

Program Here Soon

Halton's Medical Officer of Health Outlines Our Mental Health Needs

Establishment of a county-wide mental health program will be undertaken soon by the Halton County Health Unit, following the recent announcements of grants toward a Halton Mental Health Clinic by County Council and the Federal Health Department.

Halton is presently advertising in two Canadian professional journals for the services of a psychiatrist to direct the program, and other staff will be employed later.

Dr. A. F. Bull, Director and Medical Officer of Health for Halton County, has prepared the following information to outline what mental health services the county has had in the past, plus a description of what will be provided in the future:

MENTAL HEALTH SERVICES

By Dr. A. F. Bull

During the past few years, our county has been served by a mental health clinic. This is directed by Dr. Roy Brillinger and serves several other geographical areas as well as Halton county. Dr. Brillinger, with his psychological and social worker, visits Halton county two days each month. Patients with less severe mental illness are seen in this clinic. Many of the patients are children with emotional and behavior problems. This clinic has served us well in spite of the small amount of time which Dr. Brillinger has been able to give us.

Our needs for mental health services have been increasing for a number of years. Our present population is 111,800, of which only 10 per cent is truly rural. The increasing urbanization has brought increased mental health problems. Those patients with serious mental illness are being adequately cared for in the Ontario Hospitals in Hamilton and New Toronto.

Our mental defective patients are being adequately cared for in the Ontario Hospital School at Orillia. Local schools for retarded children are accomplishing a great deal also. The staff of all the Ontario Hospitals have been demonstrating a very keen interest in the community, but it is, of course, impossible for them to do as much work in the community as they would prefer.

Served by Hospitals

Halton county is now well provided with general hospitals. The Oakville-Trafalgar Memorial Hospital has been in operation for a good number of years. The Milton Hospital has been serving the Milton and district area for several months. The Joseph Brant Memorial Hospital, Burlington, is now in operation, and Georgetown Hospital will be accepting patients within a few months.

GIRL GUIDE NEWS

(Intended for last week)

Before the meeting opened, the press took pictures of the Guides who were enrolled and the Brownies who became Guides during this evening's ceremony. The Guides had their regular opening and then formed a horseshoe at the back of the hall for the Brownie Fly-Up.

Following the ceremony, the Girl Guides were given detailed information concerning the Cookie Day which is to be on April 29 this year. Then, everyone sat down and were served coffee and cookies or ice cream by those who were trying for their Hostess badge.

We were very happy to see so many of the mothers turn out for the ceremony.

The meeting closed with Taps, and Softly Falls—the Light of Day.

months. It is quite evident that we have adequate general hospital facilities in Halton county. Our population is being well served in this field.

It is most necessary at the present time to set up a mental health program that will promote good mental health in our community, prevent mental illness from occurring, and prevent the less serious mental illnesses from becoming more serious. This can be done to the best advantage by someone working in the community itself. It is necessary to give assistance on a high professional level to those people responsible for the training and development of our younger members of our community, in the home, in the school, and in the church. These are the basic areas for attacking the problem but there are many other community resources which could be marshalled by leaders with professional training in the psychiatric, psychological and social fields.

Help One Another

Much could be accomplished by working closely with practicing physicians, public health nurses and registered nurses. The official agencies, the courts, and the various welfare services, could be given great assistance by (and could render great assistance to) a mental health program. Voluntary health agencies and service clubs, have a keen interest in the health status of the community. There is a place, also, for working closely with industrial health services and the recreational and cultural groups. It would be necessary to maintain a close co-operation with all of these.

The greatest emphasis will be placed on prevention but it will be necessary to accept responsibility for some phases of treatment.

Old, New County Crests Pose Problem of Origin



Mystery Crest . . . New Crest

Halton County is using a new seal and crest these days, even though it is really older than the county.

The strange case came to light last year when county clerk Garfield Bown noticed that the crest the county was using, wasn't the same crest used on the first county by-law. This first by-law was passed by the provisional council that preceded Halton's first county council back in 1854.

On searching the records he couldn't ascertain just when or why the crest was changed, and nobody else can recall a reason either. So with council's permission, engravings and seals of the original crest were made, and have been in use for a few months.

Describe Crest

The crest features a shield divided into four sections, and each of the sections contains an emblem relating—it is believed—to a separate township. In the top left corner is an agricultural harrow, representing Nassagaweya. Down in the lower right corner is a sailing schooner, which probably represents the Chisholm family which first settled in Trafalgar

Township. The other two symbols are still a mystery, but it is believed the walking plow in the lower left corner stands for Nelson Township's agriculture, and the hog in the upper right corner must represent Esquesing Township's livestock farming.

