

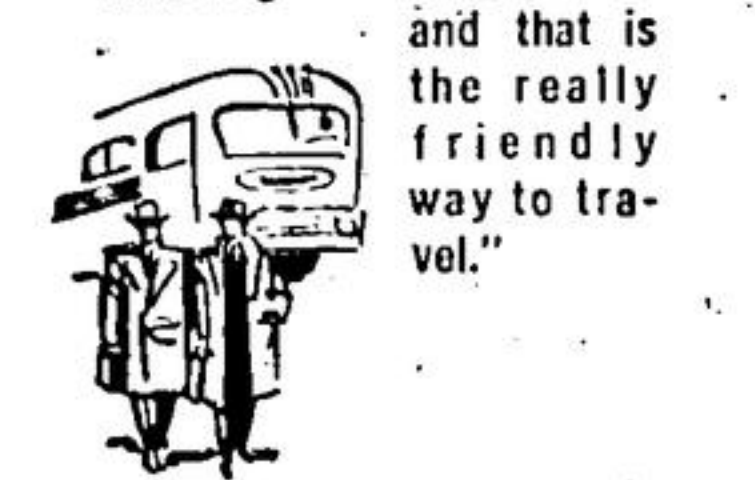
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I enjoy meeting people...



"I'm retired now and one of the big kicks I get out of life is meeting people. There are plenty of timely topics these days and it is interesting to hear new opinions and ideas. I make many acquaintances who help to pass the time most enjoyably while travelling about by bus—and that is the really friendly way to travel."



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THE MIXING BOWL
 by Anne Allan
 HYPO-THYROIDISM ECONOMIC

Hello Homemakers! People who have reached the age of recollection are often amazed to find that unimportant moments in their lives have been the happiest. Uncommon events, however gratifying, are without stress and strain; happy times will always seem like "spring."

Remembrances that speak affection and consideration in mute ways are memories of home—sweet, dusted and arranged to suit the family. To-day we strive to make a house a home.

However, if you are tired from overwork, the household chores will not be accomplished as readily as easily, or as well. So let's take heed:

1. Alternate sitting down tasks and standing up tasks. Don't be on your feet too long at one time.
2. Wear properly fitted shoes and comfortable clothes while working around the house.
3. Notice humorous and interesting incidents to relate at mealtimes. Take a walk or do some reading or pay your neighbor a short visit.
4. Do head work while dusting, sweeping, washing dishes and such. You can plan family recreation, the garden needs or a birthday party.
5. Keep all cleaning supplies and equipment in a basket and carry from room to room while cleaning.
6. Before washing the breakfast dishes, do any necessary baking or advance meal preparations, then wash all at once.
7. Right after using, fill cooking pans with hot water. An exception to this rule are egg, cereal and milk dishes, which are soaked in cold water.
8. To prepare boiled potatoes scrub them, peel a strip around each one, then boil 20 minutes. The skin is quickly removed.
9. Use a piece of aluminum foil on cookie sheet and broiling pan to save unnecessary washing of these pans.
10. Do messy jobs on paper, to be disposed of easily. Such tasks are cleaning silver, peeling potatoes or apples, grating vegetables, making sandwiches and many others.
11. Clean the grater after making crumbled cheese or minced onion.

Chronicles of Ginger Farm
 Written Specially for the Acton Free Press by Gwendolene F. Clarke

Cold weather is with us again—and yet it doesn't feel as if winter has returned—although it is colder than many days we had during the middle of winter. The country has a different appearance—now the brown fields and bare trees have a "waiting" look. Perhaps the longer hours of daylight make a difference. Whatever the reason, in spite of the cold, it doesn't feel like winter but rather a dreary day in early spring—with blither cold winds.

A few days ago I was in Toronto. The lake was more beautiful than I had ever seen it. A wild sort of beauty as the wind whipped the greenish waters into rough, tumbling waves, breaking as they hit the seawall, sending white foaming spray five or six feet into the air.

The lake was not rough to the same extent as I remember rough seas on the east coast of England but it was rough enough to recall pleasant memories of those by-gone days when I would stand watching the breakers with a fascination that is hard to explain.

