

Start Here First

# Open 280-Mile Nature Trail

This summer near Acton, the first 10 miles of a proposed 280-mile Bruce Trail project are to be completed and opened to hikers, campers and picnickers. The 10-mile stretch in the Burlington-Milton area will be ready for use by June 1, David B. Webster, managing director of the Ontario

Federation of Naturalists said recently as the project was first officially announced to the public. Work on the trail will be made possible by a \$12,300 grant from the Atkinson Charitable Foundation, established by the late Joseph E. Atkinson, former publish-

er of the Toronto Star and Star Weekly. Through Area The exact site of the district trail has not been announced, but it is felt the trail will follow the Niagara Escarpment from Queenston to Tobermory on the tip of the Bruce Peninsula. This would mean the trail would go north from Mount Nemo area, through Lowville, Rattlesnake Point, Glen Eden Conservation Area, and north to Speyside.

Featuring a sylvan paradise of hidden waterfalls, musical brooks and colorful song birds, the trail will offer a retreat from the harsh pavement for campers, hikers and nature lovers. It is expected that by the time Canada celebrates its centennial in 1967, the whole route, complete with overnight hostels and lean-tos for campers, will be ready.

Unique Here The project is unique to Canada, although Britain, Europe and the eastern United States boast similar facilities.

It will touch such points as Niagara Falls, Decew Falls, Hamilton Mountain, Webster's Falls, Milton, Credit Forks, the Blue Mountains, Eugenia, Owen Sound, Colpoys Bay and Lion's Head.

Mr. Webster said he hoped the Bruce Trail will get Canadians "back on their feet again." "No longer will Ontario have to be behind the U.S. and Great Britain in establishing a trail for those people who wish to walk, ride horses and enjoy the scenic qualities of our countryside without having to resort to the automobile."

Hoofers To Help The group will seek help from the Canadian Youth Hostels Association which is interested in establishing hostels — offering inexpensive overnight lodging and cooking facilities — along the route. There will be a number of access points so people may start in different places.

The committee points out that within a 30-mile limit on either side of the proposed route are six of Ontario's largest cities. "Our proposed trail can be reached comfortably in less than half an hour by one-sixth of the total population of Canada," Mr. Webster added.

He said that at a time when physical fitness has been advocated by the federal government as a national objective, one should remember the sport that can yield the greatest dividend for most people is walking.

Need The Place "But in order to encourage walking there must be appropriate places to walk," he said.

Nature features will be marked so the trail can be used by school group on field trips.

He added it also will be useful for advance students doing field trips in geology, geography, botany and zoology.

To crisp a sagging veil, press it on top of a piece of waxed paper. Wax from paper will give the veil body.

## Linked With Esquering History Col. Noble Marks 95th Birthday

A man whose family is linked with Esquering's earlier history marked his 95th birthday Sunday, February 18.

Lt. Col. Alexander L. Noble has lived most of his 95 years at the Elms, his large farm home on the Credit River, adjoining Norval village.

The Noble family is intimately linked with the village's commercial history. Col. Noble and his father before him, Robert Noble, operated a large flour and grist mill which was a landmark beside the highway until last year when the empty building fell prey to progress and was demolished for widening of No. 7 through Norval.

He is the oldest living commanding officer of the present Lorne Scots Regiment. He was Lt. Col. of the 20th Halton Rifles which later became the Lorne Scots, before and during the first world war.

His community service extends back to his positions in the Presbyterian and United churches in Norval, as Sunday School superintendent, choir leader, trustee, manager and clerk of session. He held office on the public school boards of years ago. He was a

director and president of the Millers' Mutual Fire Insurance Co. of Hamilton for 48 years. Col. Noble's daughter, Mrs. E. C. Reed, makes her home with him at the Elms, another daughter, Dr. Ethel Noble Dempsey, lives in Belleville. He also has two sisters, Mrs. A. A. Laing of Guelph and Miss Annie Noble of Toronto.

## County Approves Grant of \$2,500 For Lorne Scots

Approval of a \$2,500 grant was given by Halton County Council to the Lorne Scots, Peel, Dufferin and Halton Regiment at the monthly council meeting Tuesday of last week.

Commanding Officer Lieut. Col. E. P. Conover explained the regiment was at a strength of 450, the highest in many years. He reviewed the year's activities including a National Survival weekend at the Canadian Provost School; regimental reunion, student militia program, participation of the Pipes and Drums in the Vancouver Tattoo and the summer camp.

## Acton Invited To Organize Retarded Unit

North Halton Association for Retarded Children held its first general meeting of the year, in St. Alban's parish hall, Acton, Wednesday evening of last week, with an invitation to Acton to select an executive and establish an auxiliary unit in Acton for retarded children.

Guest speaker at the meeting was Miss J. E. Manson, superintendent of Metropolitan Toronto A.R.C., who spoke on the advances made through the centuries in the care and welfare of the mentally sick and retarded.

She told the group that as early as 130 B.C. in Greece, the mentally afflicted were placed in special temples and given pleasurable occupations. She said that since that time progress had deteriorated until the last century.

