

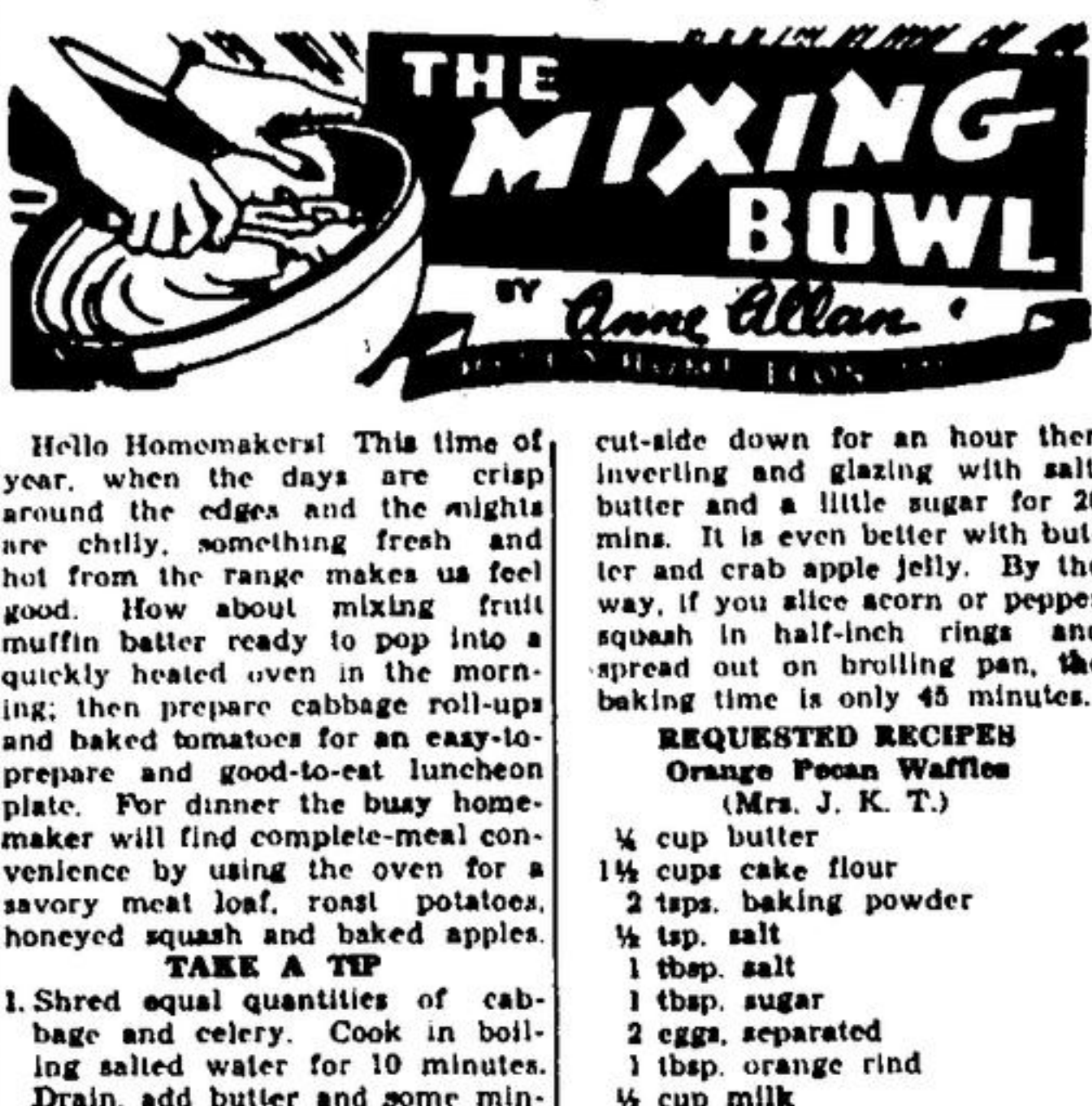


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**THE MIXING BOWL**  
BY Anne Allan

Hello Homemakers! This time of year, when the days are crisp around the edges and the nights are chilly, something fresh and hot from the range makes us feel good. How about mixing fruit muffin batter ready to pop into a quickly heated oven in the morning, then preparing cabbage roll-ups and baked tomatoes for an easy-to-prepare and good-to-eat luncheon plate. For dinner the busy homemaker will find complete-meal convenience by using the oven for a savory meat loaf, roast potatoes, honeyed squash and baked apples.

