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The B of M has helped thousands of Canadian farmers overcome this problem by providing them with credit through Farm Improvement toans. Perhaps we can help you obtain the necessary credit, too.

it over with our nearest B of M.manager? MY BAND Ahead Farmer".

Remember, when you ask for a loan at the B of M, you do not ask a favour.

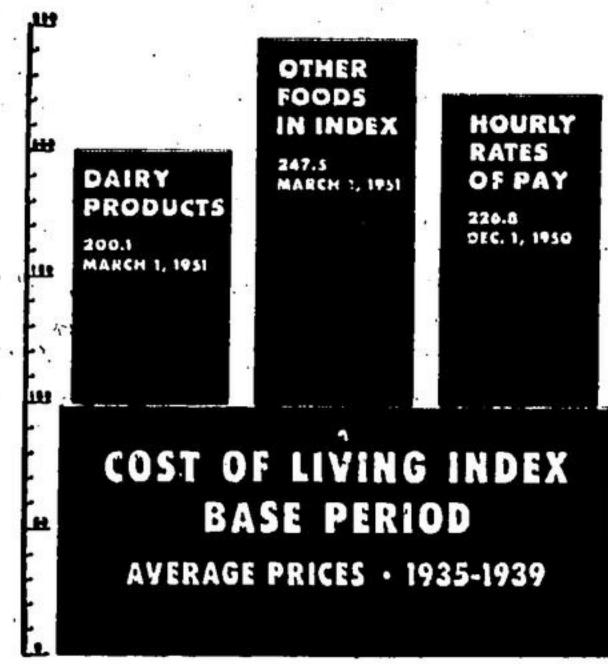
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### DAIRY PRODUCTS MAKE Your FOOD DOLLARS GO FARTHER



Every housewife these days is fighting the "battle of the home budget". The is quite aware that food costs have soared, and was not surprised when the Cost of Living Index at March 1st. last showed food at 244.4 compared with 100 for the base period of 1935-39.

The Dairy Farmers of Canada, faced with rising costs like everyone else, are pleased to draw attention to the fact that Dairy Products in the came index stood at 200.1 while other foods in the index were 247.5. The price of Dairy Products is not at all out of line with other items in the Cost of Living Index, nor with wages in industry. While milk, butter and cheese stand at 200.1, clothing stands at 196.6 and home farnishings at 199.3. Wages based on hourly rates of pay in Canada stood at 226.8 as of Dec. 1, 1950, according to Department of Labour Statistics.

By using more of Nature's Fine Foods-Dairy Foods-the housewife can carve wholesome, nutritious meals and make her food dollar go further.



409 HURON STREET TORONTO, ONT.



gerale to this.

17 taps salt

. 's tsp. pepper

Hello Homemakers! Mary is to the above mixture and just before be married! Many friends are en- serving, add equal quantity of gintertaining for our popular bride-tobe, and each party is unique. To CHICKEN and ALMOND SALAD date, there has been, a dessert feast; on indoor garden tea, and a noseday buffet. Perhaps if we tell you a little about the presentstions, it may be of help to plan a graduation affair, an anniversary

or a shower party. The ment for the dessert feast was: pastel meringue shells filled with vanilla ice cream, a selection of ice cream toppings lined the table, time coloured marshmallow, diced fruits, butterscotch sauce and strawborry jam. Ten and assorted cookles were served following dossert. The centre-piece of spring 5-pound boiling fowl. flowers, flower candles, floral serviettes and the sparkling crystall made the party a delightful, femfaine occasion.

The indoor garden tea was equally effective, with blossoms in several vases placed throughout he-living and dining rooms and the guests stood about with a cup of tea, enjoying food served from pleture plates. These plates were arranged like rows in a garden: orated, rolled cress pieces, then the flavors blend. cubed and plain sandwiches, were placed in succession. The tiny cakes and tarts were grouped on silver entree dishes, partly filled with crumpled green cellophane which seemed to be a rock garden effect. For this part the hostess selected yellow, green, pink and mauve tapers and used silver candlesticks cold water. Tie loosely in a cheese and ten service.

table with bride and groom shaped ring frequently. candles in front of it. A large tray of glasses filled with a rhubarb cocktail was placed at the opposite end of the table to the flowers. The rest of the luncheon was arranged on platters and bowls surrounding the plates, forks, and servicites, which were placed buffet style along the side of the table. They were decorated with attractive garnishes, such as potato flowers for the platter of cold turkey, heart shaped jelly molds decorated with aside to cool. cheese and crisp salad greens topped with pepper rings. To complete this repast, a large chiffon cake, dripping with whipped cream and topped with frozen raspberries, was the dessert.

