1. There are three kinds of ten

Black cleaves that are fermented,

heated and dried), Green (not

fermented, and Oolong', (from

of tea leaf. Pekoe indicates a

or 2 cup packages which provide

exact measurement. Bulk tea i

4. Tea loses flavor if it is not kept

5. To make a good cup of ten use n spotlessly clean teapot. Heat the

airtight. One pound should yield

teapot by filling with boiling

water for a few minutes. Then

pour out water and add measured

tea. I tenspoon for each cup. Add

freshly boiled water and let the

tea steep 3 to 5 minutes. Strain

tea into another heated pot or

COFFEE

(These beans are grown in differ-

ent countries). Most people buy

either drip or regular grind de-

pending on their, type of coffee

maker. Use drip for vacuum

makers and dripolators and regllar for percolators and cone

centrate and frozen coffee con-

centrate both of which have been

favorably accepted. Use these mixtures according to the direc-

3. A coffee maker should be thor-

fee pot can ruin the taste.)
4. Use a measured quantity of

freshly boiled water in the coffee

the desired strength. For mediun strength use 2 "measuring" table spoons for each cup of water. Let it "perk" from 3 to 5 minutes-

no longer. By the way, never let a cloth filter become dry and never wash it with soap-these

are two reasons why coffee does

also stay in the upper bowl if it

has been brewed too long or if a small amount is being made in

BLUEBERRY MUFFINS

3 tsps. baking powder

I cup fresh blueberries

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one hundred acres more or less.

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d tions of sale see the undersigned auctioneers on Messrs, Dick &

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ELLIOTT AND HINDLEY.

Auctione rs

Dick, Solicitors for the Estate

October, 1951

pen and a frame driving shed

2 cups sifted flour

14 cup shortening

a large bowl.

', cup sugar

1 cup milk.

would be worth 98c.

': tsp. salt

1 egg

Coffee may

maker. Use enough coffee for

oughly clean. (Stains in the cof

tions on the bottles.

1. Coffee is a blend of roasted beans.

a little less expensive.

150 to 200 cups. . .

larger leaf than orange pekoe.



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Annuity to start at age...

Hello Homemakers! Conversation, family have no preference since at social gatherings, over the coun- they have been rationed to a limter, on the phone-everywhere-lited amount. begins, ."Have you seen her?" Everyone wants a glimpse of Princess Elizabeth: We admire Her toyal Highness because she is so !. wholesome and so charming. Being vell versed in world affairs yet a! typical young mother, Princess 2. Orange Pekoe refers to the size

Elizabeth sets an ideal example. As the movie cameras were being reeled we began thinking of the 3. Ten bags can be purchased in I pictorial story as it would be reviewed at home with the King and Queen. We, too, shall await a close view on the screen of our Princess whose peaches-and-cream complexion and genuine smile have been the envy of all.

Speaking of peaches, we hope the rhotographers will take pictures of our luscious Ontario fruits and vegetables. Now if you were fortunate enough to be entertaining the Princess and her husband what would you prepare? We believe something simple and typically Canadian would be enjoyed more than elaborate fare. We can think of an attractive fruit salad with fresh blueberry muffins and a dessert of whole wheat waffles with maple syrup; lake trout fried in butter with a tossed green salad and a dessert of apple pie with old ! plate, rolls with lots of butter, and a delicious lee cream sundae for 2. We can also buy dry coffee condessert. The beverage may be tea or coffee but it should be fresh and piping hot. Evidently the Royal

FOOD PRICES AND CHANGES.

While there are a few lines ac! ually lower the general level of food prices today compared with a year ago is 15 to 16 per cent higher, reports The Financial Post. In the same survey there is an interesting

table of changes in eating habits of Canadians. This shows that we are enting far less coreals than we d before but far more potatoes fruits, vegetables, meats and dairy

Polo was developed in India.



