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CARROLL'S



MINCED MEAT 2-LB. TIN 46c
MONARCH PIE CRUST MIX 17-OZ. PKG. 34c

LEMON PIE FILLING 3 PKGS. 29c
BLUEBERRIES MISS CANADA 15-OZ. TIN 24c
RAISINS SUNMAID SEEDED—15 OZ. PKG. 31c

BISCUITS LB. 45c

PINEAPPLE Fruit COCKTAIL 15-OZ. TIN 30c
CRANBERRY Sauce 15-OZ. TIN 23c
JELLY POWDERS LUSHUS 3 PKGS. 29c

PEAS 2 20-OZ. TINS 33c

NIBLETS CORN 2 14-OZ. TINS 33c
PEAS LYNN VALLEY SPECIAL PROCESS 2 20-OZ. TINS 31c
WAX BEANS AYLMER CHOICE 2 15-OZ. TINS 29c
PEAS & CARROTS 15-OZ. TIN 16c

GINGER ALE 2 LG. BTLS. 27c

Pineapple Juice 2 20-OZ. TINS 23c
Tomato Juice BRIGHT'S FANCY 2 20-OZ. TINS 27c
ROMAR COFFEE BAG 49c, 96c
TEA BAGS CARROLL'S PKG. 34c, 67c

GOOD LUCK

MARGARINE 1-LB. PKG. 42c

Five Roses Flour 36c, 1.65
VICTORY PICKLES 24-OZ. JAR 33c
Stuffed OLIVES McLARENS 6-OZ. JAR 37c

CAKE MIX 2 REGULAR PACKAGES 45c

ORANGES doz. 35c
GRAPES 2 lb. 25c
CRANBERRIES each 27c
TURNIPS 3 lb. 10c
APPLES Basket 59c



THE MIXING BOWL
 Hello Homemakers! Did you attend the Canadian National Exhibition? If so, how much did you see in one day? We joined the crowd who heard Mrs. Eleanor Roosevelt and must have been inspired by the slimmest of that great humanitarian who is known the world over for "My Day." Here are glimpses of a few of the manufacturers' themes which may be of interest to the busy homemaker.

1. There are electric dryers with controlled heat, with or without fans, with or without time controls which have been approved for safety.
2. The food chopper attachment which has an additional power unit for an electric food mixer was being demonstrated.
3. A series of nursery rhymes made a meat and shortening demonstration memorable in regard to the various ways to prepare meat.
4. When we listened to a pleasant voice while holding a receiver to our ear we learned of the tremendous job of providing today's telephone service, yet a new telephone is being installed every 75 seconds during every working hour in Canada.

5. When we heard the gigantic rumble of Niagara Falls and saw the mist rising we could visualize more electricity in the future as the commentator explained construction of a new hydro power station.

6. New designs in dishes by Canadian potters are traditional yet conventional. The colours and artwork will look well in both the formal and informal setting.

7. In the Australian exhibit we saw glass jars of canned whole pineapple and also canned raw bananas.

8. The New Zealanders were talking about their canned melons which tasted like fresh cantaloupe.

9. Another exhibitor provided a sample of fresh coconut milk which will soon be available in our stores.

10. All the fruit juice stands reminded you of Coney Island, except that you could purchase cans of fresh or frozen juice to take home.

11. Everyone who visited "Design for Living" spent considerable time among the collection of modern rooms decorated with home furnishings and appliances made by Canadian manufacturers.

12. Kitchen units for counter and wall cupboards fitted into every style of home. They were made of steel or plywood with many added features such as spice shelves, revolving shelves, bread boxes, towel bars, cup racks and so on.

13. At least eight manufacturers displayed a home freezer. We believe this equipment is now on every budget list of a rural homemaker. The demonstrators at the C.N.E. proved the value of the home freezer.

14. A timely display regarding the cooking of meats explained how to get the most servings per pound. One roast cooked at a high temperature looked shrivelled and dry beside a similar cut of meat cooked at a constant even temperature which was large and tempting to eat.

15. Knives were being sold at every kitchen gadget booth. Although there seemed to be a wide selection of knives we noticed women buying knives with the shank stuck into a wooden handle in preference to the more durable type of handle which is always riveted on.

- Baked Beans**
 2 cups white (navy) beans
 1/2 lb. pork fat
 3 tbsps. brown sugar
 3 tbsps. molasses
 1/2 tsp. salt
 1/4 tsp. dry mustard
 1/4 cup minced onion
 2 tbsps. catsup
 2 1/2 cup water

With pressure saucepan: Soak beans in water to cover, overnight. Drain and place in bottom of pressure saucepan with other ingredients. Cook at 15 lbs. pressure for 50 mins. Makes about six cups.

Braised Short Ribs
 (An economical meat, cooked deliciously tender)
 Brown pieces of short ribs in a skillet with a little fat! (Do not cover to brown). Then add tomato juice to almost cover the meat and cover the pan. Cook in a preheated electric oven of 325 degrees for 2 hours. Time of cooking will vary, depending upon the thickness of the meat.

CAMPBELLVILLE Reports Received At W.M.S. Meeting

Mrs. Lloyd Crawford was hostess to the W.M.S. of St. David's Church on Thursday afternoon when Mrs. Elliot opened the meeting with a poem, "Creeds".

