

Members Hook Rug For Annual Meet

Dublin Women's Institute met at the home of Mrs. Wm. McIntyre for their May meeting. Mrs. C. Thompson, president, opened the meeting with the Institute Ode and Mary Stewart Collect.

Plans were completed for a booth at Moore's sale and a bus trip to Buffalo was arranged.

Highlights of the officers conference at Guelph were given by Mrs. D. Moffat, Mrs. W. Britton, Mrs. C. vanGoozen and Mrs. R. R. Somerville.

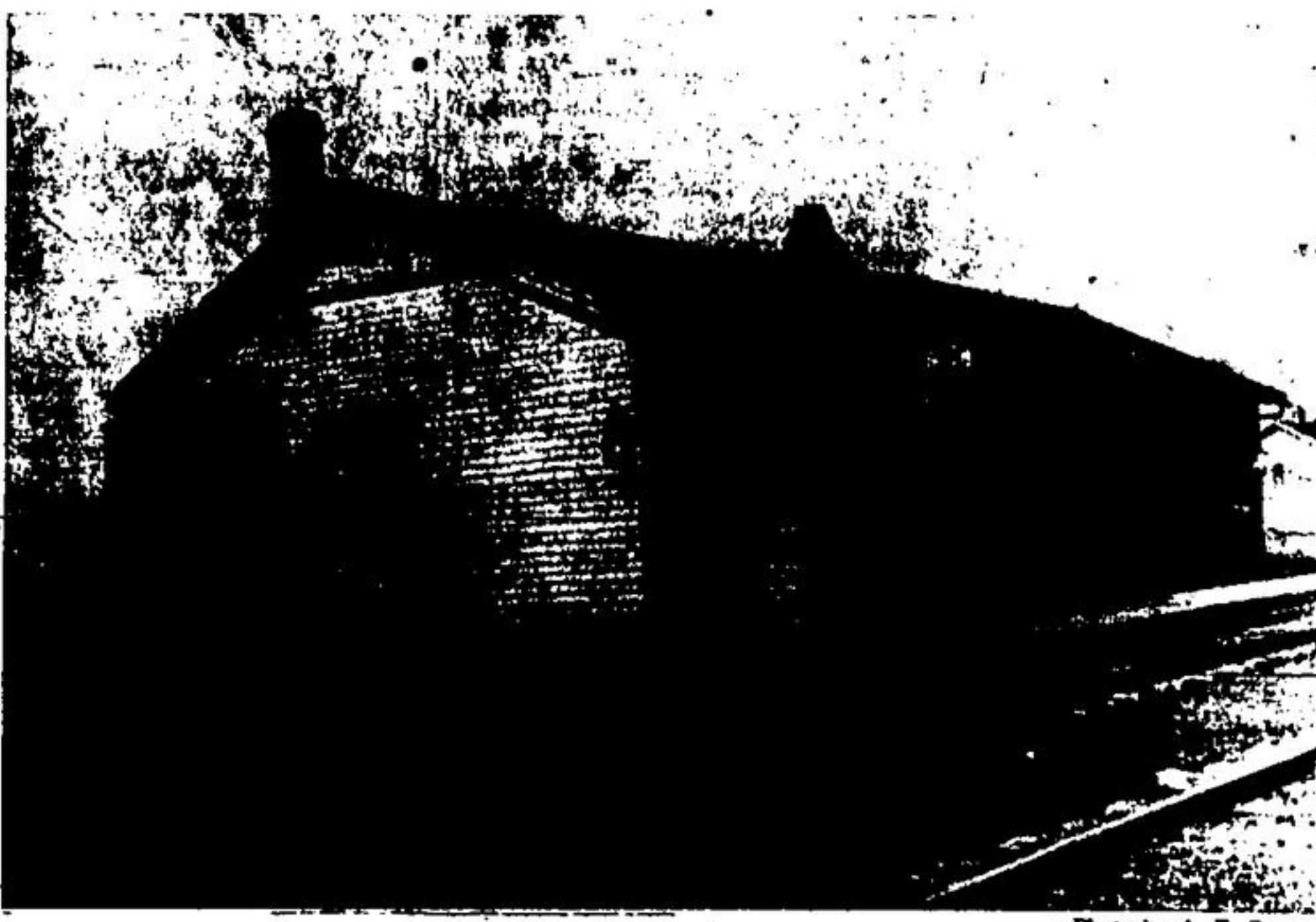
Several of the members were busy hooking the rug for District Annual. Lunch was served by the committee in charge and a social time enjoyed.

SMART ELEPHANTS

Smart: "More than 500 elephants go each year to make piano keys."
Stupid: "Really? Isn't it remarkable what animals can be trained to do?"

It takes about a day and a half to build a car or truck. At peak production times, vehicles come off the line at the rate of nearly one a minute.