RHUBARB COCKTAIL

12 cups rhubarb, cut 6 cups white sugar

114 cups orange julce

1 cup pincapple juice 1; tsp. salt

Gingerale Cook rhubarb in 3 quarts of water until tender. Put it through a strainer and sweeten with the ugar, then chill the rhubarb fulce. add orange juice, pincapple juice and salt. Measure the quantity of



## CECIL A. CARR

**OPTOMETRIST** 

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### Do You Know...

Already we are starting to pay for the sewers. Be ready when it goes into operation. Keep the work in Acton by hiring local .contractors. We have already done some of the toughest jobs. So let us have that easy one of

> We'll start any time you say.

\$2.25 PER FOOT

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Contractor

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At last! Two whole days without 2 quarts cooked, diced chicken rain - that's a record for this spring. 2 quarts diced relery All the birds and the beasts and 1 quart salad dressing 1, 1b. blanched almonds, brown ed and shredded Combine all ingredients tossing them together with 2 forks. It allowing to stand add the almonds ust before serving. Arrange

lettuce and serve garnished with slied tomatoes or asparagus tips. Note: You will need about two SPECIAL POTATO SALAD

(To Serve 25)

(To Serva 25)

4 quarts diced, cooked potatoes I quart diced celery a, quart finely shredded cabbage

a cup chopped plmento 1 tablespoon grated onton

I cup chopped bacon. I cup French dressing, well seasoned

Combine all ingredients and mix trays on which the sandwiches were leal together being careful not to allow the mixture to become mustry Open face sandwiches, neatly dec- Leave to stand in a cool place while ROILED COFFEE

(To Serve 50)

" pound coffee 15 tenspoon salt

11 tenspoon mustard 1 cup cold water

214 gallons boiling water Combine coffee, salt, mustard and cloth bag and pulnge into boiling An old-fashloned nosegay of water, Cover closely, Keep at bollroses was placed at one end of the ing point for 15 to 20 minutes, stir-

CHIFFON CAKE

6 eggs 114 cups white sugar

I then cream of tortar

14 pint (1 cup) whipping cream Juice of 11; lemons

I box frozen taspherries for other fresh or canned fruit! Beat egg whites Add cream of tartar, gradually Add one cup sugar Place in 9" ple plate and bake one hour at 250 degrees. Set

Filling: Beat yolks of eggs. Add 15 cup of sugar and lemon Julce. Cook in the top of the double boller until thick. Whip cream, sweeten to taste. When cool cover the meringue with one layer of filling, then a layer of raspberries, then a layer of whipped cream. Dot the whipped cream with a few raspberries and sprinkle with cocoanut. Let stand in refrigerator until time to serve.

The word "salary" comes from salarium", meaning salt money, since Roman soldiers received part of their pay in salt.

#### Advice Prevents **Grain Frost Loss**

cérealist at the Experimental Station at Scott; Sask.

tests on cereal grains grown around less Scott where frust damage was sevgave germination percentages beshowing 80 per cent.

ious was the failure of plants to home-about eight miles ed in the spring.

which germination of cereal grains about there being two times and has been impaired by frost cannot then it doesn't hurt hardly at all be determined by examining the But I do object to the CBC anseed, all farmers concerned are urg-induncing a programme in this way ed to make, or have a germination . Tune in at 130 Daylight savtest made on the grain they intend ong time or 1230 form time. Does to use for seed. Wheat may appear; the CBC imagine, that 'Ontaria to be damaged severely by frost and farmers are living out in the backyet show good germination and the woods or what? Some are without reverse may be true. The germin- a doubt, but they are in the mination of outs and barley may be lority. Even in the more thickly seriously affected and still show lit- populated areas very Yes farmers tle external signs of frost damage | really like DST but they have In cases where germination per- long since realized that to stubcentages are low it will be advis- bornly operate on standard time able to purchase good seed to ensure a satisfactory grop

Aesop, author of the book of fables, was a slave.

Chronicles

# Ginger Färm

Written Specially for the Acton Free Press by Gwendeline F. Clarke

the flowers have come alive as a result. The awallows sensed the ap proach of warmer weather and came back to the barn. Partner loves h swallows . . . the other morning when I went down for the milk I was the first thing he told me The stable door was open and in flew-a pair of swallows-straight to the old nest in the cow stable to which they return year after year There they were two little birds in one nest gierhaps just resting after a long flight, or perhaps arguing it out as to who was entitled to possession. But they didn't appear to he arguing so maybe they were just an old married couple glad to be back to their old home after sojourning abroad In the garden daffodils are blooming, golden heads nodding in the freshening breeze Frogs continu their untiring and throaty chorus in the swamp across the way. Helfers turned loose for sunshine and exercise gambol around in the yard stopping every now and then, heads over the fence, noses sniffing the alr--sweet scented air that brings promise of luscious green feed that will taste so much better than onything they have had all winter. And we think the same about the fresh

