Chronicles of ...

**Ginger Farm** 

-heffest-

Written Restally for

The Acton Pres Press

GWENDOLINE P. CLARKE

The year is speeding away. Pret-

given up wondering when it

to hope for at least an open fall

coming! Time was when we used

but an open winter, that was some-

thing we never even thought of

at all Now we have had two open

winters in succession and no doubt

most people will agree that a few

months of snow and frost are pre-

new miracle drugs for arthrills are

which there is often so htt waym

pathy And I speak from personal

experience having had my share

of it some years ago. Even now

just a little twinge awakens that

dread within me because I know

it is just an indication that the

trouble is still there, turking like

an evil monster, ready to spring if

One thing that everyone should

temember in dealing with arthrit

ided roughly into two distinct clas-

ses the type that requires rest,

and the type in which muscles

gradually loosen up when they are

used Only a doctor can really ad-

type you may unluckily fall heir

on drugs or cintments that may

have worked wonders for Mrs.

Smith and Mr Jones, because your jet ailment may be quite a dif

ferent type from that of Mrs.

Smith and Mr. Jones, and what

proved to be a "cure" for them

ing bankrupt while so many patent

"Oh no," he replied, "we always

do a big business during the winter

months. So many people buy rem-

Well. I am afraid no druggist

will ever get rich from our cus-

tom that is for remedies, tonics

and vitamin pills. Of course, we do

have certain things on hand to

deal with emergencies. I think

everyone should have a first ald

cupboard, don't you? And in that

cupheard I think there should be.

odine, boracle, tannic acid oint-

ment (for burns), healing oint-

ment, roller bandages, hand-aid

adhesive tape, gauze, eye-cup,

medicine dropper, tweezers, ther-

mometer, aspirin, anti-acid tablets,

magnesia, liniment and cough syrup.

Some folk would include in that

edies, tonics and vitamin pills."

rush is over?"

. ,

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## The Armoury **MILTON**

Tuesday at 8 p.m.



today's way of life. They are basi- 2 to 3 servings. cally simple yet colorful and fla-

These recommended dishes are an Indication that partially prepared food and automatic gadgets have given homemakers more pride in conking their specialties.

MODERN TRENDS 1 Roll cookies are being supplanted by drop or cut conkies which take less time. Brownles and spice cookies lead the parade.

a salad. Salmon, breast of lamb, hamburger and sausages are the usual meats accompanied by potators nowites or rice and flavoured with canned soup, sauce or bouillon cube

Today, soup is prepared for just one meal by adding vegetable juice or gravy, which has been stored in the refrigerator, to canned soups

Vegetables are served in greater variety and in a variety of ways Salads, souffles, sauces, loaves, stuffings and vegetable plates have more taste and eye appeal 6 There are fewer steamed and boiled puddings in comparison to gelatin desserts and baked fmits with suuces

THE SUGGESTION BOX Mrs I B suggests

- CANDY APPLE PIE 6 medium-sized tart apples
- parist and short 's cup brown sugar
- '- tsp cinnamon I thep lemon juice
- 1 cup flour 1 cup brown sugar
- to cup ground walnuts 's cup butter, at room temperature

", tsp salt Place apples in greased 9-inch ple pan. Sprinkle with the is cup of brown sugar cinnamion and lemon Juice Mix flour, the 1 cup brown ugar, walnuts, butter, and salt until well blended. Sprinkle over apples pressing firmly to form a 350 degs for 55 or 60 minutes Makes 8 servings

Mrs C D K suggests

- CHESS CAKES I recipe rich pastry 7 egg volks
- I cup brown sugar, firmly packed
- 1 cup granuated sugar 1 cup butter

1 tsp lemon grind Line patty shells or tart pans with pastry. Chill Cut remaining ingredients together with 2 knives or pastry blender. Do not stir or beat. Place in pastry shells. Bake in oven of 42 degrees. Makes 6 to 8 patties

or tarts. Mrs. E H M. suggests: OVEN STEW

4 lb round steak 3 large potatoes

3 ontons 3 carrots

Salt Pepper

1's cups water Cut steak into 1-inch cubes. brown on both sides in hot fat. Peel

FIREPLACE FURNACE For Summer Hames and Cottages-

For a musual of bearing en unte consulates auf 

TWEED STEEL WORKS De 1 TWEED ONT



Hello Homemakers! According to vegetables and cut into 4-inch the definition of a key, it is some- thick slices. Place layers of meat thing which opens or discloses. Our and vegetables in a large covered homemakers have many keys to casserole or baking dish. Sprinkle tasty meals and some favourite re- each layer with salt and pepper cipes have been given to us for pub- Add water. Cover and bake in an lication. Today's favourities suit oven at 350 degs for 2 hours. Makes ter has gone now that we have Mrs D A. suggests

> WACKY CAKE 14 cups sifted flour 3 thems cocos

4 tsp. salt 1 tsp. vinegar I cup cold water I cup sugar

t tap senta

I tsp vanilla Sift flour Measure Add sugar, With various mixes on the mar- coros, sods and salt. Sift into ket many cooks are making their greased and waxed paper lined 929 own rolls, muffins tea biscuits x2 inch pan. Make 3 prooves in dry lest. Maybe when some of these and bread. The crisp French loaf ingredients. Put shortening in one and rie bread are becoming groove vinegar in the second, and

5 theps shortening

vanilla in the third Pour over Most popular luncheon or supper cold water. Beat until almost dish is a casserole, usually of smooth. Bake in oven, 350 degs that causes so much misery over. meat, fish or cheese, served with for 30 minutes. Makes 12 servings

Mrs J C suggests JAM CAKE 2's cups sifted flour

were sugar

's top salt I cup shortening thalf butter)

