

Want a REAL morning breakfast?



Hello Homemakers! Many a time I have wished that I had written down the recipes for scones that Grandmother used to make. She used to bake 7 varieties and always had about 3 batches baked and stored in covered crocks. The "stone" covers always made a loud noise when she stole into the cold pantry to steal some, but grandmother knew we appreciated them because she brought out honey to add to the ones she sliced for us.

Today we find ourselves sure of good baking results due to modern ranges with accurate temperature controls and delicate flavours from manufacturers' tested ingredients, especially the Canadian milled flour.

TAKE A TIP

- Scones and baking powder biscuits are known to Home Science girls as soft dough mixtures. (This group of mixes also includes dumplings and drop biscuits but we shall talk about these items in another column.)
1. Have all ingredients cold.
 2. Grease cookie or pie plates ever so lightly.
 3. Sift once an approximate amount of flour from which the required amount can then be measured.
 4. Measure the dry ingredients; mix and sift them 3 times into a mixing bowl.
 5. Measure firm, cold fat (butter, shortening, lard or margarine) by measuring spoon. Cut fat in to flour with a wire blender or a knife until pieces of fat are the size of peas.
 6. Sprinkle cold liquid over the dry ingredients and mix lightly with a fork, adding just enough liquid to make a soft but not sticky dough. Work dough as little as possible to prevent a tough biscuit.
 7. Knead the dough on a lightly floured board, not more than 20 turns.
 8. Flatten gently with a lightly floured rolling pin.
 9. Finish the product according to directions and bake in a hot electric oven.

Fruit Scones

- 2 cups pastry flour
 - 4 tps. baking powder
 - 1/2 tsp. salt
 - 1 tps. sugar
 - 3 tps. shortening
 - 1 cup seedless raisins
 - 3 tps. chopped cherries
 - 2 tps. chopped walnuts
 - 1 egg, beaten
 - 1/2 cup milk
- Sift and measure flour. Mix and sift dry ingredients. Add shortening and blend into the dry ingredients. Add fruit. Now blend egg and milk into the dry ingredients. Turn onto lightly floured board and knead for one minute, divide the dough into 2 parts and pat into rounds 3/4 inch thick. Place on a buttered baking sheet and cut each round into 4 wedge-shaped pieces. Bake in electric oven at 425 degs. about 15 minutes.

Buttermilk Scones

- 2 cups sifted flour
 - 2 tps. sugar
 - 1/2 tsp. salt
 - 3 tps. baking powder
 - 1/4 tsp. baking soda
 - 1 cup sugar
 - 2 eggs, beaten
 - 1/2 cup buttermilk
- Mix and sift dry ingredients; cut in shortening, sprinkle buttermilk into the dry ingredients. Turn onto a lightly floured board and shape into 2 rounds about 1 inch thick (not necessary to knead this mixture). Place each round on a floured pie plate, cut into wedges and bake in an electric oven at 450 degs. 12 minutes.

H. S. Holden
Optometrist
7 DOUGLAS STREET
GUELPH
EYES EXAMINED
GLASSES FITTED

Chronicles of Ginger Farm
Written Specially for the Acton Free Press by
Gwendolyn F. Clarke



These are housecleaning days—and my hands preelaim! Some folk can use strong cleaning powders without any ill effects, whereas it leaves my hands rough, red and raw—and this week there is an ill-timed quilling to go to! But still I have two bedrooms and a closet of the Fibber McGee variety, all clean as a new pin, so my hands won't have suffered in vain.

Apparently not many housewives have started housecleaning as fires and furnaces are still going strong. I hardly know what gave me the idea... maybe the crows flying back and forth; or the flies buzzing around the windows—or maybe I just couldn't stand the look of the house any longer. Anyway, if the weather is cold to start with it will probably be hot enough before I get through housecleaning.

Now if I just went into a room and cleaned it that wouldn't be so bad. But no, I make work for myself. I wonder... would these two rooms look nicer if I changed the dressers around? And the beds... "I think I'll have two single beds in this room and take the double bed into the other room." And so I change things around, juggling the stuff from one room to another myself because I "sifted" earlier to help that would immediately start an argument. "Why move this, why move that?" No man yet has been able to understand why a woman likes to rearrange furniture every little while. Maybe no woman can explain it either—but there it is. The average man, of course, likes furniture as immovable as the Rock of Gibraltar.

