

Tips on Touring

By Carol Lane

Women's Travel Authority

With the days getting shorter, it's time to make sure the headlights of your car are in top working order. Although easy to maintain, headlights are among the most neglected of all safety aids. Follow these simple rules:

(1) Turn lights on in low position and check to see that both are lit. Then flick on highway beams and check again.

(2) With lights shining against garage wall, check to see if beams are "cock-eyed." If even slightly off-centre, they not only rob you of

illumination, but may glare in the eyes of the approaching motorists.

(3) Dirty lenses can diminish effectiveness of the lights by as much as one-third. A wipe with a damp cloth is usually enough to keep them clean.

(4) If your car does not have the sealed beam type of headlight, the reflectors should be cleaned as well.

(5) If lights are erratic in any way, have your garage man check the entire wiring system.

And as an added precaution, be sure to check your parking lights, tail lights and stop lights. It's smart too, to carry extra fuses in your glove compartment and know how to replace a blown fuse in an emergency.

Canadians during 1952, gobbled about 1 4/5 quarts of strawberries each.

Can Do More Work With Less Fatigue

"Early to bed and early to rise" is not always true. The rule works for some but not for others. Other pet theories about fatigue are true; some are false. If you could accomplish more and tire yourself less, a knowledge of the facts and myths of fatigue will help.

It is true that a half-hour nap equals three hours of night sleep, according to an article in the Reader's Digest. Many people who boast that they sleep only a few hours at night are such nap snatchers. It is also true that relaxed rest without actual sleep, is almost as effective as sleep in restoring energy.

Small tensions wear you down more than large ones because you cannot identify most of the small ones. In a big crisis, all your resources focus on it.

The belief that sitting with your feet on your desk rests your feet is a sound one. False is the theory that "high pressure" workers are most efficient. Only partly true is the belief that passive types of entertainment, like watching television, are most relaxing. Active ones, like gardening, sports, household puttering, are more relaxing to many individuals.

Because of evening fatigue, decisions made then are not as reliable as morning ones. Extravagant buying sprees are definitely fatiguing. Standing is more tiring than walking, for when you walk each leg rests half the time. If you have several jobs to do, tackling the hardest one first makes the rest easier.

Simple Plan For Dressing Table

If your growing daughter is fascinated by the idea of her own dressing table, here's a simple way to give her, and her room, a treat. Transform a square window in the room into a dressing table setting.

First build a valance on top of the window and extend it well beyond the window at both sides. Then build a shelf over the window sill and extend it the width of the valance above. Construct small narrow shelves on each side of the window.

Decorate the side shelves with a bright and gay shelving paper pattern. Use the same border to trim the valance and the edge of the sill-shelf. Use the sill shelf for comb and brush, small mirror and other regular dressing table items.

Devote the small side shelves to miniature dolls, favorite pictures, vases of flowers and other little-girl "show-off" items.

TALES ON TINTYPES



—Photo by A. T. Brown

The above picture is of the Acton Gun Club, which was quite a recreation for the sportsmen of the late nineties and in 1900. There is no record of when the above picture was taken but apparently it was just after returning from quite a successful hunt and the rabbits were fairly plentiful and the membership of the group was good. There's quite a bag full shown in the foreground of the picture.

Through Frank McIntosh we were able to identify the group,

left to right, as William Stark, for many years the bookkeeper with the Storey Glove Co.; T. T. Moore, the principal of Acton public school for many years; Jake Bauer, who still resides in Acton; Charlie Quinter and the next one Frank couldn't name but last in the row is John Bauer, who also still resides in Acton.

The Gun Club was quite an active group in those days. We can recall the traps and the clay "pigeons" that were used down in the park and we also have a

recollection of fall shooting matches in which live birds were released for targets. We don't know what kind of birds they were but the bombardment was very similar to that which was heard when the duck hunting season opened. We have had some colored pictures of the Gun Club sent to us and placed on the our this is the first one that we have reproduced in the Free Press and was likely taken fifty years ago.

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Canadian industry produces some 815,000,000 paper drinking cups each year.

Homes For Birds Decorate Garden

Birds, always self-sufficient about finding a place to nest, are often tempted by houses to settle in a garden. Here there is no housing shortage.

One firm of long standing manufactures 50 different kinds of bird houses, not just as novelties, but because different birds have their own requirements. A brand new house set out may not draw tenants simply because it has not had time to become weathered. Next spring it certainly will prove more than ornamental.

Canadian farmers had a net income from farming operations in 1952 of \$1,949,900,000.

