

Fashion Hint



Has the damp and chilly weather of the last week started you wondering about a warm fall and winter dress? Here's a perfect one...



Hello Homemakers! We have been reluctant to discuss the meat problem for some months mainly because we could not cope with the situation ourselves...

Creole Kidney Stew 2 medium beef kidneys, 1/2 cup flour, 2 slices bacon, 2 tbsps dripping, 1/2 cup chopped onions...

Liver Loaf 1 lb pork liver, 1/2 lb small pork, 1 small onion, 2 tbsps minced parsley, 1 cup bread crumbs, 1 beaten egg...

hour. Cut out the tubes. Pat dry and fill with bread dressing. Tie with string and place it in a casserole. Pour diluted tomato soup over it and cover with bacon strips...

Smoked Beef Tongue 3 or 4 lb smoked tongue, 2 cloves, 6 peppercorns, 1 small bay leaf, 1 tsp vinegar, 1 cup hot water...

TAKE A TIP 1. Serve Boiled tongue with hot condensed French Pea Soup. Heat the contents of a tin of soup without diluting it.

THE SUGGESTION BOX Mrs R G says: We always use lamb kidneys soaked for only 30 minutes in cold water containing 1 tsp salt and 1 tsp vinegar...

Chronicles of Ginger Farm

Written Specially for The Acton Free Press OWEN DOLINE P. CLARKE

The other day Partner called me outside. "Listen," he said I listened. What I heard was something like the whirring of machinery...

We are also thinking the smoke was indirectly responsible for the sudden arrival of the lovely autumn colours. The smoke prevented the sun's rays from reaching the earth...

Well, well—again the main worry with houseflies seems to be flies. Flies that had taken to their winter quarters have now come out of hiding to bask in the bright warm sun...

That is what I was doing last week—digging into a very interesting book where I learned some surprising things. It was "Life Among the Doctors" by Paul Kruhl...

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TRAVELLERS' GUIDE GRAY COACH LINES COACHES LEAVE ACTON DAYLIGHT SAVING TIME Eastbound 6:38 a.m.; 8:30 a.m.; 11:23 a.m.; 2:08 p.m.; 5:03 p.m.; 6:33 p.m.; 8:33 p.m.; 10:58 p.m.

Westbound 10:17 a.m.; 12:52 p.m.; 2:57 p.m.; 5:27 p.m.; 7:27 p.m.; 9:12 p.m.; 11:32 p.m.; 1:12 a.m. (Sun to Kitchener only) a—Daily except Sunday and holi days. b—Saturday, Sunday and holi days.

RAILWAYS CANADIAN NATIONAL STANDARD TIME Eastbound Daily 5:55 a.m.; Daily except Sundays 9:54 a.m.; 7:10 p.m. Sunday only, 8:16 p.m.; Daily except Sunday, Flyer at Georgetown 9:02 p.m.; Daily Flyer at Georgetown, 10:11 p.m. Westbound Daily except Sunday and Monday, 1:56 a.m.; Sunday and Monday only, 12:38 a.m.; daily, except Sunday, 8:48 a.m.; 6:50 p.m.; 7:44 p.m.; Daily except Sat. and Sun. 5:48 p.m. (flagstop); Saturday only, 1:38 p.m.; Sunday only 9:43 a.m. (flagstop); Sunday only Flyer at Guelph 7:05 p.m.

Editor's Note: Wash and then place sweetbreads in a pressure cooker. Add 1 cup boiling water, 1/2 tsp vinegar and salt. Close the cooker and bring to 15 pounds pressure and process 5 minutes.

Mr. C. D says: A good English ham dinner may be prepared with sliced tenderized ham arranged in layers with sliced potatoes and onions. Sprinkle the ham layer with a mixture of 1/2 tsp prepared mustard, 1/2 tsp pepper, 1 tsp meat sauce, 1 cup grated cheese and 4 tbsps. flour. Cover with milk and bake (5 servings) in an electric oven for 1 1/2 hours.

ALWAYS A COMPLAINT "I'm fed up to the back teeth. Life's nothing but work, work, work, work." "Who! I fought you was on the dole." "No I ain't nar." "When did yer start work, then Arty?" "Tomorrow."

Aluminum Wrappers An 'Inside Story' about Butter Butter goes stale quickly when air and light get in. That's why better-wrapped butter tastes better. Buy one of the many brands that are flavoured in aluminum foil. No other material is more "food-friendly" than aluminum. So save the protective foil. Use it to re-wrap the butter when you put it away, and protect that "farm-fresh" flavour. The next time you buy Butter, Cheese, Candy, Chocolate, Tea, look for the brand in clean, hygienic aluminum on the outside of any packaged food, there's an "inside story" of purity well-protected. Hints to the Housewife Wrap food leftovers in aluminum foil. Keep them fresh for another meal. Perishable fruits and vegetables stay fresh and crisp in aluminum foil. ALUMINUM COMPANY OF CANADA, LTD. Aluminum is friendly to food!