



INTERMEDIATE GIRLS' CHAMPION Ruth Landborough, is pictured during the inter-school meet, as she clears the high jump. Held at the Acton High School, on Wednesday, September 24, with four schools attending, the meet was well attended with Acton winning the trophy for the school obtaining the most points. Anne Daintith of Acton was the senior girls' champion and Bob Foyers of Acton won the junior championship, during the meet.

Acton Wins Field Day Trophy At Annual Inter-School Meet

The 10th annual inter-school High School Field Day was held on Wednesday, September 24th at the Acton High School grounds with Erin, Georgetown, Milton and Acton students participating.

Winning the school trophy for gaining the highest point this year, Acton came out on top with 132 points, with Milton running a close second all day and finishing with 114 points. Erin placed third with 90 points and Georgetown fourth with 56.

Teachers, students and spectators all played an active part in the field day as they roared for their favorite athletes.

Third Year Winner

One of the highlights of the day was the 100 yard race in which Bruce Andrews, youthful runner from Acton, who also runs for the Golph Legion Track Club, led the field all the way to win the special trophy for the third year in a row. He ran the event in two minutes and six seconds.

Champions

Champions for the girls were Ruth Ann Sherratt, Milton, batman, Elizabeth Bottoms, Georgetown, Junior, Ruth Landborough, Acton, intermediate and Anne Daintith, Acton, senior.

Boys champions were Victor Currie, Milton, batman, Bob Foyers, Acton, junior, Graham Tait, Erin, Junior, Don Currie, Milton, intermediate and Bill Brush, Milton, senior.

The following are the results of the different events, showing the winners listed in brackets after the name is the initial of the school represented: (M) Milton; (G) Georgetown; (A) Acton.

GIRLS' EVENTS

Senior
High jump: Anne Daintith (A), Ruth Robertson (M), Betty McArthur (A).
Softball throw: Elizabeth Dreger (M), Ruth Robertson (M), Sandra Sproule (G).

Junior
High jump: Elizabeth Bottoms (G), Dorothy Curless (E), Jo Ann Foster (A).
Softball throw: Liz Force (A), Gloria Zehn (G), Pat Sykes (G).
Running broad: Elizabeth Bottoms (G), Angela Johnson (M), Carole Higham (G).
Standing broad: Lynne O'Sullivan (E), Chris Morgan (G), Rita Koster (G).
50 yard dash: Jackie Dawe (A), Betty Lacey (G), Elizabeth Bottoms (G).
75 yard dash: Elizabeth Bottoms (G), Jackie Dawe (A), Rita Koster (G).

BOYS' EVENTS

Senior
Pole vault: Ross Shortill (A), Bill Brush (M), Wade Baker (G).
High jump: Frank Matsock (A), Tom Barber (G), Doug McCutcheon (M).
Shot putt: Glen Britton (M), Ross Shortill (A), Mike Bolden (E).
Running broad: Frank Cooper (A), Bill Brush (M), Glen Wilson (M).

Junior
Pole vault: Pete Lawson (A), Stuart McDonald (A), Paul Popiel (G).
High jump: Don Lindsay (A), Dave Anderson (G), Don Currie (M).
Shot putt: Pete Lawson (A), Gary Ellis (M), Mike Brown (G).
Running broad: Ron Cussons (E), Don Price (A), Grant Baker (A).
100 yard dash: Don Currie (M), Chris Hamilton (M), Ron Cussons (E).
220 yard dash: Don Currie (M), Ron Cussons (E).

OPEN RACES

220 yard open: Bruce Andrews (A), Mike Bolden (E), Don Currie (M).
440 yard open: Bruce Andrews (A), Bill Brush (M), Don Currie (M).
440 Yard Relay
First: Milton: Sharon Reichart, Anne Jervais, Gloria Purdy, Marg Lawson, second: Acton: Ruth Landborough, Carole Bradley, Jo Anne Force, Jackie Dawe, third: Georgetown: Elizabeth Bottoms, Rita Koster, Marlene Kamstead, Carole Lane.

HOUSE STATISTICS

Of Canada's 4,050,000 occupied dwellings, two-thirds are owned, occupied 80 per cent are served with electricity, 83 per cent have mechanical refrigerators and 70 per cent have telephones.



