

Free Press  
**YOUTH PAGE**  
fresh tracks  
by Barbara McIntosh

**PROJECT ACTION**

During those long summer months, what's to do in a small town if you are too old for the playground and too young and innocent to spend your spare time sipping beer in the local hotel. The fact is, lots - but it takes a bit of organization and a lot of enthusiasm and initiative on a collective basis.

In the larger urban centres where there are theatres, coffee houses, clubs and recreation halls, young people have merely to choose between them and hop aboard the public transit system. Small-town teenagers are faced with a challenge. They must fight a constant battle against boredom, apathy and stagnation. They can be content to spend their summer watching television reading Nancy Drew mystery books, or standing around on main street counting cars.

Or they can create their own action. Last April, a group of progressive young Actonites organized what became known as "Project Action." It all started when the high school cancelled further dances in the gym. The students held an open meeting in the school and another later on in the arena.

At that time, there were 50 enthusiastic souls within the ranks. Although they began with no money at all, the first dance at the arena netted \$120 profit. Project Action was moving.

Acton's first walk for the Cancer fund was organized by the group and collected \$600. Members were sent to Oshawa to a twelve-hour marathon dance. When the fall fair came in September, the group had a coffee house in the old swimming pool. All winter, they attempted to keep up a coffee-house at the YMCA with records and sometimes a live group.

The ideas were there, and the opportunity to get things happening on a regular, permanent basis was there, but somehow Project Action wasn't the crashing success it should have been. To each successive summer dance, came a smaller crowd. As the winter dragged on, the coffee house group dragged out in smaller and smaller numbers. After Christmas it was a disaster.

An attempt at revival this spring under the leadership of Bob Browne and Marianne Coles, succeeded in organizing the marathon walk which raised \$1300 for the cancer fund. They would like to see the group get into full swing again this summer.

Once Project Action becomes a coherent body with a definite direction, no doubt it will receive moral and perhaps even monetary support from the community as a whole.

But money has never been a problem for the group. It has shown that it can sponsor dances and bring in live groups, without losing money. In fact, they had enough surplus at one time, to outfit members in distinctive powder-blue sweat shirts with shocking pink lettering.

What Project Action needs most is enthusiastic members. It needs ideas for projects and activities, it needs organizers who are willing to contribute their time and talents; and it needs lots of the ordinary follower-type who will come out faithfully and participate.

A lot of teenagers seem to think that it is some kind of "in" group. It isn't intended to be. Anyone who is interested can be an "in" person.

Project Action could provide you with regular dances, field trips, paint-ins, read-ins, chess matches, butterfly hunts, or whatever you decide you want.

The first dance of the season is planned for June 13, the Thursday after exams finish.

So what's your excuse?

**Learn to live with a Hippie's Handbook**

There is a new paper-back on the market called "The Hippie's Handbook," or "How to Live on Love".

It could more correctly be called "How to Run Away From Home, Live in Faith, and Ruin Your Health on a Cheese Sandwich and a Bottle of Coke a Day."

The book, by Ruth Bronsgeon, was published by the Canyon Book Company in New York and promises to be the "first and only complete guide to the underground today - with up-to-the-minute regional data from the East Village in New York, to Haight-Ashbury in San Francisco!"

For \$1 it will teach you how to live, talk, act, and love like a hippy.

It is a blatant insult to the intelligence of the average teenager, but potential dynamite in the hands of the impressionable 14-year-old. It paints the world in brilliant psychedelic colours that hide the hard realities of surviving on the sidewalk. The Mellow Yellow Cookbook chapter includes everything from recipes for smoking calip, lettuce and tea, to how to mix up morning glory seeds, hydrangeas and whipped cream for a turned-on experience.

Yet after lengthy descriptions of this "high time stuff", the author advises that they should not really be used. They are dangerous to the health.

