

# Of Interest to Women

## Chronicles of... Ginger Farm

Written Specially for  
The Acton Free Press by  
GWENDOLINE P. CLARKE

New high prices—tomatoes, plums, peaches, pears, more tomatoes; baby baskets, Edna Jaques, a new calf, high winds and lots of rain—all that and plenty more belong to the chronicle of the week that has passed—not to mention naming and training our new little kitten.

Take those new high prices... enough material there to fill two or three columns, isn't there? The thing is what are we going to do about them? That's quite a problem, isn't it, because there is no real solution. We can help ourselves a little by more careful shopping; by making more and buying less of what can be bought ready to wear or ready to eat, as the case may be. But it all means extra work for the housewife. Some have the time and energy—others have not. It is up to the individual. One thing is certain—sky-rocket prices inevitably lead to a lower standard of living. A dollar will only buy so much and if the number of our dollars is limited the sixty-four dollar question is how to budget these dollars to the best advantage. We are trying out a few ways ourselves. For instance, right now we have plenty of coal in the cellar. The weather has turned quite chilly and so a little heat is necessary. But you know how much fuel can be wasted in a furnace when the on-again... off-again meth-

od is adopted. So at present we are not using the furnace. The kitchen stove naturally heats up the back part of the house and we have set up a small box stove in the living room which makes the front rooms quite comfortable. A few sticks of wood are enough to take the chill from the air, are very little trouble and it's my guess we are saving a lot of fuel.

Sowing is another way to save dollars—especially where there are small children. The price asked for children's garments is outrageous. It takes so little goods to make a pair of weepants for a small boy—pants that can quite easily be made from big slater's old fall coat or Mummy's good wool dress that has reached the "has-been" stage.

Then of course, filling all the empty spaces is definitely a "must." Personally, I have been canning so fast and furious every day that I keep it up in my sleep at night. In between-whiles I have also been trimming a basinette and baby basket for a young mother-to-be. I finished it Saturday night and it did look so pretty. Lace-edged white mull frills over sky-blue angel skin with big satin bows as a final trim. Frills and linings were made with drawstrings so that everything could come off and be washed. Of course, that meant a lot more work in the making but what's the good of things around a baby that can't be washed?

Thursday night I was still working at the cot when a friend phoned to ask if I was going to hear Edna Jaques who was leaving in town that night. And it had quite slipped my memory! I was very tired and didn't feel much like getting dressed but finally decided that if Edna Jaques could take time to address a small gathering of women then certainly we should take time out to hear her. So I collected my hat and gloves, called for four other ladies on the way, and spent a very enjoyable evening. Edna Jaques spoke on her trip through the Alaska Highway. Of course, her account of the many interesting experiences that came her way was interspersed by her ready wit and humor. Incidentally, second niece gave me two volumes of Edna Jaques poems during the summer; I took them with me and she autographed them for me.

Now we come to the kitten, which, if you remember, was without a name. I hadn't a notion what to call it but Partner solved that little problem. Watching the wee thing at play one evening, he said, "You know—we should call that kitten 'Whisky'!" "Whisky?" I exclaimed, completely bewildered. "Sure," said Partner, "it's black and white, isn't it?" That perhaps may not mean anything to native born Canadians, but Old Country people will remember Black and White as the name of a special brand of whisky—which fact I had forgotten—if indeed, I ever knew it.

Somehow the name amused and appealed to me. It seemed to suit the kitten so well because it has certainly lost its early shyness and whisks around the house like a wild thing. It swings on the corners of my lace tablecloth, plays with and breaks the fronds of my Boston fern and it occurred to me that whisky, that has ruined so many homes might well be the ruin of ours—but in a lesser degree, I hope. It might also ruin my reputation. If I should say "I had Whisky with me" it would only take a printer's error in the form of a small "w" and where would my reputation be?

## YOUR EYES

Should be Examined at Regular Intervals

Robt. R. Hamilton, R.O.

FOR APPOINTMENT

PHONE

ACTON 19 GUELPH 1924



Hello Homemakers! Many of us are resuming the job of packing lunch boxes now that cooler weather is here and school routine has been re-established. When the lunch box comes down off the shelf, it is also time to take stock of suitable menus. The well planned mid-day meal for a growing child cannot be over emphasized—likewise the one for the office worker. Some schools and factories serve soups and beverages at moderate prices, thus eliminating the need for carrying a thermos. If this service is not available or is found to be costly, it is advisable to make use of the standard lunch box containing a thermos and fill it every day with a wholesome beverage or soup.

