

Action Firefighters

Share Top Trophy With Caledonia

Action Firefighters will share a trophy for the year with Caledonia as a memento of tying the hose race at the annual convention at St. Mary's during the Civic Holiday weekend. Eight members of the hose team have been practicing regularly the past few months. During the competition, they were first in the list and completed the exercises in 42 seconds. They held the top position until Caledonia equalled their time.

place in the rescue race as well. Competing at the annual event were Bern Van Fleet, Phillip McCristall, Grant Withers, Jack Pink, Harold Townsley who acted as captain, Eddie McGilroy, Bill Spickvogel, John Kruppek, Don Van Fleet and Lloyd McIntyre. Bern Van Fleet and John Kruppek were official delegates to the annual convention and were joined by the others for the competitions. Other firefighters who made a one-day visit were Norm and Hillard Price, fire chief Mick Holmes and Darson Fruzell.

150 Attend Reunion At Thornbury Park

One hundred and fifty descendants of the late Thomas King and Letitia Boyd of Walters Falls held their 15th family reunion at Thornbury Park on Sunday, July 19. President Jim Carney welcomed all at the business meeting following the meal. A special welcome was given Harvey King who was visiting from Yorkton, Saskatchewan. Three elderly ladies, Mrs. Sophia Dixon, Mrs. Eliza Martin and Mrs. Letitia Threaskton were also given a warm welcome.

Prizes were given to the following: Mrs. Letitia Threaskton of Meaford, 85, eldest lady in attendance; Mr. Jim Hammill of Chatsworth, 77, eldest man in attendance; Cathy Dietrich, Meaford, youngest child in attendance; John and Diana Carney of Rockwood, most recently married couple; Mr. and Mrs. Lorne Dixon of Toronto, largest family in attendance and Mrs. Lorne Dixon of Toronto, nearest birthday.

25th Anniversary
Congratulations were extended to Bert and Betty Dixon who were celebrating their 25th wedding anniversary and also to John and Shirley Grange on the occasion of their seventh. Officers for the 1965 Reunion are president Dave Martin of Bagnor; first vice-president Jack Quinton of Georgetown; second vice-president Gerry Dietrick of Meaford and secretary-treasurer Lewis Boyd of Toronto.

Following the business meeting, Lewis Boyd and his sports committee, Wally Greenaw, Bill Beamish, John Grange and Marvin Wieland conducted the sports program. Guests were present from Meaford, Georgetown, Acton, Toronto, Norval, Scarborough, Asplen, Arthur, Thornbury, Bagnor, Rockwood, Minc'sville, Queensville, Chatsworth, Woodstock, Listowel, Glen Williams, Walters Falls, Rexdale, Stony Creek, Killsvthe, Woodford, Mount Forest, Durham, Elmville and Yorkton, Sask.

Plant Nutrition Topic At 4-H Grain Club Meet

The members of the Acton 4-H Grain Club held their 29th regular meeting on July 29 at the Community Centre. The business portion of the meeting was conducted by president Frank Anthony and secretary Bruce Coles called the roll and read the minutes of the previous meeting. For the instruction period, Bruce Huff led the members on a detailed discussion on the important subject of plant nutrition. He explained that the nutrients supplied by the air and water are oxygen, hydrogen and carbon. These nutrients are in sufficient supply and are absorbed by the leaves as well as the plant roots.

These elements are usually in good supply and any deficiency can be made up by spray, dust or granular applications. The availability of soil nutrients to the plant is determined by drainage and soil acidity. Measures to correct abnormal conditions are artificial drainage and lime applications. The members judged a class of red clover seed according to an official score card and each gave oral reasons for their placings.

Name Nutrients
The nutrients supplied by the soil are nitrogen, phosphorus, potassium, calcium, magnesium and sulphur. He went on to explain the function of each nutrient in the process of plant and seed development. A deficiency of any one nutrient could seriously reduce the yield of crops and must be supplemented by the accurate application of chemical fertilizers. Regular soil tests, he stressed, are the only positive means to assure the proper use of fertilizer.