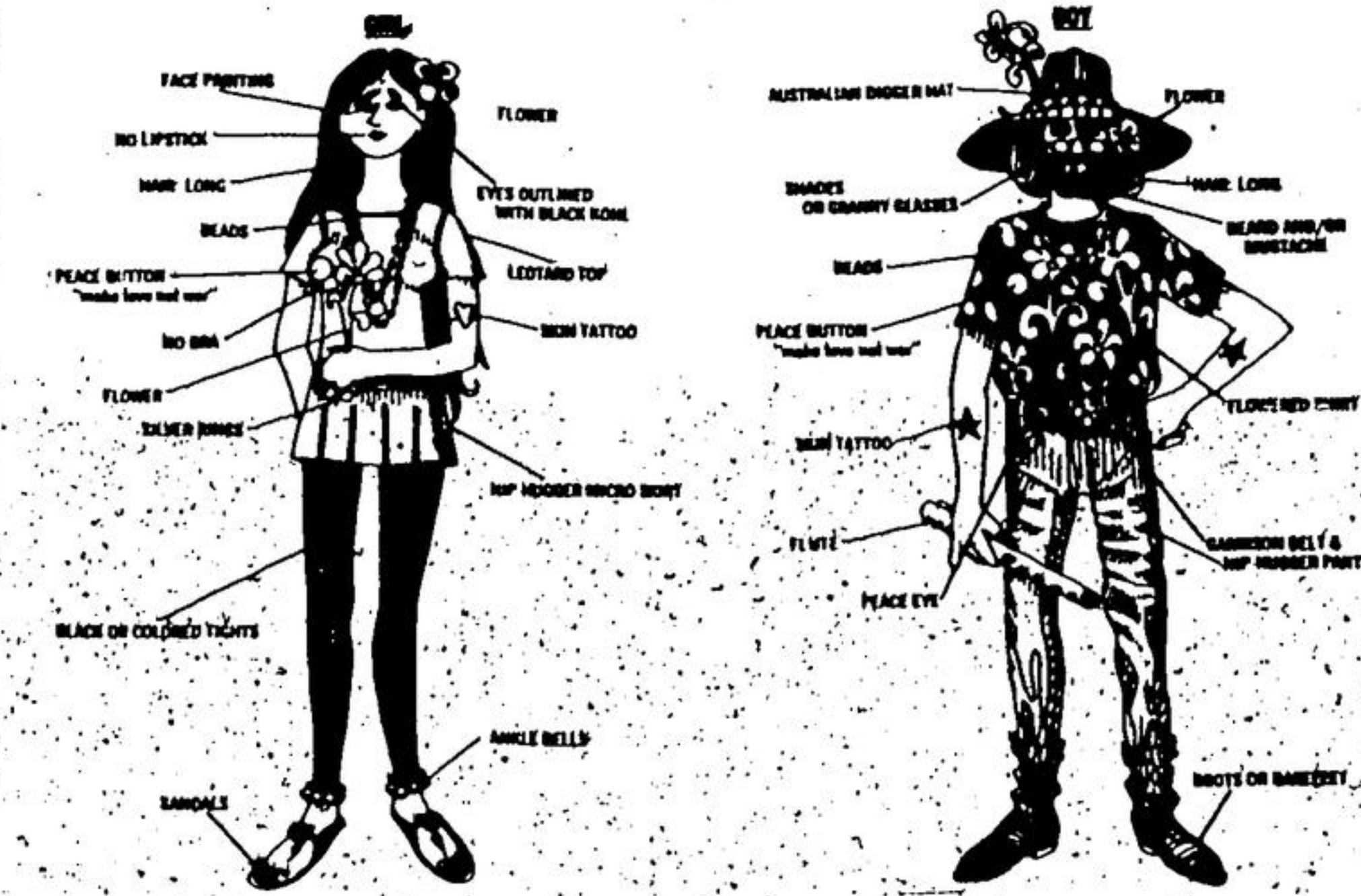
The prescription for "living on love" couldn't guarantee a healthy rat. A chart on spending lists rent at only \$6 - if you live in a 10 person commune with a \$60 monthly rent. Food is \$23.63 - if you eat beans, hamburgers, french fries, oranges, and allot yourself two bottles of

**Journalism course at Sheridan College**

A new two-year course in community journalism and advertising will be offered at Sheridan College of Applied Arts and Technology in the fall. The college, presently operating from temporary quarters in Brampton will soon be constructing a new campus in Oakville, where it will serve Halton and Peel counties.

