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Development of Spirit, Mind, Body Embraces the Tri-Purpose of YMCA

by Bob Brayshaw

A very clear picture of the Y.M.C.A. can be obtained from a close look at the stated purpose of the Y.M.C.A. — "The Young Men's Christian Association is a group of Young Men and Boys united in a common loyalty to Jesus Christ for the purpose of building a Christian personality in a Christian Society. If we look hard enough, we can find within this purpose the reasons and justifications for policy and operating procedure of the Y.M.C.A."

First of all it is a group of Young Men and boys and this group is still the basic constituency which the Y.M.C.A. serves. The purpose is to build a Christian personality in these people and it was recognized many years ago that the development of Christian personality was greatly facilitated if the person developed fully in Spirit, Mind and Body, therefore the red Triangle was taken as the symbol of this three-fold development. The program might easily be limited then to the development of sound bodies, keen minds, and reverent spirits in Young Men and Boys and thereby make a small, but very highly thought of group who would devote themselves to their own development.

This however would not fulfill the purpose of the Y.M.C.A. in full since a few people in each community having very high personal standards would certainly not go far towards the development of a Christian Society. The Association has therefore carried its program farther and included older men, women and girls in its membership. We may sum it up by saying that the Y.M.C.A. is a group of people who are attempting not only by their example of everyday living to improve the community in which their association is located. Providing that individual community is influenced sufficiently the National Y.M.C.A. which is the representative body of the individual Association along with those National Councils in other countries which have reached the same degree of perfection may influence the world for good.

These people in their own local associations must maintain high standards and must ever be recruiting and maintaining their own three fold development until such a degree of perfection is reached, that the world may have peace under the influence of the Y.M.C.A. as the silent servant of every community.

This conjecture need not be a pipe dream for in the confusion of the world today, in this year of 1955 as the Young Men's Christian Association looks forward to the marking of the one hundredth anniversary of World Alliance of Y.M.C.A.'s 80 countries around the world report the existence of Y.M.C.A.'s within their borders. And even in the communist-dominated countries and within Russia itself there are active Y.M.C.A.'s where people meet together with hope in their hearts, and the group that started out in London in 1842 when a young man by the name of George William invited a group of his fellow workers to meet in his house for prayer and Bible study was grown steadily until now it boasts the largest membership of any single organization in the world.

This purpose of the Y.M.C.A. is carried out by people enjoying themselves in a multitude of programs some of which are outlined for you today on this page.

Yours may be the voice that helps bring this world to peace; but for want of the nail the shoe was lost and for want of the shoe the rider was lost and for want of the rider the battle was lost. The Challenge is yours.



BOB BRAYSHAW
Acton Y Secretary

Y.M.C.A. Week

For 29 years Acton Y.M.C.A. has been devoted to Christian ideals and the betterment of the Acton community. We salute the local Y on this special page, during Y.M.C.A. Week from January 23-30.

Charter Members At Gra-Y Banquet

Who says boys don't like turnips? That was what the charter members of the Y.M.C.A.'s new Gra-Y club chose to include in the menu for their charter dinner, Tuesday. The sponsoring group of parents prepared for them a meal of baked ham, peas, potatoes, turnips, cake and ice cream.

Eight members of the junior High club from Kitchener arrived about six and set the scene for the very impressive chartering service. The charter members of the boys' club are John Leatherland, Carmen Woodburn, John McKenzie, Terry Waterhouse, Fred Dawkins, Wayne Gordon, Brian Bartlett and John Hinton.

During the induction, president John Leatherland was presented with the club's charter.

Rev. Evan Jones, the chaplain of the Acton Royal Star Gra-Y club, said grave and spoke briefly. Two films were shown, Honeyland, the story of bees, and Caribou Hunters, about Eskimos.

The Gra-Y club is a club for boys from 9 to 12, founded in 1922 in Morris Cove, New Jersey, to link boys' clubs of various natures into a unit. The selection of program for each club is left as much as possible to the members. The purpose of the club is to enable the boys to learn through experience the best ways of working together in any endeavor. The movement has spread rapidly through Canada and the United States until there are now 2,000 clubs registered with the national fellowship on this continent.

Halton Liberal Association

ANNUAL MEETING

Friday, January 28, 1955

at 8.30 p.m.

