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**THE MIXING BOWL**  
 BY Anne Allan

Hello Homemakers! We should be able to add an "s" to squash to remind us of the many varieties of squash. However, it is not too difficult to tell the difference in the eating of summer squash and the winter squash. The early varieties are as delicate in flavor while the later kinds (Acorn and Hubbard) are stronger both in flavour and color.

Some of the summer squash are easily named because of their shape—The Yellow Crookneck, the Button and Vegetable Marrow. Others that are more difficult to label are ones like Zucchini and Cymplings. If you do not know them, take a trip to a market where gardeners can tell you about these interesting species.

**TAKE A TIP**

- To cook summer squash: Take off stem end. Remove the large seeds and coarse fibres. Leave in halves, slice or dice. (Frying is not necessary.) Roll halves squash 40 to 60 minutes or boil sliced pieces about 15 minutes. Or bake summer squash at 350 for about 40 minutes.
- To open or cut winter squash easily, place the whole vegetable in a preheated oven of 400 degs. until heated through. Cool, cut and pare.
- To cook winter squash cut into serving sizes and free of seeds and fibres.
  - Boil 25 to 30 minutes and serve buttered. Or scrape from shell and mash.
  - Bake pieces of squash in preheated oven of 350 degs. about 50 minutes.
- Seasoning for summer squash may be one of the following: Nutmeg, cayenne pepper, minced onion, chili sauce, cheese, bits of cooked bacon and brown sugar.
- Additions for baked squash: Fill hollow portion with cooked sausage patties or seasoned lima beans mixed with sour cream and chives.
- To glaze squash: Pare and par-boil pieces for 30 mins. Drain. Place in shallow baking pan. Drizzle over pieces a glazing syrup of 1/2 cup white sugar, 1/2 cup brown sugar, 1/2 cup water and 2 tbsps. butter. Bake in oven of 350 degrees for 30 mins., basting frequently with the syrup.
- Peeling and seeding summer squash is optional. Some people believe that the seeds strengthen the flavour while, cooking, others consider the seeds a nuisance to remove from the pulp when it is hot.
- Our preferred method of cooking squash is in a colander or sieve over boiling water. We sprinkle a teaspoon of salt on prepared serving size pieces. The kettle is covered as tightly as possible. Since squash is surprisingly watery, it will mash as soon as the skins can be removed—and you can see the skins partly separate from the pulp in about 20 minutes. Beat in 1 tablespoon top milk and a pinch of pepper, then serve.
- Prepare squash for pie filling the same as pumpkin.

**FASHION HINT**

Paris modistes say, "Autumn hats are small, romantic; many are inspired by the paintings of Manet, Watteau and Renoir." Here's an example of one that can safely be labelled "small", but the rest of the attention is left to the individual buyer—or to those who make the first remarks about a new hat in the family! Town modistes likely won't assign a hat's inspiration to an artist, but are more apt to suggest that smallness of anything plus a bit of velvet and veiling will make a good fall '51 hat.

As a symbol of their individuality women in Pakistan generally retain their own maiden names even after their marriages, and do not have to adopt their husbands' surnames.

The butcher was weighing up a roast recently when his customer observed: "Say, you're giving me a lot of bone there, aren't you?" "Oh, no, I'm not," answered the butcher. "You're paying for it."—The Reader's Digest.

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**Matching Earrings For '52 Watches**

Smartly styled watches, keyed to the new feminine fashions for this fall and winter, were introduced recently by the Watchmakers of Switzerland at a special press preview.

Aware of individual requirements the stylists showed their timepieces encased in platinum white and yellow gold, steel, enamel, plastic and leather. The watches ranged from the wrist type to unique accessories that can be worn as pins, pendants, rings and lavallieres—and one even surrounded by a rubber tire, with a strap and key attached for the automobile ignition lock.

The preview featured five models in dresses ranging from high fashion to resort apparel—each wearing a watch harmonizing with the individual costume. A teen-age model displayed timekeepers with novel designs and gay colored bands for the young set.

