

Lakeside I.O.D.E. Has Full Year Entire Annual Report Published

The full secretary's report of the past year's activities of the Lakeside Chapter of the I.O.D.E. follows:

The following is a summary of the records for the 45th year of the Lakeside Chapter, Imperial Order Daughters of the Empire, which I am pleased to present to you, the members, for approval.

During the year, the chapter held 10 regular meetings and one executive meeting. With a total membership of 51, including four out-of-town members, the average attendance was 21.

Our program committee deserves much praise for the exceptionally fine meetings they prepared for the year, which included guest speakers, films, tea parties, suppers and a picnic supper at the Halton County Museum.

On April 6, our chapter celebrated its 45th anniversary. 110 members and former members attended the anniversary dinner at Knox Church. Provincial Treasurer Mrs. H. R. Clark was guest speaker and presented 20 of our members with 25 year pins. Many out-of-town former members attended.

Members of the Duke of Devonshire Chapter were our guests on two occasions. In May, we were honored to have Mr. Maurice J. Grimes, Executive Director of the Ontario Branch of the Canadian Cancer Society outline the work of this society and show slides taken on a recent trip to Moscow.

In January, Dr. Margaret McCreedy, Dean of Macdonald Institute, showed slides of her summer visit to the Arctic, and gave an interesting talk on the life of the Eskimos who live on the shores of Hudson Bay.

Massive Movie

At our April meeting, one of our members, Mrs. A. J. Buchanan gave a most interesting commentary, while her husband showed slides of his Hawaiian trip.

In June, the members chartered a bus and held their meeting at Halton County Museum. A picnic supper was served in "The Great Hall" before a blazing fire. Major Newman, the curator, addressed the gathering after which we viewed the exhibits.

Dr. Trevor Jones, Honorary President of Canada Save the Children Fund, was our guest at the October meeting. He spoke of the needs of this society and showed slides of his trip around the world.

Mrs. Elizabeth Wilkes Gray of Moffat was a guest at our November meeting. She spoke on her process of screen printing and displayed many articles and drapery lengths to which her designs were applied.

Members Parade

On Decoration Day in June and Remembrance Day in November, the members paraded and attended services and placed a wreath at the cenotaph and plants on the graves of veterans and former members. Members attended Holy Week services. Canvassers assisted the C.N.I.B. and Cancer drives.

Our Standard Bearer and a Past Regent attended the Provincial convention in April. One of our members attended the semi-annual convention in Saratoga in October. Lakeside Chapter had the prize winning float in the Fall Fair parade. As well as a chapter, we entered many articles in competition at the Fair. Our annual bazaar and tea in November was very successful and the sale of cards throughout the year boosted our finances.

Membership fees were raised to \$5.00 this year.

Many Obligations

Throughout the year, the chapter endeavored to fulfill its many obligations, as a member of the national organization, and as part of the community. Nationally, we contributed to the following funds: Commonwealth Relations, Wilhelmina Gordon Scholarship, National Shipping, Lucy Morrison Memorial, Provincial Special Representatives Fund, Canadian Scene, Provincial Workroom Maintenance, Endowment Fund, and Overseas Relief.

Locally, we contributed to the Decoration Day Committee, Canadian Legion, Poppy Fund, Halton Music Festival, Halton County Museum and the University of Waterloo.

The sick were remembered with flowers and cards, and flowers were sent to the bereaved.

Keep Informed

The World Affairs Committee kept the members informed of important happenings throughout the world.

Petitions were signed and letters sent to our Member of Parliament in favor of adopting the Canadian Ensign as Canada's National Flag.

Services at Home and Abroad were busy throughout the year. Fayette articles were collected for the Children Fund, pocket editions sent to the Canadian army in Germany, and jointly with the Rotary Club, hamper boxes prepared at Christmas for the needy families in the community. Clothing, bedding and food were supplied for a housed-out family in Acton. Hospital gowns were also shipped.