(One strange note—the hog has a ring through its back. There seems to be no explanation.)

Oak Leaf Cluster

Around the shield is an oak leaf-cluster, probably representing the White Oaks for which the southern portion of the county is known. Above the crest stands a sheaf of wheat, probably representing the agricultural aspects of Halton's early days. The words "Corporation of the County of Halton" are strung around the shield.

The mysterious crest which somehow crept into the picture sometime in the intervening years featured some different symbols, however it carried the "Absque Labore Nihil" motto.

Different Symbols

In the upper left corner is a Maple Leaf, upper right is a sheaf of wheat, lower left has the walking plow, and lower right has a large oak tree. Above the shield is an animal that looks like a lion, carrying a broken spear. Its origin and meaning are still a mystery.

At the end of 1960, copies of the new (?) crest were presented to past county councillors and these are now being worn on navy blue blazers by many of the councillors.



31 CHILDREN and three adults were confirmed Saturday evening at St. Joseph's Catholic church when The Most Reverend M. A. Harrington, D.D., Bishop of Kamloops and Monseigneur The Right Reverend F. J. McHugh of Hamilton were present. Pictured above at the conclusion of the service left to right are Michael Vale, Jim Coney, Michael Jeffrey, Bishop Harrington, Monseigneur McHugh, Anne McMillan, Donna Cislak and Jackie Bullough.

Bishop of Kamloops Confers Sacrament On 34 at St. Joseph's Church Saturday

His Excellency, the Most Rev. M. A. Harrington, D.D., Bishop of Kamloops, B.C., representing His Excellency the Most Rev. J. F. Ryan, Bishop of Hamilton, conferred the sacrament of confirmation on 31 young people and three adults at St. Joseph's Church on Saturday evening.

The dignified and beautiful ceremony attracted an overflow congregation to see the boys, gowned in scarlet cassocks with crosses, and the girls in white surplices with salet caps, receive the "laying on of hands." The sacrament, an extension of the "tongues of fire" at the first Pentecost, imparts the seven gifts of the Holy Ghost and makes strong and perfect Christians.

Guard of Honor

A guard of honor, composed of members of the Holy Name Society of the parish, was drawn up from the rectory to the church entrance where the bishop's procession, headed by acolytes, was met by the pastor, Father V. J. Morgan. The senior choir intoned the traditional greeting given to a bishop, the "Ecce Sacerdos Magnus," and the procession moved to the altar.

Decked with red and white hangings and flowers of red and white, the altar presented a splendid backdrop for the episcopal throne of the bishop. His Excellency was enthroned and introduced by the pastor who spoke of the bishop's vast diocese

in the North West Territories. From a large family, His Excellency has four brothers, priests of the church and two sisters in religious orders.

Questioned Candidates

Bishop Harrington questioned the candidates on their knowledge of the Catholic religion, explaining various points of doctrine and comparing them to "new blood in the church." He was aware of the difficulties involved in preparing for the sacrament and he offered words of congratulation to the pastor, parents and teachers who helped make it possible.

His Excellency emphasized that the sacrament of confirmation made the young people mature and fully grown Catholics. They must live up to their faith and set an example.

With Sponsors

In the actual conferring of the sacrament, each candidate proceeded singly to the altar, where with his sponsor's right hand on his shoulder, Bishop Harrington invoked the seven gifts of the Holy Ghost, wisdom, understanding, counsel, fortitude, knowledge, piety and fear of the Lord. The choir sang the hymn, "Come Holy Ghost."

Benediction of the Blessed Sacrament followed the confirmation ceremonies and His Excellency was assisted by the visiting clergy in the benediction.

His Excellency and the pastor were in the church hall after the ceremonies to meet the newly confirmed and parishioners of the parish.

Confirmed

Those confirmed were: Terence Smeltzer, James Conroy, Jerry Ockenden, Vincent Dunn, Sean Dwyer, Harry Gehrich, Robert Bonnett, Kenneth MacColl, Michael Jeffrey, Michael Vale, Karen Schubert, Rita McCrea, Madeline Drew, Lynda Gervais, Margaret Holmes, Jack Bullough, Marilyn Vale, Bernice Drew, Teresa Matzo, Dorothy Field, Brenda Abime, Anne McMillan, Marie Harrington, Patricia Symons, Catherine Gervais, Judy Cannon, Gail Dunn, Gail McHugh, Janet Brada, Donna Cislak, Gail Green.