### SANDWICH IDEAS

1. Chopped meat and gravy: Put leftover cooked meat through a food chopper and moisten with thick gravy.
2. Scrambled eggs with cottage cheese or tomato. Add 2 tbsps. cottage cheese or tomato (chopped) to 2 beaten eggs. Scramble as usual and cool before putting in sandwich.
3. Cottage cheese: Mix equal amounts of cottage cheese and chopped spinach with a little onion.
4. Chopped prunes or peaches mixed with cream cheese and moistened with skim milk.
5. Chopped bacon and mashed, cooked kidney beans—flavored with a little onion.
6. Peanut butter spreads: (1) Add half quantity of diced apples. (2) Add half mashed banana. (3) Mix with shredded carrot.

### CARROT AND BARLEY SOUP

1 cup barley, 5 cups cold water, 1 cup diced carrots, 2 tbsps. chopped onion, salt and pepper, 3/4 cup milk. Soak barley in water overnight. Cook in same water for 45 mins. or until tender. Add carrots, onion and seasoning about 30 mins. before end of cooking time. Stir frequently, add more water if necessary. Add milk and when hot put in thermos. This makes three servings.

### LUNCH BOX MENUS

- Carrot and Barley Soup
- Scrambled Egg Sandwiches
- Gringerbread Squares
- Apple
- Cream Tomato Soup
- Chopped Meat Sandwiches
- Carrot Strips
- Fruit Salad
- Potato Salad and Celery
- Buttered Brown Bread
- Custard
- Hot Cocoa
- Cookie

### SCHOOL FOR WORD-DEAF CHILDREN

A new and revolutionary experimental school, the first of its kind in the world designed to aid word-deaf children, has been opened at Moor House, Oxford, Surrey, England. These children, who hear sounds normally but are unable to memorize them or to attach meanings to them, will learn at Moor House to understand the spoken language and express themselves in spontaneous speech. Most of them come from working-class homes, though all economic levels are represented.

Long regarded as mentally deficient because they communicated with their fellows only by signs and incoherent noises, word-deaf children are usually of normal intelligence. Their inability to understand and memorize sounds comes from a defect in the aural memory. Thus, by the usual methods of education, they are unable to acquire normal human speech though they have sound, vocal and hearing organs. At Moor House it is hoped, through special training, to remedy this defect and enable them to use a reasonable number of words. The school, initiated by private benefaction, now receives a grant from public funds.

### PREVENT AIRCRAFT CARRYING DISEASE

The Veterinary Director General of Canada, Dr. T. Childs, has notified all district and boundary veterinary inspectors, aeroplane transportation companies, and all concerned, with reference to the disposal of garbage from aircraft entering Canada from any other country.

The Order in Council amends the quarantine regulations under the Animal Contagious Diseases Act by ordering that, before any garbage is removed from any aircraft entering Canada from any other country, the garbage must be placed in closed containers and that all garbage on removal must be destroyed immediately by burning on the airport premises. The containers on being emptied must be burned or subjected to heat not less than 100 degrees Centigrade (212 degrees Fahrenheit). Violations of this regulation subjects the captain and owner of the aircraft to the penalties imposed.

## CLEARING AUCTION SALE IN ERIN TOWNSHIP

FARM STOCK, IMPLEMENTS, ETC.

The undersigned have received instructions from

L. LAMBERT To sell by public auction at his farm, Lot 10, Con. 1, Erin, situated on the Erin-Eramosa town line, 4 miles N. of Crewson's Corners, 1 1/2 miles S. of the Guelph-Erin Highway, on

MONDAY, SEPTEMBER 29th Commencing at 1.00 o'clock the following:

HORSES—Bay Mare, 6 years old, 1600 lb., good in all harness; Chestnut Mare, 7 years old, 1500 lb., good in all harness; Grey Gelding, 1300 lb., good in all harness; Dark Bay Gelding, good in all harness; 2 Sals Jack; 2nd Harness; 1 Pace Collar; Old Bridles and Collars; 1 Breast Collar.

YORKSHIRE SWINE—Young Sow, bred Aug. 5th, 2nd litter; Young Sow, bred Aug. 16th, 2nd litter; Sow, bred July 16, 5th litter; Sow, bred July 1, 4th litter; Boar, 2 years old, a good one; 15 Shoats, about 125 lbs.

CATTLE—Reg. Holstein Heifer, Darn Schilling Ormsby No. 58496; born Oct. 17, 1943, milking well, and due to drop 2nd calf Dec. 17; Holstein Cow, 3rd calf, due Nov. 9; Holstein Cow, 3rd calf, due Jan. 16th; Holstein Cow, 5 years old, due April 9; Holstein Cow, 7 years old, due March 25; Holstein Cow, 7 years old, due April 14; Black Cow, 8 years old, due April 21; White Cow, 10 years old, due April 19; Red Shorthorn Cow, 7 years old, due April 1; Red Shorthorn Cow, 8 years old, calf at side and bred; Roan Shorthorn Heifer, 2nd calf due Feb. 12; Blue Roan Shorthorn Heifer, 2nd calf due Aug. 2nd with veal calf at side; 18 month old Holstein Heifer, bred Aug. 19; 2 Baby Beeves; 3 Spring Calves; 5 Steers and 1 Heifer about 700 lbs.

