



**DRAW WINNER** was Mrs. P. Kenney of Acton when her name was picked from the large drum Saturday. Mrs. Kenney received \$60 from the merchants sponsoring the Free Living draw. She is shown receiving the money from Sparky Dron while J. B. Wood and fire chief Jack Newton watch.

## Halton's Mental Illness Problems Outlined at Welfare Council Luncheon

What can a community do about mental illness, and specifically, what can the people of Halton County do about it was the problem discussed by Dr. J. D. M. Griffin, director of the Canadian Mental Health Association when he addressed the luncheon meeting of the Halton Community Welfare Council Thursday at Oakville.

"The number of people who have been prevented from being their happiest and most efficient selves is certainly at least one out of every 10, and about one in 10 school children is partially disabled by mental illness, and needs skill and care to help detect and overcome his difficulties," stated Dr. Griffin. No one has complete freedom from emotional upset, and it is of greatest importance that the public corrects fears associated with mental illness, and that everyone works to help our people attain good mental health.

Dr. Griffin stated that research in this field is now at the same stage of development as was public health 75 years ago, and while some progress is being made, much has yet to be done. We have as yet no injection or means of immunization against mental illness, but it has been found that what happens from birth to the age of four years plays a most important part in the future development and attitudes of a person.

**Needed Here**  
It was the opinion of Dr. Griffin that for every 100,000 of population there should be at least one mental health unit preferably staffed by a psychiatrist and a social worker. At the present time, Halton County with a population of over 100,000 has no such unit. He pointed out that the most serious mental illness is not the result of a single cause, but is the result of a combination of factors. The home, the school and the church are three groups which must put their greatest emphasis on ways of detecting and furthering mental

stability. The second line of defence is the family doctor, the clergyman, family agencies and the police force.

Of this latter group, Dr. Griffin felt that workshops to help these trained personnel understand and recognize disturbed people with whom they came in contact, would be of great benefit both to themselves and to the community. Backing up all these organizations and individuals is, of course, the Public Health Organization. Here, as well as elsewhere, early detection of mental illness is of the utmost importance.

**Hospital Wards**  
Dr. Griffin further stressed that, ideally, every general hospital with from 100 to 150 beds

should have a psychiatric ward, with admission to it made as easy and as informal as is general admission to other wards. Associated with this should be an out-patient department of the Mental Health Clinic. Another efficient and very inexpensive facility, might be considered in the form of a day care hospital where patients may go during the day for treatment and therapy, after which they return home in the evening.

These things, Dr. Griffin felt, can be done by any community, and are the responsibility and privilege of a community. It was his hope that the newly formed Halton Mental Health Association would receive the support and help of the people of this area.

### The UNICEF Story

## Fund Gives Children a Better Life

There are many differences among men in their culture, religion and tradition as well as in their political beliefs, but a concern for the needs of children is universal and brings men closer together. UNICEF, the United Nations Children's Fund, is living proof of the vitality of this concern and a constant demonstration of how the governments of the world, representing many different kinds of people, can unite and work in harmony to give children a better life.

Of the estimated 1,000,000,000 children in the world three quarters of them lack adequate food, clothing shelter and protection against disease. Of the 30,000,000 children born every year, one quarter will die before they are six months old, two-thirds of the remainder will die before they reach adolescence. In countries such as Indonesia and Pakistan the newborn child has only a 50 per cent chance of survival in its first year, as compared with Canada and the U.S. where the infant mortality rate is only three per cent.

**All Over World**  
Until very recently this struggle for survival was an eternal condition of human life all over the world, not just in the underdeveloped countries. However, in this century the revolution of scientific and medical techniques and the development of new drugs and antibiotics have been contributing factors to the increasing life span in countries of the Western Hemisphere and today there is the possibility that children all over the world may eventually enjoy the same advantages as far as health services are concerned.

This possibility has been referred to as a 20th century crusade and it is a crusade in which many governments and hundreds of thousands of organizations and individuals are participating. It is a crusade which depends upon the efforts of workers, overworked and underpaid doctors, nurses and government administrators, and which draws strength from the contribution of many great private philanthropies and religious groups.

In the United Nations Children's Fund, this crusade finds, perhaps, its most direct expression. For UNICEF is an organization which exists only because the nations of the world wished to wage a common fight for all their children.

**History of UNICEF**  
In 1946, with children in Europe suffering from the devastations of war, the United Nations General Assembly created the United Nations International Children's Emergency Fund to distribute emergency relief in the form of food and clothing. This grew out of UNRRA and

the work of the new organization of powdered milk and create of medicines contributed to was to be entirely with children. In 1948 the relief was extended to Palestine refugee mothers and children and kept up until 1952 when the United Nations Relief and Works Agency took over this branch of activity.