An angry sea is always a challenge. Once I attempted swimming—alone—in a rough sea. Swim? I couldn't even stand. The angry waves picked me up and threw me against the jagged rocks. By some miracle I scrambled ashore, breathless, bruised and beaten. It was the one and only time I challenged a stormy sea.

THE SUGGESTION BOX
 Mrs. J. C. says: I use a smart shoe box with the corners reinforced with cellulose tape for a recipe file. In it I keep a small pair of scissors and a bottle of glue and a package of 3x4 inch cards, and a recipe index. As soon as I clip out a recipe it's pasted on a card and filed.

Mrs. E. D. says: Banana Rolls are a favorite dessert at our house. Use a half banana (cut crosswise) and roll it in a square of pastry sprinkled with a little grated cheese. Tuck in the ends and bake folded side down, in hot oven of 400 degrees for 20 minutes. Serve warm with a tart lemon sauce.

Mrs. H. T. says: Often the simplest recipes are best. Here is a good supper dish. Add 1/2 cup grated cheese to 2 cups white sauce and stir until melted. Season with salt and pepper. Arrange cubes of canned corned beef and a half tin of (drained) mushroom pieces in a greased casserole. Pour over hot cheese sauce and sprinkle with 1/2 cup dry crumbs. Bake in a moderate oven of 425 degrees for 12 minutes.

People Favor Cheques When Paying Bills
 Cash Method Wastes Time and is Risky

Canadians now complete more business transactions by cheque than by cash. The reason is that paying by cash usually involves making a tiresome round of stores and offices, whereas writing and mailing cheques does the same job quickly and easily.

Another advantage is that carrying a cheque-book is much safer than keeping large sums of cash in pocket or purse. Lost cash can bring trouble ranging from irritation to tragedy. But a lost cheque-book costs nothing to replace and does not endanger the owner's savings.

Should a filled-in cheque be mislaid, a prompt call to the bank will stop payment of it. Furthermore, a cashed cheque automatically becomes a receipt, thus giving the payer extra protection.

This modern way of paying bills is available to everyone at the Bank of Montreal, Gordon Oder, branch manager at Acton, advises that the B of M's welcome part is out for all who wish to open accounts for this purpose.

Notice to Creditors AND OTHERS
 In the Estate of Thomas Herbert Cook.

All persons having claims against the Estate of Thomas Herbert Cook, late of the Township of Esquimaux in the County of Halton, Farmer, deceased, who died on or about the twenty-third day of October, 1951, are requested to file proof of same with the undersigned Solicitor on or before the Twenty-ninth day of March, 1952, after which date the Estate will be distributed having regard only to the claims then filed.

Dated at Acton, Ontario, this Seventh day of March, 1952.
 C. F. Leatherland, Acton, Ont., Solicitor for the Executors.
 a-36-3

Fashion Hint

Hats are smaller this season, and many of the models are hardly more than half-hats which fit snugly on the head and demand the minimum of hair beneath. Most of these, like the one pictured above, are worn absolutely straight on the head but many dip more to one side than the other, with some perilously perched over just one ear.

From London, England, comes word of hats with enormous plumes standing upward, shooting out from the back, and plunging outward from the front. Bands are colored to look like semi-precious stones, and sequins and fur are popular trimmings.

Imagine the stir in town if you wore this hat from London for shopping—"One amazing shape was fringed with black ostrich feather fronds, each finished with a spray of black sequins, the fringe hanging from the edge of the hat like icicles from a roof." Evidently the shape of a high roof caught on with the designers, who outline the "eave" of the roof with "jewels."

Canada has 61 ocean-going cargo vessels carrying the flag of the Dominion.

