



The Diamond Water Softener

with the

AUTOMATIC TIMING VALVE

TIME EFFORT WATER

SAVES

The perfect softener for water that is clean but hard. With a hardness of 24 grain MODEL X C-30 will deliver 1250 gallons between regeneration of wonderful soft water with a minimum of attention.

- No standing around waiting for the regeneration cycle to be completed.
- One trip to softener is all that is necessary.
- Just salt, set valve, and forget it, the automatic timing valve will do the rest.
- Cost of regeneration is but a few cents for salt.
- The cost of this Diamond softener is \$158.00, plus installation, which in many instances could be done by the purchaser.
- There is a softener on display in operation in our showroom.
- Take advantage of our time payment plan; for example, 11 monthly payments of \$15.00 and one month \$6.15 pays for this softener. No down payment required on approved credit.

Call Today!

Bilton & Perry Ltd.

Phone 464 126 Main St. ACTON



Hello Homemakers! Every trade has its own technical language and the expert is as familiar with the terms as he is with the tools of his trade. When you think of it, cookery has its own technical terms and lack of understanding them is often responsible for tough stringy meat and other baking tragedies.

Perhaps we should review the definition of the terms concerning the cooking of meat. This may result in less shrinkage, more servings and therefore more savings. Then too, tender, juicy, and flavorful meat is the most satisfying part of the meal, don't you agree?

TAKE A TIP

Saute or Pan-fry These terms both mean to cook in a small amount of hot fat in a frying pan. Liver, sausages and meat patties are usually sauteed.

Fry or Deep fry To cook in a deep kettle in enough hot fat to float the food. Used chiefly when meat is already cooked, as in croquettes.

Income Tax Returns COMPLETED

PERSONAL - BUSINESS

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Roast To cook in the oven, uncovered and without water. Roast tender cuts of three pounds or more.

Spareribs in Sweet-sour Cherry Sauce
2 pieces back ribs (pork spareribs)
1 tbsp fat
2 cups sour pie cherries
1 tsp ground cloves
1 clove garlic, crushed
1 cup brown sugar, firmly packed
1/2 tsp dry mustard
1/2 tsp salt
2 tbsps flour
3 tbsps vinegar
1 cup water

Cut spareribs into three rib portions. Brown in hot fat in a heavy skillet. Remove ribs and keep hot. Drain cherries. Pour cherry juice into skillet. Add cloves, garlic, brown sugar, mustard, salt, flour, vinegar, and water. Stir and cook until sauce is smooth and thick. Return ribs to skillet. Add cherries. Cover and cook slowly on surface heat or in a moderate oven (350 degrees), 1 1/2 hours. Turn or three times during cooking, dip sauce over the ribs. Yields 4 to 6 servings.

Fruited Pot Roast
1 1/2 to 3 lb beef pot roast (Chuck or rump)
2 tbsps fat
2 cups water
3 tbsps mixed pickling spices
1/2 cup dried apricots
1/2 cup dried prunes
1 tsp sugar

Brown the meat in hot fat in a heavy kettle. Add water and spices. Cover tightly and simmer three to three and a half hours or until fork tender. During last hour of cooking add apricots, prunes and sugar. Yields 4 to 6 servings.

THE QUESTION BOX

Mrs. C. C. asks: Why do veal cutlets dry out when broiled?
Answer: We prefer to broil veal cutlets. You will also find that fresh pork chops or loin ends should not be broiled.

Mrs. G. W. asks: Why does liver become dry and tasteless?

Answer: Sliced liver should be sauteed eight to ten minutes, no longer, on medium heat. Sometimes the homemaker uses a pan that is too wide for two pieces of liver, in which case the pan becomes too hot and flavors are lost.



THESE STUDENTS from White River, Ontario, set a new distance record for organized school groups visiting the Royal Ontario Museum at Toronto. On their round trip of more than 1,100 miles they visited the museum and its exhibition on how oil is formed, where it is located and produced in Canada. The exhibition, the first of its kind in Canada, is a joint project of Imperial Oil Ltd. and the Royal Ontario Museum of Geology and Mineralogy. One section of the exhibit is devoted to the cradle of the Canadian oil industry, southwestern Ontario, where oil was first discovered in the 1850's. In this picture, Walter M. Towell, curator of geology, is explaining the operation of a rotary drilling rig. This is the type of rig used in western Canada and recently introduced by Imperial Oil into the Ontario oil fields.

