

CARROLL'S

GLINN VALLEY BEANS WITH PORK
SPECIAL 15-oz. TIN 19c

BRAISED STEAK 15-oz. TIN 39c

BEEF WITH VEGETABLES 15-oz. TIN 35c

BEEF WITH GRAVY 15-oz. TIN 39c

PARAMOUNT FANOV RED SOCKEYE SALMON 1/4-LB. TIN 39c

Campbell's Ketchup 15-oz. BTL. 26c

Libby's Fancy Peas 15-oz. TIN 18c

Green Lima Beans 15-oz. TIN 18c

SPECIAL - CHEATRAU CHEESE 1/4-LB. PKG. 29c

RAISINS SEEDLESS Australian - LB. 21c

TURKISH FIGS LB. 31c

SMITH'S JAMBOREE 15-oz. TIN 29c

SPECIAL - Choice Quality GULVERBOURE or METCALFF'S TOMATOES 15-oz. TIN 21c

DOG FOODS

CHAMPION 2 15-oz. TINS 27c

HEALTHO 3 15-oz. TINS 25c

PARD FOR DOGS or CATS 2 15-oz. TINS 29c

SPECIAL - METCALFF'S FANOV TOMATO JUICE
2 15-oz. TINS 25c 48-oz. TIN 29c

FOR QUALITY WITH ECONOMY GARROLL'S OWN TEA BAGS

20-BAG PKG. 33c 60-BAG PKG. 65c 100-BAG PKG. 97c

CALIFORNIA 233'S

SUNKIST ORANGES - doz. 29c

TEXAS

NEW CABBAGE - 2 lbs. 15c

BUNCH CARROTS - 2 for 17c

CELERY HEARTS - bundle 15c

CELLO TOMATOES - pkg. 19c

FIRM RIPE

BANANAS - lb. 17c

Pottery District Described to W.I.

Mrs. Wm. Hill was hostess for the January meeting of the Greenock Women's Institute with the president, Miss Elva Pearen in charge. The Scripture reading was given by Mrs. J. E. Pearen and the roll call was answered with "Something Nice about my Neighbor."

During the business discussion plans were made for a social evening to be held at Greenock school early in February. The members are responding to the appeal for a winter bedding for the needy people of Greece and a quilt is to be completed this month.

The program for the afternoon featured "Community Activities and Public Relations" with Mrs. Elliott Patterson presiding. The motto, "It don't lean," was given by Mrs. Thos. Hensley. Mrs. Ralph McKeown read, "Thoughts on the New Year."

The Area Convention report of the committee and a paper "Are you an asset to your community?" were read by Mrs. Elwood Johnston.

Mrs. Ronald Hassall gave a splendid talk by request entitled "Life in the Potteries, Staffordshire, England." Mrs. Hassall described the industrial and social life of this district in England before the war, during the blitz, and after the war years. As a nurse her description of the food rationing situation was most pathetic. She stressed the fact that tribute goes out to the brave people, who although deprived of the bare necessities of life held fast to their loyalty in defending their homes and country.

Following community singing Mrs. Elwood Johnston conducted a penny contest won by Miss E. Pearen.

The national anthem concluded the meeting, and the hostess served refreshments assisted by the lunch committee for the month.



THE MIXING BOWL
By Anne Allan

Hello Homemakers! Sometimes it is difficult to find out the exact quantities of a new dish but we have been fortunate in obtaining numerous ones recently. They are original recipes that have been prepared on an exhibition stage in competition for a new range. Here are a few new dishes which we listed during this interesting event.

CARROT AND ORANGE CAKE

1 1/2 cups sifted flour
3 tps. baking powder
1/2 tsp. salt
1 cup sugar
1 cup milk
1/2 cup shortening
2 eggs
1 1/4 cups grated carrots
1 tbs. orange rind grated

Sift together flour, baking powder and salt, sift again. Cream shortening, add sugar gradually until fluffy. Add eggs; beat well. Next add the grated carrots and orange rind and mix thoroughly. Add sifted dry ingredients alternately with the milk stirring only until blended. Pour batter into a greased 8 inch square cake pan and bake at 350 degrees F. for 45 minutes. Cool on rack for 5 minutes before removing from pan. Serve warm with whipped cream.