The journalism-advertising course will equip students to enter the fastest-growing newspaper field in the province - suburban and smaller city daily, semi-weekly and weekly papers - as reporters, desk men and retail advertising copywriters.

The course includes classroom lectures and visits to co-operating newspapers in the area, plus guest lectures by professionals. Mature students with grade 13 (or grade 12 with a demonstrated aptitude for English usage) are eligible to write the College at 98 Church St. E., Brampton, for a test and an interview. T. J. Allan, Chairman of Liberal Arts, is the course supervisor.



AFTER ENDLESS HOURS of debate at a hippies' fashion festival somewhere in San Francisco, 7,000 assembled disciples voted the couple

Spanish wine per week at 89 cents each.

To cut down the cost the living, the book suggests you sleep late so you can skip breakfast, go home once a week to sponge off parents, and beg extra food from

dairies, caterers and bakeries. Trips on pot and LSD take up most of your extra spending money and also cut down on your appetite.

The well-equipped hippy has three sets of clothing. One is a

above the best dressed flower people for 1968. They have been labelled BOY and GIRL to avoid confusion.

Hippies do have to work occasionally, and every once in a while they do find themselves face to face with the law.

Happiness is a Hippie's Handbook if you've got a dollar to spend on a good laugh.

**Life-size geography lesson for European-bound students**

Geography instructor Paul Martindale believes in putting life into his course. This summer, he and his wife are chaperoning a group of students from the Acton High school on a one month tour of Europe.

Most of the 22 students are from Mr. Martindale's geography classes in grades 10, 11 and 12. Four students from Toronto will be attached to the Acton group.

The tour has been arranged through the Ship's School Association Inc. of Toronto. The Actonites will be part of 150 students from various parts of the province.

Mr. Martindale explains, "This is not a Cook's tour. Every Sunday is free as well as several free days through the week." "We don't want too many free days, but then we don't want everything packed in too tight either. This is just about right, we think."

Home base will be in Paris and London and side trips into Germany, Switzerland, Austria and Italy will branch out from there. Most nights the students will stay in university residences. However, in Innsbruck, Austria, they will stay at Olympic Village where the athletes lived during the games.

It is a package deal where food, housing, insurance, air, rail, and museum fees are paid in advance.

Nurses will be travelling with them and the students will have access to local hospitals should they require them.

"Some of the kids have been working like slaves all year to save the money," explains Mr. Martindale.

Jackie Palmer, a grade 11 A student, can't wait to get started. "I want to see what the people are like, and broaden my knowledge. It's an educational trip

and it will be loads of fun as well."

