPECIAL ..... BAG <b>37c</b></p>	<p><b>Colgate — Adult Size — Reg. 45c</b></p> <p><b>TOOTH BRUSH</b></p> <p>SIDEWALK SPECIAL ..... <b>27c</b></p> <p><b>Colgate — Florient — Ass'd. Scented</b></p> <p><b>AIR FRESHENER</b></p> <p>SIDEWALK SPECIAL ..... Reg. 69c <b>39c</b></p>		
<p><b>CHRISTMAS WRAPPINGS</b></p> <p>Stick on Bows — Pkg of 6 ..... <b>Reg. 49c</b></p> <p>Gift Tie Ribbon — 72 ass'd colors and widths <b>Reg. 49c</b></p> <p>SIDEWALK SPECIAL — ONLY ..... <b>27c</b></p> <p><b>CHRISTMAS CARDS</b></p> <p>Reg. Value to \$1.75 Box</p> <p>SIDEWALK SPECIAL ..... <b>67c</b> box</p>	<p><b>Ass't'd. Plastic House Wares</b></p> <p>Salad Bowls — Juice Jugs — Refrigerator Sets</p> <p>4-Place Tray Sets — (Reg. Values to \$1.25)</p> <p>SIDEWALK SPECIAL — ONLY ..... <b>67c</b></p> <p>BOX OF ASS'T'D. RIBBONS AND TIES — (Reg. 98c)</p> <p>SIDEWALK SPECIAL — ONLY ..... <b>47c</b></p> <p><b>PLASTIC CAKE TRAYS AND SALAD SETS</b></p> <p>SIDEWALK SPECIAL — (Reg. \$1.98) ..... <b>\$1.27</b></p>			
<p><b>LOWNEY'S TOFFEES</b></p> <p>Ass't'd Flavors — 1-lb. bag — Reg. 59c</p> <p>SIDEWALK SPECIAL ..... <b>39c</b></p> <p><b>GIRLS' SHELLS — S-M-L</b></p> <p>Mock Turtle and Turtle Necks</p> <p>Ass't'd. Stripes — Reg. \$2.98</p> <p>SIDEWALK SPECIAL ..... <b>\$1.37</b></p> <p><b>KITCHEN UTENSILS</b></p> <p>Your Choice of Values to 69c</p> <p>SIDEWALK SPECIAL ..... <b>37c</b></p> <p><b>BOYS' T-SHIRTS</b></p> <p>Reg. \$1.98 — Sizes S - M - L - XL</p> <p>Mock Turtle Neck</p> <p>SIDEWALK SPECIAL ..... <b>99c</b></p>	<p><b>SELECTION OF MODEL KITS</b></p> <p>Assorted Prices</p> <p>SIDEWALK SPECIAL ..... <b>1/2 PRICE</b></p> <p><b>LADIES' SHELLS — S-M-L</b></p> <p>Ass't'd. Colors — Reg. \$4.69</p> <p>SIDEWALK SPECIAL ..... <b>\$1.97</b> ea.</p> <p><b>MODERNE — FACIAL TISSUES</b></p> <p>Large Box Reg. 35c</p> <p>SIDEWALK SPECIAL ..... <b>25c</b> Box</p>	<p><b>YOO! ASSORTMENT</b></p> <p>Saws, Pliers, Wrenches</p> <p>Reg. Value \$1.25 <b>Sale 77c</b></p> <p><b>LADIES' DRESSES — Assorted</b></p> <p>Reg. to \$9.98 ..... <b>Sale \$1.77 to \$4.77</b></p> <p><b>LADIES' SQUALL JACKETS</b></p> <p>Reg. \$2.39 <b>Sale \$1.47</b></p> <p><b>METAL TOYS — Values to \$2.00</b></p> <p>Armored Tanks, Cars, etc. <b>Sale 67c</b></p>		
<p><b>ALUMINUM LAWN CHAIRS</b></p> <p>Reg. \$5.98 ..... <b>\$3.77</b></p> <p><b>CHAISE LOUNGE</b></p> <p>Reg. \$9.97 ..... <b>SALE \$6.97</b></p> <p><b>CHAISE LOUNGE CUSHION</b></p> <p>Reg. \$9.97 ..... <b>\$6.97</b></p> <p>Umbrellas for Above — Also Vinyl Plastic Covers ..... <b>\$2.77</b></p> <p><b>GOLF CARTS, Reg. \$49. Sale \$27.77</b></p> <p><b>METAL HANGERS — For Tires or Garden Hose, Reg. 69c ..... Sale 47c</b></p>			<p><b>BARBECUES</b></p> <p>24" Electric, Reg. \$19.98 Sale \$13.77</p> <p>24" Regular, Reg. \$9.98 Sale \$6.77</p> <p>Also Vinyl Plastic Covers, Patio Tables</p> <p>Reg. \$2.99 ..... <b>Sale \$1.67</b></p> <p><b>MASSENAIT STORE SPECIALS ON PICNIC ITEMS</b></p> <p>Cooler Chests, 40-qt. — Reg. \$2.98</p> <p>Cooler Chests, 30-qt. — Reg. \$1.67</p> <p>Ice Buckets — Reg. 69c</p> <p>Metal Picnic Hampers, Insulated Bags, for Hot or Cold, Coleman Coolers, Coleman Picnic Jugs</p> <p><b>25% OFF THESE LOW PRICES</b></p>	<p><b>ROYALY LAWN MOWERS — 18" Cut</b></p> <p>Electric, Reg. \$69.00 ..... <b>Sale \$44.77</b></p> <p>3 h.p. Motor, Reg. \$75.00 Sale \$47.77</p> <p>Garden Tools, Lawn Sprinklers, Garden Hoses, Fertilizers, Hose Reels</p> <p><b>Priced Now at Low Discount Prices</b></p> <p><b>25% OFF THESE LOW PRICES</b></p> <p><b>CAMP BED SHIRTS</b></p> <p>Reg. \$8.98 — Sale \$4.99</p> <p><b>CAMPERS FOAM MATTRESS — 24 x 72 x 2, Reg. \$7.99 ..... Sale \$4.97</b></p>

Continuing Clearance Sales of Ready-to-Wear & Summer Lines, Yard Goods, Garden Tools etc.