Educational Work

In educational work, the chapter again awarded rings to the boy and girl with the highest standing in middle and upper school, a \$25.00 scholarship and never-late never-absent certificates. Jointly with the Duke of Devonshire chapter, a donation was made enabling a local high school student to attend a United Nations Seminar at Waterloo College in May.

At the close of another year, we thank our Regent and executive for their loyalty, enthusiasm and efforts on behalf of the chapter. We also thank all who assisted with our programs and projects throughout the year.

As members of the Lakeside Chapter, Imperial Order Daughters of the Empire, may see on the new year, pleased with the efforts of this past year, but determined to work with renewed interest and desire for the betterment of our chapter, our community and the Imperial Order Daughters of the Empire at large.

JAN. DOWDING, Regent
KIT DOWDING, Rep. Sec.

Afternoon Auxiliary Hears of Education

The Afternoon Auxiliary of Knox Church, Acton, held the February meeting at the home of Miss Ruby Clark.

All were interested in hearing Mrs. H. L. Bennie tell of the educational work carried on by Presbyterian Women in the Blind and Deaf fields in India. The chief aim is to train native students to become Christian teachers in their schools.

Every opportunity is used in schools and in hospitals to teach students or patients the Christian religion and free them from the ever-threatening superstition which plagues them.

Miss Jessie McGregor, Mrs. H. Allison and Mrs. Fred McCutcheon gave the devotions.

Letters of appreciation were read from many who received cards at Christmas. Greetings were received from two members backing in southern sunshine in Florida and Hawaii.

Application forms are on hand for any desiring to make reservations for the 100th anniversary of the Women's Missionary Society to be held in Montreal. All were advised to study certain passages of Scripture as advised by a letter in the Glad Tidings by Miss Margaret Kennedy.

The roll was answered by naming one of the church members.

The group has been asked to share the expense for booklets giving the history of all auxiliary in the Gospel Presbyterian.

After the close of the meeting, the committee served a cup of tea.

Mental Health Report

Seek Psychiatric Clinics in Halton

Establishment of psychiatric clinics in Halton, the formation of a mental health institute for teachers, and the holding of more mental health workshops, are three recommendations called for by the Halton Branch of the Canadian Mental Health Division.

Cecil W. F. Thom, of Oakville, president of the Halton group, made the suggestions in his annual report.

The group's biggest undertaking of 1963 was a workshop in Oakville, attended by 60 enthusiastic residents of the county. The workshop suggested the Oakville hospital should be approached to investigate establishing a psychiatric wing and clinic in the hospital, since the County Council had voted the Medical Officer of Health's plan for a county psychiatric clinic. However, the hospital had no facilities available for several years.

Report Highlights

The following are highlights of Mr. Thom's report:

The branch has fulfilled many community speaking engagements at the Oakville Home and School Associations and Church Groups.

A public meeting was organized in the late fall in Milton. Much preliminary groundwork was done but the effort of the organizers could not overcome local apathy. The public response to our meeting was a total of three people.

The branch has distributed material to private individuals, nurses, teachers, the Oakville hospital, the medical unit of the Ford Motor Company Plant. Displays have been arranged for Home and School groups, the Association for the Advancement of Education in Oakville and a display was made for some days at the Milton Fall Fair. Literature was distributed by volunteers.

Christmas Gifts

As in previous years, the Christmas Gift Campaign resulted in approximately 900 gifts being collected in Oakville and Burlington for the patients in Ontario Hospital at Hamilton.

A devoted group of White Star volunteers continues to assist at the Hamilton Hospital undertaking a wide variety of activities with patients, during holiday periods, etc. are typical activities.

An innovation this year in the volunteer field was the setting up of a fashion therapy group. The group consists of ladies employed in the fashion business. They select women patients, and

train them in posture, grooming and make-up. At the end of each course, each student patient receives a complete dress ensemble and a make-up box. Funds for this activity have been raised by the ladies operating the course and they also arrange for all the clothes and make-up supplies used. Two excellent fashion shows served as fund raisers in Stony Creek and Hamilton. The group is entirely self-supporting financially.

