



THE MIXING BOWL
by Anne Allan
HYDRO HOME ECONOMIST

Hello Homemakers! Have you ever stopped to think what your savings of electricity mean in terms of processed foods. Here is an example: If every homemaker in Southern Ontario replaced the 100-watt light bulb in her kitchen with a 40 watt bulb there would be enough electricity saved in each hour of use to enable Ontario food processing plants to pack an average of 1,000,200 cans of food.

Looking over the prepared and packaged foods that line our grocery shelves we can see how fortunate we are in Ontario. These quick-cooking, ready-to-use and canned products, save expense and time in our modern way of house-keeping. We depend on such foods every day—from canned baby food to ground coffee. Canned soups, fish, meats, vegetable gravies, fruit juices, pudding powders, cereals, quick yeast foods, muffin mix, biscuit mix, cake mix, also bottled

milk, packaged cheese, butter spreads, etc., and many others are within easy reach.

Read labels and advertisements to be sure of the ingredients, quantity, quality and directions for use. Easy-to-prepare dishes are available in family serving sizes—so there is literally no waste. Even the inexperienced homemaker is sure of good results when all she has to do is open, mix with a measured quantity of water or milk and cook according to the directions. Using a minimum of electricity for our household needs will save the maximum amount of these commercial products which many a woman proclaims "lifesavers".

SAVING HINTS.
1. Canned Soup: Add a tin of milk to soup emptied into a saucepan and heat only to simmering point. Do not boil. Add crumbs of leftover crushed toast.

2. Canned Peas: Add ¼ teaspoon dry pint and heat in the OPENED can placed on same shelf as roast turkey or meat.
3. Canned Cranberry Jelly: Slice off required number of servings. Store remainder in its container covered with oil-luk cap.
4. Canned Sauce: Open the tin and heat (WITHOUT THE LID) by standing it in the water-over which the pudding is being reheated.
5. Gravy Powder: Do not let mixture boil after powder has been thoroughly mixed in.
6. Muffin Mix: Do not add too much fruit for sweet muffins or the result will be a heavy product. Stir only enough to wet the dry ingredients as you pour in the liquid all at once. Watch the temperature and time of baking period.
7. Prepared Biscuit Mix: Divide the flour mixture into four bowls; to one portion add grated cheese to one some cinnamon, to another some cut peel and to the other tomato paste. Measure ¼ of this blend into each amount into each batch and roll out separately. However, bake on the same cookie sheet for the same length of time, 450 degrees for 12 minutes.

8. The New Cake Mix: Flavorings may be added to these mixtures without changing the textures, yet they are good, plain and results are sure. Pour the batter for the eight-inch pan into drop cake tins or layer pans. Drop cakes 20 minutes and layer cakes at 375 degrees for 35 minutes.

HOLLY RING MOLD
1 envelope gelatine
¼ cup cold water
1½ cups hot water
2 tablespoons sugar
1 teaspoon salt
2 tablespoons prepared horseradish
2 tablespoons vinegar
¼ cup diced celery
¼ cup diced cooked beets
½ cup finely chopped cabbage
3 tablespoons minced onion.

Soften gelatine in cold water; dissolve in hot water. Add sugar, salt, horseradish, vinegar or lemon juice. Cool. When it begins to thicken, fold in vegetables. Pour into ring mould that has been rinsed in cold water. Chill until firm. Arrange on greens with cottage cheese balls stuck with sprigs of holly. Serve with mayonnaise.

CHRISTMAS PUDDING
2½ cups sifted flour
¼ teaspoon baking soda
3 tablespoons baking powder
¼ teaspoon salt
¼ teaspoon nutmeg
¼ teaspoon cinnamon
¼ cup finely chopped suet
1 cup molasses
1 cup seeded raisins, floured
1 cup milk
¼ cup currants, floured
¼ cup citron or mixed peel
Sift together with soda, baking powder and spices. Mix together suet, molasses and milk. Combine with dry ingredients. Add fruit. Mix together well and pour into 2-quart greased covered pudding mold. Steam on top of range for 3 hours.

NEW BRITISH METHOD SCHOOL CONSTRUCTION

Britain is to adopt new methods for building schools. These are outlined in a report issued last week, the recommendations of which have been accepted in principle by the Minister of Education, Mr. Tomlinson. The main object of the recommendations is to secure acceleration in Britain's envisaged educational building program. To complete the work, in the local authorities plans will require \$280 million worth of school construction each year for the next fifteen years. The technical Working Party on School Construction recommends a system of standardization flexibly applied. Bulk ordering of prefabricated units and their use on a wide scale are suggested.

MILTON

Mrs. Sophia Patterson celebrated her 93rd birthday amid her relatives and friends who showered her with cards and gifts.

Capacity crowds for both nights enjoyed the annual Commencement Exercises at Milton High School last Thursday and Friday. It was a splendidly arranged program, well presented and showed a lot of work on the part of teachers and pupils in its preparation.

Under construction for the last two years, the new and modern bridge on Dundas Street Highway, at Tansley, is rapidly nearing completion and will, it is expected, be opened to traffic next month. Replacing a structure built about 29 years ago and limited to one-way traffic for a lengthy period the new bridge is 700 feet long and 125 feet high at the centre. Approximately half a mile at either end. Cost of the project is said to be some \$350,000.