TALES ON TINTYPES



—Photo by A. T. Brown

If you never saw it you would of course know that the above picture from the A. T. Brown collection is one of the Grand Trunk Station in Acton. The date is recorded as 1905, nearly fifty years ago. It will be noted the oil lamps were still on the side of the building and it's quite likely that Harry Holmes Sr., was the station master and Samuel Laird, the baggage man.

The porch at the left was the entrance to the station office. The waiting rooms were just to the right of the picture and the baggage room was at the extreme right. The picture doesn't include the water tank that stood along the right of way just north of the station.

The location of the tank was very handy for the trainmen who replenished the water supply while the train was stopped at the station. The passengers were given second consideration. The filling pipe dripped copiously over the sidewalk and it was

best to walk around rather than beneath. In winter a pile of ice formed between the tracks and the tank, but we never recall anyone collecting damages for injuries sustained on the dangerous condition.

Let's recall the interior of the old station. There was the usual big pot-bellied stove in the centre that threw out a roaring heat, and the couple of oil lamps that hung from the ceiling and two more that were beside the ticket window. The benches were along the walls and of the hardest variety. Many a time they were well occupied, because travel by rail was about the only method of getting around. In winter, the trains were delayed in heavy snowstorms and the friends who came were usually met at the train.

When the present station was in the course of erection, a fire broke out in the oil shed at the rear and the old building was badly damaged. Sufficient of the

building was saved, however, so that business could be carried on until the newer building was completed.

Maybe many of our readers will recall the excursions and the crowded platforms at holiday time and the walk that was popular in the summer evenings to see the train come in. There were the home comings and the home leavings and the tragedies too, that were connected with the old station.

Perhaps some of you will recall the accident when a drunk slipped under the wheels of the train and had a leg severed and the emergency operation was performed in the old baggage room. Then others may recall the suicide of an Acton resident who had his head severed by the wheels of the early morning train.

Above is the old station. Make your own recollection and we haven't a doubt but that they will multiply many times ours. —Feature Copyrighted

"OLD MACDONALD HAD A FARM" — AND STOCKED IT AT THE B OF M

Everyone knows the song about Old Macdonald and how it goes on and on about the animals he kept on his famous farm, ducks going "quack-quack," pigs going "oink-oink," and so on. By the time the song is finished, Old Macdonald is well set up with livestock.

This particular Mr. Macdonald may never have been a customer of the Bank of Montreal. But thousands of other farmers regularly use its services, just as Old Macdonald might have done, to help build their farms with first-class livestock.

Do You Need Livestock?
If you would like to increase your profits in this way but lack the ready cash right now, maybe a B of M Farm Loan is the answer. The cost is so small that the minimum profit you are likely to get on the new stock will considerably outweigh the low interest charges. And repayment can be arranged in instalments to match your peak-income periods.

Next time you are in town, drop in and discuss the matter in confidence with Gordon Oder, manager of the Acton B of M. You can count on him to help in every possible way. Borrowing from the B of M is good business—a sound, inexpensive way of building up your herd.

Pay Taxes in Honey In Ancient Egypt

Canadians can't pay their taxes in honey, as ancient Egyptians did, but they still like to eat it.

This is borne out by the fact that honey production in Canada in 1951 was 40,900,000 pounds, largest since 1948. Most of that output was clover honey, the favorite kind with most Canadians.

Honey is one of the oldest of foods, dating back virtually to the beginning of time, historical accounts indicate. The Bible referred to Palestine as a land flowing with milk and honey; the ancient Peruvians offered the sweet in their rites to the sun; and the Mohammedans revered it as a miraculous medicine.

At funerals in Rome, Morocco and Egypt and the Hindu lands, containers of honey were placed in tombs both as food for the dead and as omens of good. Honey was made into a beverage in India and those who drank it believed they would gain strength, wisdom and happiness.

Ancient stories referred to honey as "nectar of the gods." The Greek philosopher, Aristotle, called it "dew distilled from the stars and the rainbow." They spoke only of honey's delicious flavor. Since those early days, science has proven that honey also has nutritional value. "Honey is a leading source of energy, being about 80 per cent sugar," says one home economist.

Besides its most common use as a breakfast spread, honey can be utilized in countless ways in baking and in making various desserts and sweets.

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UP NORTH, moose have the habit of using snowplowed railway lines as their personal promenades. OK until they come to a bridge; then Mr. Moose is likely to get caught between the ties, break his legs and otherwise gum things up. So the railways lay what they call "moose carpets" of aluminum between the rails and over the ties at spots where His Lordship may need safe footing.