Much work has been done but what remains to be done makes our efforts seem small. The branch in 1964 will seek to increase its activities by continuing its educational work, particularly in Milton and Georgetown area, where no general interest has been shown. More volunteers can be used in the

hospital, and we hope that volunteers will be willing to accept work on committees. As mentioned elsewhere, further workshops will be held.

The board at its January meeting adopted a budget of \$7500. To raise this we must have more members and a fund raising campaign. Please give your services in this work when asked. To the private individuals, groups or business who have supported us financially in 1963, our sincere thanks and appreciation. We cordially request your valued support in 1964.

At its January meeting the Board received on behalf of the Canadian Mental Health Association and the Ontario Branch of the Canadian Mental Health Association a cheque for \$1000, this sum to be devoted to research. This cheque was sent to the Ontario Division for the purposes indicated by the donor. The donor of

this gift wished to remain anonymous, and accordingly the Branch publicly acknowledges his generosity with thanks and appreciation.

Throughout this report, names of leaders, chairman and organizers of various activities have been omitted so many have contributed to our work. It is impossible to mention them all without the risk of omitting the names of some valued supporters. I can only say that in every area of work undertaken by the Branch I have received the utmost support from all of the Board members. They have given unstintingly of their time, their labors and their resources. The Branch is deeply grateful to the many volunteers who work on our behalf.

In conclusion, may I ask on behalf of the Canadian Mental Health Association and the Ontario Branch of the Canadian Mental Health Association that all our members and supporters renew their efforts in 1964 to combat the nation's greatest menace to health.

Cecil W. F. Thom,
President

Buying New Tractor? Consider Gas, Diesel

When a man looks at new tractors today, he has many to choose from. One of the biggest questions is whether to buy gas or diesel. Here are some factors to consider:

1. The repairs for both are not significantly different in cost although diesels need specialized maintenance.
2. Gasoline engines start easier in winter.
3. Evaporation losses and fire hazard can be greater with gasoline than diesel fuel.
4. With good maintenance, both types will last equally well.
5. Average fuel consumption per hour of a diesel is 70% that of a gas tractor.

In order to make an economic comparison of the two, a man must know three further details:

1. His hours of use per year.
2. His difference per gallon in fuel cost.
3. His difference in cost between equally powered gas and diesel tractors.

Tables have been prepared from field records which employ the above information to give a cost comparison. These tables are available at the office of the Ontario Department of Agriculture, Milton.

NO KILLER

The heart and blood vessel diseases are the Nation's number one killer, says the Ontario Heart Foundation. The Foundation, which carries on a year-round program of research and education to combat these diseases, is conducting the annual campaign for the Heart Fund throughout February.

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Dream to Reality

Explain Bruce Trail in Area

Who of us does not wish to get out in the open country and fresh air to enjoy "recreation" in its fullest sense, but how many people, especially those living in the town, know a part of woodland where they may go without infringing on private property?

Ray Lowes of the Hamilton Naturalist Club realized this problem and approached the Federation of Ontario Naturalists with an idea for a hiking path, open to the public, along the Niagara escarpment from Queenston to Tobermory. We now know this idea as the Bruce Trail, some 450 miles of dirt, woodlands, open fields, grand vistas and most secluded valleys.

In just over three years since the idea was conceived, the Bruce Trail has changed from a dream to a reality. The area from Queenston to Grimsby, "The Niagara Club", has been completed. In the Iroquoia Club's area, parts of the Grimsby, Hamilton and Dundas valley sections are complete. Work is underway in the Ancaster, Waterloo, Burlington and Mount Nemo-Kelso sections. The Toronto Club has a section of their area complete from Kelso to Terra Cotta.

Work is proceeding rapidly all along the trail. Owen Sound has a large part of the trail finished in that area.

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| \$1,000.00 | 18 MONTHS | \$60.39 |
| \$1,500.00 | 24 MONTHS | \$69.75 |
| \$2,000.00 | 30 MONTHS | \$76.00 |
| \$2,500.00 | 36 MONTHS | \$81.11 |

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