The living room of "Spruceclawn" Farm was the scene of a pretty wedding, Saturday, November 27, when Ella Margaret, daughter of Mr. and Mrs. Edgar May, of Hornby, was united in marriage to Ronald Allan Bonham son of Mrs. Bonham and the late Mr. James Bonham, of Streetsville. — Canadian Champion.

ONLY 60 SECONDS

TO MIX A SPICE CAKE
Just add one cup of milk or water to Campbell's Cake Mix—stir and bake. Enjoy fresh homemade cake—always light, tender and delicious. Try it.

CAMPBELL'S CAKE MIX



SPECIALIST In

**WARM AIR HEATING
AIR CONDITIONING
EAVESTROUGHING and
PLUMBING**

OUR AIM is to give service to our Customers and install only the very best equipment at the lowest possible prices

"WE HANDLE ONLY THE BEST"



B. F. MURFIN

SHEET METAL WORKS
Plumbing Heating Eavestroughing
Georgetown, Phone 138W

WM. R. BRACKEN

REAL ESTATE AND
GENERAL INSURANCE

Mortgage Loans Arranged

Representative of Mutual Life Assurance Co., Ltd.

Ryan's Column of Gift Ideas

... Exquisite Lingerie ...

Dainty nighties ... in trimly tailored styles or lavishly adorned with lace and appliques ... perky, tailored pyjamas ... slips, half-slips, and panties ... in a wide array of delicate pastel shades ... Gifts every woman loves to give ... to receive.

Glamorous Hostess Coats

... To add grace and charm to her precious leisure hours. Fashioned with full sweeping skirts in a wide choice of styles and colors. Gleaming satins, brocades, rich moires and sheers—cosy flannels ...

... Soft Wool Sweaters ...

by Jantzen, Bradnit, Rennie — always an acceptable gift for the woman who loves sweaters—n skirts, Cardigan and pullover styles in a gay array of water color pastels and rich deep jewel tones

... Dainty Blouses ...

The woman who lives in a suit will bless you for a gift of one of these feminine blouses. In suave tailored styles ... or dressy models enhanced by ruffles of lace, fragile lace insets ... rows of fagoting, novelty stitching. Snowy White, Petal Pink and Pale Blue ...

For Your Convenience When Shopping at Ryan's
Monthly Charge Accounts. Deferred Payment Accounts.
Lay-Away Privileges. Cash Refunds on Articles Returned Promptly. Customer's Cheques Accepted at Par. Postage Prepaid to Any Point in Ontario. Mail Orders Promptly Filled.

Christmas Gifts of Quality and Fashion

VISIT RYAN'S OF GUELPH, WHERE FAMOUS, BRANDED LINES ARE FEATURED THROUGHOUT THE STORE. YOU'LL ENJOY THE QUIET, RESTFUL ATMOSPHERE, THE KIND COURTEOUS SERVICE—THE WIDE SELECTION OF HIGH FASHION MERCHANDISE FROM CANADA'S GREAT DESIGNERS

AN ELEGANT HANDBAG
... A gift of fashion and beauty ...

Soft morroco, calf and goatskin ... luxurious suede ... in a wide variety of styles ... all with beautifully appointed interiors ... Black and Brown.
Priced from **\$8.50 TO \$22.00**



AFTERNOON BAGS ... Finely corded bengalines and cordes in pert boxy styles or gentle pouches. Brown, black or navy.
Priced **\$3.59 TO \$16.95**

HANDSOME GLOVES
... Proud Accents to her Feminine Charms ...

Smooth Kid and Soft Suede Gloves ... by Trefousse, Perrin and Louis Fischl. Each glove table cut ... expertly finished. Four to eight button length. Sizes 6 to 7½.
Priced From **3.25 TO \$6.95 PAIR**

FINE FABRIC GLOVES BY KAYSER

Fashioned in plain tailored styles ... some with novelty cuff trimming. Sizes 6 to 7½.
Priced From **\$1.25 TO \$2.25 PAIR**

GLOVE SHADES Black, Brown, Beige, Navy, Grey, Green, White and Wine.



NYLON HOSE
By Gotham and Kayser

Gossamer sheer leg enchantment ... always a gift favourite ... In fashion's new, flattering shades — shadow garnet, cloud, ginger, sepi, Sizes 8½ to 11.

54 Gauge ... 15 denier	2.50 PAIR
51 Gauge ... 20 denier	\$1.95 PAIR
51 Gauge ... 30 denier	\$1.85 PAIR
With Dark Seam	
45 Gauge ... 30 denier	\$1.65 PAIR
42 Gauge ... 40 denier	\$1.40 PAIR
70 denier ... service weight	\$1.40 PAIR
ADJUSTABLE TOPS — EXTRA LONG	
42 Gauge	\$1.50 PAIR
45 Gauge	\$1.75 PAIR

SPARKLING COSTUME JEWELLERY ... for Christmas and ever after ...

Shining necklaces ... earrings ... bracelets ... scatter pins and brooches, in an exciting array of fanciful designs ... Many set with richly coloured stones or soft lustrous pearls ... and a wide assortment of pearl necklaces in gleaming white or delicate pastels. Truly gifts of lasting beauty.
Prices Range **\$1.00 TO \$15.00**
From (Subject to 25% Government Tax)



AT
Ryan's
GUELPH • ESTABLISHED 1886

WE GENERATE OUR OWN ELECTRICITY

STORE HOURS - 9 a.m. to 6 p.m.