

# Of Interest to Women

## ADS IN TAXIS

There soon won't be any privacy left for taxi riders if a New York test proves successful. A firm in that city, reports the Financial Post, is testing a new advertising device in taxicabs of an outside town. "Tell-a-Tale" machine is installed directly over back of driver's seat. Advertising messages of about 60 letter spaces each move across a lighted panel whenever the cab motor or meter is running.

A few weeks ago in northern India, aborigines fought armed police with bows and arrows.

## MISS ALLAN

Reg. Chiropodist  
Treats Foot Ailments  
Also carries light, comfortable arches and other appliances for foot comfort.  
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PHONE 18667  
By Appointment

## E. P. Head

OPTOMETRIST  
EYES EXAMINED  
SCIENTIFICALLY  
HEARING AID BATTERIES  
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GUELPH  
Appointment Ph. 1529  
EST. 20 YEARS

## Woods' Electrical Farm Equipment

Exclusive Dealer in this district  
MILKING MACHINES MILK COOLERS  
CREAM SEPARATORS ELECTRIC WATER HEATERS  
ELECTRIC FEED GRINDERS AND ROLLERS  
HALF TON STEEL TRAILERS  
COMMERCIAL OR INDIVIDUAL CEMENT MIXERS, ETC.  
Sales and Service at your door at no extra cost  
Quick Delivery  
ROY W. GOODWIN  
Phone Acton 4066

## Immediate Delivery and Installation

ON GILSON FURNACES  
Also a full line of plumbing. We plan your bathroom or kitchen and do the complete job at a reasonable saving to you.  
FREE ESTIMATES  
J. E. McMullen  
General Contractor Phone 66, Acton

## REAL ESTATE GENERAL INSURANCE

OCEAN STEAMSHIP TICKETS  
INSURANCE—This is inventory time and a good opportunity to renew your insurance. Are you sufficiently covered for present day values and needs? New lines and extra benefits are constantly being added. We handle all lines of insurance including fire, automobile, boiler, fidelity and administrative bonds. Let us help you to modernize and bring your insurance up to date.  
REAL ESTATE—We handle all classes of Real Estate including farms, residences and commercial buildings. Over forty years' experience in agriculture, building and finance makes us qualified to serve you.  
New and used cars and trucks financed, including insurance. See us before buying.  
F. L. WRIGHT  
REALTOR  
Office Wilbur St Phone 95



**THE MIXING BOWL**  
Simple ingredients, combined with a peck of ingenuity and a bit of patience and you have the regularities for an appetizing meal at low cost. Lacking the "peck of ingenuity," you might find help in The Mixing Bowl columns, which are designed to eliminate some of your worry in planning economical dinners.

The current price of meat limits our suggestions for the main course. Many cuts of beef and pork have gone sky high in price—hence the emphasis on economical meat dishes.  
In to-day's budget dinner we present a Southern Beef Roll—as delicious as it sounds. It is a flexible recipe, suitable for both fresh ground meat or leftover meat such as the odds and ends of a pot roast. Ordinarily the beef roll would be served with gravy but it is especially good with tomato sauce. We also suggest you try scalloped tomato-and-cabbage instead of gravy. (The scallop can be placed right on the dinner plate between the slice of beef roll and mound of creamy mashed potatoes. The juiciness will blend with both the meat and potatoes, cutting down the need for butter and meat sauce.)  
Spanish cream is one of these delicate, wholesome desserts each member of the family from junior to granddaddy can enjoy. Some folks like it as well as ice cream, which is plenty!

**NUTRI-THRIF MENU**  
Southern Beef Roll  
Creamy Mashed Potatoes  
Scalloped Tomatoes and Cabbage  
Molasses Cookies and Beverage  
Carrot and Raisin Salad  
**SOUTHERN BEEF ROLL**  
2 lbs. beef dripping, 1 pound minced chuck or beef steak, 2 tbsps. flour, 2 tbsps. minced onion, 2 tbsps. chill

sauce, 1 1/2 cups water, 1 tsp. salt, 1/2 tsp. chili powder, 1/2 tsp. pepper.  
Brown meat, flour and onions in melted dripping. Add chili sauce and water and simmer 10 minutes. Add seasonings and cool partially.

