

Blood donor clinic held Monday at Legion hall



IT DOESN'T HURRY A BIT, claims William Holiday, especially with the help of pretty nurse Donna Mitchell of Hamilton. Mr. Holiday was one of many who gave the gift of life at the Red Cross Blood Donor Clinic Monday. (Staff Photo)

Monday the Red Cross blood donor clinic was held in the Legion Hall, operated by nurses from Hamilton, with local volunteers.

Donors were: Allen McKenzie, Murray Harrison, Anna Arnold, Charles Auger, Tom Manes, Susan Allan, Katie Heptner, Barry Buchanan, James Lee, Cameton Forbes, Dietmar Kuhn, Bob Price, Jessie Price, Vera Murchison, Stella Brunelle, Archibald Binmie, William Pendleton, J., Daniel Mead, John Robson, Rio Dunker, W. H. Halliday, W. De Jong, Ross Budget.

Edward Heffernan, Ed Hillier, Sims McFedran, Gord Ramsdell, William Diamond, Herbert Hinton, Arthur Ford, George Hargrave, Claude Cook, Dirk Van Stralen, Alice Daby, Wendy Fabian, Leslie Daby, Gladys Davidson, Albert Vhestra, Lawrence S. Dwyer, Alan Norrie, Orville Porte, Sidney Pasma, Jake Pasma, Alton Rowell, Donald McIntyre, Raymond Saitz, Harry Holstede, Edward Elliott, Richard Lee, Dorson Fizzel, Ron Schmit, Fred Gordon, Harvey Taylor.

William Gillespie, Iris Wilson, Ray Mason, Sally Dick, Heinz Haefner, Allan Elberby, Paul Youngblut, Gordon Reed, Harry Oehrich, John Weldon, Harry Moon, Robert Hart, Pauline Jenkins, Audrey Watson, Sean Dwyer, Garry Kelley, Andy Bowman, Harry Thalen, Lorna Chisholm, Gail Reed, Alex Cominardo, G. Bowman, Edward Hansen, Joseph Bray, Harvey Hillier, Wm. D. Mason, Norman Price, Ralph Vhestra,

William Cassidy, Hugh Wilkinson, Reginald Marsh, William Peddle, Florie Tournier, George Baylis, Earle Middleton, Phillip Drysdale, Dennis VanBlerck, Martha Kelly, Pierre Trankos, Ronald Papillon, Elmer Rivzall, Ann Norton, Earl Biceps, George Lee, Dorothy Jordan, Conrad Sutton, Joe Holstede, S. Holstede, John Ramsey, Alfred Roach, William Thompson, Albert Matshall, Evelyn Marshall, Joseph Dean Matheson.

W. Fletcher, Theresa Marz, Karen Perkins, Lillian Cook, Janice Papillon, Norma Thornhill, Barry Incoe, Robert Bruce, Morris McInnis, Lino P. Marz, Grant E. Allan, Ray Hubbard, C. Perkins, Robert Allenby, Colin Gould.

Senior Citizens convention described to club members

Mrs. George Fryer, club counsellor, presided at the regular afternoon meeting of the Golden Age Club on Tuesday of last week. Mrs. Jack Hargrave was thanked for having generously donated all the prizes given the winners of games and contests at the recent annual picnic.

Mrs. Jack Coscar and Mrs. Don Reed, delegates to the 10th Annual Convention of the United Senior Citizens of Ontario, Incorporated, held in Waterloo Lutheran University Aug 26-28, gave short reports of the proceedings. Mrs. Coscar passed on some of the points dealt on by the excellent guest speakers, Dr. M. B. Dymond, Minister of Health for Ontario; Dr. D. K. Grant, Director of Medical

Services for Ontario Hydro; Dr. E. M. Dutton, Community Programs Branch of Ontario, Dept. of Education and Miss Hope Holmstead, Chairman Canadian Welfare Council, Section of Aging.

Mrs. Reed gave a concise resume of the Resolutions brought forward. Both had found the Convention from immensely instructive, definitely interesting and very pleasant. Of the 273 Clubs affiliated, 130 Clubs were represented by 545 delegates and visitors from all over Ontario and all were very well looked after by the university authorities and the convention committee.

Both delegates thanked the club for the wonderful experience and hoped others would prepare to attend the convention next year in Queens University, Kingston.

Mrs. Kennedy moved a hearty vote of thanks for these fine reports.

Six tables of Euchre were played with winners ladies' first Mrs. Creasey, second Miss McGregor, playing as gentis; first Mrs. Ferguson, second Mrs. Allen.

Three tables of crokinole were played with winners ladies' first Mrs. Millar, Mrs. Hargrave, gentis' first Edward Healey, second Bob Winton.

Mrs. Herrington and her helpers served a nice lunch to conclude a pleasant afternoon.

Sheridan College introduces courses in adult education

On September 23, with the commencement of classes in the Extension Division, Sheridan College of Applied Arts and Technology begins a new venture. Having completed a successful year in the daytime programs, the College looks forward to the new challenge of meeting the adult educational needs of the Peel-Halton community.

The Director of Extension, D. E. Hamilton, indicated that while the first priority would be to offer evening courses equivalent to those in the daytime programs, there would be plenty of Special Interest courses to meet the needs of various groups in the area. Once a need is established he said, "The College is willing to set up a course at a time and place convenient to the group that wants it."

He stated that to do this effectively, he hoped to establish Co-ordinating Committees for Adult Education in all the large communities in the two counties. Their function would be to publicize the availability of Adult Education courses and advise on the setting up of new ones.

