

DISTRICT NEWS

Various Items Concerning Activities in Communities Nearby Where Many of Our Readers are Interested

EVERTON

Sunday visitors with Mr. and Mrs. W. Heat were Mr. and Mrs. Fred Murray, Guelph.

Sunday visitors with Mr. and Mrs. Ted Justin were Mr. and Mrs. Archie Lasby and two daughters, Frances and Dorreen.

Mr. and Mrs. T. D. McCutcheon visited recently with Mrs. Irene Walker and Blanche, Acton.

Sunday visitors with Mr. and Mrs. John Alton were Mr. and Mrs. Robert Patten and Miss N. Robinson, Guelph.

NASSAGAWEYA

The Bloomsbury community club held their monthly meeting in Bloomsbury School, S. S. No. 9, Nassagaweya with a large crowd present to enjoy the contests and games. The first contest was won by Mr. Ross Patterson and Mrs. Wallace Lasby Jr. and the winners for progressive euchre were for Ladies, Mrs. Alex Near and for the men, Mr. Ross Gordon. The ladies served a dainty lunch and a social time was enjoyed by all.

A special service of worship is being arranged for next Sunday, February 29th in Ebenezer United Church to commemorate this leap year of five Sundays in February.

Mr. and Mrs. Dick Wilson and daughter Betty of Acton visited with relatives and friends at Knatchbull last Sunday.

Mr. Chas. Darby is spending a few days with Mr. and Mrs. Dan Kingsbury of Lucknow, this week.

MILTON

Archie Metcalfe, well known local garage operator, narrowly escaped serious injury during a flash fire in the work shop Monday morning. According to Mr. Metcalfe, a customer had come in to the garage and removed the gas tank of the car for repairs. Later when Mr. Metcalfe started the acetylene torch to cut some iron for a car spring, gasoline which had accidentally been spilled on the cement floor in the basement work shop ignited. Grabbing a pall containing gasoline, which he thought was water to extinguish the blaze, he threw the contents on the already blazing floor.

On Sunday evening Knox Church was the scene of an interesting and educational service when the church played host to the Girl Guides, their leaders, the Cubs and their leaders.

Council decided the tax rate would of necessity be 43 mills and 1 mill subsidy making a net tax rate of 42 mills to the taxpayer. This will take care of the expenditure of the town for 1948. This tax rate will raise \$52,359.07 on the present assessment. It is one mill higher than last year.—Canadian Champion.

CAMPBELLVILLE

Congratulations to Mr. and Mrs. George Black and Mr. and Mrs. Bert Walton, each on the arrival of a baby girl at Milton Private Hospital last week.

The Y.P.S. of St. David's Church held a Valentine-Party in the Masonic Hall on Wednesday evening. Mr. Edward Mahon was auctioneer of the nicely decorated boxes, which were sold at top prices. Crock-knole prize winners were Mrs. Ross Mitchell and Mr. William Bryant. Chinese Checker prize winner was Miss Jean Cramp. The committee in charge were Mr. George Ingles, Mr. Robert Elliott and Mr. William Bryant.

Mr. and Mrs. Percy Hammond of Buffalo and Mr. John Hammond of Lawville were week-end guests with Mrs. Sophia Patterson.

Mrs. William Cowper and Mr. Robert Menzies, who were ill in the hospital are at their respective homes and we wish them a speedy recovery.

The Willing Workers Mission Band of St. David's Church met at the home of Miss Beverly Roberts on Saturday afternoon with Miss Norma Brown presiding. The secretary Miss Virginia Mitchell read the minutes. Misses Jane Smith and Joan King each gave a prayer. Mrs. William Roberts read the study book story after which Mrs. A. T. Moore conducted games and contests. About seventeen girls were present to partake of the refreshments.

Miss Lois Ingles and Mr. and Mrs. Robert Ingles attended the birthday celebration of Miss Audrey Donaven, Hamilton, over the week-end.

Mr. and Mrs. William Elbott of Chatham were week-end visitors with Mr. and Mrs. T. McPhail.