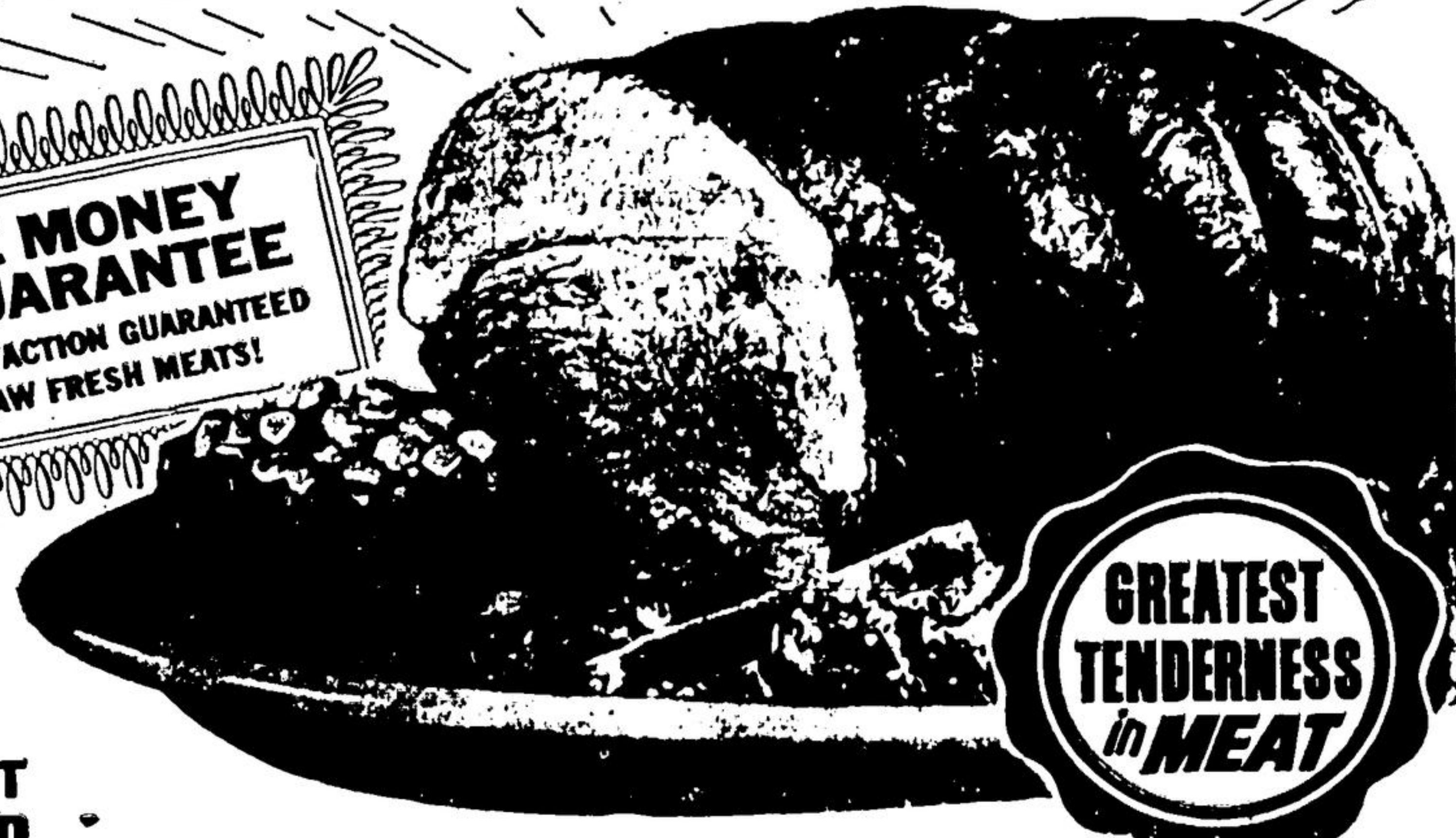
See Color Film
To conclude the meeting, Mr. Huff showed a color film entitled "Making the Most of a Miracle." This excellent film was a pictorial story of how a plant uses nutrients from air, water and soil. It portrayed the air and soil as a chain with each link representing a particular nutrient. The weakness in any one link can upset the delicate balance which is necessary for maximum crop production. The film brought out an interesting discovery by a German scientist which revealed that a plant derives 95 per cent of its nutrition from the atmosphere and the remaining five per cent from the soil. The president closed the meeting at 10 p.m.

Elements Present
The trace elements present in the soil are iron, boron, manganese, copper, zinc and molybdenum.

Be interested in your future, for that's where you're going to spend the rest of your life.

Super-Tenderness!

DOUBLE MONEY BACK GUARANTEE
COMPLETE SATISFACTION GUARANTEED ON ALL LOBLAW FRESH MEATS!



PRICES EFFECTIVE AUG. 5, 6, 7, 8

- SPECIAL! KRAFT MIRACLE WHIP Salad Dressing** 16 FL. OZ. JAR **39c**
- SPECIAL! LIBBY'S PEACHES** 2 15 FL. OZ. TINS **45c**
- SPECIAL! HAPPY HENRI'S APPLE or ORANGE FRUIT DRINK** 2 48 FL. OZ. LARGE TINS **51c**
- SPECIAL! KELLOGG'S CORN FLAKES** 2 8 OZ. PKGS. **39c**
- SPECIAL! COLOURED KLEENEX TOWELS** 2 ROLL PKG. **43c**
- SPECIAL! FANCY ASSORTED DEL MONTE PEAS** 3 10 FL. OZ. TINS **37c**