TOWN HALL, MILTON

ELECTION OF OFFICERS

Speaker:

MISS JULIA LA MARSH
Executive vice-president of the National Young Liberal Federation of Canada

Halton Women's Liberal Association

ANNUAL MEETING

SAME TIME - SAME PLACE - IN COUNCIL CHAMBERS

RELATIONSHIP OF Y.M.C.A., CHURCH STRESSED AT SERVICE LAST SUNDAY

The relationship between the local Y.M.C.A. and the church was pointed out when Robert C. Rao inaugurated Y.M.C.A. week in Acton Sunday as special speaker at the inter-denominational church service. Mr. Rao, from St. Clair Y.M.C.A., spoke to a congregation of about 250 in Acton United church on Sunday evening.

Of interest was his tracing of the development of the Y.M.C.A. from its origins to the present time.

He was introduced to the congregation by Acton Y.M.C.A. secretary, Bob Brayshaw.

Special music was provided by the Dutch choir, whose members all belong to the Y and practice there regularly. The choir, sitting in the choir loft, the service, was directed by John Schenk and accompanied by George Elliott. Two anthems were sung, one in Dutch, and one in English.

Many Y members attended the special service, and the Y's Men's club sat together.

The call to worship was taken by Rev. E. Curry; Scripture read by Pastor R. Costerus and Rev. E. Jones, and prayer by Rev. R. Armstrong.

Rev. Curry pronounced the benediction at the close of the service.

Certificates, Pins, Crests For Leaders

Certificates, crests and pins were presented at the Leaders' Fellowship Recognition dinner in the Y.M.C.A. on Monday. A steak dinner catered for by the Ladies' Auxiliary preceded the program of honors and entertainment. Bob Brayshaw was master of ceremonies for the events.

Four adults, Phillip Caddick, Edward McHugh, Ethel Stuckey and John Schenk were presented with certificates of recognition and membership in the National Leaders' Fellowship and with their Leaders' Fellowship pins.

Eva Waller, Ann DeForest, Frank Marisak, Marjory Janks and Ernie Lawson were presented with Leaders' Fellowship crests. The first three also received their first year leaders' corps awards.

Among the others who attended the dinner were representatives from clubs and Jack Heron, the program committee chairman.

Two films were shown to conclude the program. The opening of parliament ceremonies were taken from this year's kinescope shown on television. The second film, Eye Witness contained scenes from the Royal Winter Fair, the Dominion Observatory and views of Montreal.

Y Calendar

Monday — Boys' gym class; business men's volleyball after the end of January, with entries from Beardmore's, Baxter's, Y's Men, business men; badminton.

Tuesday — Y ladies' bowling league; junior girls' gym class; basketball and floor hockey; young men's gym class.

Wednesday — Senior girls' gym class; ladies' Slims and Trim class; young men's gym class.

Thursday — Senior boys' gym class; badminton.

Friday — Devoted to leaders' corps and leaders' fellowship meetings.

Saturday — Church a thletic league; first games Saturday house league basketball; Dutch choir practice.

Ladies' Auxiliary meets on Monday a month and the Y's Men on alternate Thursdays. Gray-Y meets each Tuesday.

Monday, Wednesday and Friday the nursery school is held. All members enjoy table tennis and small games whenever they wish.

Hi-Y

The Hi-Y purpose is "to create, maintain and extend throughout the school and community high standards of Christian character." The Hi-Y Platform is clean speech, clean sport, clean scholarship, clean living.

For 75 years Canadian high school boys have received the help and co-operation of Y.M.C.A.'s and throughout the Dominion, but not until comparatively recent times did the first Hi-Y Club in Canada actually begin. In 1913 Calgary organized the first Canadian Hi-Y Club which has had an unbroken line of succession since that time.

In the 18 year period ending in 1913 three million immigrants entered Canada.

Mike Coxe

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Nomination for Man of The Year

FOR helping to improve his own and other communities throughout the nation... for benefiting his fellow-citizens in countless ways... this man surely deserves special honours.

He's not a famous personality. But, as the typical Canadian life insurance policyholder, he represents millions of people. And each of these people renders very useful services to his community.

How?

By providing funds which his life insurance company invests for him in ways that help finance new homes, public works, utilities and industrial development. Together with other policyholders, he puts more than 250 million dollars to work in such projects from coast to coast every year!

Moreover, he has taken steps to make sure that, if anything happens to him, his family will not need to depend on others for support.

So if you are a life insurance owner, take a bow! While you're providing security for your family and yourself, you're also helping to make Canada a better land to live in!

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