Among the intriguing watches was a petite wrist model encircled by pearls, with the semi-precious gems flowing in each direction along a flexible gold band. Another was a lapel watch, fashioned in delicate gold wire as a ballerina, with pearls mounted in her flowing skirt. One featured multicoloured stones set in a gold wire brooch—with a pin for neckline wear and a pull-out stand for use on a night-table.

In many of the formal watches for dressy occasions, several designers feature novel development of gold filigree patterns, only recently introduced by the Swiss as a high-fashion note. Sparkling clusters of diamonds, rubies, emeralds, and sapphires are blended with filigree to create these magnificent watches.

Other new watch fashion assets for the feminine wardrobe include a striking solid bracelet watch with matching necklace, or a set consisting of an unusual lapel watch and earrings in matching design.

The new bracelet watches have the "personal touch", one of them providing for the owner's initials in matching gold on the side of a barrel-shaped crystal. Gold pencil sets were shown, with a tiny quality watch encased in the upper part of the pencil. A handy combination penknife and pencil container had a watch mounted in the flat upper side.

**THE QUESTION BOX**

Mrs. T. K. asks: How do you serve oyster plant?

Answer: To cook oyster plant or salsify, prepare like parsnips. Plunge into cold water with a little lemon juice or vinegar in it to prevent discoloration. Boil inch-cubed pieces in salted water until tender. Serve with a cream sauce.

Mrs. C. B. asks: How can you prevent sharp acid flavor in stewed green tomatoes?

Answer: Stir the sliced green tomatoes to be sauted with a few

**Meat Prices Boost Cost Of Living**

The bitterest topic of argument and controversy is still the soaring cost of living. What is important and usually overlooked in this discussion is the basic reason behind the increase. The Financial Post states:

For the fact is that almost half the 15-point boost that has occurred since January of this year is due to one thing: meat prices.

And why have meat prices risen? Primarily, because Canada is an export country and our home prices have been tied to the tail of similar increases in the U.S. This fact makes it perfectly clear that to have kept the lid on Canadian living costs this summer, price control and all the other remedies mooted would have done no real good at all.

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**a good meadow for good milk...**

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Here are four actual case histories from our files. All of these successful investments were made on our recommendations.

**GODERICH**  
 A widow has had an average amount of approximately \$5,000 invested since 1911. To her original investment she has added the income from her securities, bringing her net cash investment now to \$11,720. Her stocks now have a market value of over \$10,000 and 50% of the funds are invested in conservative public utilities. She is deriving at the present time an annual income of over \$1,000 or 8 1/2% on her net cash investment.

**TORONTO**  
 A young married man decided to open an account in 1940, with \$1,400. Since that time he has never had more than \$10,000 of his own capital in the account. Up to the end of 1950 he had withdrawn \$60,000 and his investment still had a net value of \$27,381.

**PARIS**  
 Since opening an account two years ago this client, who is a widow, has purchased some conservative common and convertible preferred stocks. Her average cash investment has been \$11,560 during this period. If her stocks were sold at current levels, the net proceeds would be approximately \$15,500. Her present investments pay her total dividends of \$758 per annum or 6 1/2% on her net cash investment of \$12,130.

**GRAND VALLEY**  
 A school teacher has had an average amount of \$2,300 invested in her account since she opened it in 1930. Her net cash investment at the end of 1950 was \$1,065 and her securities had a market value of that time of \$1,800. From this her annual investment income is \$185 or over 9% on her net capital investment.

**The size of the sum to invest is not important!**

Money "frozen" in a bank account does its owner little good—surplus funds, no matter how small, should be put to work to earn a fair return and augment your income. Many of the greatest corporations are largely owned by the so called "small investor." A recent survey demonstrated the surprising fact that many hundreds of thousands of "blue chip" corporate shares are owned by people in the smaller urban and rural communities. And large sums have been collectively paid out for many years to investors, many of whom you will quite possibly know personally.

The size of the sum to invest is not important. You may have funds you would like to invest. On the other hand, we would like to discuss this matter of investment with you, and without any obligation to you.

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