

Fashion Hint



Travel Perfection... a superb fashion shortie coat with its brace-let length deeply cuffed sleeves...



E. P. HEAD OPTOMETRIST. Eyes Examined Scientifically. HEARING AID BATTERIES. QUICK REPAIRS TO Glasses - Binoculars Field Glasses, etc.



Hello Home-makers! Life would truly be a 'picnic' if we attended all the summer outings and open-air suppers for the relatives, the clubs, the Institute, the church, the schools, the associations and so on...

Drain (Save consommé stock for next day's soup). Meanwhile, mix remaining ingredients. Alternate layers of potatoes with dressing; cover, chill well.

COTTAGE ROLL (pressure cooker) Cottage roll 2 cups hot water or cider. 1. Cover cottage roll with cold water. Soak at least 2 hours...

SAVOURY POTATO SALAD (16 Servings) 4 lbs. (16) potatoes, cubed. 4 cans consommé. 1 tbsp. salt. 2 green onions. 2 cups vinegar. 1 cup butter/milk. 2 tbsp. salad oil. 1 tsp. salt. 1/2 tsp. pepper. 1 cup chives, minced. 1 cup parsley, minced. 1 cup grated cheese.

Simmer potatoes, covered in consommé with salt and onions until just tender... about 15 minutes.

Skinny men, women gain 5, 10, 15 lbs. Get New Pop, Vim, Vigor

What a thrill! They built up their bodies... Get New Pop, Vim, Vigor. At all drug stores.

Chronicles of Ginger Farm. Written Specially for The Acton Free Press. GWENDOLINE P. CLARKE

Marvellous! Two whole days without rain. We began to think of course all the wheat is out in the field and sprouting in the sheaves...

So much wet weather has crept lately been a headache and upset everyone's work schedule. It has ruined the vacations it has spoiled. And oh dear, the potato growers must be having quite a worrying time.

And speaking of potatoes, do you remember a few months ago I was complaining because we never seem to get nice mealy potatoes any more...

CLAN COOKIES (30 cookies) 1 cup sifted flour. 1/2 cup sugar. 1 tsp. baking powder. 1/2 tsp. salt. 1/2 cup quick rolled oats. 1 egg. 1 egg. 2 cups milk.

RHUBARB-PINEAPPLE PUNCH (24 servings) 12 cups sliced rhubarb. 12 cups water. 4 cups sugar. 1 large tin unsweetened pineapple juice. 1 cup lemon juice. 4 large ginger ale.

TAKE A TIP 1. Do not grease aluminum cookie sheet and remove cookies from sheet when taken from oven. 2. Picnic sandwiches may be made day before if stored in crisper pan of refrigerator...

Views on Police Efficiency Police and municipal officials, lawyers and newspapermen give their views in a 'Question of the Week' symposium conducted by The Financial Post.

The Canadian Countryman thinks it is time growers started thinking about quality rather than quantity if they want to keep a good home market. Just think—wouldn't it be nice if some of the big growers advertised their product this way...

Now it is Monday and Partner has just come in with a few wheat heads in his hand... and looking very discouraged. Some of the kernels have sprouted and the rest shell out directly you touch them...

Well, I guess we have all been letting our belts a bit in every way the last few years but now we may have to start pulling them in again rather drastically especially if this Korean business gets really out of hand. We are sure the older generation can do it but we just wonder if the younger crowd, who have grown used to easier times...

People who spend themselves freely are seldom hard up.

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SALES ARE UP Department store sales were up 3 per cent in June over the same month last year with gains in all sections except Saskatchewan and Maritimes...

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AUCTION SALE Galt Livestock Market. Auction Sale held every Tuesday at 1 p.m. sharp in Ontario's finest equipped sale barns. Established 1940-9 years of faithful service to the livestock public.



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PROFESSIONAL DIRECTORY AND TRAVELLER'S GUIDE

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DR. D. A. GARRETT Physician and Surgeon. Corner of Willow and River St. Entrance River Street Acton, Ontario. Phone 238. Holiday July 30-August 14. Emergency Call.

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TRAVELLERS' GUIDE GRAY COACH LINES COACHES LEAVE ACTON DAYLIGHT SAVING TIME

Eastbound 2:35 a.m.; 8:58 a.m.; 11:23 a.m.; 2:44 p.m.; 5:03 p.m.; 8:33 p.m.; 8:33 p.m.; 10:58 p.m. Westbound 10:17 a.m.; 12:52 p.m.; 2:57 p.m.; 5:27 p.m.; 7:27 p.m.; 9:12 p.m.; 11:32 p.m.; 1:12 a.m. (Sun to Kitchener only). a—Daily except Sunday and holidays. b—Saturday, Sunday and holidays.

RAILWAYS CANADIAN NATIONAL STANDARD TIME Eastbound Daily 5:55 a.m.; Daily except Sunday 9:54 a.m.; 7:10 p.m. Sunday only 8:19 p.m.; Daily except Sunday Flyer at Georgetown 6:37 p.m.; Daily Flyer at Georgetown, 10:11 p.m.

Westbound Daily except Sunday and Monday 1:56 a.m.; Sunday and Monday only 12:08 a.m.; daily except Sunday 8:45 a.m.; 5:50 p.m.; 7:44 p.m.; Daily except Sat. and Sun. 5:48 p.m.; Saturday only 1:36 p.m.; Sunday only 8:43 a.m. (flag-stop). Do increasing comforts indicate man's progress? Or is real progress usually uncomfortable?

'I'll pay for them, dear' In some families Dad goes along on the week-end shopping to pay the cashier as well as help carry the parcels. In others, Mother manages the housekeeping money. Whosever manages the money in your family, there's room for a third man. Who is he? He's your local Bank of Nova Scotia manager. In the problems of money management, big or small, his advice can be very helpful, whether you're buying bonds, a house or a car, or providing for the children's education. Get to know your local Bank of Nova Scotia manager. You'll find him a good man to know. The BANK of NOVA SCOTIA. A SIGN OF GOOD FRIENDSHIP. A. W. Haydon, Manager, Acton, Ont.