**Prepare biscuit dough:** Sift 2 cups bread flour, 3 tbsps. baking powder, 1/2 tsp. salt into a mixing bowl. Measure 4 tbsps. shortening and add to dry ingredients. Blend together until mixture is mealy, add 1/2 cup milk and stir only until soft dough is formed. Turn out on floured board and pat into rectangle about 1/2 inch thick. Spread with beef filling and roll like jelly roll. Place on baking sheet. Bake 30 minutes in electric oven at 350 degrees.

**SCALLOPED TOMATOES AND CABBAGES**  
1 can tomatoes, 2 cups of shredded cabbage, 1 tsp. sugar, 1/2 tsp. salt, 2 tbsps. flour, 1/2 cup fine bread crumbs.  
Drain off 1/2 cup juice from tomatoes. Heat the remainder to boiling point. Add cabbage, sugar and salt; simmer 10 minutes. Blend flour with 1/2 cup cold tomato juice and add gradually to hot then pour into greased casserole and top with crumbs. Bake at 400 degrees for 10 minutes. Six servings.

**SPANISH CREAM**  
1. Sprinkle 1 tbsps. (1 envelope) unflavored gelatine over 1/4 cup milk.

2. Scald 1 1/2 cups milk, add 2 tbsps. sugar and 1/4 cup raspberry juice; pour the hot liquid over 2 slightly beaten egg yolks.

3. Add gelatine, remove from fire and add 1/2 tsp. salt.

4. Chill in refrigerator until mixture begins to thicken.

5. Fold in 2 egg whites beaten stiff but not dry. Pour into mould rinsed with cold water. Chill until firm, unmould and serve with top milk. Serves 6.

**MOLASSES COOKIES**  
1/2 cup shortening, 1/2 cup brown sugar, 1/2 cup molasses, 1 egg, 1/2 cup sour cream, 1 1/2 tbsps. soda, 1/2 tsp. salt, 1 tsp. ginger, 1/2 tsp. cinnamon, flour.  
Cream shortening and sugar together. Add the molasses, well-beaten egg, and the sour cream stirred. Add the salt and spices and enough flour to make a very soft dough. Chill the dough so that it can be handled more easily. Roll to one-fourth inch in thickness, and cut with a cookie cutter. Bake in a moderate oven for about 10 minutes.

**THE SUGGESTION BOX**  
Mrs. J. A. C. says: Soap lasts longer if it is well dried out. When you bring home a new supply of soap, unwrap and pile loosely in a dry place.

Mrs. M. D. says: Olds and ends of wood from a lumber mill, sandpapered and painted or pasted with "decals" make delightful blocks for children.

Mrs. S. R. says: Never put meringue on hot pie filling. It will form syrup between filling and meringue and "skid." Spread meringue on pie from edge to middle—anchoring to crust on edge.

Do not grease a pie pan. Pie will slip out more readily if you dust with flour. A good pie crust always greases its own pan.

Mrs. D. M. says: This is the time of year to get a few things fixed at the house. I have just had a drop-leaf shelf put in my small kitchen. It can be let down when not needed.

Mrs. J. D. says: I keep a rubber covered draining rack hung on a cupboard door to use for storing lbs. cookie sheets and jelly roll pan.

## DON'T LET YOUR WAR SAVINGS CERTIFICATES INVESTMENT SLIP AWAY

Use the proceeds of your War Savings Certificates to help you toward the things you want most—and to help you meet tomorrow's opportunities and emergencies. That's what far-sighted folk are doing with their Certificate money.

Many of these wise people are simply bringing all their Certificates to the Bank of Montreal for safekeeping until they mature. Then the B of M redeems them automatically and credits the money to the owner's savings account. The cost of this service is very low.

Why not drop your Certificates in at your B of M branch to-morrow? William Clayton, local manager, says he will be glad to open a special account for this purpose for anyone who hasn't already a B of M savings account.

**PEP UP**  
Take C. C. and B. Tonic Tablets for low vitality, nervous and general debility.  
60c and \$1.00  
At Your Drug Store

## Chronicles of... Ginger Farm

Written Specially for The Acton Free Press  
GWENDOLINE P. CLARKE

Yesterday I went to Toronto by bus. It turned out to be an awful day—rain, slush, sleet and ice. But her passengers boarded the bus quite hopefully at 6.45 for their return trip that night, thinking the bus would get them home all right, no matter what the weather. Instead of that it was we, the passengers, who brought the bus home!