I egg well beaten s cup Jam

's cup finely chopped nuts Sift flour Measure and sift again an opportunity presents itself with sugar and salt Cut in shortening until mixture resembles coarse meal Add egg Mix until flour is is is that there are many different just blended. Chill slightly Press types. They can, however, be div-& of the mixture into an ungreased 8-inch layer cake pan Spread with jam Sprinkle nuts over Jam Roll remaining dough into a square 7x7 inches Cut into 8 strips Arrange strips lattice fashion on top Bake vise and prescribe for whatever in oven at 375 degs for 35 to 40 minutes or until top is lightly to So don't spend money uselessly browned Makes 8 servings

#### New Strawberry Varieties

New varieties of strawberries might be just the opposite for you are being developed and offered to It might, in fact, do more harm growers at a rapid rate by exper- than good Drugs for arthritis can mental stations in the United be dangerous in the hands of in-States and Canada Many of these experienced people. The same is varieties are not widely adapted, true in regard to drugs for other having been selected under special purposes especially for these solocal conditions. It is essential that | call-d "cold-cures" against which all varieties be tested to establish the public has already been warntheir merits in a particular region est by medical authorities. But of thick topping. Bake in an oven at and growers can benefit by con- course there will still be plenty sold. sulting with government institu- Not much danger of druggists gotions for varietal evaluation

Som sixty varieties fruited at medicines are on the market. Last the Central Experimental Farm. Christmas I was in a drugstore Ottawa, in 1949, report O S Blair | that was doing a roaring trade, and and L. P Spangelo of the Horti- I remarked to the owner "I supcultural Division. Of these Fair- pose things will seem pretty slack peake, Suwance and Temple, all around here when the Christmas United States Department of Agriculture introductions; Sparkle, a New Jersey introduction, and Robinson, introduced by J. C. Haley, Downgiac, Michigan, were parti-u-

larly noteworthy. Fairpeake is a late mid-season variety and produces large, attractive, glossy red fruit of medium texture and good quality. The plants are very vigorous and produce heavy crops. Suawnee ripens after Premier and is impressive because of its productiveness and high quality and is recommended for home garden Temple is similar to Premier in season. The berries are of commercial size, attractive, firm and of good quality It is a productive variety that ships well Sparkle is a mid-season varsety of considerable promise The berries are of good size, bright glossy red, attractive, firm and of list epsom salts and castor oil ... good quality. At Ottawa it is a two remedies for which I never productive variety with a long did have much use fruiting season and withstands "What, no easter oil in the drought exceptionally well. Robin- | house" exclaimed one young docson is a large fruited variety of for when he was called in one time Premier season, holds its size well when the children were small and and is productive Although it is apparently "coming down with inclined to be rough and a bit soft, something". The same doctor is because of its size and productive. now a specialist with an office in ness it is worthy of extended trial the Medical Arts. I wonder if he

#### BE A JUMP AHEAD WITH EQUIPMENT

Nothing is more of a white elephant than a tractor that will not go If the farm tractor wasn't were living where Partner's broththoroughly overhauled in the Yall, er and his family are living right it is not too early-to attend to it now we might need something for now. Spring has a habit of catet. our nerves! Their home is in La ing everyone unaware, and a worn Cave, near Mattawa, where a part on the tractor can often mean charge of 26,000 lbs. of dynamite a few days' delay when the spring was exploded to divert the course

And other farm machinery and the tenants were evacuated to a equipment can well be checked too. place of safety but I would be af-All bearings and other moving raid to go back home in case half parts should be carefully examined. my precious possessions might be and those showing excessive wear broken by the blast. should be renewed. All bolts and Oh dear, why do I always say setscrews used in adjustments the wrong thing about the weathshould be checked to be sure they | er? I started this column by sayoperate. Machines should-also be ing we had given up looking for checked for broken castings. Be- | winter . . . and now it seems to cause a machine was running well have arrived. Yes, just like that! last time it was used in the fall: No sign of it when I started writthat's no guarantee it will operate ing-and now a bleak, driving perfectly first thing in the spring. snowstorm, coming from the east.

#### ONYARIO'S YOURIST BUSINESS BOON TO AGRICULTURISTS

ment of Travel and Publicity

Speaking before members of the Tourist Resorts Association of Ontarlo recently in Turonto, Mr. Mc-Call referred to the 21,000,000 border-crossings into Ontario in 1919 by United States citizens as ty soon we shall be thinking about blessing to Canadian agriculture spring and wonder where the win-

"By bringing into Ontario in 1949 five times our normal population, we have created a gigantic outlet for products of our farms," he said "It may not be as spectacular as negotiated deals between governments, but you cannot escape the fact that tourism is today playing a major part in the life of every citizen in our province"

Varationists and sightmers, like ferable to rain and mud So much ; Napoleon's army, travel on their damp weather is certainly hard on stomachs, and it is high time for persons with theumatic aches and the farmer to appreciate that the pains. Partner was walking the hotel, resort or climp operator is their last night with an arm and his partner in the real meaning of shoulder that would not let him the word"

more commonly used relief will be n sight for thousands of sufferers I doubt if there is any disease plums in 1919 was 306 536 dozen cans as compared with 512,258 in so long a period of time as arth rills and theumatism and for

Ostario's booming tourist Industry was pictured as a possible way or asisting hard-pressed Canadian farmers in finding markets for their products by Tom C. McCall, Deputy Minister of the Depart-

According to prelim nary figures, the commercial pack of canned

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still considers castor oil necessary towards success in raising healthy youngsters. Seems to me more harm is sometimes done by the use of physic than the lack of it. However, I really think if we of the Ottawa river. Apparently all