Acton High School News

By Nell Benton

The sympathy of the students and teachers is extended to Mr. and Mrs. J. M. Heron following the death of his father, Major J. W. Heron, late last week.

An assembly was held Monday when a film entitled "Leather on Your Life" was shown. This was the story of how the leather made into the finished material found its shoes.

The students' council met Wednesday to discuss the latest details for the Valentine dance. The council is having another meeting tonight (Thursday).

It is expected that the S. C. will tape an assembly Friday morning to discuss matters of student interest with the student body.

There is a dance in the Parish Hall Friday evening for the students, Georgetown and Milton high school have been invited.

This and that

A prominent figure in Canadian bond music organizations and festivals who visited Acton on more than one occasion, Charles F. "Chick" died last week in Kitchener.

Returning a visit by local Legion, devotees of the game, a busload of Oakville Legionnaires invaded Acton Wednesday night to challenge the veterans here to a raffle and dart battle.

Members of Acton Rotary club enjoyed a treat from Florida on Tuesday evening. Past President Anne Mason kindly sent a box of oranges from St. Petersburg, which was shared by the club members.

A delivery truck owned by J. B. Mackenzie and Son was in collision on Wednesday morning with the Free Press car. The left side of the Free Press car was crushed in and damage to the truck was a broken front bumper. The accident occurred on Guelph street near the Mason Knitting Co plant.



THE Elco SWEETHEART
A dainty heart-shaped case especially appropriate for a Valentine's Day Gift. Accurate 17 jewel Swiss movement. \$31.95

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Moffat Wins 6-5 Over Zimmerman

In the first game Thursday night of last week in the Rural and Industrial League Zimmerman defeated Moffat 6-5 in a close game.

Cutmore for Zimmerman bagged four of their six centers.

In the second game Thursday night, Bogie defeated Acton to even the play-off count to one game apiece with a 5-2 win.

Reggie told Acton scoreless till halfway through the third period when Ben Baylis scored on a long shot.

CECIL A. CARR

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SHOP AND SAVE THE DIFFERENCE

FRUITS & VEGETABLES

Florida 5 lb. bag
ORANGES - - 35c
Buy by the pound and save!

New Texas
CABBAGE - - lb. 7c

Florida Stalks
CELERY - 2 for 19c

California, Large, Green, Firm
HEAD LETTUCE - 15c

- MEATS -

Meaty Beef (Blade Removed)
BLADE ROASTS - lb. 37c

Lean Boneless Beef
POT ROASTS - lb. 33c

Lean
MINCED BEEF - 3 lbs. \$1.00

Lean (Tenderloin End)
PORK ROAST - lb. 59c

Shoulder
LAMB CHOPS - lb. 59c

Swift's Premium Loose
FRANKS - 3 lbs. \$1.00

Swift's Sliced Side (Cello Rindless)
BACON - 1/2 lb. 49c

this week's **TOP BUYS**

FOR DOLLAR-WISE HOUSEWIVES, WE SUGGEST

Lipton's Chicken Noodle or Tomato Vegetable

Soup Mix 2 for 21c

1 G.A. in Tumbler
Peanut Butter
9 oz. 23c

Monarch
Pastry Flour
7 lb. bag 47c

THIS WEEK'S SPECIAL

SAVE!

Swift's PREM

12 oz. tin
29c

LEDGER'S IGA

SPIRELETTE

A NEW WORD FOR WOMEN

THE WORLD FAMOUS HOUSE OF SPIRELLA presents

A BREATH TAKING NEW LINE OF LOVELY BRAS AND GLAMOROUS NYLON POWER-NIT GIRDLES ALSO PANTIE-GIRDLES WITH DETACHABLE HOSE-SUPPORTERS ALL AT SENSATIONAL LOW PRICES AND FULLY GUARANTEED

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