For ironing household linens and men's shirts, use of a wider ironing board will shorten and simplify the weekly ironing task.

BALLINAFAD

The Farm Forum was invited to hold its meeting at the home of Dr. and Mrs. Clifford Reid in Georgetown when 22 attended, also a special guest was Miss Nedder who was sent out from the head office in Toronto to visit some of the different forums. It being review night, special discussions were held on the different quiz program in the form of true or false, as given in the Farm Forum guide which proved to be very interesting. Mrs. Flindall and Mrs. Robt.-McEnergy had charge of the recreation after which a lovely lunch was served by the hostess. Mr. Flindall moved a hearty vote of thanks to Dr. and Mrs. Reid for a very sociable evening. A collection was taken for the European children when \$23. was raised.

Pity the New Poor

By Joseph Lister Rutledge

The other day the newspapers reported, with varying degrees of envy, prejudice and anger, that the president of a certain company had earned a salary of \$60,000 a year.

That is a tidy little nest egg and it isn't wholly surprising that we 2,545,225 taxpayers who earned less and, mainly so much less, found the figure one to get mad about but not to understand. But the catch in the statement is that there is a relatively distant association between what you earn, and what an all-wise government permits you to keep.

In all Canada there are only some 534 fortunate persons who earn, in this governmental sense, upward of \$50,000. In the group of 475 persons who earn all the way from \$50,000 to \$100,000, the average salary, or whatever it may be called is \$65,000. That is what the Finance Department calls their earnings. But when that same department has got through with the matter and assessed an average tax of \$38,380, the spending money remaining is reduced to \$26,620. But of course there are churches and hospitals and innumerable causes to be supported, and naturally, the bulk of the supporting is done by this group. After all when it is advertised that you earn \$60,000 a year you become a marked man for all dealers in good works and causes and developments. So really what you are dealing with is the new poor because it isn't easy to deal more than half. Where, for instance, are you going to sell your big house or how relieve yourself of business, social or charitable obligations?

But, let us forget any sympathy for these folk, who still have considerably more to spend than the average of us. Suppose they weren't there, or got incomes like the rest of us, who would look after these obligations or who would pay the taxes that they now provide? Or suppose that by some modern magic we could dispossess these 475 and divide their total income among the rest of us, each of us would average a benefit of almost a dollar a month. That wouldn't be so bad if it weren't that to secure it we would have to dig up an extra \$18 million in taxes and look after all the good works for ourselves. Personally these reflections make us more satisfied with our modest lot.

FEAR OR FRIENDLINESS

By Joseph Lister Rutledge

A curious parallel has faced the world in the past few weeks. The United States Congress has been debating the wisdom and expediency of appropriating \$6.8 billion in a calculated risk to support Europe during the next 15 months. It is a vast gesture of good will that it is hoped will restrict the spread of militaristic communism.

At almost the same time the Congress has been considering the budget for the year 1948-1949. The major item in that budget is \$11 billion for defence. Together these items alone represent more than twice the total expenditures of the United States, for all purposes in the relatively bountiful years prior to the war.

In Britain, while the expenditure is less, the proportions devoted to friendship and to fear are similar. It is a curious judgment on our developing civilization that the very people who are doing their utmost to restore a world to its pre-war prosperity and happiness must still go about their work of mercy with arms in their hands. Perhaps it is true, as men have claimed, that war is man's natural element perhaps it is only that our friendships are not as strong as our fears and there might be something we could do about that.

YOUNG BRITISH BUILDERS

Young building apprentices are being given an opportunity to take university courses in building science. The Ministry of Works announces that special scholarships are being arranged by the Building Apprenticeship and Training Council.



Hello Homemakers. When the clock strikes twelve at the rural school it means a hot dinner for some children, but not for all—not by any means. For more than half of the children attending rural schools in Ontario the noon hour means a lunch carried from home in lunch kit, honey pail or paper bag.

In winter weather, cold sandwiches make a cheerless meal. That kind of meal, added to a hurried breakfast, and a long walk in the wind, does not give exactly the sort of foundation needed for a good day's work! But it is a fact that for 290 days out of every year, the child attends school and eats his mid-day meal there. All told, one-fifth of the meals eaten in a year are eaten at school.