FARM IMPLEMENTS, POWER EQUIPMENT—M.H. Binder, 6 ft. cut, in good running order; M.H. Manure Spread, low type; Cockshutt Seed Drill, 13 points, complete with Drag; Ion Fertilizer attachment; newly new Cockshutt Rake Bar Hay Loader; International 12 ft. Dump Rake; Frost and Wood Mower, 5 ft. cut, in good repair; International stiff tooth Cultivator; Bench Sleighs; rubber tired Wagon; low steel tired Farm Wagon and Box; M.H. Side Delivery Rake; Stuffer; M.H. single furrow Quebec Sulky Riding Plow; M.H. Circular Saw; M.H. Disc with 3-horse-hitch; Root Pulper; 12-tooth Frost and Wood spring tooth Cultivator; Asphalt Potato-Planter; International Potato-Digger, in good running order; Double Moldboard Plow; 8-section Harrows with extra 4-section drawbar; Potato Plow; Garden Plow; Pig Crate; Iron Yard; Chatham Fanning Mill with screens; Hay Fork with Ropes and Pulleys; Set Wagon Springs; 400 lb. capacity M.H. Cream Separator; new M.H. 850 lb. capacity power Cream Separator; M.H. power Ensilage Cutter; 3 h.p. Ontario Gasoline Engine.

HOUSEHOLD EFFECTS—Gurney Oxford Kitchen Range with warming closet; Quebec Heater; Chest of Drawers; Coal Brooder Stove with pipes; Table and some odd Chairs; Iron Bedstead with spring; quantity of six and eleven quart Baskets.

TERMS: CASH No chattels to be removed until settled for. The farm has been sold to Mr. Wiltshire of Mount Dennis, who is taking possession October 1st.

HINDLEY AND ELLIOTT, Auctioneers

F. Baptle, Clerk

## CAMPBELLS FLOUR

FOR LIGHTER - MORE TENDER PIES, CAKES AND PASTRIES

## WM. R. BRACKEN

REAL ESTATE AND GENERAL INSURANCE

Mortgage Loans Arranged

Representative of Mutual Life Assurance Co., Ltd.

## DANCING

STANLEY PARK, ERIN

EVERY FRIDAY

Modern Aires Orchestra

UPWELLS LIMITED

## Daylight Saving Time

IN ACTON

Notice is hereby given that the period of Daylight Saving Time covered in the by-law for 1947 expires on

### Sunday, September 28th

AT 2 A.M.

Citizens are requested to observe the terms of the by-law and thereby avoid confusion.

F. McCUTCHEON, Reeve

Dated at Acton, Sept. 16th, 1947

### Men, Women Over 40

Feel Weak, Worn, Old?

Want Normal Pep, Vim, Vitality?

Weak, rundown, exhausted condition make you feel tired and old. Dr. Williams' Pink Pills for Pale People, restores normal vitality, builds up strength, and gives you the pep and vim you need to get on with your life.

### MISS ALLAN

Reg. Chiropodist

Treats Foot Ailments

Also carries light comfortable arches and other appliances for foot comfort.

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OFFICE SUPPLIES—Pens, Pencils, Memo Pads, Blank Ruled Forms and many of the most used supplies.

WALLPAPER—One of the finest showings and largest stock of any store in Western Ontario. You'll get wide choice from our big stock.

STATIONERY—And innumerable items. Gift Cards, etc.

You'll find it at

### CHAPPLE'S BOOKSTORE

125 Wyndham St., Guelph

ANGUS KENNEDY Proprietor

## Thanksgiving SPECIAL

# LOW RAIL FARES

FARE AND ONE-THIRD FOR THE ROUND TRIP

GOOD GOING: From 12 o'clock noon, Friday, October 10th to 2 p.m., Monday, October 13th.

RETURN LIMIT: Leave destination not later than 11 o'clock midnight, Tuesday, October 14th.

Consult your nearest railway ticket agent for information and reservations.

## CANADIAN NATIONAL

## BUY YOUR '48 VACATION

### One day at a time

AT THE BOF M...

Almost everyone has a "dream vacation" in mind. But many folks have to postpone it year after year because—for one reason or another—the ready cash is lacking when holiday time comes.

Why not make sure you will have the needed cash next year? Decide now to put enough money aside each month at the BoF M to cover the expenses of one day of your 1948 holiday. It's far easier—and surer—to provide for your dream vacation this "savings" way.

Over a million Canadians are saving at the BoF M for the things they want most.

Buy one day of your 1948 holiday *today*—open a "Vacation Account" at your nearest BoF M branch.

## BANK OF MONTREAL

Acton Branch: W. H. CLAYTON, Manager

MY BANK B of M

WORKING WITH CANADIANS IN EVERY WALK OF LIFE SINCE 1817