CHERRY DATE SQUARES

1 1/2 cups dates
1 cup water
1/2 cup flour
1/2 tsp. soda
1/2 tsp. baking powder
1 tbs. butter
1 egg
1/2 cup chopped cherries
1/2 cup chopped walnuts
1/2 cup brown sugar

Cook dates with water until tender, about 20 minutes. Cream butter and sugar; add egg. Add cherries, nuts and dates. Stir in sifted dry ingredients. Bake in 8 inch square pan at 325 degrees F. for 30 minutes. When cool cut in squares or fingers.

DUTCH SHORTBREADS

1/2 lb. butter
1 egg white
1 tsp. almond flavoring
1/2 tsp. salt
2 hard-boiled eggs
2 1/2 cups sifted cake flour
1/4 cup chopped almonds

Put hard-boiled eggs through a sieve. Add butter, sifted flour and salt, flavoring and rub all together with fork or with fingers. Shape into rolls and put in refrigerator until hard. Slice about 1/4" thick. Brush on slightly beaten egg white, dip in chopped nuts and bake at 400 degrees F. until browned about 10 minutes.

CHOP SUEY

2 cups chopped cooked chicken, pork or beef
2 cups diced or sliced celery
1 cup diced or sliced onions
2 tbsps. shortening
1/2 tsp. salt
1/4 tsp. pepper
1 can chicken noodle soup
2 tbsps. cornstarch
1 can bean sprouts
2 tbsps. soy sauce

Saute onions in shortening until golden, add celery, salt, pepper and soup and cook until celery is tender (about 15 minutes). Add drained bean sprouts and meat, then stir in cornstarch blended with soy sauce. Simmer for 10 minutes. Serve on fluffy rice. Serves 4.

TAKE A TIP

1. The Valentine parties may feature a party cake topped with fluffy icing and sprinkled with enough red sugar to outline a heart design.

2. A new idea for a party cake is the use of sliced gumdrops set in

ITM THAT THO?

The railroad claims agent was appalled to get a report from one of his men which stated that a certain farmer had lost 2,025 pigs through the railroad's negligence. He decided he had better go out to the farm and make a personal investigation.

"That's a lot of pigs," the claims chief growled to the farmer.

"Are you sure you lost that many?"

"Oh, yeth," replied the farmer. "I'm absolutely thure."

"Thanks," replied the railroad man and amended the report to read:

"Two sows and 25 pigs"

From December, 1949, to August 1950, Canada's food cost index rose 18 per cent.

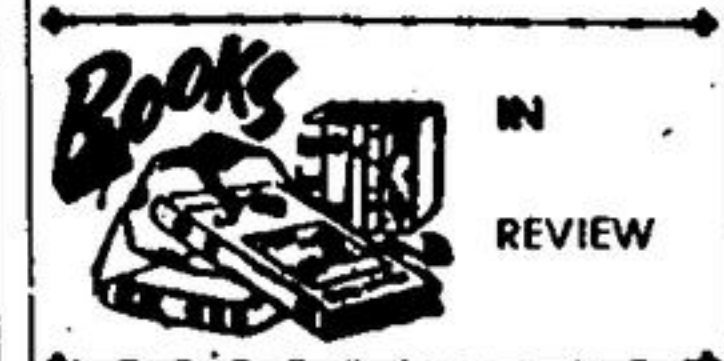
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GRAND RIGHT AND LEFT

by Louis Kronenberger

This confection of a novel is mostly chocolate, but there's quite a meaty nut in the centre of it. With apologies, one could even say that "Grand Right and Left" was even nutty . . .

It begins with Isabel Carey waiting for a very fashionable psychiatrist to leave her husband. "Perhaps he had already left her husband's bedroom . . . and from there to her sitting room wasn't even a quarter of a mile."

Here is the wife's explanation of her husband's strange illness. "He's not run out of money, he's run out of things to spend it on. He has everything. You know all about the Old Masters; naturally he had to begin with Old Masters. Then there are his incunabula—the six Gutenberg Bibles and the like. And the jewels, the racehorses, the Gobelins, the Aubussons, the Stradivariuses, the snuffboxes, the enamels—the Waterford glass, the Venetian glass, the Schlosses on the Rhine, the chateaux on the Loire . . . he owns four spas, you know. An inland sea. A buffer state. Occasionally he meets with opposition, which doesn't help, either. He couldn't get Westminster Abbey and he only got half—and I believe the wrong half, of Chicago."

They find a cure for him—to collect people! And he dashes into the scheme with agents and vigor. He got an English duke, a diplomat—plus his "niece" and a lady psychiatrist. Quite a set-up.

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