Surely, then, the mid-day meal is of prime importance. Should it not be planned to meet definite educational objectives. Some school areas have done this; one particular section to be commended is the township north of Woodstock where the Red Cross Nutritionist is giving splendid leadership.

The average rural child has a long and strenuous day. He rises early, has a breakfast, and then a drive or walk to school. After seven or eight hours away from home—more hours before a hot meal. All this requires energy and the right food to supply that energy. Building material is essential for growth if strong bodies are to result. We must also supply children with the foods necessary to keep the various organs functioning, and resistant to disease.

In communities where lunch plans are being proved important the week's menu is posted so that mother may round out the lunch and supper with the daily essentials. In this way mother and teacher are co-ordinating their plans using the daily Basic Nutrition Pattern:

1. Milk—4 glasses or equivalent in soups and desserts.
2. Vegetables—1 serving potatoes 2 servings other vegetables.
3. Fruit—1 serving tomato or citrus fruit. 1 or more servings other fruit.
4. Meat, fish or cheese—1 serving of either of these. 1 egg or 4 a week.
5. Cereal—1 serving whole grain cereal with milk. 4 to 6 slices vitamin-rich bread.
6. Some source of Vitamin D such as fish oils. Additional foods to satisfy the appetite and activity needs.

Good Food For Children BAKED CUSTARD
3 or 4 eggs, 1 1/2 to 3/4 cup sugar, 1-8 teaspoon salt, 3 cups hot milk, 1/4 teaspoon vanilla or a little nutmeg.

Beat eggs slightly. Add sugar and salt. Add hot milk slowly, then flavoring. Strain. Pour into buttered custard cups and steam over boiling water, or place in pan of hot water and bake in slow oven (325 degrees F.) until firm—about 40 minutes.

NOTE—4 eggs are necessary if custard is being made in one large baking dish. To test custard, insert a silver knife in the centre, and if it comes out clear, custard is cooked.

BAKED APPLES
Wash and core good uniform Canadian-grown apples. Put into a baking pan, fill the centre of

each apple with sugar and add a bit of butter on the top. Add enough water to cover the bottom of the pan. Cinnamon or nutmeg may be sprinkled on the top if desired. Bake in a hot oven until soft (about 25 minutes), baste very often with the juice in the pan.

HONEY MUFFINS
3 tbsps. honey, 3/4 cup butter, 2 eggs, 1-8 tsp. salt, 2 1/2 cups graham flour, 3/4 cup white flour, 3 tbsps. baking powder, 1 cup milk.

Mix and sift white flour, baking powder and salt. Add graham flour. Beat eggs until foamy, add honey and milk. Melt butter and turn it into egg mixture. Turn wet ingredients into dry one all at one time. Stir vigorously until dry ingredients are just dampened. Fill muffin tins 2-3 full and bake in hot oven for 20 minutes.

NOTE—Ann Allan regrets that listed ingredients were not correct in a previous column for "Food-Proof Chocolate Cakes". Here they are: 1 1/2 cups sifted flour, 1 tsp. baking soda, 1/2 cup white sugar, 1/4 tsp. salt, 1/4 cup cocoa, 4 tbsps. melted shortening, 3/4 cup sour milk, 1 beaten egg, 1 tsp. vanilla, 1/2 cup corn syrup.

Sift and mix dry ingredients. Add shortening, sour milk, eggs, vanilla and corn syrup. Beat thoroughly. Bake in 2 greased layer tins for 25 mins. at 375 degrees.

TO STOP SKID

The Ontario Department of Highways—advises motorists: To pull out of a skid, turn the front wheels of the car in the direction in which the rear end is sliding, and apply the brakes with a light pumping pressure. To stay out of a skid, keep speed down, allow plenty of space for stopping, and use the chains on ice and snow.

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A very important statement with regard to HYDRO and the FUTURE will be made by Premier George Drew Listen to CBL 740 8-8³⁰ p.m. Thursday Feb. 26th

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