While we are on the subject, I have found that moving fairly heavy furniture requires knock more than strength. Suppose you have a big cupboard without casters. Too heavy to move? Oh no, it can be done quite easily. You need a couple of wooden rollers—old fashioned curtain poles will do quite nicely. Tip one end of your cupboard and, with your foot, slip a roller underneath. Now do the same the other end—you will find that cupboard will move as easily as a toy wagon—except that you must watch and adjust the rollers from time to time. Even a kitchen stove can be moved this way—but not by a woman!

Dressers are no trick at all to move alone. Take out the drawers and there is very little weight left to push around. Felt mattresses can be rolled up and tied for easy handling. Spring mattresses are another proposition—there I am afraid, you do need help. Old fashioned beds can be taken down and reassembled quite easily with the aid of a hammer. I wouldn't know about new ones as we haven't any. It is a good idea to find out what you can do alone because help isn't always available. But for goodness sake, don't take chances. If you need help wait until you can get it. And if you have ceilings and walls to wash use a step-ladder to reach them. One farmer's wife, whose kitchen ceiling is very high, used to make a practice of putting a chair on the kitchen table to stand on while washing the ceiling. It took a broken arm and a few cracked ribs to make her change that little habit. As a matter of fact she had no business washing ceilings anyway—not with her high blood pressure. Some women do the craziest things. Are you among the guilty?

Since Easter is early this year there isn't much prospect of wearing a suit on that special day of fashions. It will definitely be coats—and warm ones—that will represent the whole Easter outfit as far as others see it Easter Sunday. And a coat like this promises seasons more of satisfactory wear in winter and fall as well as spring. This full length style in fleece has a gently flared back. The naturally molded shoulders and throat hugging collar both betray the discreet smartness of this type of coat, yet no seasonal highlight is so prominent as to prohibit equally confident wear next year or the year after. For warmth, for comfort, for superb ease of wear, this coat would be a good buy for Easter 1951.

Generally we think of housecleaning along practical lines, but it has its sentimental side. For instance, cleaning out that out-of-the-way cupboard. The things you take out... and the things you put back again because you can't bear to destroy them! Last week I opened a box from just such a cupboard. Its contents... a child's tea-set; a bag of marbles; a tiny mechanical toy and a poor, dilapidated doll—with no arms, a patched up head, faded complexion and moth-eaten clothes.

Why had I saved it all these years? Daughter probably didn't even know it was there. I think every mother knows the answer. With one's family grown up there is a little left to remind us of when they were small. I realized I was being ridiculous so this time I took the poor doll down to the cellar. As I shut the furnace door I thought of a little poem Daughter used to love—

"I once had a dear little doll,
dear—
Just the loveliest doll in the world.
Her cheeks were so red and so white,
dear—
And her hair was so beautifully curled."

But I lost my dear little doll, dear
As I played on the heath one day...
For my own satisfaction, I made up a different version—just for myself—"I lost my dear little doll, dear
As I cleaned up the attic one day...
Ah me, how foolish can we mothers be?"

BETWEEN MEAL SNACKS
For those hungry school children who want in-between-meals snacks serve them milk, fruit juices, buttermilk, fruit or plain oatmeal cookies. However, don't let anything interfere with their regular meals.

AUCTION SALE
Household Effects, Tools, Real Estate, Etc.
The undersigned have received instructions from
MRS. L. KING
To sell by public auction at her residence, Haltonville, Twp. of Nassagaweya on
SATURDAY, MARCH 24th
At 2 o'clock the following:
Bed, dresser and wash stand, kitchen cabinet, day bed, kitchen cupboard; 4 rockers; arm chair; chest of drawers; dining room suite, including extension table, 6 chairs, sideboard and buffet; kitchen cabinet; day bed; sideboard; settee; 4 linoleum rugs; 6 ft. new cupboard suitable for wardrobe; 2 cook stoves; heater; 3 congoletum rugs; oil stove; 3 ladders; step ladder; electric hot plate; set of store scales; 2 cross cut saws; no. of steel barrels; no. of wooden barrels; no. of cedar posts; lawn mower; tubs; wheelbarrow; kitchen utensils; sealers; garden tools; carpenter tools and other small articles.

REAL ESTATE—At the same time and place there will be offered for sale subject to a reserve bid, the property, consisting of one-third acre of land, more or less, on which is erected a 7-roomed stone house with garage and large garden on main county road with bus service at door. Possession first of April.
Terms of real estate made known day of sale.
TERMS: Cash settlement with clerk day of sale.
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