BRUCE ANDREWS displays the trophy he won during the inter-school field day held at Acton on Wednesday, September 24. The trophy was presented to Bruce for the third year in a row when he won the 880 yard dash. The young runner's time for the event was two minutes and six seconds, when he romped across the finish line yards ahead of his competitors.

Promotional Campaign Planned by Association

The September meeting of the Milton and District Association for Retarded Children was held recently in Milton. As this was the first meeting of the school term, considerable business was on the agenda which entailed considerable discussion.

Correspondence secretary Mrs. A. Howard, read a letter from Earl Black, the auditor, who presented a signed 'paid in full' auditor's fee as his donation to the association.

Office Filled

Mrs. McGrath, Acton, a one-time teacher of the school, has accepted the office of vice-president and educational convener made vacant by the resignation of Mrs. George Elliott, Milton. Mrs. McGrath was welcomed back to the executive working in the interests of those pupils whom she had learned to love.

Mrs. Jeffares, principal of the school, gave a very encouraging report on the development of the pupils since they left school in June.

What had been taught prior to holidays has been retained. They know all flash card numbers from 1 to 50 and now they are learning the new ones from 50 to 100.

The new project they are taking up with the seniors is farming. A chart on farming animals was among the exhibits at the Milton Fair as well as a few examples of the children's individual work.

Mrs. McGrath and Mrs. Mitchell were delegated to attend the International conference at Chittie October 24 and 25. The former was also elected institutional convener on the executive.

Mrs. Kingdon and Fred Cross were appointed as conveners of the Youth committee with power to add as they see fit.

Mr. Addison introduced the sub-

ORIGIN OF NAME

Most commonly accepted explanation of the origin of the name "Canada" is that a Huron-Indian chief named Domagana took early explorer Jacques Cartier to visit his village near the present site of the city of Quebec. The Indian used the word "Kanata", meaning the collection of huts, and Cartier mistakenly assumed that this was the name of the whole country.

ject of a large promotional campaign which is being organized to educate the public as to what is being done in the interests of retarded children. The week of November 16 to 23 is Educational Week with the week following November 23 to 30 to be a fund-raising campaign on the press and coin. It was decided in order to be more fully informed the regional chairman Mr. Belch, Cookville and the regional campaign chairman should be invited to meet with the local group at their earliest opportunity and give further information on the campaign.

NEED RELAXATION

The speaker stressed the need for frequent relaxations on this hectic life, and pointed out that the ability to relax is something which can be acquired with practice.

She pointed out how closely man is bound up with mental health, but in her opinion children should not be taught formal drawing, dancing, etc., but should be given the opportunity to express their own ideas and develop their individualities through the medium of dancing and drawing.

Children are naturally graceful and become awkward only through self-consciousness in trying to conform to preconceived ideas of expression.

DRUGS AND TREATMENTS

Modern drugs and treatments with insulin and electric shock are proving helpful in treating mental illness, but the greatest advances can be made through sympathy and understanding which will gradually remove the stigma attached to such illness so that it is brought out into the open instead of being shut up in secret where it festers and becomes incurable.

EMOTIONS DISTURBED

This struggle to do a minimum amount of work and still manage to pay for our luxuries, leads to a breakdown of the mental processes. There are the psychosomatic illnesses such as ulcers, asthma, eczema, editis and the allergic physical ailments caused by emotional disturbances.

The speaker continued, noting there are the neuroses of anxiety states, in which the patient has too much uncontrolled feeling to see things in their proper perspective. They develop obsessions in order to keep their minds off their real trouble.

Mrs. Butler stated the most serious of all are the psychoses, schizophrenia or split personality, in which life just becomes too difficult and the victim retreats into a world of his own, losing contact with the world of reality.

BURLINGTON BATTLES DUTCH ELM DISEASE

BURLINGTON The Parks Department is preparing for a battle against Dutch Elm disease, which threatens to kill all elms in town.

Parks superintendent William Davidson stated that his department will make a district-wide survey and as there is no cure for elms affected by the disease, many elms in the area will have to be cut down and the wood burnt, to avoid a further spreading of the disease.

Jim Redman, a member of the parks committee and also a director of the Royal Botanical Gardens, warned the committee that immediate action will be necessary.

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