One such committee is already underway in the Oakville area under the auspices of the Social Planning Council and the Education Committee of the Chamber of Commerce. This kind of public support is usually necessary to make total Adult Education a reality.

Beginning in September most of the courses will be offered at the Brampton Campus, but there are some in the Oakville area. These include the Advanced Technical Evening Classes which are offered in Oakville schools, a special series of daytime courses for women and two courses at the Lorne Park Campus. This

kind of decentralized program will be expanded in January if it proves successful.

In this day and age, no one should feel that they have enough education. Courses are available to add to previous knowledge, stimulate new interests, or show you how to use your leisure time more profitably. Now is the time to find a course that fits your needs and join the swing in Adult Education.

REALLY "HIGH"

The Oregon police have been encountering many "high blood alcohol" readings in arrested drivers tested since the state adopted an implied consent law. A number of those arrested have had readings of 30 per cent. Many more have had readings over 20 per cent. Blood alcohol tests of persons killed in Oregon traffic accidents last year indicated that more than one-half of the victims had been drinking.

Dry garden flowers for indoor beauty

Why not try drying flowers for indoor decoration when fresh-cut flowers are not available?

Flowers to be dried must be picked before they are fully open because the drying process will cause them to open further. Flowers chosen for drying should not be too succulent. They should be picked before they will from the afternoon sun, and dried quickly to ensure good quality.

Cockscomb, honesty, Chinese lantern, statice, globe amaranth, and strawflower can all be easily dried. After picking, remove the foliage and tie the stems together in small bunches. They should be hung upside down in a cool, dark place which is well ventilated.

Many interesting arrangements can be made with flowers preserved this way.

There are two kinds of men who never amount to much those who cannot do what they are told, and those who can do nothing else.

SIDEWALK SALE

OF

SUMMER GOODS

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SYMON HARDWARE

POETS CORNER

MY GOLDFISH

By David E. Cohen

Around and around in your lovely glass dome,
Surrounded by ornaments colored so gay,
With shells of all hues to complete your home,
And make it a beautiful place to stay.

Your life is a short one and happy it's true,
As you swim through the water so clear,
And there have been some times when I envied you,
All your peace and your freedom from fear.

I sometimes wonder just what you think,
As you swim 'round and 'round in your bowl,
If you wonder about us, the human link,
And how we'll achieve our goal.

You seem to study us as we move,
With big deep eyes so clear,
I'll venture to say you know we love,
And hold you so very dear.

For you are a strange little golden scamp,
That we care for each day that you live,
And you light up our hearts like a shining lamp,
With each moment of pleasure you give.

May your life be of leisure and free from care,
In your own little world of glass,
We will watch and attend to your every fare,
As each day and each moment shall pass.

Warn drivers of oil film causing crashes in rain

During the week of September 1 to 7, officers of Milton Detachment, Ontario Provincial Police, investigated 54 general occurrences including one complaint of assault which proved to be unfounded, one disturbance, one break and enter, two minor thefts, three complaints of malicious damage, one liquor investigation resulting in one person being charged, one landlord and tenant dispute, one impaired driver, one missing person located for other Police Dept., and 16 other complaints of a minor nature.

A total of 10 accidents were investigated including four personal injury accidents in which six persons were injured, and six property damage accidents. Total property damage was \$8,145. There were

three persons charged as a result of these accidents. Causes of accidents were dangerous and careless driving, speed too fast for road conditions, following too closely, failure to yield right-of-way, and driving on wrong side of the road.

Three of the accidents investigated during this past week were caused by traveling too fast on wet roads. The drivers were seemingly unaware that during the early part of a rainfall paved roads become quite slippery due to the oil film laid down by vehicles using the highways mixing with the rain. All drivers using the road would be well advised to adjust their speed accordingly, until sufficient rain has fallen to eliminate this condition, Cpl. K. Kingman said.

Gentle handling needed for peaches

Food Specialists at Macdonald Institute, University of Guelph, suggest several ways of keeping freshly peeled peaches from turning brown. Sprinkle the prepared fruit with sugar to form its own syrup, or sprinkle the fruit with lemon, orange, or pineapple juice. A third alternative is to immerse the peach in a sugar syrup.

In Ontario, the fresh peach season lasts from midsummer to early fall. Both freestone and clingstone peaches are grown in Ontario.

The clingstone peach has firm, smooth flesh but is used for eating only. Early varieties, not including the Red Haven, show varying degrees of clinging.

The freestone peach has a paler, softer flesh, its name being derived from its chief distinguishing feature: the flesh pulls away from the pit. Generally speaking, most varieties available in Ontario fall into this category, starting with early varieties such as Red Haven, through Jubilee, and ending with the Elbertas.

Since peaches are easily bruised, they will require gentle care. The Home Economists at Macdonald Institute, University of Guelph, suggest sorting the ripe from the underripe fruit. Allow the underripe fruit to continue ripening at room temperature, away from direct sunlight. Refrigerate the fully ripe peaches at once.

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SIDEWALK
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OR RUMP ROAST 10 LB. **89c**

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IGA SIDE BACON 10 LB. **85c**

IGA SCOPE 1/2 GAL. **57c**

IGA ALKA SELTZER 1/2 GAL. **55c**

IGA PEPSODENT TOOTHPASTE 1/2 GAL. **79c**

IGA PEPSODENT TOOTH BRUSH 2-49c

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