

Cancerphobia...

Cancerphobia

A prominent Canadian surgeon remarked recently, "There is possibly as much suffering from the fear of cancer as from the disease itself."

Cancerphobia, or the fear of cancer, is in a sense a hangover from ages past when cancer was considered a visitation from an evil spirit or a punishment inflicted by the gods for wrongdoing. It is also in part the result of a widespread misconception that there is no cure for cancer, that to be told one has cancer is equivalent to a sentence of death.

"We cannot hope to eliminate this fear," says Dr. Robert A. Mustard, chairman of the national education committee of the Canadian Cancer Society. "We can only hope to reduce it to a reasonable level compatible with the actual risks involved — in other words, to make it a rational fear."

What are the actual risks involved? While it is true that cancer is the second leading cause of death, it actually kills half as many as does heart disease. For a person under the age of 50, that chance that he will develop cancer is only about one in four. And more than half of all people who develop cancer live at least five years after treatment is started.

The Canadian Cancer Society throughout

April is conducting its annual campaign for funds to carry on its three-fold program of research, education and services to patients. The Society takes advantage of this annual contact with the general public to disseminate facts about cancer. It is right and proper that it should do so because if it is true that unreasoning can be dispelled by the truth — and those who should know say it is — then the more often the facts are presented, the better.

Fear of cancer, said one doctor, is a contagious disease which spreads from mouth to ear. Fortunately, the cure of cancerphobia is readily available and inexpensive. It consists simply of making known to the victim facts such as the following:

Some cancers can be prevented, many can be cured, and all patients with cancer can be helped. The earlier cancer is diagnosed and treated, the more effective the treatment can be. In research lies the ultimate solution of the cancer problem, and a donation to the Canadian Cancer Society will not only help to make that research possible, but it will contribute to the demise of cancerphobia.

Not for Everyone...

Are we Canadians in some danger of losing all sense of proportion where university

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education is concerned? It would seem so. Certainly some of our young people (and parents) are fast developing a neurosis on the subject. Many who will never make it to university appear fearful that failure to do so will doom them to a kind of second-class citizenship and a collapse of earning potential.

What nonsense this! Quite obviously, a university education is not for everyone. Hundreds of thousands of youngsters now attending high school are for a variety of reasons quite unsuited ever to tread the campus, and indeed the same can be said of some already there who never will gain a degree.

Yet most of these are far from being clods. Many will in fact emerge from technical institutes, art schools and the like better equipped to earn a good living and make something of themselves than some who

have attended higher centres of learning.

There is nothing new in this. It has always been true — and recent emphasis on the importance of young people not entering the labour market until they have completed their education does not make it less so.

Clearly, the mistake being made is to confuse a "completed" education with a university one, when they are not necessarily the same thing at all.

We had better clear our minds on this before we sow the seeds of new and absurd social divisions and inflict upon the coming generation an untold number of unwarranted inferiority complexes.

A rising level of educational attainment on the part of both young and not young certainly is vital to Canada's future, but for most this cannot and does not mean going to university and the sooner this is frankly admitted the better.

The Good Old Days...

20 YEARS AGO

Taken from the issue of the Free Press, Thursday, April 12, 1945.

An attempted robbery in Acton early Saturday morning resulted in a wild chase to Brampton through the Brampton streets, where police fired shots before one of the young culprits was captured and the other two escaped.

About 2 a.m. Saturday morning, the window in the door of H. D. Rachlin's clothing store was kicked in. Mr. Rachlin was just retiring in the apartment above and immediately phoned the police. The license number was also noted and reported by Hartley Coles and Fred Cresson. The car was a 1941 Buick which had been stolen and was badly wrecked when ditched.

Struck on the head by a railroad tie while a carload of the heavy timbers were being unloaded from a railway coal car at Beardmore and Co. on Tuesday morning, John Ford, an employee, sustained a fractured skull. He was rushed to the hospital unconscious, but is now improving and it is hoped he will recover.