**TAKE A TIP**

- Shred equal quantities of cabbage and celery. Cook in boiling salted water for 10 minutes. Drain, add butter and some minced parsley.
- Top slices of ham or canned spiced pork with peaks of mashed sweet potatoes; add a half-spoonful of marmalade to each serving and heat to 350 degrees for about 12 minutes. Very good.
- For a tangy appetizer, add 2 cloves and a bayleaf to a quart of apple juice or apple cider. Heat to simmering point, remove spices and serve.
- As a special breakfast treat, line each baking cup with buttered crumbs, add a thin slice of cheese, break in an egg, top with more crumbs and bake at 325 degrees until eggs are as firm as you like.
- Top-of-the-range treat: Alternate slices of tomatoes, onions and mushrooms in a shallow casserole. Sprinkle with melted butter and shredded cheese.
- Crusty sausages for breakfast or supper on snappy fall days: Dip sausage cakes in an egg beaten with 2 tablespoons of water, then pat on crushed cornflakes. Saute until thoroughly cooked in a little fat.
- To your unexpected guests serve this quick and easy dish: Mix 2 cups of chopped cooked chicken you can use canned chicken or tuna fish) with 1 can of condensed celery soup. Spread on lightly toasted bread and heat 10 minutes in preheated oven of 375 degrees.
- To surprise your family, heat sliced ripe olives in butter for 1 minute and then sprinkle over the casserole of hot mashed squash that is ready for the table.
- Have you ever whipped raw apple in an electric mixer? For a superb gingerbread topping, beat until smooth and thick: 1 pared apple sliced thin, 1 egg white, 1 cup of sugar and the juice of 1/2 lemon.
- On a Sunday morning in Indian Summer, slice fresh pears or peaches on top each bowl of ready-to-serve cereal. And to go with this, brown sugar and a pitcher of hot milk.
- Acorn squash is usually cooked in the oven by turning halves

cut-side down for an hour then inverting and glazing with salt, butter and a little sugar for 20 mins. It is even better with butter and crab apple jelly. By the way, if you slice acorn or pepper squash in half-inch rings and spread out on a broiling pan, the baking time is only 45 minutes.

**REQUESTED RECIPE**  
**Orange Pecan Waffles**  
(Mrs. J. K. T.)

1/4 cup butter  
1 1/2 cups cake flour  
2 tps. baking powder  
1/2 tsp. salt  
1 tbs. salt  
1 tbs. sugar  
2 eggs, separated  
1 tbs. orange rind  
1/2 cup milk  
1/2 cup orange juice  
1/2 cup chopped pecans

Beat egg whites until stiff but still moist in 1 bowl. Beat egg yolks in another bowl and add to them the orange rind and juice, milk and sugar. Beat about 1 minute then add the flour and baking powder and beat again for 2 minutes. Fold in beaten egg whites. Bake in preheated waffle iron for 4 minutes for each batch.

**Spice Muffins**  
(for Mrs. L. C. and I. C.)

Short-cut method: Assemble all ingredients and utensils needed. Preheat oven to 425 degrees. Sift flour once before measuring. Grease muffin pans. Melt and cool shortening. Sift together in a large bowl:

2 tps. baking powder  
1/2 cup sugar  
1/2 tsp. salt  
1/2 tsp. cinnamon  
1/2 tsp. nutmeg

Add: 1 cup bran 1 egg unbeaten, 1/2 cup milk and 3 tps. melted shortening.

Beat on mixer on speed No. 2 about 1/2 minutes. Scrape all sides with rubber scraper. Fill pans two-thirds full. Bake about 20 mins.

**Blueberry Cramble**  
(for Miss J. R.)

1/2 cup flour  
1/2 cup brown sugar  
1/2 tsp. cinnamon  
6 tps. butter  
4 cups blueberries

Mix flour, sugar and cinnamon. Cut in butter. Pour blueberries into baking dish. Cover with crumble and bake in preheated oven at 350 degrees for 30 minutes. Serves 6.

**Resolutions Passed At W.I. Convention**

District representatives from Halton Women's Institutes joined with about 400 ladies at the Ontario Agricultural College on Monday and Tuesday of last week, September 28 and 29, for the Guelph area convention of W.I.'s Mrs. Ford Sudden, Galt, area chairman, presided.

At Tuesday afternoon's closing session, 18 resolutions were passed, including ones from Bannockburn, Scotch Block, Elora and South Wellington W.I.'s. These will be forwarded to the Provincial Board of Federated Women's Institutes.

Reports were presented by different conveners Monday. The ladies joined in community singing under Rev. W. A. Young, the O.A.C. chaplain.

Mrs. R. G. Purcell, president of the F.W.I.O., spoke on projects such as the penny round up, tractor fund and Tweedamuir book. It was announced that Ontario had won the Tweedamuir cup.

In the evening, at a banquet in Norfolk United church, Rev. Bruce Hall welcomed the ladies and Guelph's mayor Harry Worton spoke briefly on his trip to the Coronation.

General secretary for the Kitchen-Y.M.C.A., Joseph Connell spoke, saying that people ought to have two concepts to be happy, and to know why they are happy. Life begins, not at 21, 40 or 80, he said, but when we want to live.

Slides were shown by Miss Anna P. Lewis, director of the W.I. branch of home economics.

Junior Institutes presented the program on Tuesday morning. Need for penit reform was explained by Mrs. R. B. Dale Harris, Toronto, chairman of the Penit Reform for Women joint committee.

In a parade of historic costumes, Mrs. Lex Hammond, Moorefield, was elected to succeed Mrs. Ford Sudden as chairlady. Of local interest is the election of Mrs. D. Hendry of Galt, to succeed Mrs. Loren Guild of Rockwood whose term as representative is ended.