After singing a hymn the Lord's Prayer was repeated. Miss Gertrude Holmes read the Bible lesson.

Reports were received from the secretary and treasurer. The Cheer Secretary reported five letters written. The Welcome and Welfare Secretary reported three calls made. The Press Secretary read a couple of short articles from the Glad Tidings.

Plans were made for the Thanksgiving meeting to be held in October. An invitation was received from Nasagaweya W.M.S. to attend their Thankoffering meeting in October.

Mrs. Lawrence Sharpe gave a very interesting topic on some overseas missionary work, especially in Formosa.

The roll call was responded to using the word "Rejoice". The meeting was closed with prayer by Mrs. Wallace King. A pleasant social time was enjoyed by the 17 members present.

Rev. J. Sutherland accompanied by Mrs. A. Moore, Mrs. G. Black, Mrs. R. Mahon and Mrs. W. Greenlee attended a conference of Sunday School workers held in St. Andrew's Church, Fergus, on Tuesday evening and report a pleasant and profitable time spent.

CHEDDAR CHEESE

Cheddar Cheese secures its name after the village of Cheddar, near Bristol, England, where its manufacture was first systematized by a dairyman, named Joseph Harding.

INSTALMENT-PLAN BUYING FOR FIVE PER CENT. DOWN

No One-Third Down Payment On Canada Savings Bonds

"While down-payments on most instalment purchases run to a third or more of the total cost, there is one valuable commodity you can buy with an initial payment of just one-twentieth—that's Canada Savings Bonds, the best investment you can buy," Gordon Oder, manager of the Bank of Montreal in Acton, said this week when discussing the new issue of Government bonds.

"People who cannot afford the full cash price of these bonds can purchase them for a five per cent down-payment. Just \$2.50 down on a \$50 bond, or \$5 on a \$100 bond. The remainder can be paid in easy, regular instalments over the next 12 months."

One special feature of the 1951 bond issue which Mr. Oder emphasized was the new high rate of interest. The old rate of 2.75 per cent has been discarded. Each bond bears 10 coupons at the rate of 3.5 per cent. The first coupon covers a period of 21 months (equal to 2 per cent per annum), due August 1, 1953. From that date, one coupon at 3.5 per cent is payable annually on August 1, until 1962. This amounts to 3.21 per cent over the life of the bond.

Mr. Oder invites Acton people to take advantage of this easy-payment plan by getting their bonds at the B of M. "We shall," he said, "be glad to assist anyone in the purchase of Canada Savings Bonds."

Poet's Corner "AUTUMN"

The bloom has gone from my garden and the green from my maple tree, But the crimson and gold of the woodlot—is most beautiful to see; The rippling fields of clover and grain are all something in the past, But the memory of a golden summer in my innermost thoughts will last.

And through the pines in the woodlot, the winds are whispering low, Telling of wonders soon to come—hour frost and drifting snow. Another spring will be coming soon with all its beauty and bloom; I still wouldn't trade my window for gold that fills a room.

Eleanor Coulson, Lowville.

There is less danger of baled hay "heating up" in the barn, particularly if care is taken in laying the bales. Open spaces not only help cure the hay, but also keep it cooler.



E. P. HEAD

Optometrist

Eyes Examined Scientifically

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IS YOUR LISTING CORRECT?

If you wish to arrange for additional listings in the alphabetical section, or to make any last-minute changes in your present listings, please call your Telephone Business Office today.

THE BELL TELEPHONE COMPANY OF CANADA

OLD AGE ASSISTANCE

For Ontario Citizens 65 to 69 Years of Age

APPLICATIONS—may be taken by Municipal Clerks, City Welfare Administrators or by Provincial Welfare Field Workers.

QUALIFICATIONS—persons 65 to 69 years may receive \$40.00 monthly commencing January 1st, 1952 if resident in Canada for 20 years and have income, including allowance, less than \$720.00 a year if single and \$1200.00 if married.

If further information is required please write to Department of Public Welfare, Parliament Buildings, Toronto, Ontario.

ONTARIO BLIND PERSONS ACT

An applicant may receive \$40.00 monthly if 21 or over, a resident of Canada for 10 continuous years, and their income, including allowance, is not in excess of \$840.00 if single and \$1320.00 if married.

ONTARIO CITIZENS 70 YEARS OF AGE AND OVER

who are not now receiving Old Age Pensions should obtain an application from the nearest Post Office—complete and forward to—OLD AGE SECURITY, ONTARIO REGIONAL OFFICE, 122 Front St. W., Toronto.

ONTARIO DEPARTMENT OF PUBLIC WELFARE

Honourable W. A. Goodfellow, Minister of Public Welfare.



M-G-M's popular canine star, Lassie, and young Gary Gray, form an irresistible boy-and-dog combination in M-G-M's vivid technicolor drama, "The Painted Hills", midnight show, attraction Sunday after midnight at the Roxy. Paul Kelly and Bruce Cowling are also featured. "Painted Hills" also plays Monday matinee at 2 p.m. and Monday and Tuesday evenings. This is family entertainment at its best.