For the third year in succession, class students from the public schools in the county were the guests of Halton County Council at their regular meeting Tuesday. There were 29 girls and 30 boys. Prizes are to be offered for the best essay written by a student on his visit. The road through Stewarttown to Georgetown is to be paved by the county. A special lunch was served at noon for the visitors, at which many of the county officials spoke a few words.

The goodwill dinner to celebrate the collective bargaining agreement signed by the Wool Combing Corporation was a decided success. Lord Barnby was present and addressed the group.

And now it's the trout fishing season that is to be advanced to meet the unusually early spring. With temperatures at almost 80 in the shade, April is giving summer weather. Khabarb from the local garden is reported by some citizens already.

LEARN TO SWIM

There is still plenty of time before summer holidays to take those swimming lessons, so that in emergency an adult or child can take care of himself in the water. Depending upon the child's health, most youngsters love splashing in the water and can quickly learn to swim. It is better to have them taught by a qualified instructor rather than learning the art by being pushed in by other children.

50 YEARS AGO

Taken from the issue of the Free Press, Thursday, April 8, 1915.

Monday's snow storm came as quite a surprise after the beautiful weather on Easter Sunday.

Millitia orders from Ottawa announce that Honorary Colonel Sir Donald Mann is to be Honorary Colonel of the 20th Battalion Rifles.

March was a busy month for the library with the issue of 845 volumes. The number of borrowers now is 365 and is steadily on the rise.

The Ebenezer Methodist Church will be torn down next week. Memorial services of a very impressive character will be held next Sunday. There has been religious worship regularly in this hallowed place for almost 70 years.

The production of the Scripture cantata "Zion" rendered by Knox church choir Easter Sunday morning was most creditably done. Mr. Wildgust was the conductor and Miss L. Williams was the organist.

The choir was made up as follows: soprano, Misses Alms, Agnew, Garvin, G. Johnstone, W. Johnstone, McClure, McPherson, J. McDonald, A. McDonald, Ridd, Renwick, Mrs. Wildgust; alto, Misses Graham, Harvey and Near; tenors, Messrs. Clarridge, Hyslop, McClure and Wildgust; basses, Messrs. Cockburn, Henderson, Mann and Smith.

Prior to Mr. and Mrs. Peter Hitz leaving for their new home in Saskatchewan, the members of the Congregational Church met at the home of Mr. Clinton Swackhamer and presented them with a farewell address, accompanied by a well filled purse.

Principal W. H. Stewart has had the honor the past year of holding the presidency of the Continuation School Department of the Ontario Educational Association. His presidential address at the opening of the session on Tuesday was most creditable and was listened to with keen interest.

While we may plan our life many years ahead, we actually only live it one day at a time, so it might be wise to concentrate on that one day. So, just today, try to do your farm work safely. Just today, clear up the cellar stairs and remove other hazards around the home and farm. By living just for today we may wake up tomorrow morning with another full day of living ahead of us.

Editorial Page



—Staff Photo
DRAMA CLUB members at the Acton district high school presented J. M. Barrie's play "Shall We Join the Ladies?" Tuesday afternoon and Wednesday evening in the auditorium. Caught by the camera in one of the scenes are left to right, Jean Bulmer as Mrs. Preen, Tom Ginger as Mr. Preen, Gayle Withers seated as Lady Wrathie, Allan Gordon as Dolphin the butler and kneeling Albert Vlietstra as Mr. Vaile.

Sugar and Spice...

BY BILL BAILEY

A chap from a paint company phoned the other day and asked me to write an article on house painting. At first I was a little nonplussed, as I have never painted a house in my life.

Then I remembered the ham. One time the hog farmers asked me to write an article about pigs. I agreed.

My wife snorted, "What do you know about pigs?"

"Exactly," I retorted. I set down and wrote an account of the life and times of a hog that for sheer ignorance of the subject has never been equaled. And this Christmas, I received a 12 pound ham from a packing company as a gift.