- SPECIAL! IMPORTED LAMB in the BASKET** ROAST CHOPS STEW **21c**
- SPECIAL! IMPORTED SHORY SHANK — MEATY LAMB LEGS** WHOLE OR HALF **49c**
- SPECIAL! MEATY Pork Side Spare Ribs** **52c**
- SPECIAL! SX ASSORTED COOKED MEATS** SLICED **59c**
- SPECIAL! LOBLAWS SMALL LINK 3 Little Pig Pork Sausage** **55c**

DELICIOUS . . . NUTRITIOUS . . . FRESH PRODUCE

- SPECIAL! FROM SUNNY CALIFORNIA! JUICY & FLAVOURFUL BARTLETT PEARS** NO. 1 GRADE **7:43c**
- SPECIAL! ONTARIO GROWN! NO. 1 GRADE! TENDER SWEET KERNELS! FRESH CORN** DOZEN **45c**
- SPECIAL! FROM B.C.I NO. 1 GRADE! CHERRIES** POUND **39c**

- SPECIAL! FRESHLY PICKED! LARGE SIZE! FRESH APRICOTS** QUART BOX **39c**

IT'S ONTARIO SALAD TIME FEATURING LOCALLY GROWN INGREDIENTS
CRISP LETTUCE - ROSEBUD RADISH - GREEN ONIONS - NEW POTATOES - STAKED TOMATOES - TASTY CARROTS
SERVE A SALAD DAILY

SEE THE FINE SELECTION OF **LOBLAW PROTEN* BEEF CUTS AVAILABLE**
ALL DELICIOUSLY TENDER & FLAVOURFUL
NIAGARA - BOSTON - MANHATTAN - DENVER - PENTHOUSE - BELMONT.
ALL COMPLETELY BONELESS & EASY TO CARVE *Reg'd. U.S.P. of T.M.

- SPECIAL! MAZOLA OIL** 32 FL. OZ. BOTTLE **83c**
- SPECIAL! LOBLAWS "KITCHEN PRIDE" APPLE PIE** 39c
- SPECIAL! LOBLAWS VALENCIA CAKE** EACH **35c**
- SPECIAL! HOSTESS SALTWATER KISSES** 10 OZ. CELLO BAG **39c**
- SPECIAL! SHOW CROP FANCY BRUSSELS SPROUTS** 2 10 OZ. PKGS. **53c**

LOBLAWS

JEM DRIVE IN THEATER
THURS.-FRI.-SAT. AUG. 6-7-8
— 8 Hit All Laff Show —
Ma & Pa Kettle on Macdonalds Farm
Marjorie Main — Parker Fennley
AROUND THE WORLD IN A DAZE
3 Stages
THE WEY HARE — Bugs Bunny
CAT FISHING — Tom & Jerry
ZOOM AT THE TOP — Road Runner
ANATOLE — Popeye
THE JET CAGE — Tweety Bird
HEP BIG HEP CAT — Woody Woodpecker
MON.-TUES.-WED. AUG. 10-11-12
ALL TECHNICOLOR SHOW
SUMMER HOLIDAY
Cliff Richards — Lauri Peters
NO MAN IS AN ISLAND
Jeffrey Hunter — Marshall Thompson
The JEM is 12 1/2 miles West of Acton
No. 7 Highway halfway between
Rockwood and Guelph
Show Nightly at Dusk — Children 12 and Under Free

75 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 1 FL. OZ. BOTTLE OF INSTANT SHAVE 81 Coupon Expiry Date: Aug. 12	75 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 1 FL. OZ. BOTTLE OF SHAVE 82 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 4 OZ. JAR OF INSTANT COFFEE 83 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 10 OZ. PL. OF VEL 84 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 15 OZ. BOTTLE OF VEL 85 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 15 OZ. BOTTLE OF VEL 86 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 15 OZ. BOTTLE OF VEL 87 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 15 OZ. BOTTLE OF VEL 88 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 15 OZ. BOTTLE OF VEL 89 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 15 OZ. BOTTLE OF VEL 90 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 15 OZ. BOTTLE OF VEL 91 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 15 OZ. BOTTLE OF VEL 92 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 15 OZ. BOTTLE OF VEL 93 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 15 OZ. BOTTLE OF VEL 94 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 15 OZ. BOTTLE OF VEL 95 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 15 OZ. BOTTLE OF VEL 96 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 15 OZ. BOTTLE OF VEL 97 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 15 OZ. BOTTLE OF VEL 98 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 15 OZ. BOTTLE OF VEL 99 Coupon Expiry Date: Aug. 12	50 EXTRA STAMPS WITH COUPON & PURCHASE OF ONE 15 OZ. BOTTLE OF VEL 100 Coupon Expiry Date: Aug. 12
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