## Your Opportunity to Hear



PREMIER

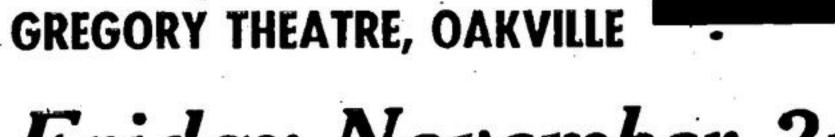
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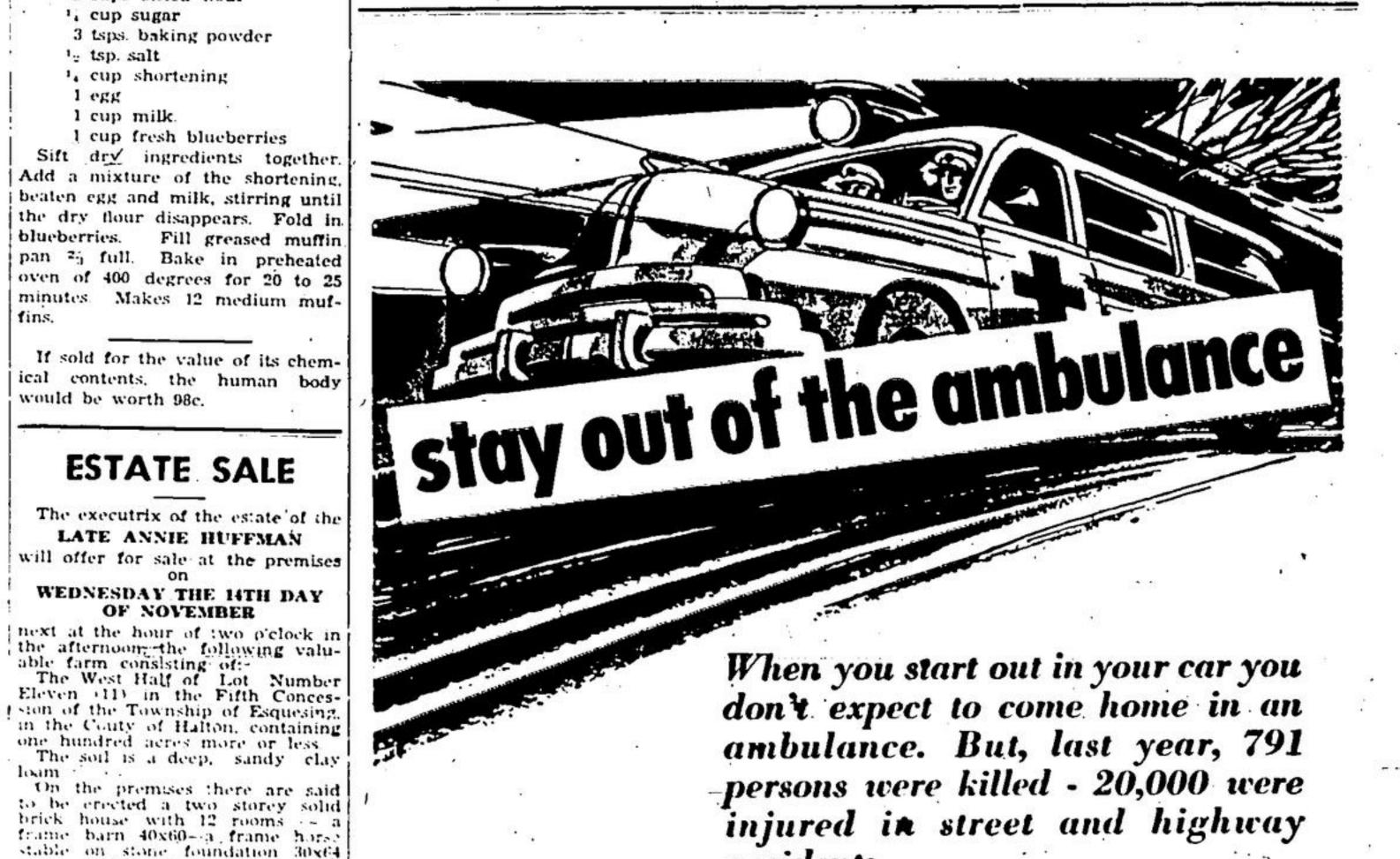
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