Everything was fine as long as we were on the highway, but halfway home the bus services a roundabout route over gravel roads. It was then that the fun began. The road was a glare of ice and at every little grade the heavy vehicle was completely helpless and sat there with wheels spinning. (There were about seven men among the passengers and each time we stalled they all piled out and shoved away behind the bus. Generally they managed to get it moving but on one hill the bus just wouldn't budge. Fortunately we were near a house and our little army of men went begging for ashes. The driver remarked as he waited — "I hope they had good fires going all day to-day!" He is quite a lad, that driver — a keen sense of humor and very good at his job.

It was funny to see the little procession coming back, each man carry a box of ashes... and they did the trick. Of course once the bus began to move the driver was afraid to stop until he was on a down grade or at least a level spot where there was some traction which meant that the men had to follow on foot. This time we must have travelled at least half a mile before it was safe to stop—and there were the poor, dear men trailing along behind on the slippery road. Finally they caught up with us, climbed in, the driver let out the clutch... and nothing happened! The bus, apparently, was ready for another rest. One man said—"What did we get in for." So they got out again and with their persuasion

the bus started off once more. She rolled along nicely until we came to another hill—this time there was no house, no ashes, and the bus got sulky and wouldn't budge an inch. Presently a Jeep came along and with the combined forces of Jeep and gentlemen we moved again. Of course it took a little while and as we waited there was a dead silence among the women passengers inside the bus as we listened to what was going on behind us. Into this silence, Maurice, the driver, remarked without benefit of explanation — "Friday... February the thirteenth!"

I don't know how many times in all we stopped on the road — we lost count completely—but I do know it was 9.30 when the bus finished its journey—and it should have been 7.15. And the men certainly did plenty of walking. It was really quite a trip. But I must confess, except for the fact that I knew they would be worrying at home, I really rather enjoyed it. It turned, what otherwise would have been a monotonous journey, into a real adventure. But we did get hungry! A young neighbor and I shared a seat and neither of us had bothered to eat before leaving the city, so our supper was one chocolate bar and a packet of lifesavers divided between us.

When I got home Partner welcomed me by saying—"Why in the world didn't you stay overnight?" Bob had a funny experience too when he started out to meet me—at 7 o'clock! He was driving the "pick-up" and when it got down to the road it made a complete U-turn and started back to the lane again. Bob took it as an omen and let it come. Then he parked the little truck and went out again with the big one.

As for my day in Toronto. It took me five hours to find drapes for our living room—the choice was so limited and the price as outrageous I almost came home without any. Almost eventually I found exactly what I wanted. Now I am anxiously awaiting the arrival of the parcel so I can decide whether the drapes look as nice in our living room as they did in the store.

Oh, dear, the weather is changing again. As I write the snow is blowing and drifting, pretty soon we shall have to be digging ourselves out of the lane again. Yesterday I thought how awful it would be to live in the city. Today I realize the country has its drawbacks too.

**BLOSSOM OF CANADA FLOUR**  
FOR LIGHTER BREAD, CAKES AND PIES  
The flour that blooms in the oven

A story that never ends...



THE TALE your Telephone Directory tells is never finished. Year after year more names are added, more people whom you can call, and who can call you. Right now we're busy with unfilled orders... adding still more telephones just as fast as materials become available.  
More people are using their telephones more often. Our constant aim is to make the service better, too, better in every way.  
More telephones... better service... and always at the lowest possible cost. It all adds up to greater value for every telephone user.

THE BELL TELEPHONE COMPANY OF CANADA

# ALLOCATION OF HYDRO POWER

## SOUTHERN ONTARIO SYSTEM

It has become necessary, due to a reduction in the amount of purchased power available, to issue the following notice to municipalities and direct customers of the Commission in the Southern Ontario System.

"Effective February 18, 1948, and continuing until further notice, the daily consumption of kilowatt-hours shall be restricted to a maximum of 90% of the average daily consumption of kilowatt-hours in the month of October, 1947. This reduction shall not apply to customers whose power supply was interrupted by the Commission in October, 1947 to the extent of 10% or more of normal delivery."

This is a temporary emergency arising from sub-normal rain fall last Autumn which has forced two of the Quebec power companies to drastically reduce their deliveries of power to The Commission.

This restriction will be lifted just as soon as circumstances permit and in the meantime, all consumers must play their full part by saving electricity at all times.

If the specified reduction in consumption of electricity is not obtained, it will be necessary to cut off the supply of electricity entirely for definite intervals of time each day, wherever the specified consumption is being exceeded.

THE HYDRO-ELECTRIC POWER COMMISSION OF ONTARIO