Mrs. William Ballentine of Acton was again elected as a member of the executive committee. She was also on the registration committee for the convention.

The resolution submitted by Scotch Block Women's Institute was for the establishment of a home for the care of handicapped and mentally retarded. Teachers for the home were also recommended.

Bannockburn Women's Institute's resolution concerned accidents on the highway between Acton and Georgetown. Traffic is held up and physical harm increased due to the lack of provincial police stations, it said. Officers at the present time must come from Milton, Dundas or Oakville when they are needed.

**IN ACTON**  
ON MONDAYS, TUESDAYS AND WEDNESDAYS EACH WEEK  
(while F. L. Wright is away)  
8.30 a.m. - 4.30 p.m.

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**FRUIT COCKTAIL** DOLE 30-OZ. TIN 35c  
**PINEAPPLE** HALF-SLICES 20-OZ. TIN 31c  
**PEACHES** LYNN VALLEY 15-OZ. 20-OZ. TIN 19c 15c

**SPECIAL — To Serve With Turkey or Chicken**  
**GRANBERRY SAUCE**  
OCEAN SPRAY JELLIED or WHOLE 15-OZ. TIN 21c

**NIBLETS CORN** 2 14-OZ. TINS 37c  
**WAX BEANS** GREEN GIANT 15-OZ. TIN 17c  
**LIMA BEANS** LIRBY'S GREEN 2 15-OZ. TINS 35c

**SPECIAL — STOKELY'S FANCY UNGRADED**  
**PEAS** 2 15-OZ. TINS 37c

**Muslin is Useful Curtain Material**

Probably the biggest seller for the prettiest curtains is muslin—bleached or unbleached—but either way, the most inexpensive way to attract windows.

Sheeting is another and inexpensive but attractive material for pretty windows. It, too, may be dyed any color. Used generously and with imagination, it responds by looking as glamorous as satin—but is twice as practical. Spring-hued sheets are split to make drapes or ruffled for bed-spreads and dressing table skirts.

**Tricks**

Two fishing tackle salesmen were comparing notes. The first reached into his sample case and drew forth a gaudy plug striped, spotted resplendent with all the colors of the rainbow. The other man eyed it dubiously and inquired:

"Do you sell many of those?"

"I wouldn't think that a bass would go for such a goshawful contraption."

"Best plug in the line," said the first man with a grin. "You see, I don't sell 'em to bass."

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**CALIFORNIA GRAPES** - 2 lbs. 23c  
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SIZE 288's  
**SUNKIST ORANGES** - 2 doz. 55c  
**WAXED TURNIPS** - - - lb. 4c  
**CELERY HEARTS** - - - bundle 15c

**AUCTION SALE**

OF LIVESTOCK, IMPLEMENTS, FURNITURE, ETC.

The undersigned have received instructions from

**JOHN HOPKIN**

To sell by public auction at his farm, lot 1, con. 1, first line, Esqueping township, on

**SATURDAY, OCTOBER 10th**  
Commencing at 1:30 o'clock sharp the following:

**HORSES AND HARNESS** — 1 Percheron fully, 3 years old, unbroken; 1 set of double harness; odd tools, harness, etc.

**CATTLE** — 2 Holstein cows, fresh 4 weeks, 1 Jersey cow, fresh 2 months, not bred; 1 Red Poll heifer, 2 years old, open; 1 Holstein steer, 1 year old; 2 veal calves.

**HOGS** — 3 mature Yorkshire sows, due time of sale, 3 Yorkshire sows, with litters; 3 Yorkshire sows, bred 3 weeks; 20 weaning pigs; 2 fat pigs; 4 chunks; 1 Tamworth hog.

**POULTRY** — 45 N.H. pullets; 35 guinea fowl; 18 geese; electric brooder, 400 chick capacity; fountains, feeders, etc.

**FARM IMPLEMENTS, ETC.** — Ford Ferguson tractor with hydraulic lift, in excellent condition; Ford Ferguson plow; M.H. binder; Ford Ferguson cultivator; low farm wagon; M.H. manure spreader; M.H. oil bath mower; heavy slight grain drill, 14 disc; steel land roller; single scuffler; litter carrier bucket, chain and hoist; feed bucket; electric clippers; hay fork, car and 100 feet of rope; slings and chain, 100 ft. of half inch rope; quantity of inch water pipe; forks, shovels, bars, etc.

**FURNITURE** — Chesterfield suite finished in wine shade, in excellent shape; large space heater, oil; circular heater, coal; large book case, dining table with buffet to match; Singer sewing machine, drop head; electric washing machine; 2 small chests of drawers; cedar lined chest; oval table; odd extension table; drop leaf table; steel top table; occasional chair; 5 piece wicker suite; easy chair; odd kitchen and dining chairs; 2 couches; kitchen cabinet; electric lamps; 3 single beds; bedroom suite including bed, spring and mattress; chest of drawers and dresser finished in walnut; rug 6 by 9; straw mat; card table; ice box; odd dishes; lawn mower; tools and other small household effects.

**TERMS:** Cash settlement on day of sale.

No reserve as the proprietor's lease has expired and he has given up farming.

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