

Of Interest to Women



HOLIDAY PARTIES

Best wishes for a Happy New Year! We trust you have made some good resolutions and hope you will be able to abide by them. Our resolution is to give you practical, economical ideas and to write a newy Mixing Bowl column every week. We appreciate your helpful letters at all times. Thank you kindly for your festive messages, and for enquiries throughout the past year.

RESOLUTIONS

Resolve to allocate your food allowance: One-third for milk and meat, one-third for fruits and vegetables

and one-third for cereals, sugar and butter.

To cook food nutritiously — only until tender in wise proportions. Consider health and fuel.

To store perishables and leftovers carefully.

To operate the home wisely.

Resolve to be happy and content with the comforts of home.

Resolve to take care of your health and your family's health.

Resolve to consider the little things you can do for others.

Resolve to be a good citizen of your community and of your country.

TAKE A TIP

1. If you cook in dishes that you can bring right to the table, food will stay hot longer and you will save dishwashing.

2. Sift flour onto a sheet of waxed paper or paper towelling. You will not have to wash a bowl! Do not throw the waxed paper away after using. Fold it and store in sifter.

3. Grease new pans slightly and then put in a warm oven and they will be much less likely to rust.

4. Use ammonia (except where glass is trimmed with gold) to wash dishes, glass and silver.

5. Be careful not to start preheating the oven too far in advance. The ringing telephone or doorbell is also the signal to turn off the oven if you are not prepared to use it.

6. You don't have to baste meats if the oven heat is constant. The fewer times you open the door, the more heat you save.

7. A great deal of cooking can be done with heat stored in the oven after the heat has been turned off.

8. In surface cooking, when foods come to a full steam, reduce heat. It will help conserve vitamins, too.

Do not use a higher heat than is necessary. The temperature of boiling water is the same, whether boiling easily or madly.

10. If you soak dried fruit before cooking, do not toss away the water. Cook the fruit in it. It is far more healthful.

WITH STAGE 48



Lucio Agostini, well-known Canadian musical director and composer, who is to conduct the orchestra for "Stage 48," one-hour radio drama series at 10.00 p.m. over the CBC Trans-Canada network. He will write special musical scores for each of the broadcast plays.

RECOLLECTIONS OF ACTON

BACK IN 1897

From the Issue of The Free Press of Thursday, December 30th, 1897

The Nominations were held last Monday and resulted as follows: Reeve, W. H. Storey, elected by acclamation; Councillors, James Clark, J. A. Murray, H. T. Arnold, Alex. F. Smith, Dr. Uren, John Clark, W. E. Smith, Harry Jeans, Isaac Francis; for School Trustees, Geo. Hynds, Rev. H. A. Macpherson, Henry Grindell, R. G. Campbell, Robt. Holmes, Dr. Uren. Mr. Moses Smith, manager of Arnold Bros. Tannery was severely burned one day last week. He had been using benzine in dressing leather and afterwards went into the room with a lamp which ignited the fumes and caused an explosion. His hands and face were badly burned.

Prior to saying good-bye to Miss McNeely, teacher in the primary division, Miss Ada Clark made a neat little address and Miss Florence Speight presented her with a very pretty toilet set and several smaller articles.

Mr. Carlos Williams of Rolston's meat market is suffering from blood poisoning in the left hand. He has been off work for ten days.

BACK IN 1927

From the Issue of The Free Press of Thursday, January 5th, 1928

The motorists had very good roads throughout the holidays.

The skating rink is now open and all are enjoying the winter sport.

A short course in Farm Mechanics is being held in the Town Hall this week.

Mr. Augustus Restivo, fruit dealer, leaves this week to visit friends in Italy and Sicily for a couple of months.

Mr. E. J. Pelter, who purchased the butcher shop of Mr. W. J. Patterson last May, has disposed of his business to Mr. J. E. Milne, of Mossbank, Sask., formerly of Fergus.

The re-decoration and renovation of the Baptist Church is almost completed and re-opening services have been arranged for Sunday, January 22nd.

DIED

KELLY At his home, Lot 20, Second Line, Esquevas Township, on Saturday, December 31st, 1927. Michael Kelly, in his 38th year.

APPLY SAFETY FIRST RULE TO VALUABLES

People often keep only documents in safety deposit boxes, leaving other valuables, such as jewellery and heirlooms around their homes, said William Clayton, local Bank of Montreal manager, commenting yesterday on the recent wave of burglaries across Canada.