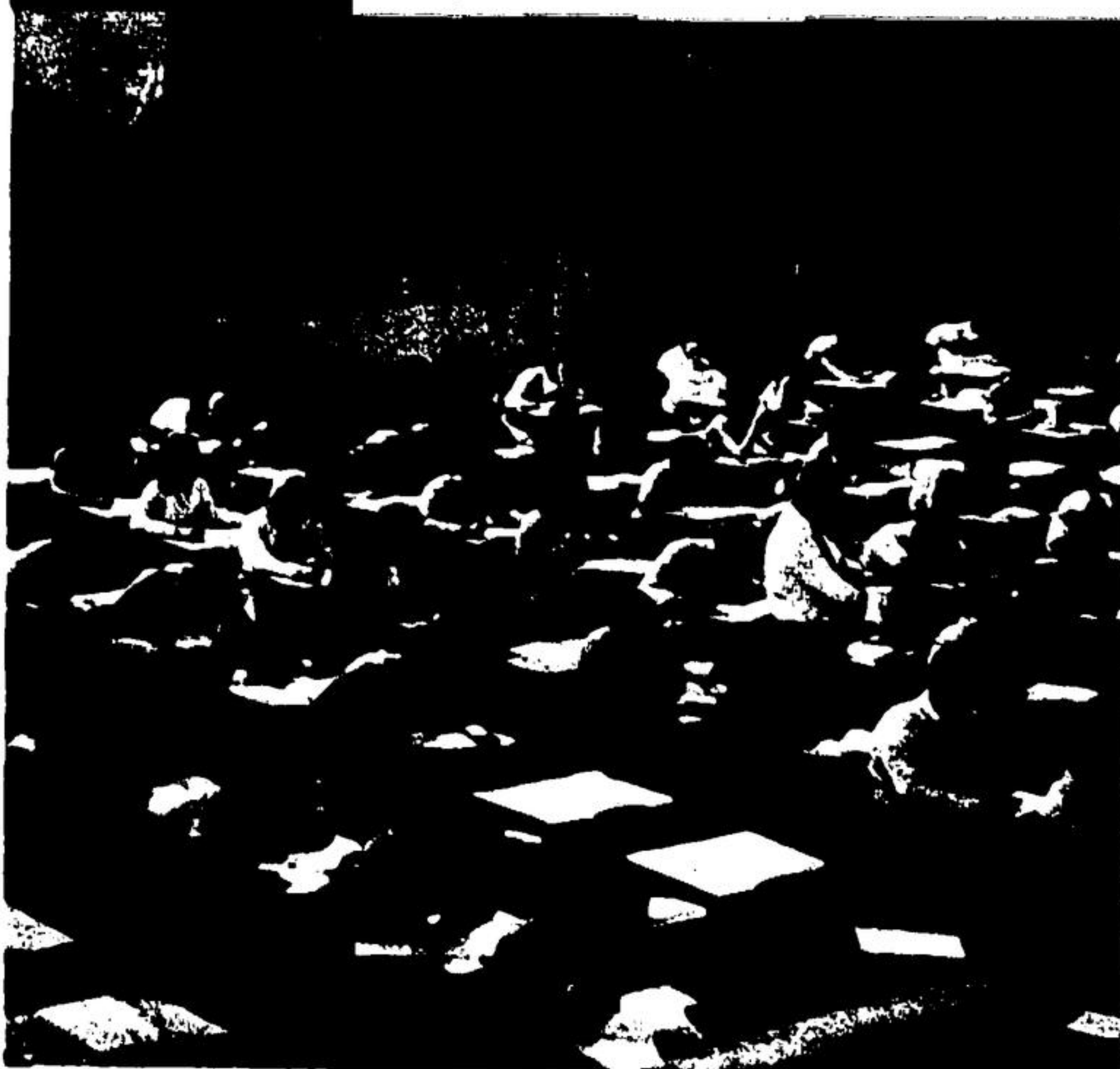
The students have already bought their passports and endured their smallpox inoculations. They will assemble at Malton Airport July 4 and return home from London on July 31. The Martindales had planned to go to Europe this summer, long before the student trip was considered. They will continue on into Russia in August for a visit with Mrs. Martindale's parents.

The students going from Acton are: Anne Watson, Lorraine Servos, Marie Timbers, Jackie Palmer, Gordon Morris, Nancy Morris, Ken MacColl, Brian Fisher, Sharon White, Bill Black, Robert Bonnette, Gary Dobbie, Robert Lindsay, David Pink, Elaine Johnson.



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**ACTON HIGH**



THESE ARE TRYING TIMES for Acton students - trying to think, trying to write, and some times trying to bluff their way through final exams. (Staff Photo)

**Look who's won a set of wheels!**

M. Eugene Robitaille, Chicoutimi, Quebec, and Norman Clark, London, Ontario, "both won sporty SST Javelin cars by American Motors."

Paul Johnstone, Burlington, Ontario; Grant Lippert, Kitchener, Ontario; Janice Young, London, Ontario and Irwin Diamond, Toronto, Ontario, "are some of the winners of shiny, red Honda motor bikes."

George Duncan, Acton, Ontario and Betty Nodwell, R.R. 1 Hillsburgh, Ontario "all win brand-new CCM bicycles."

