



**TROPHY WINNERS** in the Acton Legion Minor Sports American National, Baseball League are pictured above following their victory last Saturday. The Milwaukee Braves won the championship in the fourth game of the playoff series. Pictured above front row left to right are: Barry Bugala, Pat Churchill, Raymond

Toth, Donald Harris, Danny Arbic, Mike Matrocks and Bill Shannon. Back row, inset, Bill Quennell, manager, Terry Wilson, Peter Barr, Phil McCristall, coach, Brian McCristall and Don Price.

## SPORTS ROUND-UP

### 12-Inning Match

## Laking's Timely Hit Wins Semi-Finals for Villagers

During his long and brilliant career, Jack Laking has come through with many a timely hit to win a ball game in the late innings for Campbellville. This year however, the hits have been fewer and farther between. His slucky catcher, infielder and outfielder was hitting almost 100 percentage points below his average of the last couple of years although he has only missed seven games over the whole season.

This job seemed to be taking him away from practice and games just when he was regaining his form, and he would come back and have to start all over again. The veteran kept plugging away however, and he never picked a more dramatic spot to come through with a singeing base hit than on Sunday afternoon before possibly the largest crowd ever to watch a ball game in Campbellville.

#### Had it Tied

Port Hope and Campbellville were tied at one game apiece in their Ontario semi-finals, and in the top of the fifth Port Hope had scored two runs to tie the third and decisive game at 6-6.

Through the first seven and up to the bottom of the 12th neither team had been able to score with Campbellville being particularly inept against Port Hope's third pitcher, Mike Harrison who had come in at the ninth and in three innings had struck out eight. Walked one, allowed one hit and thrown out one batter himself.

#### Winning Run

But the second baseman fumbled the ball and everyone was safe and Laking was at bat. Jack, who had struck out the previous time at bat, worked the count to two and two, and then smashed the ball through second base to drive in Henderson with the winning run in a moment with the winning run in a moment for the struggle.

Carl Lenahan had started for Port Hope but had proved to be a little puzzle to Campbellville as they picked up five runs in three innings off six hits. He walked two and struck out two. Southbow Rogers Lee came on in the fourth and suddenly put an end to the Campbellville hitting. In five innings he allowed one run off four hits. He walked one and struck out seven. He was listed for a pinch hitter in the ninth and gave way to Harrison.

**Trouble in Fourth**

Stan Henderson started for Campbellville and was coasting along until the fourth inning when he started to run into trouble and had to be relieved with one out in the fifth. He allowed six runs off six hits as he walked one and struck out two.

Bruce Hamilton came in after Henderson and hurried shut out Port Hope for three and two-thirds innings when he was taken out for a pinch hitter. He allowed two hits

### Your Blood Pressure Can Tell Your Story

Many people fear a blood-pressure test in the belief that a high reading foretells invalidism and premature death. The truth is, the test is a great protector. It checks on circulatory conditions, warns of toxemia, spots kidney disease and other troubles, and is perhaps the most revealing of medical tests.

Specific ailments cause high blood pressure in about 10 per cent of all cases. The other 90 per cent are attributed to "essential hypertension" of unknown cause. This mystery, however, is yielding to research.

#### Continued Stress

Worry, fatigue and continued stress impose burdens on heart and arteries. Unless warning is given by the blood pressure test, and corrective steps taken, the heart may fail from overwork, a clogged artery may rupture in the brain to cause apoplexy, or a clot in a heart artery bring coronary thrombosis.

An abnormally low blood pressure may be traced to anemia, infection or malnutrition. But the article points out that usually no cause is found. Although victims complain of lassitude, low blood pressure often means a long and healthy life.

Latest studies indicate that blood pressure readings once considered abnormally high or low are too inflexible, and that many people who once would have been pronounced sick are in reality normal.

### Volunteers Help Mental Patients

WINNIPEG (CP) — Mental patients at the Selkirk hospital here are receiving weekly visits and help from volunteers of the Canadian Mental Health Association.

Each Monday evening, a group of the volunteers goes to the hospital by bus to bring cheer to the patients. Officials at the hospital say the patients look forward to the conversations, games and a glimpse of the "outside". Even patients beyond cure respond to the visits.

### Pollock and Campbell

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**SCOUT NEWS**

1st Acton "A" Troop

The first meeting of the season got underway at 7:00 pm. Leaders, Harry Coles S.M., Laurence Duby A.S.M., and Peter Newton T.L. outlined the rules and requirements to the boys.

The patrols practiced their knots assuring accuracy. At 8:15 pm the meeting ended and while the duty patrol cleaned the hall, a court of honor was held.

We are all looking for a year full of fun and achievement.

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