While I was chatting with this paint man on the phone, my mind began to race along these lines. "If a little feature on hogs produced a beautiful ham, surely a few hundred words on house painting would be good for a house. Or at least some paint. And I have to paint the trim on my house this spring. So..."

While it is a fact that there isn't likely a man in North America who has spent more time not painting houses than I, it is not quite true that I have never painted a house. At the same time, it is not quite true that I have painted a house.

Let me explain. One summer, in a period of acute mental depression, I spent my entire vacation trying to paint the trim on

the ancient, sagging heap of first and second mortgages we'd just bought.

It was during the first nauseating bloom of the do-it-yourself sickness. The whole country was full of sweating, cursing, frustrated men struggling to assemble everything from golf carts to 50 foot yachts from their "handy home kits".

I was hooked, too. I decided to paint the house myself. Achieve personal satisfaction; bask in my wife's praise; save all that money.

There didn't seem to be much to it. "A few gallons of paint and you won't know the old place. Probably double its value." I rented a ladder, bought brushes, paint and turps, as we old house-painters call it.

The house trim was about 60 feet off the ground. I climbed up to have a look at the old paint. Half an hour later, my wife came out to call the kids and found me there, clinging with both arms and both legs to the top of the ladder, white as chalk, moaning piteously. She had to call the fire department to get me down.

I lowered my sights, and decided that, for that year, it would be enough to paint the window frames on the ground floor.

First, I had to scrape, where it was blistered and cracked and pealed. Did you ever try to scrape flint? It was the hottest summer in 30 years.



I'd scrape for half an hour, clear a patch four inches by four, then climb down, dripping, and go in and fetch a cold drink. As I emerged, instantaneously, three or four neighbors would emerge from hiding behind their hedges and join me, tongues hanging out.

To cut a long story short, I got two and a half windows done that year. It cost me about \$200 for dried-out brushes, spilled paint and ruined clothing.

The next summer, I sensibly hired a couple of painters. They did a bang-up job and didn't even charge extra for all that paint they put on the brick-work, the window panes, the lawn, the vines, and the children.

But the whole business gave me a lasting interest in house painting, and I formed a few maxims I'm happy to pass along to the novice.

First of all, you must have the proper equipment for house-painting. Two basic items are a house and some paint. A third thing that makes the job bearable is a wife who likes painting.

Oh, yes, one more thing. You should have a swimming pool. Drain the water and fill the pool with turpentine. You'll need it, every drop. Happy house-painting.

HE IS RISEN

Should ever words thrill us more. With all hope seemingly dashed to the ground on that eventful Friday, with Peter feeling so ashamed that he wept bitterly, the others too had taken to their heels — but how can it really be true? HE IS NOT HERE, HE IS RISEN, come see and thee... go tell.

ACTON BAPTIST CHURCH

Founded 1842
 Pastor: Rev. Stanley Gammon
 Res. 144 Tuley Ave., Ph. 853-1615

EASTER
 SUNDAY, APRIL 18th, 1945
 9.45 a.m.—Sunday School and Adult Class.

11.00 a.m.—Morning Worship.
 They Went Fishing.
 7.00 p.m.—Evening Service.
 "One of God's Gifts."
 Wednesday — Prayer and Bible Study at 7.30.

All are invited to attend our Christ centered services. If you have no church of your own, come and be welcomed.

PRESBYTERIAN CHURCH IN CANADA

KNOX CHURCH, ACTON
 Rev. Andrew H. McKenzie, B.A., B.D., Minister
 Mr. E. A. Hansen, B.A., Organist and Choir Master

EASTER
 SUNDAY, APRIL 18th, 1945
 9.45 a.m.—Church School.

11.00 a.m.—Easter Sunday Worship. Sermon theme, "Christ the Victor." Special Easter music by the Senior Choir.
 Maundy Thursday at 11 p.m.—Good Friday "Watch Night" Service of Presbytery Young People's Society in Knox church. Everyone welcome. "Christ is Risen Hallelujah!"