**You could be one of next week's many winners! Look for contest details in cartons of Coca-Cola.**

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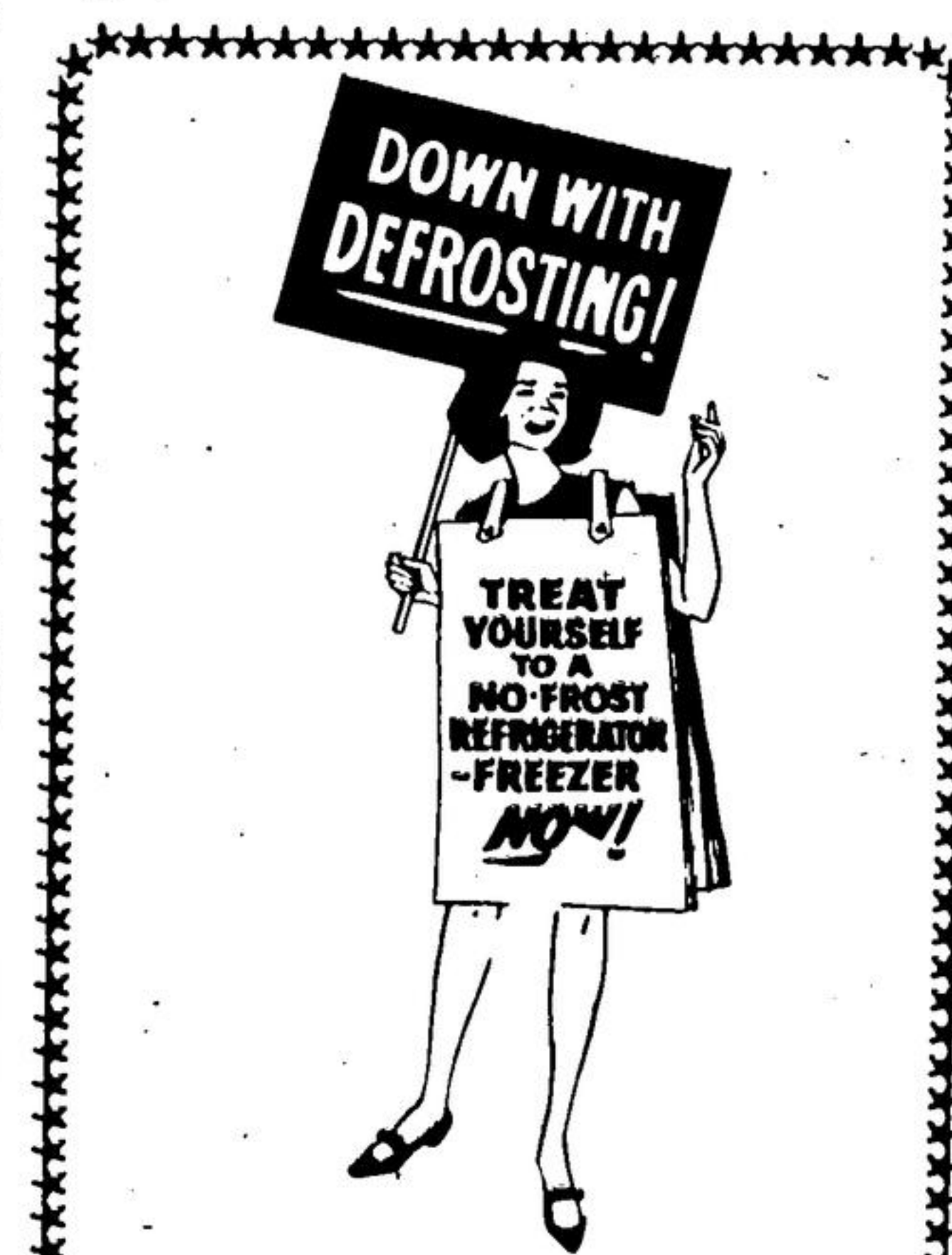
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before you become upset over another messy defrosting job, or tackle another sticking ice tray, or pry apart packs of iced-up frozen food, or become frustrated over the lack of storage space and endless trips to the store, see the new "NO-FROST" refrigerator-freezers now on display at your local appliance dealers. They're bigger, better, never frost-up and never require defrosting ever!!!

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