With the advent of penicillin and antibiotics, the life span of the retarded has been prolonged and has resulted in more and better facilities being required, Miss Manson observed.

"The stumbling block to setting up better facilities for the retarded, is lack of funds," said Miss Manson.

The Acton Free Press, Thursday, March 1st, 1962

The speaker said that more than 60 per cent of retarded children who attended the Beverley St., Toronto, school were referred by the Department of Education, yet no grant is allowed by the Provincial Government.

"All workshops and schools for the retarded have to be supported by public contributions," said Miss Manson.

Illustrating her talk with the aid of slides, Miss Manson showed how the children are taught to tell the time, use scales, measure, to meet people, and to punch a clock. The boys are given jobs which have a masculine tendency, she said.

Some of the children at the Beverley St. school are given jobs which net them a small sal-

ary such as assembling first aid kits, drilling and tapping brass tips for furniture, legs, printing Christmas cards and sewing Christmas stockings.

Later Mrs. R. P. E. Jeffares, principal of Sunshine School in Milton, informed the meeting on her work which includes the teaching of manners, health, grooming, rhythm and movement and speech therapy.

Mrs. Jeffares said her future aims are to promote a home economics program when the new school at Hornby has been completed.

G. G. Addison, president of the Association, closed the meeting with an invitation to Acton to select its own representatives to serve on the Association's executive.

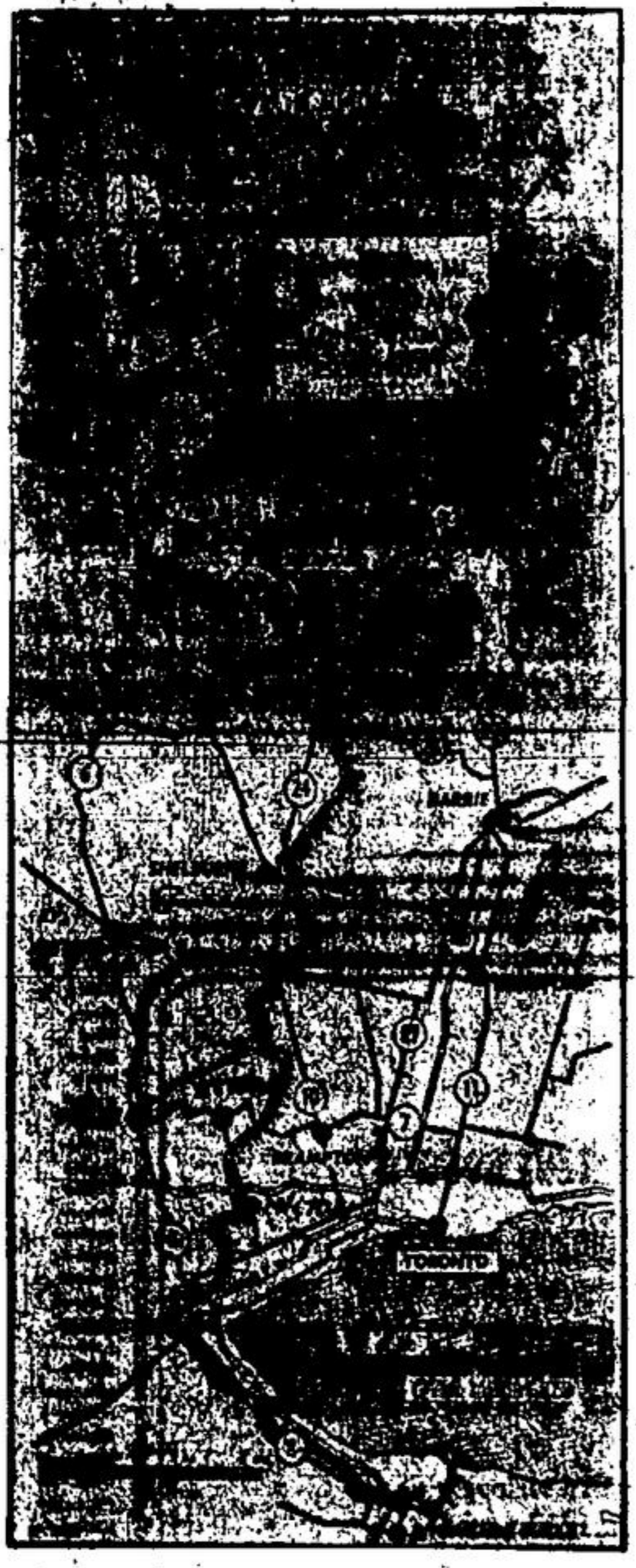
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## THIS SUNDAY'S Church Calendar

**PRESBYTERIAN CHURCH IN CANADA**  
**KNOX CHURCH, ACTON**  
 Rev. Andrew H. McKenzie, B.A., B.D. Minister  
 Mr. E. A. Hansen, B.A. Organist and Choir Master

SUNDAY, MARCH 4th, 1962  
 9:45 a.m.—Church School.  
 10:00 a.m.—Minister's Teenage Bible Class.  
 11:00 a.m.—Divine Service. Sermon theme, "The Sin of Overwork."  
 (Junior Congregation, boys and girls, 3 to 7 years, mecca during sermon.)  
 8:00 p.m.—New Life Mission concluding rally, at Guelph Memorial Gardens. Transportation rendezvous, Acton United Church, 7:15 p.m. sharp. Everyone Most Welcome.

