



POISING FOR A SKETCH is Mrs. W. Sproston, convener of the annual Fun Fair sponsored by the Home and School Association as Miss Anne Wiebe, grade two teacher, makes a charcoal drawing. An interested spectator enjoying a bottle of pop is Peter Hargrave. Children lined up throughout the day to have sketches made by the talented school teacher.

## Third Meal Successful Project Branches Agree at Summary Day

The second annual Summary Day for Halton County Women's Institutes was held Tuesday, March 3, in Esqueaux Township Hall, Stewarttown. This year the branches have been participating in a course called The Third Meal, which deals especially with the preparation of good lunches or suppers. Judging from the response shown at Summary Day, it had been a very successful project.

Last year the Home Economics Service of the Department of Agriculture inaugurated a new system of courses whereby Women's Institutes and other organizations could send two of their own members to be instructed at a leaders' training school. These leaders then conducted the courses for their own groups.

In 1958, Halton county received a course in home furnishings, New Lamps for Old. This year it was The Third Meal which deals with food and nutrition.

Growth of interest in this type of program was indicated by the increase in participation and attendance at Summary Day. Nine Women's Institutes in the county sent representatives to the training school last November and all completed the course of study although one group was not able to attend Summary Day. The total attendance this year was 50, as compared to last year's 50.

### Badges Presented

Mrs. Mabel Bergstrom, home economist for Halton county with the Department of Agriculture, chaired the Summary Day program on Tuesday afternoon and called on Miss Mary Porteus, instructor for this class, to present badges to the leaders and to comment on exhibits which each group had prepared. These exhibits featured a lunch or supper menu, accompanied by the recipe, menu, meal pattern and table setting.

Following this Mrs. Gordon MacNab, Summary Day committee chairman, presided over an extremely varied and lively program presented by the participating groups.

First on the list was a demonstration, Let's Make a Salad, by Mrs. S. Kirkpatrick and Mrs. Crichton of Lamehouse, in which the ladies made and displayed a Banana Split plate salad.

### More Appetizing

This was followed by a skit from Bannockburn entitled, An Aid to Appetites, and describing the way in which one family's menus had been made more appetizing through the mother's participation in The Third Meal. Mrs. C. Sinclair, Mrs. J. Anthony and Mrs. W. Lanham were the actresses while Mrs. M. Harness introduced the acts.

Hornby Women's Institute made their presentation in the form of a panel discussion by Mrs. B. King, Mrs. L. Simpson, Mrs. R. Wilson, Mrs. J. Wallace and Mrs. W. Coulton on Cooking Schools Was Out of a Saver. The consensus seemed to be that there was no question about it.

Another demonstration, this time by Bannockburn members, Mrs. W. Kirkwood and Mrs. Lloyd McLean, showed how to prepare a whole meal, Pick and Choose Salad.

### 14 Tables in Play At Monthly Euchre

The Bannockburn Women's Institute held its monthly euchre last Saturday evening at Bannockburn School. A record crowd of 14 tables was in attendance.

The prize winners were ladies: first, Mrs. H. Deforest; ladies second, Mrs. Lameront, Brampton; men's first, J. Cooke; men's second, F. Kentner.

### Illustrated Talk

Miss Charlotte Turner and Mrs. R. Irving of Scotch Block presented an illustrated talk, using food models and flannelgraphs, on the subject, Planning Meals Ahead of Time.

Over the Tea Cups was Dublin's skit, introduced by Mrs. D. Kennedy, with Mrs. D. Moffat, Mrs. N. Wilson and Mrs. J. Dennis discussing the values of participation in a nutrition course.

Then a Marshmallow Pineapple Dessert Salad was demonstrated by Mrs. D. Murray and Mrs. G. Shering of Norval.

Mountain Union brought the whole program to a rousing conclusion by having all their members join in singing two excellent songs written by their members. One of these, entitled A Good Third Meal, was prepared especially for this occasion.

Miss Frances Hurkes, supervisor of the Food and Nutrition section of the Home Economics Service, commented on the whole program

and invited suggestions from Women's Institutes as to future courses which the Service might offer.

By vote of the ladies in attendance at Summary Day, it was decided to request a clothing course, Focus on Finishes, for 1959-60 Training school for this will be held in Milton in the fall. The afternoon was agreeably climaxed with afternoon tea served by ladies from Norval and there followed a period of visiting, exchanging recipes and viewing of exhibits.

Women's Institutes and leaders participating in this project were: Bannockburn, Mrs. Frank Smith, Mrs. John Snow, Bannockburn, Mrs. C. Sinclair, Mrs. M. Harness, Dublin, Mrs. Norman Elliott, Mrs. Wm. Frank, Hornby, Mrs. Wm. Coulton, Mrs. John Wallace, Lamehouse, Mrs. Frank Brown, Mrs. Gilbert English, Mountain Union, Mrs. W. B. Home, Mrs. Gordon MacNab, Norval, Mrs. Graydon Chester, Mrs. Lorne Cheyne and Mrs. Sinclair, Scotch Block, Mrs. D. Lawson, Mrs. H. Arnold.

## Rev. G. Adams Library Board Chairman; Name New Members

Two members have resigned from Acton Library Board and two men named to fill the vacancies. Other officers were also elected at the February meeting of the board held Tuesday of last week in the library.

Chairman for 1959 is Rev. Gordon Adams with Peter Dunham as vice-chairman. Committee appointments are: book buying Charles Kirkness, Mr. Adams and Mr. Dunham; property and finance, George Lee, W. I. Nicholls and William McKay.

Mr. Adams announced the two new members of the board are William McKay and W. I. Nicholls recently appointed by Acton school board.

### Financial Report

Miss Esther Taylor, the secretary-treasurer, presented the financial report which showed total receipts of \$5,253.94 and disbursements of \$5,186.20. Receipts included municipal grant, \$3,182; provincial grant, \$1,814.04; fees and fines, \$97.45; and a sundry credit of \$515. Salaries in 1958 amounted to \$1,621; rent was \$1,782 and new books cost \$1,465.03. Sundry items, such as the new protective plastic book covers and printing, amounted to \$318.17.

Balance as of December 31, 1958, was \$87.74.

### Appreciation Expressed

Appreciation was expressed by the board for the long service given by two former members who have resigned. Jack Crighton declined reappointment due to the pressure of other municipal activities. Ted Tyler, Sr. resigned from the board in order to be able to qualify for election to the Public Utilities Commission.

Mrs. P. Watson is the chief librarian, with assistants Miss Midge Chapman and Miss Esther Taylor. Mrs. Stan Notton also helped on occasions throughout the year.

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