Assisting in the conferring, as well as His Excellency Bishop Harrington and the pastor, were Monseigneur Rt. Rev. F. J. McHugh of Hamilton, Father John Norman, pastor of the Church of Our Lady, Guelph; Father Patrick Budendistel, pastor of Sacred Heart Church, Guelph; and Father Robert MacDougall S.J. of Ignatius College, Guelph.

Robert Bornhold Group Speaker

Speside Home and School Association meeting on April 12, opened with God Save the Queen. The minutes of the last meeting were read and adopted. The treasurer's report was given by Mrs. Taylor. It was decided to ask each person to bring two articles of baking for the sale on Friday, April 21.

Colin Leitch, principal of the school, gave a report of the proceeds from talent night. Guest speaker for the evening was Robert Bornhold. His subject was "The school endeavor to educate your child." N. Elliott thanked Mr. Bornhold for his enlightening talk.

The lunch was served by Bannockburn and Blue Mountain school section ladies and a social half hour was spent.

Eden Crest Institute Elects Slate Under Mrs. W. Dunbar

The annual meeting of the Eden Crest Women's Institute was held at the home of Mrs. L. Shields with 14 members in attendance.

Mrs. R. Martin, community club representative, reported that the institute was not being asked for a donation for the May 24 celebrations; instead, a door-to-door collection would be made to defray expenses.

Graduation Pins

Graduation pins are to be presented to the grade eight students of institute members and to those pupils who would normally attend S.S. No. 11, Erasmus and S.S. No. 5. This is a joint project of the Eden Mills institute and Eden Crest.

Elect Officers

Mrs. E. Barden acted as chairman for the election of officers, who are as follows: president, Mrs. W. Dunbar; first vice-president, Mrs. E. Woodhouse; second vice-president, Mrs. G. Ingle; secretary, Mrs. G. Ingle; district director, Mrs. E. Barden; assistant secretary, Mrs. L. Schulte; branch directors, Mrs. C. MacDougall, Mrs. W. Maudie, Mrs. E. Perry.

Conveners: home economics and health, Mrs. C. Abram, Mrs. E. Woodhouse; historical research and current events, Mrs. Schulte, Mrs. G. Ingle; citizenship and education, Mrs. E. Perry, Mrs. R. Martin; agriculture and Canadian industries, Mrs. G. MacDougall, Mrs. C. Abram; public relations, Mrs. H. MacPherson; auditors, Mrs. T. Bould, Mrs. J. Chamberlain; Canadian Association of Consumers, Mrs. E. Woodhouse; courtesies, Mrs. N. R. Marshall; press reporter, Mrs. N. R. Marshall; card convener, Mrs. N. R. Marshall.

After the installation ceremony, lunch was served by Mrs. L. Schulte, Mrs. E. Perry and Mrs. Ron Martin.

It isn't how high you go in life that counts, but how you get there.

Industrial Fire Prevention Aid Sought by Halton Bureau

If industrial and commercial representatives will indicate a sufficient interest, a special industrial fire prevention committee will soon be organized by the Halton County Mutual Aid Fire Prevention Bureau.

Meeting in Milton recently, members of the bureau reviewed the important role of industrial and commercial establishments in Halton County, and decided that saving the high assessments warranted special fire prevention arrangements. "Our job not only involves saving the building from fire," said chairman Don Churton of Trafalgar, "but we must also protect the jobs and paychecks of the employees."

The group agreed to forward letters to all industries inviting representatives to join the bureau. If enough are interested, a new committee will be formed, comprising the industrial, commercial delegates and firefighters from Halton's eight fire brigades.

The farm fire safety committee of the bureau has been mapping a program on reducing farm fire losses, and arrangements are being made to publicize fire prevention through farm safety

committees. 411 club groups, Junior Farmers, Women's Institutes and agricultural fair boards.

The committee has taken colored slides of fire hazards seen on many of Halton's farms, and is planning to show the slides and demonstrate extinguishers and fire equipment at a 411 club meeting in June. Weekly spot radio announcements and frequent publicity through area radio stations and newspapers are also being planned.

About 30,000 home fire hazard check sheets have been produced by the bureau and these were handed out to members for distribution throughout the county. Some municipalities have agreed to send out the check sheets with tax bills, thus saving distribution costs to the bureau.

Trafalgar Safety Council is planning to include fire prevention in its program this year, it was learned, and Chief George Wright of Trafalgar was asked to discuss mutual cooperation with the group.

A fire hazard snap-shot contest has been suggested for public school students, to be held in conjunction with local fairs.

BUSINESS AS USUAL

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