And of course the farmers are besinning to hope again that seeding will soon be underway, although it will take a few days yet to dry the mydholes in low-lying fields. Seeding is late but some years it has been later that is according to dates published in a recent Issue of the Farmer's Advocate, covering the last ten years. During that period the earliest seeding was in 1945, starting in some districts on March 27 and the latest in 1943 when seeding was delayed until May 15 It also said, the poorest crops and most difficult having and harvest followed late May seedings while

red rhubarb that tastes so good af-

ter a steady, diet of canned fruit.

the best yields of spring grain were from early April ceedings. So there you have it forwarned is forearmed so it might be just as well not to take too much for granted because if the weather is against us there isn't much anybody can working hour count and every dol

do about it except to make every lar give us its full value and that is only possible with careful spending. We can't expect bulging granaries all the time-sometimes a Sabbatical year is forced upon us whether we want it or not Here am I talking about the warm

spring weather and forgetting what an awful day it was last Saturday rain teeming down every hour or so and just after I had had the car washed and spent a lot of time cleaning and polishing it. You know how it is clean the car and it al-Where frosted wheat, oats and ways rains Trying to keep a car barley is being used for seed, al- looking half decent is a tiring and ways increase the rate of seeding discouraging business It being wet in proportion to the decrease in on Saturday we had visitors for germination, then sow the grain as the week-end three of themshallowly as possible to get seed Daughter and two of our nieces into moisture, advises A. G. Kusch, The nieces came on the noon bus and Daughter at night-she came later as she had promised to take Extension frost damage to cereal her small godson to see Hopalong grains occurred over a large area | Cassidy. They had quite a time at of the prairie provinces in 1950 the Exhibition grounds-Daughter and the damage was especially sev- said "Hoppy" was doing a wonderere in Saskatchewan. Germination ful job and seemed absolutely tire-

Joy went to meet the bus which ere, indicated that wheat generally was supposed to come in at 720. will give satisfactory germination. She waited and waited and finally but oats and barley will not. Many came back home Daughter arrived samples of these grains when tested, about two hours late. A new man was driving the bus, missed the low 40, with only a few samples highway, and continued along h stone road When he realized his When these frost-damaged grains mistake he tried to turn at a farm were tested in soil, the number of driveway, couldn't make it and plants emerging did not equal the went over the culvert into a waterrecorded germination percentage filled ditch After that the motor The lower the percentage germin- refused to function and the bus was ation of the sample, the more ser- lowed the remainder of the way

emerge as the depth of planting | Changing over from standard to was mereased. In addition, there fast time was another week-end were many weak plants present highlight I hated the thought of it that would not survive under the las we were already getting up at average field conditions encounter- 530 And then I found it did not lically make much difference at all Mr Kuseh adds, as the extent to Set the clock ahead and forget

only makes things still more inconvenient for themselves.

Thirty-three years generally constitute a generation.

. .

## The Memorial Ideal



A monument bullt of endurind granite or marble, symbolic in design and reverent in purpose, resting in surroundings of peace and beauty, a tribute of respect and .honor to the dead, a constant source of inspiration to the

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LYNN VALLEY GOLDEN CREAM STYLE

## 2 16-0z. 2 1 C

20-0Z TINS 2 for 25c

10-0Z. TINS 3 for 250.

DANDEE TEA PKG. 38c, 75c TEA BAGS CARROLL'S KRAFT DINNER 2 PKGS. 298 CHRISTIE'S RITZ PKG. 200

CHOCOLATE DROPS

CANDY

Blueback Salmon 44.18. TIN 21c PORK & BEANS CLARK'S 2 15-0Z 23C AYLMER PEAS SPECIAL PROCESS 22C OATMEAL for Baby PKG. 23c

NIBLETS CORN

GREEN GIANT PANCY

14-0Z. 33C

8-0Z. TINS 2 for 23c

Aylmer BEANS BOSTON 2 20-02. 35c SLICED CHEESE BOZ PKG. 320 HONEY BUTTER GOLDEN BAN 390 BIRD SEED BRUCE'S 10-OZ. PKG: 21c CAT FOOD BALLARD'S 2 15-02 250

PARD POOD

2 16-0Z. 27C

Cherries AYLMER RED 220 Peaches BRIGHT'S 21C

Pineapple AVL, 15-02. TIN 27C Grape Juice WELCH'S 21c, 39c

TOMATO JUICE BRIGHT'S FANCY 12C

QUAKER TOMATO SOUP

10-oz. Tins 25C

GRAPEFRUIT 4 for 25c

**ORANGES** NEW FLORIDA WHITE No. 1

3 lb. 25c

doz. 39c

**POTATOES** CAL LARGE BUNCHES

CAL 288'S

FRESH DAILY-Celery, Mushrooms, Radishes, Cabbage, Tomatoes, Green Onlone, Bananas