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 Telephone 853-1750

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 Dental Surgeon
 Suite No. 3, Hinton Bldg.
 17A Mill St. E., Acton, Ont.
 For appointments phone 853-1300

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 Optometrist
 6 John St. S., Acton
 In Acton Wednesdays only
 2.00 p.m. - 6.00 p.m.
 For appointment, phone 853-1041
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 742-8867.

ARTHUR A. JOHNSON
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TRAVELLERS' GUIDE

GRAY COACH LINES

COACHES LEAVE ACTON
 Standard Time
 Effective October 25

Eastbound
 6.31 a.m. (Daily, except Sun. and Holi.); 8.54 a.m. (Daily except Sun. and Holi. - Express); 8.58 a.m.; 11.33 a.m.; 2.08 p.m.; 5.04 Fri., Sat. and Sun.; 5.08 p.m.; 6.23 p.m.; 8.33 p.m.; 10.08 p.m. (Sun. and Holi.)

Westbound
 7.37 a.m. (Daily except Sat., Sun. and Holi.); 10.27 a.m.; 12.57 p.m.; 2.57 p.m.; 5.27 p.m.; 7.27 p.m.; 9.12 p.m.; 11.32 p.m.; 1.07 a.m. (Sat. only).

CANADIAN NATIONAL RAILWAYS
 Standard Time
 Effective October 25

Eastbound
 6.50 a.m. to Toronto, daily Mon. to Fri.; 7.22 p.m. to Toronto, Sunday only.

Westbound
 12.05 a.m. to Stratford, daily except Sunday; 6.27 p.m. to Stratford, daily Mon. to Fri., change at Guelph for London etc.

This Sunday's Church Calendar

WIMBY CHURCH
 (The United Church of Canada)
 The Rev. Dwight I. Engel, B.A., M.D.
 Organist:
 Mr. George Eihort, M.A., Ph.D.
 Good Friday service—10 a.m.

EASTER
 SUNDAY, APRIL 18th, 1945
 11.00 a.m.—Divine Service.
 (One service only.)

THE CHURCH SCHOOL
 9.30 a.m.—Grade 3 and higher.
 11.15 a.m.—4 years to Grade 4.

ACTON HORTICULTURAL ASSOCIATION
P.A.O.C.
 33 Church St. Road
 Rev. E. M. Thomson, Pastor
 853-2715

SUNDAY, APRIL 18th, 1945
 10.00 a.m.—Sunday School for all ages.

11.00 a.m.—Easter Message.
 "Christ the Conqueror of Death."
 7.00 p.m.—Easter Cantata in story and song by the Young People.

Tuesday, 8 p.m.—Prayer Service and Bible Study.
 Thursday, 8 p.m.—Christ's Ambassador.
 Friday, 7 p.m.—Crucifixion.
 1 Cor. 15, 20 — But now is Christ risen from the dead and become the first fruits of them that slept.

MAPLE AVENUE BAPTIST CHURCH
 (formerly Evangelical Baptist Church)
 SUNDAY, APRIL 18th, 1945
 Bus leaves Y.M.C.A. at 9.15 a.m.
 Calling at Limehouse 9.30 a.m.
 For information call
 Acton 853-1956
 Georgetown 877-6665

BETH-EL CHRISTIAN REFORMED CHURCH
 Acton, Ontario.
 Rev. Wabe Van Dijk
 Phone 853-1585

SUNDAY, APRIL 18th, 1945
 10.00 a.m.—English Service.
 2.30 p.m.—Dutch Service.
 1.45 p.m.—Sunday School.

THE CHURCH OF ST. ALBAN THE MARTYR ANGLICAN
 Corner Willow and St. Alban's Drive

Preaching Pastor
 Rev. J. D. Lafferty
 Good Friday Service — 11 a.m.
 Rev. Lafferty.

EASTER
 SUNDAY, APRIL 18th, 1945
 8.00 a.m.—Holy Communion.
 9.00 a.m.—Holy Communion.
 10.00 a.m.—Choral Communion.