It just goes to show how aluminum's combination of lightness, strength and resistance to weather comes in handy in the most unlikely places . . . And to explain why, in 1954, our aluminum capacity will be boosted to over a billion pounds a year. Aluminum Company of Canada, Ltd. (Alcoa).

Books IN REVIEW

A BOY IN THE HOUSE
by Mazo de la Roche

What a great number of books Mazo de la Roche has written! The list at the front of *The Boy in the House* includes over 20 books and her play, *Whiteoaks*.

Those in Acton who know that Mazo de la Roche once lived in the town, will read this newer book in the town library with interest to see if her early life here has been reflected in any way in this story. We don't think it has.

There are still quite a few in Acton who can remember the now-famous writer.

This book, like the others, is set in Canada, yet has a strangely foreign flavor. One senses England in it all the time. It was published in England, and the reviewer thought the action was taking place there, until reading, with surprise, it was in Canada.

The book is very short, and can be read in an evening. And it will be an evening enjoyably spent.

A writer, seeking a peaceful place to begin a book, boards with two old ladies in the country. They get a home boy to help with the work. With only four people in the cast, there aren't too many suspects when one of them is murdered. Just the same, the police arrest the wrong person.

Foods for Health, Economy in Meals

Liver, heart and kidney should often be included in the family meal, notes Miss Margaret Munro, Nutritionist with the Manitoba Bureau of Health and Welfare Education. And for the twin reasons of health and economy.

"They are important sources of iron, which is important in building healthy, red blood," points out Miss Munro. "In addition, liver provides large quantities of vitamins A and C, and heart and kidney are rich in B vitamins, especially riboflavin."

Liver and onions or liver and bacon are not the only ways of serving this important food, although too many homemakers seem to think this is the case. Liver can be brushed with melted butter and broiled (calves liver is best for this method). Beef and pork liver can be ground and used in liver patties or meat loaf. Ground cooked liver, mixed with mayonnaise, grated onions and a dash of lemon juice, makes a tasty sandwich spread. Liver is also delicious when baked in a tomato sauce.

Steak and kidney stew is not the only way to serve kidneys either. They can be cut into fairly small pieces, dipped in egg, rolled in bread crumbs and fried in melted fat. They can be used in meat pies, where they add greatly to the flavor. Like liver, kidneys can also be brushed with melted fat and broiled until tender. Broiled, sprinkled with lemon juice and served on buttered toast, they are delicious as a supper dish.

Ground heart makes nutritious meat patties. The heart is mixed with seasoning, milk, egg, bread crumbs and grated onion, formed into patties and fried in hot fat until brown. Heart is probably served most often stuffed. Chicken heart can be cut into half-inch slices, floured, browned in hot fat, and then simmered in a small amount of water for 30 to 45 minutes.

"These meats are extremely nutritious, as well as economical," emphasizes Miss Munro. "If a little thought is given their preparation the whole family will be delighted. Once a week is not too often to include them in the menu."

An early auto racer, Louis Chevrolet; a famous Indian Chieftain, Pontiac; two pioneer motor car builders, R. E. Olds and Dave Buick and an intrepid explorer, Cadillac, gave their names to passenger cars.

Finest Farm Land Now Homes, Roads

We are losing a lot of very valuable farm land to urbanization, warns the Financial Post. This is certainly true in Halton County, especially if present hopes and plans go through.

Since the end of the war alone literally scores of thousands of acres of the finest agricultural land have been lost permanently to urbanization. Where crops were growing a few years ago, there are now suburbs, factories, office buildings and airfields. The new highways have absorbed great chunks of land. A modern four-lane highway, 300 feet wide, consumes it at the rate of 365 acres every 10 miles or the equivalent of two or three good sized farms in Central Canada.

For industrial or residential sites or airfields and highways, poor agricultural land is just as suitable and in some cases more suitable, than the kind that will grow the finest crops. Unfortunately, however, in our development so far, it has often been the very best farm land that is used.

Even a country as rich as ours cannot afford to go on this way indefinitely. Development may have to be directed into those areas which are not the best for food production. This is a matter which town planners, roadbuilders and others might well begin to ponder.

REINCARNATION

Boss: "My boy, do you believe in life after death?"
Office boy: "Yes, sir."
Boss (tenderly): "Then that makes everything fine. About an hour after you left yesterday afternoon to bury your grandfather, he came in to see you."

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FISHING SUGGESTION

If you find that the hook has been swallowed by the next under-sized fish you catch, don't attempt to pull out the hook by force. Snap the leader or line close to the eye of the hook and release the fish with the hook still intact. Mother Nature will look after the fish so that it will grow to produce more fish for your sport. The fish has strong gastric juices that will reduce any regular hook to powder.

This method has proven itself many times in the past few years. Only last year a conservation officer on vacation caught five pickers and several small-mouth bass with hooks in their gullets. These hooks powdered when touched.

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