B of M safety deposit boxes and storage vaults are the best place for every kind of small article of large value, and they are secure and inexpensive. Pay a visit to your B of M branch and discuss your requirements before it's too late.

NOT DISCOURAGED

The vacuum-cleaner salesman who had an appointment found the housewife unable to keep it. He suggested the following day.

"That's my busy day," she said. "If you call then you'll find me in a whirligig."

"That won't worry me, madam," said the salesman. "My last customer was in a kimono."

Chronicles of . . . Ginger Farm

Written Specially for The Acton Free Press by GWENDOLINE F. CLARKE

You know how we always think the best part of going away is the coming home? — In just the same way don't you think the best part of Christmas and New Year's is the well-it's-all-over feeling that you get early in January? So many weeks we have ridden the crest of a wave—a wave of preparing, of giving and receiving; of going and coming; of over-indulgence in Christmas fare—that to find ourselves once more in calm waters, as it were, is something we can really appreciate—in fact, we remember with relief that it is now eleven months until Christmas!

And after the Christmas tree is divested of its trimmings and comes to its inglorious end of providing a little extra kindling wood, and the Christmas cards are looked over and read over again and then stored away because we don't know what else to do with them—the Christmas gifts put into regular use, if that is possible, and children returning unwillingly to school—then begins the housewife's brief spell of Paradise. There will be other busy times, she is sure, some of the family will inevitably develop winter colds and coughs—but we have nothing worse—but right now is the after-season lull and we have time to enjoy the monotony of ordinary everyday work.

Yes, we can rest! Seems to me I heard a chorus of protests following that last remark "Rest." I heard you say—"rest, with all there is to do in this house!" All right . . . all right . . . I know you are busy—so am I for that matter—but you know it is quite possible to rest as we work. "Rest is not quitting the busy career, rest is the fitting of self to one's sphere!"

Rushing around comes natural to youth; it is part of its restless energy, but too often this same sort of almost perpetual motion continues through life with nerves being the main motive power driving us on when common sense is telling us to stop, or at least slow up. We women, I think, are the worst offenders. And why. Because we let our families become too dependent upon Mother doing this and Mother fixing that. And believe me, I have noticed this same situation is reaching alarming proportions in the present acute housing shortage. It exists in the country as well as in urban centres. Married couples live with their parents, grandchildren come along and it is still "Mother" who bears the brunt of the load. In some cases the young married breadwinner has a job away from home. And then who is it that gets his breakfast, and endures his early morning grouches? You know as well as I do, don't you? Mother has always looked after her children so she goes right on with the job, irrespective of wives, husbands and grandchildren. And the children, in the great majority of cases, unthinkingly allow her to do it.

Honestly, I just about see red when I notice the weariness of so many not-so-young women these days, and I know it is because they are over-worked over-tired and too good to their families. Oh, I know it is not so easy on the young folk either—but they at least have youth on their side—youth and the hope of a home of their own at some future time. Surely it should be possible for young and old to realize some of the difficulties peculiar to each and thus come to a fairer family agreement regarding work and responsibility.

Our little Whisky is, at present, quite a distraction to serious thinking. She is tearing around the room like a wild thing—now here, now there, in and out around the furniture and then back to her newest "teaser" an empty spool hung by a string from the handle of the door. If you have a kitten and want it to play just try that little trick some time. It is as good as a circus to watch.

- NOTICE -

ATTENTION TO ALL CONCERNED IS DRAWN TO THE POOR SHAPE IN WHICH THE SIDE-WALKS ARE LEFT AFTER SNOW HAS FALLEN.

The Snow By-law provides for shovelling until cleared and made safe for pedestrian traffic. If this is not done court action can only be resorted to, to have the By-law enforced and the penalty applied. All concerned therefore should see to this at once in order to save further trouble of this kind.

In case of inability to shovel for any reason, please notify the undersigned who will arrange.