By 1950 it has become apparent that the problem facing UNICEF could not be tackled and conquered within a short span of months or even years. The hunger of Europe might be somewhat appeased, but there was increasing awareness that there was terrible hunger in other parts of the globe and that this hunger was a chronic condition of existence itself. The General Assembly, therefore, directed that the fund concentrate more and more on these areas, assisting the governments concerned with health and welfare programs that would strike at the root of their problems.

Thus in 1953 the fund was placed on a continuing basis and the name was changed officially to the United Nations Children's Fund. However, no one wished to change the famous initials which appeared on every jeep and every truck on every ship.

### Tips on Touring

By Carol Lane  
Women's Travel Authority

When you are out enjoying this beautiful fall foliage through the gorgeous fall foliage watch out for wet leaves on the roads. Leaves are as slippery as banana peels. Worse in fact because there are more of them and their hazard is unanticipated.

When you run into a leafy stretch of road:

(1) Drive slowly.

(2) Avoid applying brakes suddenly. Light gradual pressure on the brake pedal is safer.

**Direction of Skid**  
(3) If you feel yourself skidding, turn the front wheels in the direction of the skid and do not apply brakes until the car straightens out.

(4) Above all, make sure your tires and brakes are in first class condition as you go into fall and winter. The first falling leaves are your signal to see a service station or garageman.

Autumn is one of the finest times of the year for traffic-free Sunday drives and weekend jaunts. But be careful of seasonal slipperiness.

## Scottish Dancers Take Lessons

The last regular meeting of the Acton Scottish Dance club held in the Y.M.C.A. was well patronized by both local and out-of-town residents.

During the evening new dancer under the expert instruction of Dave Izatt were introduced to the program and enjoyed by all.

The forthcoming Halloween party for the children was announced by the M.C. for the evening, Bob Foyers, who assured everyone that much time had been spent on preparation to make it a successful evening, full of good old fashioned Halloween fun and frivolity, followed later on in the evening by a dance party for the grown ups. Tickets were issued to the members and can be had from them. He also conveyed the club's best wishes and bon voyage to Mrs. Bill Wilson on her forthcoming trip to Britain.

During the interval light lunch was served to the guests by Mrs. Jim Donnelly.

The instruction period prior to the regular dances under Jack McGeachie's instruction, is growing in numbers and becoming quite a popular feature.

### St. Alban's Filled For 9.30 Service

The Church of St. Alban the Martyr was filled for Holy Eucharist at 9.30 a.m. Sunday morning. Sunday school scholars and confirmation class join in family worship.

Holy Eucharist was celebrated at the Feast of St. Luke the Evangelist at St. Alban's church Tuesday morning at 10 a.m. Sunday morning was sung in the Cathedral in Hamilton, and the diocese as a whole was invited to attend. The bishop of Dublin, Ireland, was the preacher.

### LIVE IT UP

Thin people who need a few extra pounds can include some very tasty foods in their diet. Extra helpings of bananas, apples, prunes and canned plums, pineapple and cherries will help in gaining weight, especially when served with cream or ice cream. Vegetables such as navy beans, peas, corn and potatoes with plenty of butter will also help.

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### The BIBLE Today

The serial printing of extracts from the Bible in daily newspapers continues in India. The Gospel of Mark has been published in Hindi, Bengali, Oriya, Gujarati, Telugu and Kannada. John, in Urdu, Marathi and Sinhalese, and Luke in Tamil.

The Calcutta Bible Society Auxiliary reports 138 entries and in Bombay over 200 wanted to know more. Thousands are now taking Bible correspondence courses.

**Forma Own Group**  
In Delhi a Hindu woman was so impressed by the reading of the story of the widow's mite (Mary 12: 41-44) that she and 18 other women formed a group to study the Gospel of Mark.

It is hoped that in due course the Gospel will be published in the daily press in all the important regional languages.

These results prove that the Bible itself in the language of the people is a most effective tool of evangelism.

**Suggested Readings**  
Sunday, Psalms 16: 1-11; Monday, Romans 1: 1-17; Tuesday, Romans 1: 18-32; Wednesday, Romans 2: 1-29; Thursday, Romans 3: 1-31; Friday, Psalms 9: 1-14; Saturday, Psalms 42: 1; 43: 5.

**WHEAT**  
Over the past five crop years (1952-1956) wheat production has averaged 285 million bushels an acre. Exports have averaged 100 million bushels, 30 per cent of the world export wheat.