CLEARING AUCTION SALE
 Tractors, Farm Implements, Timbers, Lumber and Hay

The undersigned have received instructions from the Administrator of the Estate of the

LATE ANDREW ORE
 to sell by Public Auction at Lot 11, Con. 8, Seventh Line, Township of Trafalgar, N.S. on

WEDNESDAY, MARCH 26
 Commencing at 2:00 o'clock the following:

TRACTOR, FARM IMPLEMENTS, ETC.—1949 Ford Tractor, rubber, with hydraulic lift, tires loaded (this Tractor has done very little work); Oliver 2-furrow Tractor Plow; M.H. Manure Spreader; Spring Toothed Disc Cultivator; Eisel; 3 Horse Disc; Seed Drill, 12 hoe, P.H.; Spring Tooth Cultivator on wheels; Single Furrow Riding Plow; Oliver Single Furrow Walking Plow; Brown Cultivator; Reaper; Lever Harrows, 3 section; Hay Tedder; Set of Light Seed Harrows; Set Heavy Sleighs; Power Lawn Mower; Set Pleasure Sleighs, 3 seated; Horse Rake, 12 ft.; Set of Scales, 3000 lbs.; Oak Roller; Set of Scales, 240 lbs.; Mower; Truck Wagon; 3" tire, Adams; Cutter; High Wagon, Box and Springs; Adams; 2 Buggies; Cider Press; Scuffer; Stone Boat; Extension Ladder, 32 ft.; Sap Kettle; Lawn Mower; Electric Cream Separator; Renfrew; section grinder; post hole auger; steel post driver; fence stretcher; no. of steel and cedar posts; sprayer with shoulder strap; 2 screw jacks, 10 ton; three quarter inch draw rope; 10 ft. lawn gate; wheel barrow; no. of galvanized oil drums; 100 gal gasoline tank with pump; 2 rolls wire fence; new; bus truck; verandah chairs; cross cut saw; grain bags and sacks; swede saw; set heavy team harness, brass mounted; set of single harness; several high top collars; 2 heavy woolen horse blankets; 2 heavy knee rugs; forks, chains, whiffle trees, scrap and other articles too numerous to mention.

HAY, TIMBERS AND LUMBER—Quantity of baled hay; 1 mow of loose hay; no. of elm barn joists, 3"x10"x15"; quantity of pine lumber, 1 inch; quantity of elm lumber, 1" and 2"; quantity of maple lumber, 1".

TERMS—Cash settlement with clerk day of sale.
 No reserve.
HINDLEY AND ELLIOTT,
 Auctioneers
 Phone 19r3 Rockwood and 177j Milton
 Geo Currie, Clerk b-36-2

NEW TYPES OF AIRCRAFT

Twenty new types of British aircraft made their first flights in 1951—planes of completely new design and the others modifications of existing designs.

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TOYS

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 25 Wyndham St., Guelph Angus Kennedy, Prop.

It's time Pop knew some of the facts of life!

Funny thing about parents. They can be so smart about some things—and blind to other things.

Take my Pop, for instance. When I first bowed into this confusing world, he was wise enough to take out more life insurance. Now, if anything happens to him, Mom will still have money for groceries and rent. And I can go on playing here, instead of having to be a president or something, to earn a living.

For that, I give Pop full credit. Yet he's always complaining about how tough it is to save more money these days. Why can't he see that he can use life insurance—with its system for putting money aside regularly—to reach other goals. That way, saving's as easy as sucking a toe!

Another thing. As I observe economic conditions in this great nation of ours, one fact is increasingly evident: Every dollar that's saved helps to check inflation. So we should all save as much as we can, every way we can.

That's what I'm gonna tell Pop. And if he doesn't listen to reason, I'll just drool all over his new tie!

Life insurance dollars serve you these other ways:
 A large part of every life insurance dollar is put to work in investments that bring you—and all other Canadians—extra income.
 Hundreds of millions of these dollars have been used in the way, helping to provide new schools, highways, power plants, oil pipelines, homes and many other vital projects that raise living standards.
 Today, by their thrifty habit of paying life insurance premiums regularly, nearly five million Canadians are providing security for their families, working to check inflation... and promoting progress throughout the nation!

The LIFE INSURANCE COMPANIES IN CANADA
 and their representatives

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GABARDINES

You'll have to see these fabrics to appreciate the value! They're not just gabardines, but rich, lustrous 100% wool gabardines that resist creasing and wear. Come in and see them. Pick your favourite colour and let us measure you for a suit, cut by hand and tailored for you alone.

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