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Say it with plastic curtains in at least one of the rooms of your home this year and see what a difference they make. Plastic curtains have come out of the kitchen, where they have been employed for some years, and now are available to grace every window in the house with sparkling beauty. Their new textured surfaces fool the eye—and almost fool the fingers.

For living room windows, there's a wide choice of textured damask-like draperies, lined-textured floral prints and shantung-textures, too, that look and even feel like their costlier antecedents.

To complete the living room window decor are both sheer and translucent glass curtains.

For the bedroom, there are wonderful, ruffled sheers with either dotted or ribboned surfaces—as crisp and airy as conventional marquisettes.

Although the new plastic curtains are moderate in price, they are rich in appearance and look perfectly at home among the most elegant furnishings.

Plastic curtains are available in styles and patterns for the modern or period decor and in a good selection of sizes and widths.

They offer the budget-minded housewife an easy means of smart window dressing for a small financial outlay.

The newsprint produced in one week by a modern Canadian paper machine would cover a highway 25 feet wide from Vancouver to Toronto.

DOMINION LINOLEUM TILES

ARMSTRONG'S NAIRN'S DOMINION

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Plastic Curtains Please Most Tastes

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THE BUY OF THE YEAR —AND A YEAR TO BUY IT

Gordon Oder, manager of the Bank of Montreal in Acton, is doing some tall hustling these days. The reason, he tells us, is this: the new Canada Savings Bonds go on sale next Monday and already the orders are flowing in. "This year," he says, "they're the best ever. In fact, they're the buy of the year, and—if you wish it, as many people do—you have a full year in which to pay for them.

"The increased interest rate may be considered the chief attraction this year," said Mr. Oder, "and at 3 1/2 per cent. per annum, the bonds give a splendid return.

"But the features that appeal to most people are the ease with which the bonds can be bought—just 5 per cent. down, \$2.50 on a

\$50-bond; \$5 on a \$100-bond, and the balance in easy monthly instalments over a year—and the fact that they may be redeemed by the holder at their full face value at any time without loss, plus interest to the end of the previous calendar month.

"This," said Mr. Oder, "provides a golden opportunity to carry on a personal savings program with the full backing of the government."

Bonds in the \$50 and \$100 denominations carry 12 yearly coupons at the rate of 3 1/2 per cent., while those of larger denominations can be obtained either in the same form or in "fully registered" form with interest being paid to the bond-holder annually by cheque.

New Wrought Iron Lovely Decor Note

This year wrought iron makes its way out of your garden and into your living room. Dressed up with new colors, it sits proudly beside the prettiest period furniture.

Couches, chairs and tables of wrought iron come in the prettiest colors imaginable—green, aqua, rose coral, gray and antique ivory—to name a few.

One manufacturer even offers an ensemble in maple, pine and mahogany that is decoratively trimmed with wrought iron in the manner of the New Orleans' French Quarter.

Christian Mission U.N. Work Topics

"Christian Missions and the United Nations" was the theme for study and discussion for the Acton Auxiliary, Women's Missionary Society of St. Paul's United Church, when the members gathered at the home of Miss Hume, Martin St. on Thursday afternoon of last week.

Under the leadership of Mrs. H. Jennings, a dialogue implicit with information about the work of the United Nations and its specialized agencies was presented by five members. The work of the Christian church in many overseas missionary areas it was learned, had proved the "open sesame" and solid foundation from which many phases of the humanitarian work of the United Nations had been launched in its great effort to maintain the peace and security of the world.

A chart illustrating the main organs of the U.N., its agencies and commissions, had been prepared and was used by Miss Hume in a brief talk on the set-up and functions of the main organs of the U.N. in the carrying out of the great purposes of the Charter.

Mrs. George King, president, was in the chair for the opening and closing of the meeting and the presentation of reports of the various departments. Mrs. J. E. Taylor's report on the clothing effort for Korea indicated the keen interest and work being accomplished by the W.A. and W.M.S. groups of the church.

Mrs. King announced that at this autumn's special Sunday for the presentation of W.M.S. work, the speaker will be Miss F. McNair, the third vice-president of the Dominion Board of the Women's Missionary Society. This for the members and associate members of the Auxiliary, will be a thanksgiving occasion.

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- Closeness to shops, churches, parks and community facilities.
- The public utilities and other services available and are they paid for?
- Accessibility to public transportation.
- Accessibility to schools, particularly elementary schools. Traffic conditions on the street where you propose to build.