**FELLOWSHIP BAPTIST IN ACTON Y.M.C.A.**  
 For information, call Sunday School Superintendent Mr. Earl Presley, 51 Longfield Rd., phone 853-1924.

SUNDAY, MARCH 4th, 1962  
 9:45 a.m.—Bible School Classes for all ages.  
 11:00 a.m.—Morning Worship.  
 7:00 p.m.—Evangelistic Service.  
 Speaker at both services, Rev. Morley R. Hall of Toronto.  
 Wednesday, 8 p.m.—Cottage Prayer Meeting, "Holding Forth the Word of Life."  
 All Are Welcome

**ACTON PENTECOSTAL TABERNACLE**  
 33 Churchill Road P.A.O.C.  
 Rev. Kenneth J. Reid, Pastor  
 75 Cook St., Phone 853-1357.

SUNDAY, MARCH 4th, 1962  
 10:00 a.m.—Sunday School.  
 11:00 a.m.—Morning Worship.  
 7:00 p.m.—Evangelistic Service.  
 Tuesday, 8 p.m.—Bible Study and Prayer.  
 Thursday, 8 p.m.—Christ Ambassadors.  
 You Are Always Welcome.

**BAPTIST CHURCH ACTON**  
 Pastor: Rev. James M. Rudd  
 39 Nelson Court, Phone 853-0925.

SUNDAY, MARCH 4th, 1962  
 9:45 a.m.—Sunday School.  
 11:00 a.m.—Morning Worship.  
 6:30 p.m.—Evening Service.  
 Wednesday, 7:30—Prayer meeting.  
 All Are Welcome

**UNITED CHURCH OF CANADA Acton, Ontario**  
 Minister:  
 The Rev. Dwight I. Engel, B.A., B.D.  
 Organist:  
 Mr. George Elliott, M.A.

SUNDAY, MARCH 4th, 1962  
 9:30 and 11:00 a.m.—Divine Services  
 (A nursery is provided for infants during the 11 o'clock service.)  
 The Church School  
 9:30 a.m.—The Senior School for those in grade 5 and higher.  
 11:00 a.m.—The Junior School, for pre-schoolers to grade 4.  
 8:00 p.m.—New Life Mission concluding at Guelph Memorial Gardens. Transportation rendezvous, Acton United church, 7:15 sharp.  
 All Welcome

**CHRISTIAN REFORMED CHURCH**  
 Rev. J. Nutma, B.A., B.D. Minister  
 301 Queen St., Box 46, Phone 853-0375.

SUNDAY, MARCH 4th, 1962  
 10:00 a.m.—English service.  
 2:30 p.m.—Dutch service.  
 All Are Welcome

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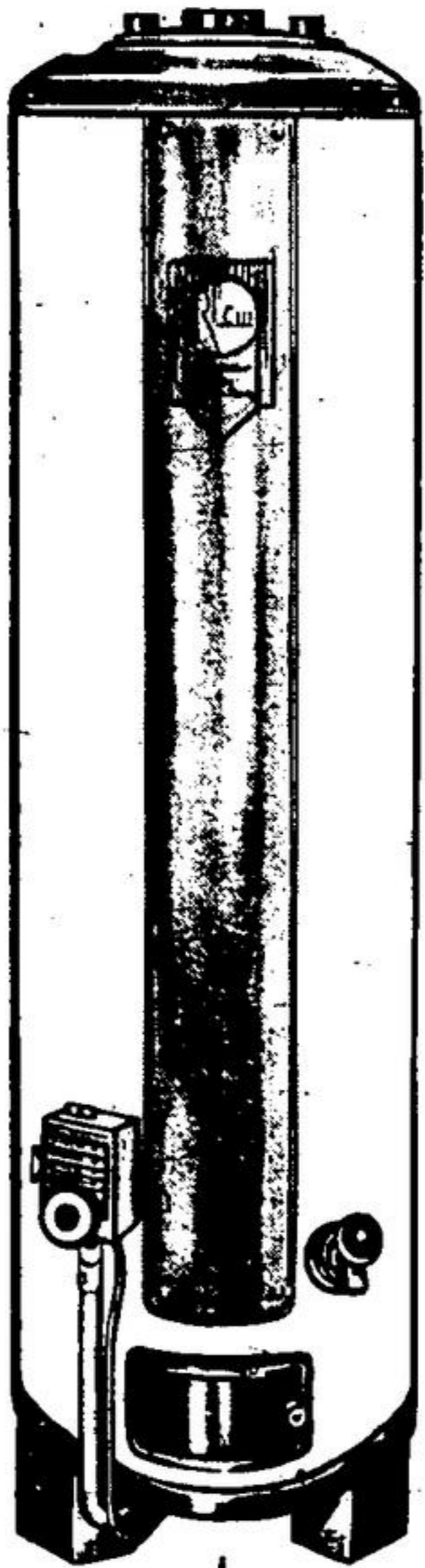
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