E. E. HARROP,
CHIEF OF POLICE AND MUNICIPAL OFFICER

Roofing Material Universal Milking Machines Viking Cream Separators

Gilson Home Freezers

Milton District Co-operative

PHONE 127 — MILTON

A. Floyd Smith
Jeweler
WATCHES — CLOCKS
JEWELRY
75 Quebec Street, West
GUELPH ONT.

Robt. R. Hamilton R.O.
OPTOMETRIST
will be at
Dr. G. A. Sirrs' Office
TUES. EVEN., JAN. 13
COMPLETE EYESIGHT
SERVICE

Wide Selection — Big Stock
BOOKS—
A splendid range of all the most recent books.
OFFICE SUPPLIES—
Pena, Pencils, Memo Pad, Blank Ruled Forms and many of the most used supplies.
WALLPAPER—
One of the finest showings and largest stock of any store in Western Ontario. You'll get wide choice from our big stock.
STATIONERY—
And innumerable items. Gift Cards, etc.
You'll find it at
CHAPPEL'S BOOKSTORE
125 Wyndham St., Guelph
ANGUS KENNEDY
Proprietor

More . . . STRAWBERRY PROFITS WITH VIGORO
Experience is proving that it pays the grower well to feed strawberries with Vigoro Commercial Grower. Increased yield, early maturity, full flavor, and excellent shipping quality are a few of the advantages many growers are attributing to Vigoro Commercial Grower. There are advantages that spell EXTRA profit. Investigate!

A PRODUCT OF SWIFT

MILTON

Members of the Milton Juvenile Ball Team, winners of the Ontario Championship for 1947 and runner's-up the previous year were feted at the Milton Inn and dance held in the Town Hall last Wednesday evening.

At a banquet, tendered by the Town Council, the trophy was presented by Bill Snyder, secretary of the Ontario Baseball Association.

The evening concluded with a dance held in the Town Hall sponsored by the 14-Teen Club, also in honor of the players. During the dancing, smart new blue windbreakers were presented by the ball club.

The Mr. and Mrs. Club of St. Paul's United Church held its annual Christmas party at the home of Sheldon and Grace Featherstone with twenty couples present. Henry and Jean Cripps had charge of the program. The devotional was centred on the Christmas theme and included a solo by Edna Gortler accompanied by Mildred Galloway, a reading by Grace Featherstone and the singing of the familiar carols. Ted and Florence Jennings and Cedric and Laurel Harrop assisted with the recreation.

The Milton Home and School Association held its Christmas meeting at the school last Tuesday afternoon. December 16. A record attendance of 140 parents and pre-school children were present.—Canadian Champion

BAD FOR U. S.—CANADIAN BUSINESS RELATIONS

Some of the results of the import restrictions do not appear to foster good business relationships between this country and our neighbors across the border, observes Canadian Grocer editorially.

"Buyers in Canada in good faith, with no inkling of any ban, placed orders for certain merchandise in the United States. In certain instances processes of manufactured goods had special labels printed to comply with Ottawa's regulations. They too acted in good faith as they were fulfilling a definite contract.

"Yet, unless the goods were on the move at the deadline, they're denied entirely. Labels have to be stripped from them and replaced with those applicable to the United States requirements. While this is being done there's extra storage to be paid and another selling job all at considerable loss to somebody through no fault of the shipper or the Canadian buyer.

"One can only wonder at what the Government officials would say if the tables were turned and Canadians had produced goods to conform with U.S. specifications but were not permitted to ship them."

As 1948 dawns bright and clear, so may it shine brightly for you and your loved ones and may each day be a joyful event in your life.
A Happy, Prosperous New Year To All

Johnstone and Rumley
ACTON

As the chimes ring in the New Year, may they welcome a perfect year for you crammed full of happy days, pleasant hours, peace and prosperity.

Kendrick's Hairdressing
ACTON

Be QUICK--Phone DICK
For the Best in Chesterfield Re-Upholstering
NEW PATTERNS AND COLORS NOW AVAILABLE TO MATCH YOUR ROOM
Highly skilled workman on all our work
"A CUSTOMER ON EVERY STREET" IS YOUR ASSURANCE OF SATISFACTION
Just pick up your phone and call 87
7 day service. No waiting.
Jack Sudermann of John Dick & Son

MISS ALLAN
Reg. Chiropodist
Treats Foot Ailments
Also carries light comfortable arches and other appliances for foot comfort.
27 ARTHUR STREET
GUELPH
PHONE 1596J
By Appointment

MILTON WELDING
Electric and Acetylene Welding
Repair Welding of All Types
Portable Equipment
PHONE — 348
MILL ST.—MILTON